

Amber Leighann Pope, Ph.D., LPC, LMHC, CCTP

Assistant Professor

Department of School Psychology & Counselor Education

William & Mary

P.O. Box 8795, Williamsburg, VA 23187-8795

Office: (757)221-2057

Email: alpope@wm.edu

EDUCATION

- 2010 **Doctor of Philosophy in Counseling & Counselor Education**
The University of North Carolina at Greensboro
- 2007 **Master of Science in Community Counseling**
The University of North Carolina at Greensboro
- 2005 **Bachelor of Arts in Psychology, Minor in Religious Studies**
The University of North Carolina at Chapel Hill

LICENSURE AND CERTIFICATIONS

Licensed Professional Counselor, #0701007887

Approved Supervisor for Residents in Counseling and Marriage & Family Therapy

Virginia Department of Health Professions, Board of Counseling

Licensed Mental Health Counselor, MH #13924

Florida Approved Qualified Supervisor for MHC and MFT Registered Interns

State of Florida Department of Health, Division of Medical Quality Assurance

Certified Clinical Trauma Professional, #899696

International Association of Trauma Professionals

Telehealth Certification for Providers & Educators

Center for Telehealth Innovation, Education, & Research (C-TIER), Old Dominion University

Emotionally Focused Therapy

Level A Qualified – Additional Training & Supervision Completed

International Center for Excellence in Emotionally Focused Therapy

CURRENT EMPLOYMENT & SERVICE ACTIVITIES

DEPARTMENT

Fall 2022 -
present

Assistant Professor

William & Mary Department of School Psychology & Counselor Education

Job Responsibilities: Teach a 2-2 course load. Manage coordination of the Couple & Family Counseling concentration area. Develop and implement research agenda. Provide academic advising and track academic plans for approximately 10 master's students. Supervise doctoral-level graduate and teaching assistants in research, administration, and course instruction.

Doctoral Level Content Courses: Qualitative Research Methods (EDUC 664)

COMMUNITY

Summer 2019 - present **Virginia Approved Supervisor for Residents in Counseling**
Virginia Department of Health Professions, Board of Counseling
Provide supervision once a week to Licensed Residents in Counseling.

NATIONAL

July 2022 - present **Research & Scholarship Committee Chair**
Association of Counseling Sexology & Sexual Wellness
Developed goals and an agenda as a committee. Coordinated a strategic plan and initiated committee tasks in line with ACSSW's mission.

March 2022 – present **Editorial Board Member**
Journal of Counseling Sexology & Sexual Wellness: Research, Practice, & Education

April 2012 - present **Editorial Board Member**
Journal of LGBTQ Issues in Counseling

TEACHING & SUPERVISION EXPERIENCE
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Fall 2018 – Summer 2022 **Clinical Assistant Professor** (Fall 2021 – Summer 2022)
Lecturer (Fall 2018 – Summer 2021)
Old Dominion University Department of Counseling & Human Services
Job Responsibilities: Taught a 2-2 course load. Provided academic advising and track academic plans for approximately 30 master's students and 6 doctoral students. Supervised doctoral-level teaching assistants in course instruction.
Master's Level Content Courses: Foundations of Career Development (COUN 648); Human Sexuality (COUN 695)
Master's Level Supervision Courses: Practicum in Counseling (COUN 669); Internship in Counseling (COUN 667)
Doctoral Level Supervision Courses: Advanced Practicum in Counseling (COUN 869); Internship in Counseling (COUN 868)

Spring 2022 **Adjunct Professor**
Antioch University New England
Online Master's Level Supervision Course: Clinical Mental Health Counseling Internship (CED 6990)

Summer 2015 - Summer 2018 **Program Chair & Associate Professor**
Hodges University Clinical Mental Health Counseling Program
Job Responsibilities: Taught a 3-3 course load. Provided academic advising and track academic plans for approximately 90 master's students. Supervised master's level graduate assistants in program administration.
Master's Level Blended Content Courses: Diagnosis & Treatment of Psychopathology (PSY 5400), Legal, Ethical, & Professional Standards of Counseling Practice (PSY 6000), Individual Evaluation & Assessment (PSY 5001), Counseling in Community Settings (PSY 5300), Human Sexuality (PSY 6302), Special Topics in Counseling: Couples Therapy (PSY 6213), Career & Lifestyle Assessment (PSY 5030)
Master's Level Supervision Courses: Internship II (PSY 6502), Internship III (PSY 6503)

