

Amber Leighann Pope, Ph.D., LPC, LMHC, CCTP
Assistant Professor & Couples, Marriage, & Family Counseling Area Lead
Department of School Psychology & Counselor Education
William & Mary School of Education
301 Monticello Ave., Williamsburg, VA 23185
Office: (757)221-2057 Email: alpope@wm.edu

EDUCATION

- 2010 **Doctor of Philosophy in Counseling & Counselor Education**
The University of North Carolina at Greensboro
- 2007 **Master of Science in Community Counseling**
The University of North Carolina at Greensboro
- 2005 **Bachelor of Arts in Psychology, Minor in Religious Studies**
The University of North Carolina at Chapel Hill

LICENSURE AND CERTIFICATIONS

- Licensed Professional Counselor, #0701007887**
Approved Supervisor for Residents in Counseling and Marriage & Family Therapy
Virginia Department of Health Professions, Board of Counseling
- Licensed Mental Health Counselor, MH #13924**
Florida Approved Qualified Supervisor for MHC and MFT Registered Interns
State of Florida Department of Health, Division of Medical Quality Assurance
- Certified Clinical Trauma Professional, #899696**
International Association of Trauma Professionals
- Telehealth Certification for Providers & Educators**
Center for Telehealth Innovation, Education, & Research (C-TIER), Old Dominion University
- Emotionally Focused Therapy**
Level A Qualified – Additional Training & Supervision Completed
International Center for Excellence in Emotionally Focused Therapy

CURRENT EMPLOYMENT & SERVICE ACTIVITIES

DEPARTMENT

Fall 2022 - present **Assistant Professor & Couples, Marriage, & Family Counseling Area Lead**
William & Mary Department of School Psychology & Counselor Education
Job Responsibilities: Teach a 2-2 course load. Manage coordination of the Couple & Family Counseling concentration area. Develop and implement research agenda. Provide academic advising and track academic plans for approximately 16 master's students. Supervise doctoral-level graduate and teaching assistants in research, administration, and course instruction.
Doctoral Level Content Courses: Qualitative Research Methods (EDUC 664)

Master's Level Supervision Courses: Internship in Family Counseling (EDUC 646)
Online Master's Level Content Courses: The Counselor & Psychopathology (EDUC 645)

COMMUNITY

- Summer 2019 - present **Virginia Approved Supervisor for Residents in Counseling**
Virginia Department of Health Professions, Board of Counseling
Provide supervision to Licensed Residents in Counseling.
- Fall 2023 – present **Lead Designer of LGBTGEQIAP+ Affirming Counseling Training**
Facilitate development of an online asynchronous introductory training in LGBTGEQIAP+ affirming counseling for mental health professionals. Coordinate team of four trainers to develop training modules. Design training in Thinkific, an online learning platform. Supervise doctoral students in program evaluation research to assess the trainings' effectiveness. Apply for grants to support program evaluation action research.

NATIONAL

- July 2024 - present **President-Elect**
Association of Counseling Sexology & Sexual Wellness
- July 2022 - July 2024 **Research & Scholarship Committee Chair**
Association of Counseling Sexology & Sexual Wellness
Developed goals and an agenda as a committee. Coordinated a strategic plan and initiated committee tasks in line with ACSSW's mission. Leading the committee's development of *Exemplary Practices in Sexuality Counseling* for the profession.
- November 2023 - present **Research & Scholarship Committee Member**
Society for Sexual, Affectional, Intersex, and Gender Expansive Identities
- February 2024 - present **Strategic Planning Committee Member**
Association of Counseling Sexology & Sexual Wellness
- March 2022 - present **Editorial Board Member**
Journal of Counseling Sexology & Sexual Wellness: Research, Practice, & Education
- April 2012 - present **Editorial Board Member**
Journal of LGBTQ Issues in Counseling
- February 2024 - present **Grant Reviewer**
Substance Abuse and Mental Health Services Administration

STATE

- September 2023 - present **Supervision Representative**
Virginia Association of Counselor Education & Supervision

UNIVERSITY

- August 2023 - present **Admissions Policy Advisory Committee Member**
William & Mary

PEER-REVIEWED PUBLICATIONS

- Pope, A. L.**, Parker, B., Ausloos, C., Augustine, B., & Lytle, J. (In press). Exemplary practices for counseling sexology and sexuality counseling. *Journal of Counseling Sexology & Sexual Wellness*.
- Pope, A. L.**, Orrison, E., Augustine, B., & Ausloos, C. (In press). Contemporary perspectives on sexual/affectional orientation identity development: A literature review with practice guidelines. *Journal of LGBTQ Issues in Counseling*.
- Pope, A. L.**, St. Germain-Sehr, N., Augustine, B., St. Germain-Sehr, A., Lexumé, T., Moe, J., Snowden-Gregg, S., & Jackson, T. (2024). Developing an asynchronous LGBTQ+ affirming counseling training: A mixed methods study. *Counselor Education & Supervision*. Advance online publication. <https://doi.org/10.1002/ceas.12317>
- Pope, A. L.**, & Hilliard, C. (2024). Promoting counselor trainees' clinical skill development using virtual reality simulations. *Teaching & Supervision in Counseling*, 6(1), Article 7. <https://doi.org/10.7290/tsc06N72r>
- Woods, E., Gantt-Howrey, A., & **Pope, A. L.** (2023). "I'm so #OCD:" A content analysis of how women portray OCD on TikTok. *The Professional Counselor*, 13(1) 27-38. <https://doi.org/10.15241/eew.13.1.27>
- Moe, J., **Pope, A. L.**, Dominguez, V., & Kemer, G. (2022). The influence of teaching philosophy on coverage of LGBTQ affirmative therapy in counseling courses. *Counselor Education & Supervision*, 61, 322-334. <https://doi.org/10.1002/ceas.12247>
- Pope, A. L.**, Sunal, Z., Gantt, A., Zimmerman, B., Wolf, A., Nuosce, M., & Arajuo, L. (2021). A qualitative examination of bi/multilingual counselor training & experiences. *Journal of Counseling & Development*, 100, 27-38. <https://doi.org/10.1002/jcad.12407>
- Moe, J., **Pope, A. L.**, Kemer, G., & Dominguez, V. (2021). Factors predicting instruction of LGBTQ counseling competence. *Journal of LGBTQ Issues in Counseling*, 15, 389-405. <https://doi.org/10.1080/15538605.2021.1967252>
- Ummak, E., Demirtas, E., **Pope, A. L.**, & Moe, J. (2021). The influence of internalized heterosexism on life satisfaction: Comparing sexual minority women in Belgium and Turkey. *Current Psychology*. Advance online publication. <https://doi.org/10.1007/s12144-021-02068-w>
- Pope, A.L.**, & Willis, B. (2019). Healthy sexual practices: Counseling approaches for differentiating typical and atypical sexual behavior in adults. *ACA Practice Briefs*. Alexandria, VA: American Counseling Association. <https://www.counseling.org/knowledge-center/practice-briefs>
- Demirtas, E., Kemer, G., **Pope, A. L.**, & Moe, J. (2018). Self-compassion matters: The relationship between perceived social support, self-compassion, and subjective well-being among LGB individuals in Turkey. *Journal of Counseling Psychology*, 65, 372-382. <http://dx.doi.org/10.1037/cou0000261>
- Kemer, G., **Pope, A. L.**, & Colburn, A. N. (2017). Cognitions of expert site supervisors in conducting supervision with counseling trainees. *The Clinical Supervisor*, 36, 241-258. <https://doi.org/10.1080/07325223.2017.1305937>
- Kemer, G., Demirtas, E., **Pope, A. L.**, & Ummak, E. (2017). Psychometric properties of the Lesbian, Gay, and Bisexual Identity Scale – Turkish (LGBIS-TR). *Journal of Homosexuality*, 64, 1632-

