

The William & Mary Counseling Chronicle

Keeping you connected to your counseling program.

In This Issue

**Spotlight on the first
online cohort**

**Interview with Dr.
Natoya Haskins**

**Interview with Omega
Mu Inductees**

**Introduction to the
New Executive Board!**

Chi Sigma Iota, Omega Mu

e. chisigmaiota@email.wm.edu

Find us on Facebook and Instagram

@wmcounselingprogram

education.wm.edu/currentstudents/studorgs/csi/



Spring Has Sprung!

A long winter has given way to a hopeful and cautious spring. As weary students soldier on through the pollen, Zoom fatigue, and the thorough work of graduate studies, a promising summer hangs in their minds, sweet as a persimmon on the beach.

Great work, W&M Counseling Students! You completed graduate coursework, practicum and internship requirements, dissertations, and more during a tumultuous academic year. Good luck to the students continuing into the summer, and a huge congratulations are in order for the class of 2021. We hate that we can't all be together to celebrate your accomplishments, but we are grateful for the contributions you all made to the program and to your clients' lives! Good luck in your future endeavors!

Dr. Natoya Haskins named President-elect of ACES

By Allison Dukes

This semester has kept Dr. Natoya Haskins busy to say the least! She was recently elected as President-Elect of the Association of Counselor Education and Supervision (ACES), in addition to being appointed as Director of Diversity and Inclusion for the School of Education. During her 15 year tenure at W&M, she developed the Social Justice and Diversity Research Fellows Program, and has had an irreplaceable role in shaping the counselor education doctoral program. This year, she was also named a 2021 ACA fellow.



What attracted you to this position in ACES?

Since beginning in the field of counselor education I have actively served in the state and regional counselor education organizations. I have always been drawn to service and to supporting the future of the profession, as a result, my desire to become a part of the leadership team of ACES comes from my desire to help to shape the vision of the profession and to diversify the national leadership in counselor education.

What are your goals or objectives you hope to achieve during your tenure?

My focus is on increasing the cultural responsiveness of the organization, continuing to build a pipeline and model for diversity in leadership as well as mentorship for successful leadership.

You've also been recently named as Director of Diversity and Inclusion! Do you see these positions integrating or supplementing each other in any way(s)?

Absolutely, my work as a leader in DEI at the university will allow me to focus on strategic planning and operationalizing antiracist, diverse, and inclusive educational experiences, which will transfer to the work that I will support and cultivate at ACES. It is very important to me that we move from a place of speaking and theorizing about these constructs but to actually considering and practicing them in every aspect of the work that is being done in ACES.

What goals would you like ACES to accomplish in the next 5-10 years?

I would love to see the leadership become more representative and reflect the students that we serve. In addition, I hope that in the next 10 years ACES becomes the go to for Counselor Education antiracist curriculum and supervision resources for our field. Furthermore, it is my hope that we begin to lead the way in advocacy for our profession. ~

Spotlight on the First Online Cohort: Ryan Leger

By Cecelia Baum Mandryk

For this semester's spotlight on the first cohort of online students, I chatted with fellow Online Liaison to Omega Mu board, Ryan Leger. Originally from Massachusetts, Ryan now lives in South Carolina. He is a soon-to-be graduate of the School Counseling online program, and has made a big impact as a student at William & Mary.

What led you to counseling in general and school counseling in particular?

I don't have a background in education. I was in journalism for a while and even worked at the *Boston Globe* as a sports reporter after getting a degree in journalism. I like all sports, but I enjoyed covering high school sports the most. I loved the enthusiasm and the heart that the kids brought to their games. As a kid, I played a lot of sports and the plan was to go to college for football or another sport.

After I stopped playing, I didn't think that I would go to college. There was a school counselor at my high school who really took an interest in me. They helped me see what my future could hold and really encouraged me to apply to colleges. I always wanted to be able to provide that kind of support to another kid. That's why I'm interested in school counseling.

When picking a school, I was really lucky with timing. I was looking for CACREP-accredited schools and William & Mary had just started their online program. I had also applied to Clemson. Clemson said that they didn't mind that I lacked a background in education, but I didn't get in. When I asked what I could do to improve my chances, they said get a job in education for three years and to try again. So, when William & Mary said they were interested in people with diverse backgrounds, I was a little skeptical, but here I am! I think the diverse background of students in the online program is a big plus of the program. That, and the social justice component of the program.