- Fall 2016 –
Summer 2018 **Florida Approved Qualified Supervisor for MHC Registered Interns**
State of Florida Department of Health, Division of Medical Quality Assurance
Provided supervision once a week for five MHC Registered Interns.
- Fall 2013 –
Spring 2015 **Adjunct Professor**
UNC Greensboro Department of Counseling & Educational Development
Master’s Level Content Courses: Group Counseling: Theory & Practice (CED 650), Family Counseling (CED 691)
Master’s Level Supervision Courses: Master’s Level School Counseling Internship (CED 680)
Doctoral Level Supervision Courses: Doctoral Level Counseling Internship (CED 780)
- Summer 2013,
Fall 2014 &
Spring 2015 **Adjunct Professor**
Old Dominion University Department of Counseling & Human Services
Master’s Level Blended Content Courses: Foundations of Clinical Mental Health Counseling (COUN 680), Addictions Counseling (COUN 647)
Master’s Level Supervision Courses: Practicum in Counseling (COUN 669), Clinical Mental Health Counseling Internship (COUN 667)
- 2011- 2013 **Assistant Professor of Counselor Education**
University of South Alabama Department of Professional Studies
Affiliate Faculty
Counseling and Clinical Psychology & Gender Studies Program
Master’s Level Content Courses: Diagnostic Processes and Treatment Planning (CED 560), Analysis of Counseling Processes (CED 586), Couples Counseling & Human Sexuality (CED 567), Tests, Measurement, & Evaluation (EPY 555)
Master’s Level Blended Content Courses: Foundations in Clinical Mental Health Counseling (CED 571)
Master’s Level Supervision Courses: Supervised Practicum in Counseling (CED 576), Internship in Clinical Mental Health Counseling (CED 597)
- Spring &
Summer 2011 **Adjunct Instructor**
Guilford Technical Community College Department of Human Services Technology
Undergraduate Online Courses: Substance Abuse Overview (SAB 110), Addictive Processes (SAB 135)
- Spring 2011 **Visiting Assistant Professor**
UNC Greensboro Department of Counseling & Educational Development
Doctoral Level Supervision Course: Doctoral Level Counseling Internship (CED 780)
- 2008-2010 **Graduate Teaching Assistant**
UNC Greensboro Department of Counseling & Educational Development
Master’s Level Content Course: Women’s Issues in Counseling (CED 574A)
Master’s Level Supervision Course: Master’s Level Counseling Internship (CED 680)
Co-instructed Master’s Level Course: Human Sexuality (CED 691)
Undergraduate Course: Helping Skills (CED 310)

ADMINISTRATIVE EXPERIENCES

- Fall 2018 –
Summer 2022 **Graduate Clinical Coordinator**
Old Dominion University Department of Counseling & Human Services
Job Responsibilities: Managed clinical coordination operations for the master’s and doctoral level counseling programs. Tracked placements for practicum and internship (P&I). Built relationships with community mental health providers who host master’s and doctoral

students for clinical experiences. Ensured compliance to the CACREP standards within the P&I course policies. Updated P&I Handbooks and documentation on a regular basis. Adapted P&I documentation and evaluation forms to a fully online platform, Supervision Assist, through collaboration with Supervision Assist staff. Monitor and manage Supervision Assist student and supervisor accounts. Hosted biannual P&I orientations for master's students. As a part of the Counseling Program Administrative Team, assisted with new student orientation, coordinated weekly administrative meetings, implemented program procedures, and guided equity and diversity initiatives within the department. Coordinated biannual supervision workshops for Site Supervisors and an annual site fair to connect Site Supervisors with students. Supervised doctoral-level graduate assistants in clinical coordination administration.

Spring 2022
Spring 2020
Spring – Fall
2019

Interim Graduate Program Director for Doctoral Program

Interim Graduate Program Director for Master's Program

Associate Graduate Program Director

Old Dominion University Department of Counseling & Human Services

Managed student screening procedures to address students' professional and behavioral issues as they arise. Consulted with faculty, maintain documentation of student issues, and develop professional development plans. Developed student screening surveys for CHS faculty and led two student screening faculty meetings per year. In Spring 2020, assisted with scheduling, student documentation, and other GPD duties for the master's program. Coordinated and hosted an online graduation ceremony for spring and summer graduates due to COVID-19 closures. In Spring 2022, assisted with graduate assistantship assignments, dissertation proposal & defense coordination, student documentation, and other GPD duties for the doctoral program.

Summer 2015 –
Summer 2018

Program Chair & Associate Professor

Hodges University Clinical Mental Health Counseling Program

Oversaw administrative operations of the CMHC program. Supervised two full-time faculty members and five adjunct faculty members. Developed and monitored program budget. Provided academic advising and tracked academic plans for approximately 90 CMHC students. Taught a 2-2-2 course load. Ensured program compliance to CACREP standards, including assessment of students' progress as related to CMHC program area standards. Responded to interested applicant and student inquiries for recruitment and retention purposes. Coordinated interviews and made final admissions decisions for applicants.

Fall 2017 -
Summer 2018

Executive Committee President

Center for Progress & Excellence, Inc., Fort Myers, FL

Presided at all Board of Directors meetings for a non-profit organization that provides high quality mental health services to at-risk and vulnerable populations in Southwest Florida, including lower SES clients and survivors of sex trafficking. Collaborated with the Executive Director act on behalf of to promote the welfare of the organization, including public speaking and advocating to promote CPE's services at community events and fundraisers.

August 2012 -
May 2013

Counselor Education Program Coordinator

Clinical Mental Health Counseling Emphasis Area Coordinator

University of South Alabama Counselor Education Program

Planned Counselor Education course schedule and ensure that courses are meeting the 2009 CACREP standards. Facilitated practicum and internship placement for CMHC students and coordinated with site supervisors throughout the year to meet the needs of students. Developed and conducted assessment of students' progress as related to CMHC program area standards. Conducted assessments with site supervisors, CED alumni, and employers to improve CED program development. Delivered a new student orientation and comprehensive exam

preparatory workshop each semester. Maintained website for CMHC program. Provided academic advising for approximately 25-30 CMHC and 10 School Counseling students a year.

August 2011 –
May 2013

Lead Writer for CACREP Accreditation Self-Study

University of South Alabama Counselor Education Program

Wrote CACREP self-study for counselor education master's programs in Clinical Mental Health and School Counseling, submitted in November 2012 for initial accreditation review. Received CACREP's recommendation for a site visit on January 30, 2013. Developed a Candidate Handbook for counselor education students and a Candidate Performance Review and Remediation plan in accordance with CACREP standards. Conducted a crosswalk of all CED courses for compliance with CACREP general input and outcome standards. Selected key assignments for all CMHC courses to track for compliance with CACREP's assessment plan. Conducted faculty meetings throughout process to facilitate program updates to comply with 2009 CACREP standards.