1649. <https://doi.org/10.1080/00918369.2016.1249741>

- Cashwell, C., Young, J. S., Bartley, J., **Pope, A. L.**, Wagener, A., Sylvestro, H., & Henson, R. (2016). Who is this god of whom you speak: A map of counseling students' concept of god. *Counseling & Values, 61*, 159-175. <https://doi.org/10.1002/cvj.12035>
- Dempster, D., Rogers, S., **Pope, A. L.**, Snow, M., & Stoltz, K. (2015). Insecure parental attachment and permissiveness: Risk factors for unwanted sex among emerging adults. *The Family Journal, 23*, 358-367. <https://doi.org/10.1177/1066480715601674>
- Finnerty, P., Goodrich, K., Brace, A., & **Pope, A. L.** (2014). Introduction to the special issue: Charting the course of ally development. *Journal of LGBTQ Issues in Counseling, 8*, 326-330. <https://doi.org/10.1080/15538605.2014.974385>
- Pope, A. L.** (2013). Intimate Relationship Commitment: An Integrated Conceptual Model. *Journal of Couple and Relationship Therapy, 12*, 270-289. <https://doi.org/10.1080/15332691.2013.806717>
- Pope, A. L.**, Murray, C.E., & Kemer, G. (2013). Development of the Couples Resource Scales. *The Family Journal, 21*, 253-262. <https://doi.org/10.1177/1066480713476662>
- Pope, A. L.**, & Cashwell, C. S. (2013). Moral commitment in intimate committed relationships: A conceptualization from cohabiting same-sex and opposite-sex partners. *The Family Journal, 21*, 5-14. <https://doi.org/10.1177/1066480712456671>
- Murray, C. E., **Pope, A. L.**, & Rowell, P. C. (2010). Promoting counseling students' advocacy competencies through service-learning: An action research evaluation. *Journal of Social Action in Counseling and Psychology, 2*, 29-46. https://www.psysr.org/jsacp/Murray-v2n2-10_29-47.pdf
- Pope, A. L.**, Mobley, A.K., & Myers, J. E. (2010). Integrating identities for same-sex attracted clients: Using developmental counseling and therapy to address sexual orientation conflicts. *Journal of LGBTQ Issues in Counseling, 4*, 32-47. <http://dx.doi.org/10.1080/15538600903552749>
- Pope, A. L.**, Murray, C. E., & Mobley, A. K. (2010). Personal, relational, and contextual resources and relationship satisfaction in same-sex couples. *The Family Journal, 18*, 163-168. <https://doi.org/10.1177/1066480710364501>

MANUSCRIPTS IN PROGRESS

- Willis, B., Talarico, L. G., **Pope, A. L.** (Revised and resubmitted). A sex-positive, contextual approach to children's sexual development. Target: *Journal of Counseling Sexology & Sexual Wellness*.
- Moe, J., Dillingham, S., Corley, P., **Pope, A. L.**, & Goodman-Scott, E. (Data analysis complete; manuscript in progress). Confirmatory factor analysis of the LGBT Development of Clinical Skills Cale in two samples of counseling professionals. Target: *Measurement and Evaluation in Counseling*.
- Pope, A. L.**, Vasic, S., Adams, J., Snowden-Gregg, S., & Augustine, B. (Data analysis complete; Manuscript in progress). "Queer futures:" Towards LGBTQ+ responsive counselor preparation. Target: *Journal of LGBTQ Issues in Counseling*.

Pope, A. L., Vasic, S., Adams, J., Augustine, B., & Snowden-Gregg, S. (Data analysis complete; Manuscript in progress). A qualitative analysis of LGBTQ+ affirming counseling in practice. Target: *Journal of LGBTQ Issues in Counseling*.

Pope, A. L., Hartzell, K., Munthali, G., Tsai, Y., Xu, Y., Lexumé, T., Snowden-Gregg, S., & Jackson, T. (Data analysis complete; Manuscript in progress). Graduate student experiences of asynchronous LGBTQ+ affirming counseling training: A thematic analysis. Target: *Journal of LGBTQ Issues in Counseling*.

Pope, A. L., Vasic, S., Siroty, M., & Lancaster, J. (Data analysis in progress). The state of sexuality counseling training in counselor education. Target: *American Journal of Sexuality Education*.

Lancaster, J., **Pope, A. L.,** Vasic, S., & Siroty, M. (Data analysis in progress). An updated examination of CACREP crisis and trauma courses in counselor preparation. Target: *Counselor Education and Supervision*.

Pope, A. L., Kemer, G., Ausloos, C., & Dominguez, V. (Data collection in progress). From LGBTQ+ affirming to liberatory therapeutic frameworks: A conceptualization from LGBTQ+ clients. Target: *Journal of LGBTQ Issues in Counseling*.

Pope, A. L., St. Germain-Sehr, N., Augustine, B., St. Germain-Sehr, A., Lexumé, T., Hartzell, K., & Moe, J. (Data collection in progress). Asynchronous delivery of LGBTQ+ affirming counseling training with early career counselors. Target: *Counselor Education & Supervision*.

PUBLISHED BOOKS

Moe, J., **Pope, A. L.,** Perara, D., & Sparkman-Key, N. (Eds.) (2024). *LGBTQ affirmative counseling: An evidence-based guide for students and practitioners*. Cambridge University Press.

Schwitzer, A., **Pope, A. L.,** & Rubin, L. (2024). *Diagnosis & treatment planning skills: A popular culture casebook approach* (3rd ed.). Sage.

Murray, C. E., **Pope, A. L.,** & Willis, B. (2017). *Sexuality counseling: Research, theory, and practice*. Sage.

BOOKS IN PROGRESS

Pope, A. L., Willis, B., & Murray, C. E. (Expected publication Fall 2025). *Sexuality counseling: Research, theory, and Practice* (2nd ed). Sage.

BOOK CHAPTERS

Pope, A. L., & Moe, J. (Expected publication 2024). Training and supervision for LGBTQ+ affirmative practice. In J. Moe, **A. L. Pope,** D. Perara, & N. Sparkman-Key (Eds.), *LGBTQ affirmative counseling: An evidence-based guide for students and practitioners*. Cambridge University Press.

Moe, J., & **Pope, A. L.** (Expected publication 2024). LGBTQ+ affirmative counseling: An overview. In J. Moe, **A. L. Pope,** D. Perara, & N. Sparkman-Key (Eds.), *LGBTQ affirmative counseling: An evidence-based guide for students and practitioners*. Cambridge University Press.