That's a really powerful motivation for becoming a school counselor. How has your experience been so far through practicum and internship?

It's been amazing. Really amazing. I was in practicum when the pandemic started so my experience with middle school students was a lot different than expected, but overall I've loved it. During the pandemic, it was neat as I was an 'expert' in online learning and using online platforms, so my supervisor was coming to me for ideas. I feel like I've gotten to connect with a lot of students and am lucky because in South Carolina, we started with in-person learning last fall. There were some students who opted to do virtual learning but the majority of students have been in-person. We also just moved to bring virtual students back to campus in labs so they have devoted time and space for school.

Spotlight on The First Online Cohort: Ryan Leger

continued from page 3

Do you think the pandemic has impacted students?

Yes, it's impacted them. Right now, I'm in a high school and so many of the students have been robbed of their high school experience and they can't get that back, you know. They can't have prom or homecoming. It's also impacting how students are thinking about their future. Maybe the thought about going to a college from middle school but all of the sudden they're thinking about community college or taking time off. Honestly, a lot of times I don't know what to tell them because really it's a bad situation. I also think that the full effect of the pandemic on the mental health of students hasn't been felt yet. So while some students have shown increased anxiety or depression now, this is a really traumatic experience and we won't know the impact for a while.

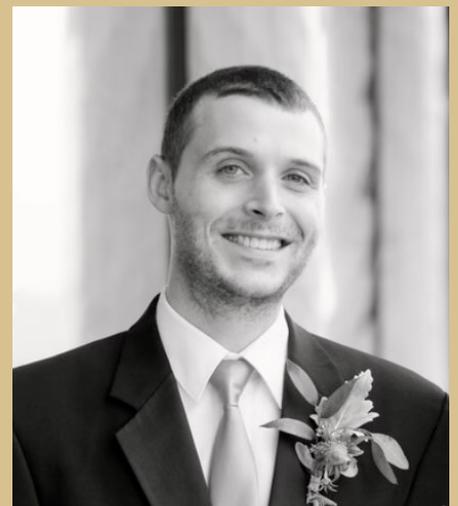
From a social justice perspective, we're trying to keep an eye out for students who are struggling. Like I said, we brought people back on campus who are virtual learners. We did that mainly as a social justice issue. Some of those kids stayed home because they needed to care for siblings or other things like that. By providing a safe space at school, we are helping them to prioritize learning. Seeing the look on their faces when we said they were coming back was pretty incredible. This sort of work has tied in with the social justice component of the program. To complete the internship, we had to have a social justice project. This has put social justice issues at the forefront of my learning but also my fieldwork.

Do have any closing thoughts, advice for new students, or anything else you'd like me to include.

For students about midway through the program- try to remember why you're doing what you're doing. It can get so crazy with fieldwork and school and for some people work. So in the middle of all of that it can be helpful to check in with yourself and just remember why you're there. For newer students, but also students further in the program, get connected with your classmates. Start a text chain or something like that. Having other people you can vent to or share experiences with who are in a similar situation is really helpful. These are also our colleagues for life. Making those connections has been so important for my sanity through this program. For everyone, utilize resources like student ambassadors, professors, and classmates. We're all in this together. You may not feel like you belong but you were chosen to be here and you do belong. We all belong.

Ryan Leger is part of the graduating 2021 counseling class. During his tenure in the (first!) online cohort, Ryan has been an asset to Omega Mu and the counseling program as a whole. The 2020-2021 Executive Board is fortunate to have had him and Cecelia serve as the first Online Liaisons the chapter has had; they've created big shoes to fill!

After graduating this May, Ryan will be continuing his work at Greenville Senior High School in Greenville, South Carolina as a long-term substitute counselor. While there, he hopes to make a difference in his students' lives, and to get back into coaching sports (football is his top choice!)! Good luck, Ryan!



Faculty Spotlight: Victoria Foster

by Ryan Leger



Dr. Victoria Foster is the Director of the New Horizons Family Counseling Center. In her free time, Dr. Foster enjoys walking her dog, having dinner with friends, exercising regularly, and boating and swimming. She loves to read, especially fiction, science fiction, mysteries, poetry, and more science fiction!

How has the program changed during your time at William & Mary?