August 2009 -
June 2010

Admissions Office Graduate Assistant

UNC Greensboro Graduate School

Facilitated the admissions process for graduate applicants through scanning, filing, and organizing application documents. Accessed applications and upload applicant documents into the Apply Yourself web-based application database. Used Banner to enter admissions decisions and access applicant information.

August 2005 -
August 2007

Admissions Office Graduate Assistant

UNC Greensboro Department of Counseling & Educational Development

Facilitated the admissions process through answering potential applicants' questions via phone and email and giving individual Departmental tours for potential applicants. Aided enrollees' transition into the graduate program through correspondence and planning the Departmental orientation.

CLINICAL EXPERIENCES

August 2013 –
April 2015

Therapist/Couples Counseling Specialist

Tree of Life Counseling, PLLC, Greensboro, NC

Conducted individual, couple, and family therapy services with clients, for a wide range of presenting issues, including sexuality concerns, LGBTIQQ concerns, mood disorders, anxiety, grief/loss, and other developmental and transitional concerns. Utilized Emotionally Focused Therapy in counseling couples. Conducted cross-sex hormone and gender-reassignment surgery assessments for transgender individuals seeking gender affirmation medical services.

Spring 2014

Part-time Staff Counselor

Wake Forest University Counseling Center, Winston-Salem, NC

Conducted individual and group therapy services for university students for approximately 12-15 hours per week. Attended staffing meetings.

June 2010 –
May 2011

Child/Adolescent Mental Health Therapist

Daymark Recovery Services, Lexington, NC

Conducted intake assessments, individual counseling, and family counseling sessions with children and adolescents for a wide range of presenting issues, including depression, ADHD, ODD, Conduct Disorder, anxiety, trauma, physical and sexual abuse, and other adjustment, behavioral, and developmental concerns. Coordinated counseling services with on-site psychiatrist, the school system, and other community agencies and support networks. Co-facilitated Dialectical Behavior Therapy group for women. Conducted walk-in crisis assessments with individuals and families on as needed basis.

- 2010 – 2011 **Seminar Facilitator**
Family Life Council's Parenting Under Two Roofs Program, Greensboro, NC
 Facilitated psychoeducational seminars for parents, grandparents, or stepparents to help guide their children through the process of parental separation and/or divorce.
- 2008 – 2011 **YouthSafe Facilitator**
YouthSafe, Greensboro, NC
 Facilitated monthly support group meetings and social events in the Greensboro area to provide a safe place for LGBTIQQ youth to meet and interact with each other.
- Fall 2008 & Spring 2010 **Group Facilitator**
Heartstrings Pregnancy & Infant Loss Support, Greensboro, NC
 Led psychoeducational support group for parents who lost infants from conception to age one.
- August 2008 - May 2009 **Doctoral-level Counseling Intern**
Moses Cone Pastoral Care Services, Greensboro, NC
 Conducted individual counseling sessions with adults who have cancer or have family members with cancer. Provided support to patients and their families in the oncology unit and other areas of Wesley Long hospital. Served as a co-counselor for outpatient and inpatient groups to address grief and loss at Moses Cone Behavioral Health. Created support workshops for patients and their families at the Regional Cancer Center. Co-led support group for caregivers and monthly support groups for people with gastrointestinal and breast cancer.
- May – August 2008 **Doctoral Counseling Intern**
Family Services of the Piedmont, Greensboro, NC
 Conducted individual counseling sessions with children, adolescents, and adults. Served as a co-counselor for Anger Management group. Attended community mental health fairs to distribute information for Family Service of the Piedmont.
- August 2007 – August 2009 **Counselor, Project Safe Love**
Nicholas A. Vacc Counseling & Consulting Clinic, Greensboro, NC
 Conducted individual counseling sessions with clients who have experienced intimate partner violence (IPV) in same-sex relationships. Co-led presentations at community agencies and professional conferences to spread awareness of same-sex IPV and provide resources and tools for counselors who work with this population. Conducted research project to further explore relationship resources for same-sex couples to contribute to the profession's knowledge base of qualities that play a role in healthy relationships of same-sex couples.

HONORS AND AWARDS

- 2022 **Teaching with Technology Award**
Old Dominion University
- 2021 **Teaching Innovation and Excellence Award**
ODU Darden College of Education & Professional Studies
- 2020 **Outstanding CHS Faculty Member Award**
Omega Delta Chapter of Chi Sigma Iota
- 2012 **SACES Emerging Leader Fellow**
Southern Association of Counselor Education & Supervision
Lisa Mitchell Bukstein Foundation Scholarship for Developing Faculty in Education
University of South Alabama

- 2009 **David G. & Nancy J. Armstrong Graduate Students' Scholarship**
University of North Carolina at Greensboro
- 2008 **J. Barnwell and Mary Blair Allison Scholarship**
University of North Carolina at Greensboro
- Outstanding Doctoral Student Award**
Upsilon Nu Chi Chapter of Chi Sigma Iota
- 2007 **Greensboro Graduate Scholarship**
University of North Carolina at Greensboro

PROFESSIONAL SERVICE & LEADERSHIP
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NATIONAL

- Spring 2021 **External Reviewer for Faculty Promotion**
Antioch University New England
- March 2019 **2019 ACES Conference Program Proposal Reviewer**
Association for Counselor Education & Supervision
- August 2015-
September
2016 **ALGBTIC Conference Creative Committee Chair**
Association of LGBT Issues in Counseling
Created flyers and advertising materials for conference. Designed conference program. Coordinated decorations for event.
- February 2012 -
May 2013 **Ally Development Task Force Committee Co-chair**
Association of LGBT Issues in Counseling
Developed goals and an agenda as a task force. Coordinated a strategic plan in line with ALGBTIC's mission and began forming a resource guide on LGBTIQQ allyship for counselors.
- June 2013 **Program Proposal Reviewer for 2014 ACA Conference & Expo**
American Counseling Association
- April 2010 - July
2011 **Initial Reviewer for program self-studies**
Council for Accreditation of Counseling & Related Educational Programs