- Band, M., **Pope, A. L.**, & Moe, J. (Expected publication 2024). Historical perspectives on sexual-affectual identity development. In J. Moe, **A. L. Pope**, D. Perara, & N. Sparkman-Key (Eds.), *LGBTQ affirmative counseling: An evidence-based guide for students and practitioners*. Cambridge University Press.
- Ford, D., Smith, M., Bigler, K., Locklear, H., Edmondson, D., **Pope, A. L.**, Sparkman-Key, N., & Moe, J. (Expected publication 2024). Family and relationship dynamics and LGBTQ+ mental health. In J. Moe, **A. L. Pope**, D. Perara, & N. Sparkman-Key (Eds.), *LGBTQ affirmative counseling: An evidence-based guide for students and practitioners*. Cambridge University Press.
- Neukrug, E., & **Pope, A. L.** (2022). Couples and family counseling. In E. Neukrug (Ed.), *World of the counselor* (6th ed., pp. 182-221). Cognella.
- Neukrug, E., & **Pope, A. L.** (2021). Contemporary person-centered counseling. In E. Neukrug (Ed.), *Contemporary theories in counseling & psychotherapy* (pp 36-71). Cognella.
- Pope, A. L.**, & Pow, A. (2016). Crisis management and disaster relief: Danger and opportunity. In J. S. Young & C. S. Cashwell (Eds.), *Clinical mental health counseling: Elements of effective practice* (pp. 255-286). Sage.

PEER-REVIEWED PERIODICAL PUBLICATIONS

- Pope, A. L.**, St. Germain-Sehr, N., Augustine, B., St. Germain-Sehr, A., & Lexumé, T. (2024, Spring). Using a cultural humility framework for LGBTGEQIAP+ affirming counseling training. *Southern Association of Counselor Education & Supervision Newsletter*, 19(2), 9-11.
<https://saces.wildapricot.org/resources/Documents/SACES%20Newsletter%20Spring%202024,%20Volume%2019,%20Issue%202.pdf>
- Augustine, B., **Pope, A. L.**, & Lytle, J. (2023, Spring). Celebrating and destigmatizing the sexuality of Black women. *Association of Counseling Sexology & Sexual Wellness Newsletter*, 10(1), 6-9.
https://www.counselingsexology.com/files/ugd/7c4db6_186f2047855e4e9a9a9be340e25a144d.pdf
- Pope, A. L.**, Augustine, B., & Ausloos, C. (2022, Fall). Rainbow connections: Clinical practice adaptations for SAIGE-affirming counseling. *Association of Counseling Sexology & Sexual Wellness Late Fall 2022 Newsletter*, 9(1), 17-22. https://www.counselingsexology.com/files/ugd/7c4db6_9712e695a06940d799725c3a965935a4.pdf
- Pope, A. L.** (2020, Fall). Our role as gatekeepers: Supervision practices for counselors experiencing impairment. *The Advocate Magazine*, 43(4), 19-23.

FOREWORDS

- Pope, A. L.** (2019). Foreword. By C. Schulze, S. Koon-Magnin, & V. Bryan. *Gender identity, sexual orientation, and sexual assault: Challenging the myths*. Lynne Rienner Publishers, Inc.

OTHER PERIODICAL PUBLICATIONS

Pope, A. L., & Orrison, B. (2021, Summer). Graduate counseling program clinical experiences newsletter. <https://www.odu.edu/content/dam/odu/col-dept/counseling-human-services/docs/newsletters/clinical-experiences-newsletter-2020-2021.pdf>

GRANTS AWARDED

Pope, A. L. (2024). *From LGBTQ+ affirmative to liberatory therapeutic frameworks: A conceptualization from LGBTQ+ clients*. William & Mary Faculty Research Committee Faculty Research Grant [**\$10,000**].

Pope, A. L., St. Germain-Sehr, N., & Augustine, B. (2023). *LGBTQ+ affirming counseling: Developing training protocols for mental health and school counselors through action research*. William & Mary School of Education SEED Grant [**\$20,000**].

Pope, A. L. (2022). *LGBTQ+ affirming counseling: Developing training protocols for mental health professionals through action research*. William & Mary Office of Diversity & Inclusion IDEA Grant [**\$1,500**].

Johnson, K. (RPI), Rhefuss, M. (RPI), Co-PIs: Moe, J. Kemer, G. **Pope, A. L.** Carlisle, K., & Girensulu, Y. (2017-2021). *Behavioral Health Workforce Education and Training (BHWET) Program*. Health Research & Services Administration (HRSA) of the U.S. Department of Health and Human Services, HRSA-17-070 [**\$1.92 million**].

Role & Effort: Co-PI & Clinical Coordinator; 10%

Service Dates: 2020-2021

Individual Amount Awarded: \$25,000/4 years = \$6,250 for one year of service

Pope, A. L. (2020-2021). *The use of Supervision Assist as an online platform for Counseling program practicum & internship documentation and session recordings*. Old Dominion University Emergency COVID-19 Funds [**\$15,248**].

Koon-Magnin, S. (RPI), Co-PIs: Schulze, C., & **Pope, A. L.** (2013). *Perceptions and experiences of sexual violence among LGBTQ students: A qualitative investigation*. University of South Alabama Faculty Development Council [**\$5,000**].

Pope, A. L. (2011). *Safe Zone training program evaluation*. Association for Lesbian, Gay, Bisexual and Transgender Issues of Counseling in Alabama. [**\$100**]

Murray, C. E. (RPI), Co-PI: **Pope, A. L.** (2008). *Action research evaluation of a public awareness campaign assignment in a sexuality counseling course*. Southern Association for Counselor Education and Supervision. [**\$500**]

PRESENTATIONS AND WORKSHOPS

NATIONAL

- Pope, A. L., & Kemer, G.** (2024, September). *Concept mapping: A mixed-methods research design for counselor education*. Presentation accepted at the annual conference of the Association for Assessment and Research in Counseling. Pittsburgh, PA.
- Tsai, Y., & **Pope, A. L.** (2024, September). *Using Photovoice as a research and teaching tool in counselor education*. Presentation accepted at the annual conference of the Association for Assessment and Research in Counseling. Pittsburgh, PA.
- Pope, A. L., & Augustine, B.** (2024, September). *Designing LGBTQ+ affirming counseling training through action research*. Roundtable accepted at the annual conference of the Association for Assessment and Research in Counseling. Pittsburgh, PA.
- Pope, A. L., Ausloos, C., Lytle, J., Parker, B., & Augustine, B.** (2024, April). *Exemplary practices for counseling sexology and sexual wellness*. Invited presentation at the annual conference of the American Counseling Association. New Orleans, LA.
- Pope, A. L., Augustine, B., & Ausloos, C.** (2024, February). *Rainbow connections: Practice guidelines for LGBTGEQIAP+ affirming counseling*. Webinar sponsored by the Society for Sexual, Affectional, Intersex, and Gender Expansive Identities.
- Pope, A. L., St. Germain-Sehr, N., Augustine, B., St. Germain-Sehr, A., & Moe, J.** (2023, October). *SAIGE-affirming counseling: Developing training protocols through action research*. Presentation at the bi-annual conference of the Association of Counselor Education & Supervision. Denver, CO.
- Fort, A., **Pope, A. L., & Wolf, A.** (2023, October). *"This I Believe:" The state of digital delivery in counselor education and gatekeeping following the 2020 pandemic*. Presentation at the bi-annual conference of the Association of Counselor Education & Supervision. Denver, CO.
- Pope, A. L., & Moe, J.** (2023, October). *Strategies to integrate LGBTGEQIAP+ affirmative counseling and promote allyship across master's program curricula*. Presentation at the annual conference of the Society for Sexual, Affectional, Intersex, and Gender Expansive Identities.
- Pope, A. L., Augustine, B., Lexumé, T., & Ausloos, C.** (2023, October). *Advancing guidelines for LGBTGEQIAP+ responsive supervision: An adaptive practice model*. Presentation at the annual conference of the Society for Sexual, Affectional, Intersex, and Gender Expansive Identities.
- Moe, J., & **Pope, A. L.** (2022, December). *Covering LGBTQ issues in counselor training*. Webinar hosted by the Society for Sexual, Affectional, Intersex, & Gender Expansive Identities.
- Miller, C., **Pope, A. L., & Moore, R.** (2021, November). *These avatars aren't blue: How VR simulations help behavioral health providers help others*. Presentation at the annual conference of the Association for Educational Communications & Technology. Chicago, IL.
- Gantt, A., Sunal, Z., & **Pope, A. L.** (2021, October). *A qualitative examination of bi/multilingual counselor training & experiences*. Poster presentation at the bi-annual conference of the Association of Counselor Education & Supervision. Atlanta, GA.