INSTITUTIONAL

- 2021 - 2022 **Old Dominion University Title IX Advisor**
Office of Institutional Equity & Diversity
Provide related support and advice to individuals who experience or are accused of Title IX sexual harassment. Advise individuals with general information about procedures, resources, and substantive advisement throughout Title IX process.
- 2019 - 2022 **Old Dominion University F1RST Faculty Mentor**
Office of Academic Success Initiatives & Support
Mentor first generation undergraduate students to help improve sense of belonging for both first-gen faculty and first-gen students on campus.

- 2016 - 2018 **Diversity Committee Member**
Hodges University
 Served on the Diversity Committee, which oversaw efforts to enhance diversity and inclusion for students and staff at the university, including organizing an annual Cultural Competency conference for the local community workforce.
- 2011 - 2013 **Safe Zone Program Coordinator & Training Facilitator**
University of South Alabama
 Led the establishment of a Safe Zone Program at USA. Developed 4-hour Safe Zone training for faculty and staff. Coordinated with LGBTIQQ student group to speak at trainings. Created Safe Zone manual for distribution to participants. Established Safe Zone Advisory Committee comprised of six other USA faculty and staff to enhance and ensure the continuity of the Safe Zone program. Trained approximately 60 faculty and staff in two years.
- 2011 - 2013 **Allies Unlimited Faculty Advisor**
University of South Alabama
 Served as the faculty advisor for a student-led organization whose mission was social justice advocacy. Met with AU leaders to facilitate coordination of AU activities on campus. Encouraged AU's collaboration with other student organizations on campus, such as Spectrum (LGBTIQQ student group), the Secular Student Alliance, and Amnesty International, through connecting with these organizations' faculty advisors.
- 2012 - 2013 **Assessment Committee Member, Honors & Awards Committee Member, & Recruitment & Retention Committee Member**
University of South Alabama College of Education

DEPARTMENT

- 2021 - 2022 **Mentor to New Counseling & Human Services Faculty Member**
Old Dominion University Darden College of Education & Professional Studies
 Assisted new CHS faculty member with professional development and established target goals for scholarship, teaching, & service to achieve reappointment and promotion.
- 2011 - 2012 **Faculty Peer Review Committee Member**
University of South Alabama Department of Professional Studies

PROGRAM

- 2021 - 2022 **Ad hoc Online Counseling Master's Program Planning Committee Chair**
Old Dominion University Department of Counseling & Human Services
 Chaired committee comprised of CHS faculty. Committee developed a business proposal describing the creation and viability of a fully online format for the master's Counseling program.
- 2021 - 2022 **Clinical Mental Health Counseling Coordinator**
Old Dominion University Department of Counseling & Human Services
 Managed CMHC concentration coordination. Maintained email listserv of CMHC program alumni for distribution of job announcements and professional development opportunities. Provided information about professional licensure (i.e., LPC) to CMHC students & alumni.
- 2020 - 2021 **Ad hoc CHS Top Tier Journal List Review Committee Member**
Old Dominion University Department of Counseling & Human Services
- 2019 - 2020 **Ad hoc Online Courses Committee Chair**
Old Dominion University Department of Counseling & Human Services

2018 - 2022

Counseling Program Advisory Board Committee Member

Old Dominion University Department of Counseling & Human Services

Committee comprised of Counseling program faculty, master’s and doctoral students, site supervisors, and other community stakeholders met biannually to review programmatic procedures and implement strategies to improve the Counseling program.

2011 - 2013

Chapter Faculty Advisor

Chi Sigma Iota, Upsilon Sigma Alpha Chapter

Reinstated USA’s CSI chapter to active status in Fall 2011. Facilitate students’ leadership development through helping them plan professional development, social, and service activities on campus and in the community. Hosted a day-long professional development workshop for CED students and counselors practicing in the Mobile area in November 2012. Coordinate events with the local chapter of the Alabama Counseling Association to encourage students’ professional involvement past graduation.

COMMUNITY

January 2021 –
June 2022

EVMS Tobacco Cessation Program Planning Committee Member

Eastern Virginia Medical School, Norfolk, VA

Collaborated with EVMS medical and mental health providers to design and implement a tobacco cessation psychoeducational counseling group for patients, facilitated by ODU Counseling program master’s internship students placed at EVMS.

July 2021 – June
2022

Behavioral Health Training Program Committee Member

Hampton Roads Community Health Center (HRCHC), Portsmouth, VA

Collaborated with HRCHC medical and mental health providers to design and implement a behavioral health training program for ODU master’s level Counseling interns at HRCHC, an integrated behavioral health setting that serves vulnerable populations in the HR community.