- Chang, V., **Pope, A. L.**, & Clarke, L. (2020, July). *Designing your online fieldwork/clinical experience courses*. Webinar panel hosted by the Association of Counselor Education & Supervision.
- Pope, A.L.** & Ruffin, M. (2020, May). *Can VR simulations be an effective tool in training mental health clinicians?* Invited national webinar presentation by the Mursion software team.
- Pope, A. L.**, Augustine, B., & Dominguez, V. (2019, October). *A multi-dimensional framework for teaching sexuality*. Presentation at the bi-annual conference of the Association of Counselor Education & Supervision. Seattle, WA.
- Kemer, G., & **Pope, A. L.** (2019, October). *Concept mapping: A constructive mixed-methods research design*. Presentation at the bi-annual conference of the Association of Counselor Education & Supervision INFORM sessions. Seattle, WA.
- Pope, A. L.** (2019, June). *Our role as gatekeepers: Supervision practices for counselors experiencing impairment*. Presentation at the annual conference of the American Mental Health Counselors Association. Herndon, VA.
- Pope, A. L.** (2017, October). *How to improve training for bilingual counselors: Preliminary results from a CQR study*. Presentation at the bi-annual conference of the Association of Counselor Education & Supervision. Chicago, IL.
- Pope, A. L.**, & Pow, A. M. (2017, March). *Wounded healers: How to support counselors-in-training who have experienced trauma*. Presentation at the annual conference of the American Counseling Association. San Francisco, CA.
- Kemer, G., **Pope, A. L.**, Demirtas, E., & Dimberg, S. (2016, September). *LGB identity development in Turkey: Perspectives from a collectivistic culture*. Poster session at the bi-annual conference of the Association of Lesbian, Gay, Bisexual, and Transgender Issues in Counseling. San Antonio, TX.
- Pow, A., **Pope, A. L.**, & Bell, H. (2015, October). *Wounded healers: Supporting counselors-in-training who have experienced trauma*. Presentation at the bi-annual conference of the Association of Counselor Education and Supervision. Philadelphia, PA.
- Wolf, A., **Pope, A. L.**, & Nuosce, M. (2015, October). *Bilingual supervision for the non-bilingual professor: Training methods for counseling in a diverse community*. Presentation at the bi-annual conference of the Association of Counselor Education and Supervision. Philadelphia, PA.
- Kiteki, B., **Pope, A. L.**, & Kemer, G. (2013, October). *"In our own words": Experiences of new faculty in counselor education programs*. Presentation at the bi-annual conference of the Association of Counselor Education and Supervision. Denver, CO.
- Fuenfhausen, K., Murray, C. E., & **Pope, A. L.** (2013, October). *Teaching sexuality counseling: Challenges and strategies*. Presentation at the bi-annual conference of the Association of Counselor Education and Supervision. Denver, CO.
- Brace, A., **Pope, A. L.**, & Finnerty, P. (2013, March). *Ally development in action: A panel discussion*. Presentation at the annual conference of the American Counseling Association. Cincinnati, OH.

REGIONAL & STATE

- Nishnick, C., Hartzell, K., **Pope, A. L.**, & Evins, A. (2024, November). *Supervisee and supervisor perspectives on effective supervisory relationships*. Presentation accepted at the annual convention of the Virginia Counselors Association. Hampton, VA.
- Pope, A. L.**, Augustine, B. R., Khan, H., & Espinoza-Mednoza, M. (2024, November). *Clinical adaptations for LGBTGEQIAP+ affirming counseling*. Presentation accepted at the annual convention of the Virginia Counselors Association. Hampton, VA.
- Kusno, S., & **Pope, A. L.** (2024, June). *Supporting nonbinary clients in the perinatal period*. Invited webinar presentation for Postpartum Support Virginia.
- Pope, A. L.**, & Hartzell, K. (2023, November). *Addressing supervisee impairment through culturally responsive supervision*. Presentation at the annual convention of the Virginia Counselors Association. Hot Springs, VA.
- Pope, A. L.**, Kusno, S., & Woodard, J., & Curry, M. K. (2023, November). *Supporting nonbinary clients in the perinatal period*. Presentation at the annual convention of the Virginia Counselors Association. Hot Springs, VA.
- Pope, A. L.**, & Hilliard, C. (2022, November). *These avatars aren't blue: Use of VR simulation technology in counselor training*. Roundtable presentation at the bi-annual conference of the Southern Association of Counselor Education & Supervision. Baltimore, MD.
- Pope, A. L.**, Augustine, B., & Dominguez, V. (2020, October - conference cancelled). *A multi-dimensional framework for teaching sexuality*. Presentation proposal submitted to the bi-annual conference of the Southern Association of Counselor Education & Supervision.
- Pope, A. L.**, & Kemer, G. (2018, October). *Concept mapping: A constructive mixed-methods research design*. Presentation at the bi-annual conference of the Southern Association of Counselor Education and Supervision. Myrtle Beach, SC.
- Pope, A. L.**, & Pow, A. M. (2016, October). *Helping bilingual students succeed*. Presentation at the bi-annual conference of the Southern Association of Counselor Education and Supervision. New Orleans, LA.
- Pope, A. L.**, & Mobley, A. K. (2014, September). *LGB/T+ affirmative supervision: Managing values and creating competency*. Presentation at the annual conference of the Licensed Professional Counselors Association of North Carolina. Greensboro, NC.
- Murray, C., Campbell, E., **Pope, A. L.**, Fuenfhausen, K., Akers, W., & Kuruck, H. (2013, October). *From A to E: The basics of sexuality counseling*. Presentation at the annual conference of the Licensed Professional Counselors Association of North Carolina. Greensboro, NC.

COMMUNITY & UNIVERSITY

- Pope, A. L.** (2024, July). *Assessment in sexuality counseling*. Invited guest speaker for master's level sexuality counseling course at Virginia Commonwealth University. Feb
- Tsai, Y., & **Pope, A. L.** (2024, May). *Using Photovoice as a teaching and research tool*. Poster presentation accepted at the Studio for Teaching and Learning Innovation. William & Mary.

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- Pope, A. L.** (2024, April). *Emotionally focused couples and family therapy*. Invited guest speaker for master's level marriage and family counseling course at William & Mary.
- Fabian, D., Augustine, B., St. Germain-Sehr, N., Kusno, S., & **Pope, A. L.** (2024, March). *Sexual affectional orientation and gender identity*. Invited panel facilitator for the 2024 Women's Event sponsored by the William & Mary School of Education.
- Pope, A. L.** (2023, October). *Dialectical behavior therapy*. Invited guest speaker for master's level theories course at William & Mary.
- Pope, A. L.** (2023, March). *LGBTQ+ affirming counseling*. Invited guest speaker for master's level multicultural counseling course at William & Mary.
- Pope, A. L.** (2023, March). *Gender identity development*. Invited guest speaker for master's level human growth and development counseling course at William & Mary.
- Pope, A. L.** (2022, July). *Basics of couples counseling*. Invited guest speaker for master's level sexuality counseling course at Old Dominion University.
- Pope, A. L.** & Kemer, G. (2022, April). *Sustainable leadership: Defining the future of behavioral health services in Hampton Roads*. Roundtable session for CMHC Site Supervisors sponsored by the ODU Counseling & Human Services Department & Chesapeake Regional Medical Center.
- Pope, A. L.** (2022, March). *Share our stress to reduce our stress*. Invited online webinar for the ODU College of Health Sciences faculty.
- Pope, A. L.** (2022, February). *Using professional development plans to address supervisee impairment*. Online training for CMHC & School Counseling Site Supervisors sponsored by the ODU Counseling & Human Services Department.
- Pope, A. L.** (2021, September). *Clinical mental health counseling site supervisor training: Supporting CMHC interns during the COVID-19 pandemic*. Online training for CMHC Site Supervisors sponsored by the ODU Counseling & Human Services Department.
- Pope, A. L.** (2020, November). *Implementing service-learning projects in online education*. Invited online webinar hosted by the Old Dominion University Center for Learning and Teaching.
- Pope, A. L.** (2020, May). *LGBTQ counseling competencies*. Invited online workshop at Center for Child & Family Services, Hampton, VA.
- Pope, A. L.** (2019, January). *Concept mapping: A constructive mixed-methods research design*. Presentation to ODU Counseling program students.
- Pope, A. L.** (2018, March). *Competent counseling in the Safe Zone: LGBTQ ally development in action*. Presentation at the First Annual Community Mental Health Symposium. Hodges University, Fort Myers, FL.
- Pope, A. L.** (2016, July). *LGBTQ cultural competency: Ally development in action*. Presentation at the annual Cultural Competency Conference sponsored by Hodges University. Naples, FL.
- Pope, A. L.** (2016, July). *Dialectical behavior therapy*. Presentation at Arbor Trace for the Frances Pew Hayes Center for Lifelong Learning. Naples, FL.

Pope, A. L. (2016, April). *A brief glimpse into psychopathology*. Presentation at Arbor Trace for the Frances Pew Hayes Center for Lifelong Learning. Naples, FL.

Pope, A. L. (2011-2013). *Safe Zone training*. Workshop held for faculty and staff members to facilitate LGBTQ ally development at the University of South Alabama, Mobile, AL.

CREATIVE WORKS

Pope, A. L., & Miller, C. (2021). Mursion simulation: *Psychological First Aid with medical providers experiencing trauma reactions during the COVID-19 pandemic*.

Pope, A. L., & Augustine, B. (2020). Mursion simulation: *Sexuality assessment with female clients*.

Pope, A. L., & Winters, D. (2020). Mursion simulation: *Telehealth assessment*.

Gerber, L., & **Pope, A. L.** (2020). Mursion simulation: *Couples counseling intake*.

Pope, A. L. (2020). Mursion simulation: *Suicide assessment*.

Pope, A. L. (2019). Mursion simulation: *Sexuality assessment with male clients*.

DISSERTATION COMMITTEES

CHAIR

Hartzell, K. (Expected proposal Fall 2025). Topic: *Exploring broaching in group counseling settings*. William & Mary.

Lexume, T. (Expected proposal Spring 2024). Topic: *An exploration of BIPOC collegiate athletes lived experiences*. William & Mary.

METHODOLOGIST

Orrison, E. (Defended Fall 2023). *A consensual qualitative research examination of self-identifying politically conservative counselor education graduate students*. Old Dominion University.

MEMBER

Abraham, J. (Defended Spring 2021). *International student adjustment to the American higher education system: A meta-analysis of college counseling practice and protocols*. Old Dominion University.

Augustine, B. (Defended Summer 2021). *What are we missing? A phenomenological examination of race-based trauma in Black Americans and Jamaicans*. Old Dominion University.

Cunningham, T. (Defended Spring 2023). *The development of resilience in LGBTQIQ adults who have experienced complex trauma*. University of North Texas.

Fears, A. (Defended Spring 2024). *The experiences of rural school counselors seeking to implement antiracist practices: A phenomenological investigation*. William & Mary.

Hooks, K. (Defended Fall 2021). *The impact of a crisis intervention team program on psychiatric boarding*. Old Dominion University.

Huffman, J. (Defended Spring 2024). *Partners in crisis: A phenomenological exploration of collaboration between crisis intervention team officers and mental health professionals.* Old Dominion University.

Lancaster, J. (Defended Fall 2022). *Trauma and crisis counselor preparation: The relationship of an online trauma and crisis course and counseling self-efficacy.* Old Dominion University.

Micallef Marmara, S. (Defended Spring 2022). *An investigation of health professionals' perspectives on the tasks of mental health counselors in hospital settings.* Old Dominion University.

Rocha, J. (Defended Spring 2020). *Best practices in clinical supervision: What should supervisees do?* Old Dominion University.

Sunal, Z. (Defended Spring 2020). *Doctoral students' research self-efficacy: A concept mapping approach with counselor education doctoral students.* Old Dominion University.

Zimmerman, E. (Defended Summer 2022). *A comparison of sorority women and non-sorority women's alcohol use: Perception, rate of use, and consequences.* Old Dominion University.

TEACHING & SUPERVISION EXPERIENCE

- Fall 2018 – Summer 2022 **Clinical Assistant Professor** (Fall 2021 – Summer 2022)
Lecturer (Fall 2018 – Summer 2021)
Old Dominion University Department of Counseling & Human Services
Job Responsibilities: Taught a 2-2 course load. Provided academic advising and track academic plans for approximately 30 master's students and 6 doctoral students. Supervised doctoral-level teaching assistants in course instruction.
Master's Level Content Courses: Foundations of Career Development (COUN 648); Human Sexuality (COUN 695)
Master's Level Supervision Courses: Practicum in Counseling (COUN 669); Internship in Counseling (COUN 667)
Doctoral Level Supervision Courses: Advanced Practicum in Counseling (COUN 869); Internship in Counseling (COUN 868)
- Spring 2022 **Adjunct Professor**
Antioch University New England
Online Master's Level Supervision Course: Clinical Mental Health Counseling Internship (CED 6990)
- Summer 2015 - Summer 2018 **Program Chair & Associate Professor**
Hodges University Clinical Mental Health Counseling Program
Job Responsibilities: Taught a 3-3 course load. Provided academic advising and track academic plans for approximately 90 master's students. Supervised master's level graduate assistants in program administration.
Master's Level Blended Content Courses: Diagnosis & Treatment of Psychopathology (PSY 5400), Legal, Ethical, & Professional Standards of Counseling Practice (PSY 6000), Individual Evaluation & Assessment (PSY 5001), Counseling in Community Settings (PSY 5300), Human Sexuality (PSY 6302), Special Topics in Counseling: Couples Therapy (PSY 6213), Career & Lifestyle Assessment (PSY 5030)
Master's Level Supervision Courses: Internship II (PSY 6502), Internship III (PSY 6503)