PROFESSIONAL MEMBERSHIPS

- 2022 - present Association of Counseling Sexology & Sexual Wellness
- 2021 - present Association for Educational Communications & Technology
- 2006 - present American Counseling Association
- 2007 - present Association for Counselor Education and Supervision
- 2011 - present Society for Sexual, Affectional, Intersex, & Gender Expansive Identities
- 2008 - present Southern Association for Counselor Education and Supervision
- 2006 - 2013 Chi Sigma Iota

PEER-REVIEWED PUBLICATIONS

Pope, A. L., Sunal, Z., Gantt, A., Zimmerman, B., Wolf, A., Nuosce, M., & Arajuo, L. (2022). A qualitative examination of bi/multilingual counselor training & experiences. *Journal of Counseling & Development, 100*, 27-38. <https://doi.org/10.1002/jcad.12407>

Moe, J., **Pope, A. L.**, Kemer, G., & Dominguez, V. (2021). Factors predicting instruction of LGBTQ counseling competence. *Journal of LGBTQ Issues in Counseling, 15*, 389-405. <https://doi.org/10.1080/15538605.2021.1967252>

- Ummak, E., Demirtas, E., **Pope, A. L.**, & Moe, J. (2021). The influence of internalized heterosexism on life satisfaction: Comparing sexual minority women in Belgium and Turkey. *Current Psychology*. Advance online publication. <https://doi.org/10.1007/s12144-021-02068-w>
- Pope, A.L.**, & Willis, B. (2019). Healthy sexual practices: Counseling approaches for differentiating typical and atypical sexual behavior in adults. *ACA Practice Briefs*. Alexandria, VA: American Counseling Association. <https://www.counseling.org/knowledge-center/practice-briefs>
- Demirtas, E., Kemer, G., **Pope, A. L.**, & Moe, J. (2018). Self-compassion matters: The relationship between perceived social support, self-compassion, and subjective well-being among LGB individuals in Turkey. *Journal of Counseling Psychology*, 65, 372-382. <http://dx.doi.org/10.1037/cou0000261>
- Kemer, G., **Pope, A. L.**, & Colburn, A. N. (2017). Cognitions of expert site supervisors in conducting supervision with counseling trainees. *The Clinical Supervisor*, 36, 241-258. <https://doi.org/10.1080/07325223.2017.1305937>
- Kemer, G., Demirtas, E., **Pope, A. L.**, & Ummak, E. (2017). Psychometric properties of the Lesbian, Gay, and Bisexual Identity Scale – Turkish (LGBIS-TR). *Journal of Homosexuality*, 64, 1632-1649. <https://doi.org/10.1080/00918369.2016.1249741>
- Cashwell, C., Young, J. S., Bartley, J., **Pope, A. L.**, Wagener, A., Sylvestro, H., & Henson, R. (2016). Who is this god of whom you speak: A map of counseling students' concept of god. *Counseling & Values*, 61, 159-175. <https://doi.org/10.1002/cvj.12035>
- Dempster, D., Rogers, S., **Pope, A. L.**, Snow, M., & Stoltz, K. (2015). Insecure parental attachment and permissiveness: Risk factors for unwanted sex among emerging adults. *The Family Journal*, 23, 358-367. <https://doi.org/10.1177/1066480715601674>
- Finnerty, P., Goodrich, K., Brace, A., & **Pope, A. L.** (2014). Introduction to the special issue: Charting the course of ally development. *Journal of LGBTQ Issues in Counseling*, 8, 326-330. <https://doi.org/10.1080/15538605.2014.974385>
- Pope, A. L.** (2013). Intimate Relationship Commitment: An Integrated Conceptual Model. *Journal of Couple and Relationship Therapy*, 12, 270-289. <https://doi.org/10.1080/15332691.2013.806717>
- Pope, A. L.**, Murray, C.E., & Kemer, G. (2013). Development of the Couples Resource Scales. *The Family Journal*, 21, 253-262. <https://doi.org/10.1177/1066480713476662>
- Pope, A. L.**, & Cashwell, C. S. (2013). Moral commitment in intimate committed relationships: A conceptualization from cohabiting same-sex and opposite-sex partners. *The Family Journal*. 21, 5-14. <https://doi.org/10.1177/1066480712456671>
- Murray, C. E., **Pope, A. L.**, & Rowell, P. C. (2010). Promoting counseling students' advocacy competencies through service-learning: An action research evaluation. *Journal of Social Action in Counseling and Psychology*, 2, 29-46. https://www.psysr.org/jsacp/Murray-v2n2-10_29-47.pdf
- Pope, A. L.**, Mobley, A.K., & Myers, J. E. (2010). Integrating identities for same-sex attracted clients: Using developmental counseling and therapy to address sexual orientation conflicts. *Journal of LGBTQ Issues in Counseling*, 4, 32-47. <http://dx.doi.org/10.1080/15538600903552749>

Pope, A. L., Murray, C. E., & Mobley, A. K. (2010). Personal, relational, and contextual resources and relationship satisfaction in same-sex couples. *The Family Journal*, 18, 163-168.
<https://doi.org/10.1177/1066480710364501>

MANUSCRIPTS IN PROGRESS

Blake, S., Orrison, B., & **Pope, A. L.** (Manuscript in progress). Ready or not: The wellness of entry-level mental health counselors. Target: *Journal of Counseling & Development*.

Moe, J., **Pope, A. L.**, Dominguez, V., & Kemer, G. (Revised and resubmitted for review). The influence of teaching philosophy on coverage of LGBTQ affirmative therapy in counseling courses. Target: *Counselor Education & Supervision*.

Pope, A. L. (Under review). Using virtual reality to promote clinical skill development of counselors-in-training. *Journal of Technology in Counselor Education & Supervision*.

Swanson, E., Gantt, A., & **Pope, A. L.** (Under review). "I'm so #OCD:" A Content Analysis of How Women Portray OCD on TikTok. Target: *Journal of Technology in Counselor Education & Supervision*.

Willis B., Talarico, L., & **Pope, A. L.** (Manuscript in progress). Developmental-aligned approach to working with child and adolescent sexuality in therapy. Target: *Journal of Counseling Sexology & Sexual Wellness*.