- Fall 2016 – Summer 2018 **Florida Approved Qualified Supervisor for MHC Registered Interns**
State of Florida Department of Health, Division of Medical Quality Assurance
 Provided supervision once a week for five MHC Registered Interns.
- Fall 2013 – Spring 2015 **Adjunct Professor**
UNC Greensboro Department of Counseling & Educational Development
Master’s Level Content Courses: Group Counseling: Theory & Practice (CED 650), Family Counseling (CED 691)
Master’s Level Supervision Courses: Master’s Level School Counseling Internship (CED 680)
Doctoral Level Supervision Courses: Doctoral Level Counseling Internship (CED 780)
- Summer 2013, Fall 2014 & Spring 2015 **Adjunct Professor**
Old Dominion University Department of Counseling & Human Services
Master’s Level Blended Content Courses: Foundations of Clinical Mental Health Counseling (COUN 680), Addictions Counseling (COUN 647)
Online Master’s Level Supervision Courses: Practicum in Counseling (COUN 669), Clinical Mental Health Counseling Internship (COUN 667)
- 2011- 2013 **Assistant Professor of Counselor Education**
University of South Alabama Department of Professional Studies
Affiliate Faculty
Counseling and Clinical Psychology & Gender Studies Program
Master’s Level Content Courses: Diagnostic Processes and Treatment Planning (CED 560), Analysis of Counseling Processes (CED 586), Couples Counseling & Human Sexuality (CED 567), Tests, Measurement, & Evaluation (EPY 555)
Master’s Level Blended Content Courses: Foundations in Clinical Mental Health Counseling (CED 571)
Master’s Level Supervision Courses: Supervised Practicum in Counseling (CED 576), Internship in Clinical Mental Health Counseling (CED 597)
- Spring & Summer 2011 **Adjunct Instructor**
Guilford Technical Community College Department of Human Services Technology
Undergraduate Online Courses: Substance Abuse Overview (SAB 110), Addictive Processes (SAB 135)
- Spring 2011 **Visiting Assistant Professor**
UNC Greensboro Department of Counseling & Educational Development
Doctoral Level Supervision Course: Doctoral Level Counseling Internship (CED 780)
- 2008-2010 **Graduate Teaching Assistant**
UNC Greensboro Department of Counseling & Educational Development
Master’s Level Content Course: Women’s Issues in Counseling (CED 574A)
Master’s Level Supervision Course: Master’s Level Counseling Internship (CED 680)
Co-instructed Master’s Level Course: Human Sexuality (CED 691)
Undergraduate Course: Helping Skills (CED 310)

HONORS AND AWARDS

- 2022 **Teaching with Technology Award**
Old Dominion University

- 2021 **Teaching Innovation and Excellence Award**
ODU Darden College of Education & Professional Studies
- 2020 **Outstanding Counseling and Human Services Faculty Member Award**
Omega Delta Chapter of Chi Sigma Iota
- 2012 **SACES Emerging Leader Fellow**
Southern Association of Counselor Education & Supervision
Lisa Mitchell Bukstein Foundation Scholarship for Developing Faculty in Education
University of South Alabama
- 2009 **David G. & Nancy J. Armstrong Graduate Students' Scholarship**
University of North Carolina at Greensboro
- 2008 **J. Barnwell and Mary Blair Allison Scholarship**
University of North Carolina at Greensboro
- Outstanding Doctoral Student Award**
Upsilon Nu Chi Chapter of Chi Sigma Iota

PROFESSIONAL SERVICE & LEADERSHIP
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NATIONAL

- Spring 2021 **External Reviewer for Faculty Promotion**
Antioch University New England
- March 2019 **2019 ACES Conference Program Proposal Reviewer**
Association for Counselor Education & Supervision
- August 2015-
September
2016 **ALGBTIC Conference Creative Committee Chair**
Association of LGBT Issues in Counseling
Created flyers and advertising materials for conference. Designed conference program. Coordinated decorations for event.
- February 2012 -
May 2013 **Ally Development Task Force Committee Co-chair**
Association of LGBT Issues in Counseling
Developed goals and an agenda as a task force. Coordinated a strategic plan in line with ALGBTIC's mission and began forming a resource guide on LGBTIQQ allyship for counselors.
- June 2013 **Program Proposal Reviewer for 2014 ACA Conference & Expo**
American Counseling Association
- April 2010 - July
2011 **Initial Reviewer for program self-studies**
Council for Accreditation of Counseling & Related Educational Programs

INSTITUTIONAL

- 2021 - 2022 **Old Dominion University Title IX Advisor**
Office of Institutional Equity & Diversity
Provide related support and advice to individuals who experience or are accused of Title IX sexual harassment. Advise individuals with general information about procedures, resources, and substantive advisement throughout Title IX process.

- 2019 - 2022 **Old Dominion University F1RST Faculty Mentor**
Office of Academic Success Initiatives & Support
 Mentor first generation undergraduate students to help improve sense of belonging for both first-gen faculty and first-gen students on campus.
- 2016 - 2018 **Diversity Committee Member**
Hodges University
 Served on the Diversity Committee, which oversaw efforts to enhance diversity and inclusion for students and staff at the university, including organizing an annual Cultural Competency conference for the local community workforce.
- 2011 - 2013 **Safe Zone Program Coordinator & Training Facilitator**
University of South Alabama
 Led the establishment of a Safe Zone Program at USA. Developed 4-hour Safe Zone training for faculty and staff. Coordinated with LGBTIQQ student group to speak at trainings. Created Safe Zone manual for distribution to participants. Established Safe Zone Advisory Committee comprised of six other USA faculty and staff to enhance and ensure the continuity of the Safe Zone program. Trained approximately 60 faculty and staff in two years.
- 2011 - 2013 **Allies Unlimited Faculty Advisor**
University of South Alabama
 Served as the faculty advisor for a student-led organization whose mission was social justice advocacy. Met with AU leaders to facilitate coordination of AU activities on campus. Encouraged AU's collaboration with other student organizations on campus, such as Spectrum (LGBTIQQ student group), the Secular Student Alliance, and Amnesty International, through connecting with these organizations' faculty advisors.
- 2012 - 2013 **Assessment Committee Member, Honors & Awards Committee Member, & Recruitment & Retention Committee Member**
University of South Alabama College of Education

COLLEGE AND DEPARTMENT

- Summer 2024 **Assistant Director of Admissions and Recruitment Search Committee Member**
William & Mary School of Education
- Summer 2024 **Tenure-Track Military and Veterans Counseling Counselor Education Faculty Search Committee member**
William & Mary Department of School Psychology & Counselor Education
- Fall 2023 – Spring 2024 **Open Rank Tenure-Track Counselor Education Faculty Search Committee member**
William & Mary Department of School Psychology & Counselor Education
- Fall 2023 **Project Empower Research Assistant Search Committee Member**
William & Mary Department of School Psychology & Counselor Education
- 2021 - 2022 **Mentor to New Counseling & Human Services Faculty Member**
Old Dominion University Darden College of Education & Professional Studies
 Assisted new CHS faculty member with professional development and established target goals for scholarship, teaching, & service to achieve reappointment and promotion.
- 2011 - 2012 **Faculty Peer Review Committee Member**
University of South Alabama Department of Professional Studies

PROGRAM

- 2021 - 2022 **Ad hoc Online Counseling Master's Program Planning Committee Chair**
Old Dominion University Department of Counseling & Human Services
Chaired committee comprised of CHS faculty. Committee developed a business proposal describing the creation and viability of a fully online format for the master's Counseling program.
- 2021 - 2022 **Clinical Mental Health Counseling Coordinator**
Old Dominion University Department of Counseling & Human Services
Managed CMHC concentration coordination. Maintained email listserv of CMHC program alumni for distribution of job announcements and professional development opportunities. Provided information about professional licensure (i.e., LPC) to CMHC students & alumni.
- 2020 - 2021 **Ad hoc CHS Top Tier Journal List Review Committee Member**
Old Dominion University Department of Counseling & Human Services
- 2019 - 2020 **Ad hoc Online Courses Committee Chair**
Old Dominion University Department of Counseling & Human Services
- 2018 - 2022 **Counseling Program Advisory Board Committee Member**
Old Dominion University Department of Counseling & Human Services
Committee comprised of Counseling program faculty, master's and doctoral students, site supervisors, and other community stakeholders met biannually to review programmatic procedures and implement strategies to improve the Counseling program.
- 2011 - 2013 **Chapter Faculty Advisor**
Chi Sigma Iota, Upsilon Sigma Alpha Chapter
Reinstated USA's CSI chapter to active status in Fall 2011. Facilitated students' leadership development through helping them plan professional development, social, and service activities on campus and in the community. Hosted a day-long professional development workshop for CED students and counselors practicing in the Mobile area in November 2012. Coordinated events with the local chapter of the Alabama Counseling Association to encourage students' professional involvement past graduation.

COMMUNITY

- January 2021 – June 2022 **EVMS Tobacco Cessation Program Planning Committee Member**
Eastern Virginia Medical School, Norfolk, VA
Collaborated with EVMS medical and mental health providers to design and implement a tobacco cessation psychoeducational counseling group for patients, facilitated by ODU Counseling program master's internship students placed at EVMS.
- July 2021 – June 2022 **Behavioral Health Training Program Committee Member**
Hampton Roads Community Health Center (HRCHC), Portsmouth, VA
Collaborated with HRCHC medical and mental health providers to design and implement a behavioral health training program for ODU master's level Counseling interns at HRCHC, an integrated behavioral health setting that serves vulnerable populations in the HR community.
- Fall 2017 – Summer 2018 **Executive Committee President**
Center for Progress & Excellence, Inc., Fort Myers, FL
Presided at all Board of Directors meetings for a non-profit organization that provides high quality mental health services to at-risk and vulnerable populations in Southwest Florida, including lower SES clients and survivors of sex trafficking. Collaborated with the Executive

Director act on behalf of to promote the welfare of the organization, including public speaking and advocating to promote CPE's services at community events and fundraisers.

ADMINISTRATIVE EXPERIENCES

Fall 2018 –
Summer 2022

Graduate Clinical Coordinator

Old Dominion University Department of Counseling & Human Services

Job Responsibilities: Managed clinical coordination operations for the master's and doctoral level counseling programs. Tracked placements for practicum and internship (P&I). Built relationships with community mental health providers who host master's and doctoral students for clinical experiences. Ensured compliance to the CACREP standards within the P&I course policies. Updated P&I Handbooks and documentation on a regular basis. Adapted P&I documentation and evaluation forms to a fully online platform, Supervision Assist, through collaboration with Supervision Assist staff. Monitor and manage Supervision Assist student and supervisor accounts. Hosted biannual P&I orientations for master's students. As a part of the Counseling Program Administrative Team, assisted with new student orientation, coordinated weekly administrative meetings, implemented program procedures, and guided equity and diversity initiatives within the department. Coordinated biannual supervision workshops for Site Supervisors and an annual site fair to connect Site Supervisors with students. Supervised doctoral-level graduate assistants in clinical coordination administration.

Spring 2022
Spring 2020
Spring – Fall
2019

Interim Graduate Program Director for Doctoral Program

Interim Graduate Program Director for Master's Program

Associate Graduate Program Director

Old Dominion University Department of Counseling & Human Services

Managed student screening procedures to address students' professional and behavioral issues as they arise. Consulted with faculty, maintain documentation of student issues, and develop professional development plans. Developed student screening surveys for CHS faculty and led two student screening faculty meetings per year. In Spring 2020, assisted with scheduling, student documentation, and other GPD duties for the master's program. Coordinated and hosted an online graduation ceremony for spring and summer graduates due to COVID-19 closures. In Spring 2022, assisted with graduate assistantship assignments, dissertation proposal & defense coordination, student documentation, and other GPD duties for the doctoral program.

Summer 2015 –
Summer 2018

Program Chair & Associate Professor

Hodges University Clinical Mental Health Counseling Program

Oversaw administrative operations of the CMHC program. Supervised two full-time faculty members and five adjunct faculty members. Developed and monitored program budget. Provided academic advising and tracked academic plans for approximately 90 CMHC students. Taught a 2-2-2 course load. Ensured program compliance to CACREP standards, including assessment of students' progress as related to CMHC program area standards. Responded to interested applicant and student inquiries for recruitment and retention purposes. Coordinated interviews and made final admissions decisions for applicants.

August 2012 -
May 2013

Counselor Education Program Coordinator

Clinical Mental Health Counseling Emphasis Area Coordinator

University of South Alabama Counselor Education Program

Developed and conducted assessment of students' progress as related to CMHC program area standards. Conducted assessments with site supervisors, CED alumni, and employers to improve CED program development. Delivered a new student orientation and comprehensive

exam preparatory workshop each semester. Maintained website for CMHC program. Provided academic advising for approximately 25-30 CMHC and 10 School Counseling students a year.

August 2011 –
May 2013

Lead Writer for CACREP Accreditation Self-Study

University of South Alabama Counselor Education Program

Wrote CACREP self-study for counselor education master's programs in Clinical Mental Health and School Counseling, submitted in November 2012 for initial accreditation review. Received CACREP's recommendation for a site visit on January 30, 2013. Developed a Candidate Handbook for counselor education students and a Candidate Performance Review and Remediation plan in accordance with CACREP standards. Conducted a crosswalk of all CED courses for compliance with CACREP general input and outcome standards. Selected key assignments for all CMHC courses to track for compliance with CACREP's assessment plan. Conducted faculty meetings throughout process to facilitate program updates to comply with 2009 CACREP standards.

August 2009 -
June 2010

Admissions Office Graduate Assistant

UNC Greensboro Graduate School

Facilitated the admissions process for graduate applicants through scanning, filing, and organizing application documents. Accessed applications and upload applicant documents into the Apply Yourself web-based application database. Used Banner to enter admissions decisions and access applicant information.

August 2005 -
August 2007

Admissions Office Graduate Assistant

UNC Greensboro Department of Counseling & Educational Development

Facilitated the admissions process through answering potential applicants' questions via phone and email and giving individual Departmental tours for potential applicants. Aided enrollees' transition into the graduate program through correspondence and planning the Departmental orientation.

CLINICAL EXPERIENCES

August 2013 –
April 2015

Therapist/Couples Counseling Specialist

Tree of Life Counseling, PLLC, Greensboro, NC

Conducted individual, couple, and family therapy services with clients, for a wide range of presenting issues, including sexuality concerns, LGBTIQQ concerns, mood disorders, anxiety, grief/loss, and other developmental and transitional concerns. Utilized Emotionally Focused Therapy in counseling couples. Conducted cross-sex hormone and gender-reassignment surgery assessments for transgender individuals seeking gender affirmation medical services.