BOOKS

Murray, C. E., **Pope, A. L.**, & Willis, B. (2017). *Sexuality counseling: Research, theory, and practice*. Sage.

BOOKS IN PROGRESS

Moe, J., **Pope, A. L.**, Perara, D., & Sparkman-Key, N. (Eds.) (Under contract). *LGBTQ affirmative counseling: An evidence-based guide for students and practitioners*. Cambridge University Press.

Schwitzer, A., **Pope, A. L.**, & Rubin, L. (Eds.) (Under contract). *Diagnosis & treatment planning skills: A popular culture casebook approach* (3rd ed.). Sage.

BOOK CHAPTERS

Neukrug, E., & **Pope, A. L.** (2022). Couples and family counseling. In E. Neukrug (Ed.), *World of the counselor* (6th ed., pp. 182-221). Cognella.

Neukrug, E., & **Pope, A. L.** (2021). Contemporary person-centered counseling. In E. Neukrug (Ed.), *Contemporary theories in counseling & psychotherapy* (pp 36-71). Cognella.

Pope, A. L., & Pow, A. (2016). Crisis management and disaster relief: Danger and opportunity. In J. S. Young & C. S. Cashwell (Eds.), *Clinical mental health counseling: Elements of effective practice* (pp. 255-286). Sage.

FOREWORDS

Pope, A. L. (2019). Foreword. By C. Schulze, S. Koon-Magnin, & V. Bryan. *Gender identity, sexual orientation, and sexual assault: Challenging the myths*. Lynne Rienner Publishers, Inc.

OTHER PERIODICAL PUBLICATIONS

Pope, A. L., & Orrison, B. (2021, Summer). Graduate counseling program clinical experiences newsletter. <https://www.odu.edu/content/dam/odu/col-dept/counseling-human-services/docs/newsletters/clinical-experiences-newsletter-2020-2021.pdf>

Pope, A. L. (2020, Fall). Our role as gatekeepers: Supervision practices for counselors experiencing impairment. *The Advocate Magazine*, 43(4), 19-23.

GRANTS AWARDED

Johnson, K. (RPI), Rhefuss, M. (RPI), Co-PIs: Moe, J. Kemer, G. **Pope, A. L.** Carlisle, K., & Girensulu, Y. (2017-2021). Behavioral Health Workforce Education and Training (BHWET) Program. Health Research & Services Administration (HRSA) of the U.S. Department of Health and Human Services, HRSA-17-070 [**\$1.92 million**].

Role & Effort: Co-PI & Clinical Coordinator; 10%

Service Dates: 2020-2021

Individual Amount Awarded: \$25,000/4 years = \$6,250 for one year of service

Pope, A. L. (2020-2021). The use of Supervision Assist as an online platform for Counseling program practicum & internship documentation and session recordings. Old Dominion University Emergency COVID-19 Funds [**\$15,248**].

Koon-Magnin, S. (RPI), Co-PIs: Schulze, C., & **Pope, A. L.** (2013). Perceptions and experiences of sexual violence among LGBTQ students: A qualitative investigation. University of South Alabama Faculty Development Council grants. [**\$5000**]

Pope, A. L. (2011). Safe Zone training program evaluation. Association for Lesbian, Gay, Bisexual and Transgender Issues of Counseling in Alabama. [**\$100**]

Murray, C. E. (RPI), Co-PIs: **Pope, A. L.** (2008). Action research evaluation of a public awareness campaign assignment in a sexuality counseling course. Southern Association for Counselor Education and Supervision. [**\$500**]

GRANTS SUBMITTED AND DENIED

Rehfluss, M. (RPI), Co-PIs: Gustin, T., Kemer, G., Moe, J., Nesbitt, C. Goodman-Scott, E., **Pope, A.**, Rutledge, C., Freeman, J., & Akpinar-Elci, M. (Submitted January 22, 2021). Counselor and Nurse-Practitioner Expansion Program for the Behavioral Health Workforce Education & Training Program of the Health Resources and Services Administration. [**\$1.92 million requested**].

Role & Effort: Co-PI & Clinical Coordinator; 10%

Pope, A. L. [Principal Investigator] (Submitted December 2020). Supervision Assist development: An online platform for facilitating the graduate Counseling program's practicum and internship course requirements. Old Dominion University Faculty Development Fund. [Requested amount: \$5,000].

Kemer, G. [Principal Investigator], & **Pope, A.** [Principal Investigator] (Submitted December 2019). Clinical supervision models: Training videos. Faculty Innovator Grant proposal submitted to the ODU Center for Teaching & Learning. [Requested Amount: \$2963].

PRESENTATIONS AND WORKSHOPS

NATIONAL

Miller, C., **Pope, A. L.**, & Moore, R. (2021, November). These avatars aren't Blue: How VR simulations help behavioral health providers help others. Presentation at the annual conference of the Association for Educational Communications & Technology. Chicago, IL.

Gantt, A., Sunal, Z., & **Pope, A. L.** (2021, October). A qualitative examination of bi/multilingual counselor training & experiences. Poster presentation at the bi-annual conference of the Association of Counselor Education & Supervision. Atlanta, GA.

Chang, V., **Pope, A. L.**, & Clarke, L. (2020, July). Designing your online fieldwork/clinical experience courses. Online webinar panel hosted by the Association of Counselor Education & Supervision.

Pope, A.L. & Ruffin, M. (2020, May). Can VR simulations be an effective tool in training mental health clinicians? Invited national webinar presentation by the Mursion software team.

Pope, A. L., Augustine, B., & Dominguez, V. (2019, October). A multi-dimensional framework for teaching sexuality. Presentation at the bi-annual conference of the Association of Counselor Education & Supervision. Seattle, WA.

Kemer, G., & **Pope, A. L.** (2019, October). Concept mapping: A constructive mixed-methods research design. Presentation at the bi-annual conference of the Association of Counselor Education & Supervision INFORM sessions. Seattle, WA.

Pope, A. L. (2019, June). Our role as gatekeepers: Supervision practices for counselors experiencing impairment. Presentation at the annual conference of the American Mental Health Counselors Association. Herndon, VA.

Pope, A. L. (2017, October). How to improve training for bilingual counselors: Preliminary results from a CQR study. Presentation at the bi-annual conference of the Association of Counselor Education & Supervision. Chicago, IL.

Pope, A. L., & Pow, A. M. (2017, March). Wounded healers: How to support counselors-in-training who have experienced trauma. Presentation at the annual conference of the American Counseling Association. San Francisco, CA.

Kemer, G., **Pope, A. L.**, Demirtas, E., & Dimberg, S. (2016, September). LGB identity development in Turkey: Perspectives from a collectivistic culture. Poster session at the bi-annual conference of the Association of Lesbian, Gay, Bisexual, and Transgender Issues in Counseling. San Antonio, TX.

- Pow, A., **Pope, A. L.**, & Bell, H. (2015, October). Wounded healers: Supporting counselors-in-training who have experienced trauma. Presentation at the bi-annual conference of the Association of Counselor Education and Supervision. Philadelphia, PA.
- Wolf, A., **Pope, A. L.**, & Nuosce, M. (2015, October). Bilingual supervision for the non-bilingual professor: Training methods for counseling in a diverse community. Presentation at the bi-annual conference of the Association of Counselor Education and Supervision. Philadelphia, PA.
- Kiteki, B., **Pope, A. L.**, & Kemer, G. (2013, October). "In our own words": Experiences of new faculty in counselor education programs. Presentation at the bi-annual conference of the Association of Counselor Education and Supervision. Denver, CO.
- Fuenfhausen, K., Murray, C. E., & **Pope, A. L.** (2013, October). Teaching sexuality counseling: Challenges and strategies. Presentation at the bi-annual conference of the Association of Counselor Education and Supervision. Denver, CO.
- Brace, A., **Pope, A. L.**, & Finnerty, P. (2013, March). Ally development in action: A panel discussion. Presentation at the annual conference of the American Counseling Association. Cincinnati, OH.

REGIONAL & STATE

- Pope, A. L.**, & Hilliard, C. (2022, November). These avatars aren't blue: Use of VR simulation technology in counselor training. Presentation accepted at the bi-annual conference of the Southern Association of Counselor Education & Supervision. Baltimore, MD.
- Pope, A. L.**, Augustine, B., & Dominguez, V. (2020, October - *conference cancelled*). A multi-dimensional framework for teaching sexuality. Presentation proposal submitted to the bi-annual conference of the Southern Association of Counselor Education & Supervision.
- Pope, A. L.**, & Kemer, G. (2018, October). Concept mapping: A constructive mixed-methods research design. Presentation at the bi-annual conference of the Southern Association of Counselor Education and Supervision. Myrtle Beach, SC.
- Pope, A. L.**, & Pow, A. M. (2016, October). Helping bilingual students succeed. Presentation at the bi-annual conference of the Southern Association of Counselor Education and Supervision. New Orleans, LA.
- Pope, A. L.**, & Mobley, A. K. (2014, September). LGB/T+ affirmative supervision: Managing values and creating competency. Presentation at the annual conference of the Licensed Professional Counselors Association of North Carolina. Greensboro, NC.
- Murray, C., Campbell, E., **Pope, A. L.**, Fuenfhausen, K., Akers, W., & Kuruck, H. (2013, October). From A to E: The basics of sexuality counseling. Presentation at the annual conference of the Licensed Professional Counselors Association of North Carolina. Greensboro, NC.

COMMUNITY & UNIVERSITY

- Pope, A. L.** (2022, April). Sustainable leadership: Defining the future of behavioral health services in Hampton Roads. Roundtable session for CMHC Site Supervisors sponsored by the ODU Counseling & Human Services Department & Chesapeake Regional Medical Center.

- Pope, A. L.** (2022, March). Share our stress to reduce our stress. Invited online webinar for the ODU College of Health Sciences faculty.
- Pope, A. L.** (2022, February). Using professional development plans to address supervisee impairment. Online training for CMH & School Counseling Site Supervisors sponsored by the ODU Counseling & Human Services Department.
- Pope, A. L.** (2021, September). Clinical mental health counseling site supervisor training: Supporting CMHC interns during the COVID-19 pandemic. Online training for CMHC Site Supervisors sponsored by the ODU Counseling & Human Services Department.
- Pope, A. L.** (2020, November). Implementing service-learning projects in online education. Invited online webinar hosted by the Old Dominion University Center for Learning and Teaching.
- Pope, A. L.** (2020, May). LGBTQ counseling competencies. Online presentation at Center for Child & Family Services, Hampton, VA.
- Pope, A. L.** (2019, January). Concept mapping: A constructive mixed-methods research design. Presentation to ODU Counseling program students.
- Pope, A. L.** (2018, March). Competent counseling in the Safe Zone: LGBTQ ally development in action. Presentation at the First Annual Community Mental Health Symposium. Hodges University, Fort Myers, FL.
- Pope, A. L.** (2016, July). LGBTQ cultural competency: Ally development in action. Presentation at the annual Cultural Competency Conference sponsored by Hodges University. Naples, FL.
- Pope, A. L.** (2016, July). Dialectical behavior therapy. Presentation at Arbor Trace for the Frances Pew Hayes Center for Lifelong Learning. Naples, FL.
- Pope, A. L.** (2016, April). A brief glimpse into psychopathology. Presentation at Arbor Trace for the Frances Pew Hayes Center for Lifelong Learning. Naples, FL.
- Pope, A. L.** (2011-2013). Safe Zone training. Workshop held for faculty and staff members to facilitate LGBTQ ally development at the University of South Alabama, Mobile, AL.