Spring 2014

Part-time Staff Counselor

Wake Forest University Counseling Center, Winston-Salem, NC

Conducted individual and group therapy services for university students for approximately 12-15 hours per week. Attended staffing meetings.

June 2010 –
May 2011

Child/Adolescent Mental Health Therapist

Daymark Recovery Services, Lexington, NC

Conducted intake assessments, individual counseling, and family counseling sessions with children and adolescents for a wide range of presenting issues, including depression, ADHD, ODD, Conduct Disorder, anxiety, trauma, physical and sexual abuse, and other adjustment, behavioral, and developmental concerns. Coordinated counseling services with on-site psychiatrist, the school system, and other community agencies and support networks. Co-

facilitated Dialectical Behavior Therapy group for women. Conducted walk-in crisis assessments with individuals and families on as needed basis.

2010 – 2011

Seminar Facilitator

Family Life Council's Parenting Under Two Roofs Program, Greensboro, NC

Facilitated psychoeducational seminars for parents, grandparents, or stepparents to help guide their children through the process of parental separation and/or divorce.

2008 – 2011

YouthSafe Facilitator

YouthSafe, Greensboro, NC

Facilitated monthly support group meetings and social events in the Greensboro area to provide a safe place for LGBTIQ youth to meet and interact with each other.

Fall 2008 &
Spring 2010

Group Facilitator

Heartstrings Pregnancy & Infant Loss Support, Greensboro, NC

Led psychoeducational support group for parents who lost infants from conception to age one.

August 2008 -
May 2009

Doctoral-level Counseling Intern

Moses Cone Pastoral Care Services, Greensboro, NC

Conducted individual counseling sessions with adults who have cancer or have family members with cancer. Provided support to patients and their families in the oncology unit and other areas of Wesley Long hospital. Served as a co-counselor for outpatient and inpatient groups to address grief and loss at Moses Cone Behavioral Health. Created support workshops for patients and their families at the Regional Cancer Center. Co-led support group for caregivers and monthly support groups for people with gastrointestinal and breast cancer.

May – August
2008

Doctoral Counseling Intern

Family Services of the Piedmont, Greensboro, NC

Conducted individual counseling sessions with children, adolescents, and adults. Served as a co-counselor for Anger Management group. Attended community mental health fairs to distribute information for Family Service of the Piedmont.

August 2007 –
August 2009

Counselor, Project Safe Love

Nicholas A. Vacc Counseling & Consulting Clinic, Greensboro, NC

Conducted individual counseling sessions with clients who have experienced intimate partner violence (IPV) in same-sex relationships. Co-led presentations at community agencies and professional conferences to spread awareness of same-sex IPV and provide resources and tools for counselors who work with this population. Conducted research project to further explore relationship resources for same-sex couples to contribute to the profession's knowledge base of qualities that play a role in healthy relationships of same-sex couples.

INSTRUCTOR RELATED TRAINING

June 2023

Academy for Anti Racist Leadership

Penn State University

Attended a 4-day immersive virtual workshop to develop critical leadership competencies to center race-conscious schemas and racial literacy needed to dismantle whiteness in postsecondary education policies and practices.

March 2022

Collaborative Online International Learning (COIL)

State University of New York COIL Center

Attended a 3-week asynchronous training on virtual collaboration and information exchange in higher education to promote intercultural interaction in higher education.

November 2021 **Collaborative Experiential Learning about Trauma-Informed Instructional Design**
Association for Educational Communications & Technology
Attended a 3-hour immersive workshop on developing pedagogical techniques based in trauma-informed principles.

May 2019 **Integrating Entrepreneurship into University Teaching & Pedagogy**
Program Acceleration for Collegiate Entrepreneurship, Old Dominion University
One of 50 faculty selected to attend a 3-day training to develop skills in innovative and entrepreneurial education practices, connecting student learning in higher education to community engagement.

COUNSELING RELATED TRAINING

May 2024 **Emotionally Focused Individual Therapy Consultation**
10-hour asynchronous webinar training to learn the fundamental skills of EFIT and how to overcome challenges with clients in counseling.

April 2024 **Complex PTSD Workshop**
12-hour asynchronous webinar training to learn a comprehensive approach to accurately assess and effectively treat clients with chronic, repeated, or developmental trauma.

September & October 2022 **Emotionally Focused Family Therapy Level One & Two Training**
Six days of synchronous webinar training to learn the theoretical foundations and basic skills utilized in counseling couples through the EFFT model.

August 2022 **Acceptance and Commitment Therapy Intensive Training**
12-hour asynchronous training to learn the theoretical foundations and basic skills to utilize ACT in counseling practice.

February 2022 **Emotionally Focused Individual Therapy**
6-hour asynchronous webinar on the application of EFT to individual counseling.

February 2022 **Somatic Experiencing Training**
16-hour asynchronous webinar training to develop knowledge about the impacts of trauma on memory and skills in using somatic interventions to treat trauma with clients.

June 2020 **Telehealth Certification for Providers & Educators**
Attended a 20-hour synchronous & asynchronous online training to develop knowledge and skills to deliver telemental health services and training students ethically, legally, and professionally in the use of telehealth.

March 2020 **Certified Clinical Trauma Professional Training**
Attended a 2-day live webinar training to develop evidence-based counseling skills to assess and treat PTSD and other trauma-related disorders.

May 2016 **Facing the Dragon Together: EFT with Traumatized Couples**, Tampa, FL
Attended a two-day workshop hosted by Dr. Sue Johnson to develop knowledge and skills in utilizing EFT with traumatized couples.

Oct. 2013 - April 2014 **Emotionally Focused Therapy (EFT) Advanced Skills Training**. Greensboro, NC
Attended four weekend trainings to develop and enhance the counseling skills used throughout each stage of the EFT therapeutic process with couples. Received monthly clinical supervision.

- June 2013 **Emotionally Focused Therapy (EFT) Externship**, Greensboro, NC
 Attended a 4-day externship to learn the theoretical foundations and basic skills utilized in counseling couples through the EFT model. Practiced application of EFT skills by viewing videotaped and live sessions and engaging in role-plays.
- August 2010 **Dialectical Behavior Therapy (DBT) Training**, Lexington, NC
 Attended a 3-day training to learn the theoretical foundations and basic skills used in treating borderline personality disorder through the DBT model.
- October 2006 **PREPARE/ENRICH Training**, Greensboro, NC
 Learned the skills necessary to administer and interpret the PREPARE, PREPARE-CC, PREPARE-MC, ENRICH, and MATE assessments. Learned and practiced a basic format for counseling premarital, re-marital, and married couples based on assessment scores.

ADDITIONAL SKILLS

Learning Management Systems	Blackboard	Research and Survey Design	MAXQDA
	Canvas		ProvenbyUsers
	Sakai		Survey Monkey
	Thinkific		Qualtrics
Document and Graphic Design	Canva	AI Transcription	Otter.ai
	Adobe Acrobat		Wistia
	Padlet		
Video Editing	Handbrake	Immersive Learning Simulations	Mursion
	iMovie		
	Wistia		

PROFESSIONAL MEMBERSHIPS

- 2022 – present Association of Counseling Sexology & Sexual Wellness
- 2021 - 2022 Association for Educational Communications & Technology
- 2006 - present American Counseling Association
- 2007 - present Association for Counselor Education and Supervision
- 2011 - present Society for Sexual, Affectional, Intersex, & Gender Expansive Identities
- 2008 - present Southern Association for Counselor Education and Supervision
- 2006 - 2013 Chi Sigma Iota