CREATIVE WORKS

- Pope, A. L., & Miller, C.** (2021). Mursion simulation: *Psychological First Aid with medical providers experiencing trauma reactions during the COVID-19 pandemic.*
- Pope, A. L., & Augustine, B.** (2020). Mursion simulation: *Sexuality assessment with female clients.*
- Pope, A. L., & Winters, D.** (2020). Mursion simulation: *Telehealth assessment.*
- Gerber, L., & **Pope, A. L.** (2020). Mursion simulation: *Couples counseling intake.*
- Pope, A. L.** (2020). Mursion simulation: *Suicide assessment.*
- Pope, A. L.** (2019). Mursion simulation: *Sexuality assessment with male clients.*

DISSERTATION COMMITTEES

METHODOLOGIST

Orrison, B. (Proposed Fall 2021). *A consensual qualitative research examination of self-identifying politically conservative counselor education graduate students*. Old Dominion University.

MEMBER

Abraham, J. (Defended Spring 2021). *International student adjustment to the American higher education system: A meta-analysis of college counseling practice and protocols*. Old Dominion University.

Augustine, B. (Defended Summer 2021). *What are we missing? A phenomenological examination of race-based trauma in Black Americans and Jamaicans*. Old Dominion University.

Cunningham, T. (Proposed Fall 2022). *The development of resilience in LGBTQIQ adults who have experienced complex trauma*. University of North Texas.

Hooks, K. (Defended Fall 2021). *The impact of a crisis intervention team program on psychiatric boarding*. Old Dominion University.

Lancaster, J. (Defended Fall 2022). *An exploratory case study for practical implications in crisis, trauma, & disaster counselor education*. Old Dominion University.

Micallef Marmara, S. (Defended Spring 2022). *An investigation of health professionals' perspectives on the tasks of mental health counselors in hospital settings*. Old Dominion University.

Rocha, J. (Defended Spring 2020). *Best practices in clinical supervision: What should supervisees do?* Old Dominion University.

Sunal, Z. (Defended Spring 2020). *Doctoral students' research self-efficacy: A concept mapping approach with counselor education doctoral students*. Old Dominion University.

Zimmerman, B. (Defended Summer 2022). *A comparison of sorority women and non-sorority women's alcohol use: Perception, rate of use, and consequences*. Old Dominion University.

INSTRUCTOR RELATED TRAINING

- March 2022 **Collaborative Online International Learning (COIL)**
State University of New York COIL Center
Attended a 3-week asynchronous training on virtual collaboration and information exchange in higher education to promote intercultural interaction in higher education.
- November 2021 **Collaborative Experiential Learning about Trauma-Informed Instructional Design**
Association for Educational Communications & Technology
Attended a 3-hour immersive workshop on developing pedagogical techniques based in trauma-informed principles.
- May 2019 **Integrating Entrepreneurship into University Teaching & Pedagogy**
Program Acceleration for Collegiate Entrepreneurship, Old Dominion University
Attended a 3-day training to develop skills in innovative and entrepreneurial education practices, connecting student learning in higher education to community engagement.

COUNSELING RELATED TRAINING

- August 2022 **Acceptance and Commitment Therapy Intensive Training**
Attended a 2-day webinar training to learn the theoretical foundations and basic skills to utilize ACT in counseling practice.
- February 2022 **Emotionally Focused Individual Therapy**
Attended a 6-hour webinar on the application of EFT to individual counseling.
- February 2022 **Somatic Experiencing Training**
Attended a 2-day webinar training to develop knowledge about the impacts of trauma on memory and skills in using somatic interventions to treat trauma with clients.
- June 2020 **Telehealth Certification for Providers & Educators**
Attended a 20-hour synchronous & asynchronous online training to develop knowledge and skills to deliver telemental health services and training students ethically, legally, and professionally in the use of telehealth.
- March 2020 **Certified Clinical Trauma Professional Training**
Attended a 2-day live webinar training to develop evidence-based counseling skills to assess and treat PTSD and other trauma-related disorders.
- May 2016 **Facing the Dragon Together: EFT with Traumatized Couples, Tampa, FL**
Attended a two-day workshop hosted by Dr. Sue Johnson to develop knowledge and skills in utilizing EFT with traumatized couples.
- Oct. 2013 - April 2014 **Emotionally Focused Therapy (EFT) Advanced Skills Training, Greensboro, NC**
Attended four weekend trainings to develop and enhance the counseling skills used throughout each stage of the EFT therapeutic process with couples. Received monthly clinical supervision.
- June 2013 **Emotionally Focused Therapy (EFT) Externship, Greensboro, NC**
Attended a 4-day externship to learn the theoretical foundations and basic skills utilized in counseling couples through the EFT model. Practiced application of EFT skills by viewing video-taped and live sessions and engaging in role-plays.
- August 2010 **Dialectical Behavior Therapy (DBT) Training, Lexington, NC**
Attended a 3-day training to learn the theoretical foundations and basic skills used in treating borderline personality disorder through the DBT model.
- October 2006 **PREPARE/ENRICH Training, Greensboro, NC**
Learned the skills necessary to administer and interpret the PREPARE, PREPARE-CC, PREPARE-MC, ENRICH, and MATE assessments. Learned and practiced a basic format for counseling premarital, re-marital, and married couples based on assessment scores.