From my perspective, the most significant change in our program is the addition of the on-line program. It has expanded our engagement with a range of diverse students, while extending access to higher education to students who bring critically important perspectives and experiences, and a strong commitment to the field of counseling. Further, it enriches the faculty, who also learn new frames of reference and models of teaching and supervising that are useful for face-to-face education as well. It is an empowering path for careers as counselors. We must remain invested in opening these opportunities, particularly at this time and in the future.

Where do you want the program to go in the future? How do you picture the program in 10-15 years?

The future of the counseling field remains strong and promising, but only if we ensure access to higher education for diverse faculty and students. Counseling services are needed during this challenging time, and our ability to adapt with creative professional models has been very impressive. We now know that we can work within new frames of reference, and we have a great deal to offer regarding teaching and supervision models due to the demands of the pandemic, but we also have a great deal to learn about how these adaptations affect and shape counselor education. What will our alumni tell us, as they progress in the field, regarding the shift to on-line counselor education? Research on the process, application, and outcomes of counseling in virtual settings also is critical for both refining the preparation and the evaluation of practice. Students, alumni, and clients have a great deal to tell us regarding our successes and the challenges in our program and profession.

In your opinion, what is the most rewarding part of counselor education and supervision? What advice would you give to incoming graduate/doctoral students to help them succeed in the program and as professionals?

Incoming students bring a level of excitement and energy to counselor education that motivates and challenges the academic community. Students with persistence and commitment to the field of counseling also must stay academically focused, engaged with their fellow students, and remember the importance of self-care. Embracing these challenges includes managing the demands of the academic program with their personal life. An open mind is crucial. And have fun!

Professional Growth, Belonging, Advocacy, and Service: A Brief Interview of New Chi Sigma Iota Inductees

By Jennifer Niles

Induction into Chi Sigma Iota (CSI) can be a rewarding experience for learning counselors and counselor educators. CSI provides a place for belonging and collaboration across the multifaceted domains and talents within the counseling field at local, national, and international levels. Participating in CSI provides counselors-in-training with the opportunity to advocate for the profession of counseling, build connections with other counselors, expand their knowledge and interest areas, and become leaders in service to the field. New Omega Mu Chapter inductees Melina Hoyos (CMHC) and Samantha Jensen (School Counseling) shared some of what makes them excited about participating in the Society.

Melina Hoyos, M.Ed '22 Clinical Mental Health Counseling



What appeals to you about Chi Sigma Iota?

I love that CSI is run by my peers who will work hard for the field and hear my voice. A professional peer group is essential in graduate school to learn from each other and grow.

What is important to you about belonging to the Omega Mu chapter?

Belonging to the Omega Mu chapter is important to me because it fosters networking and professional growth - with your friends!

What are you excited about as a new CSI inductee?

As a new inductee, I'm excited to see the members of my cohort flourish in their new e-board positions! I'm also interested in the events and programs that CSI puts on. The newsletters are well thought out and fun to read!

How do you plan or hope to contribute to the Omega Mu Chapter?

I'd love to contribute to the Omega Mu chapter however possible. I can't wait to learn more about how members can add to the experience.

How do you hope your involvement with Omega Mu will benefit your career aspirations?

Hoyos: I hope that Omega Mu offers opportunities for networking and professional development in various specialties. I have interests in multicultural counseling, transpersonal counseling, trauma, and much more that I'm thrilled to learn about in my graduate career.

Samantha Jensen, M.Ed '22
School Counseling

What appeals to you about Chi Sigma Iota?

I think part of what initially peaked my interest when it came to Chi Sigma Iota was learning who held leadership positions. I know and look up to some of the current leaders, and their example made me want to be a part of CSI as well.

What is important to you about belonging to the Omega Mu chapter?

I'm glad to be part of a chapter that is specifically for the William & Mary family. It's important to me that we have our own chapter because it allows us additional opportunities to build relationships with each other beyond just classes, and it provides us with leadership opportunities.



What are you excited about as a new CSI inductee?

I'm really looking forward to utilizing the resources CSI has to offer. Just last week I participated in a webinar offered by CSI, and I learned a lot from it! I'm excited to see what other webinars and resources will be available in the future.

How do you plan or hope to contribute to the Omega Mu Chapter?

I'm still learning about ways that I can contribute, but I hope that as I discover ways to help fellow members of the Omega Mu chapter that I will dive right in.

How do you hope your involvement with Omega Mu will benefit your career aspirations?

I'm hopeful that as I take advantage of the resources CSI provides, like the webinar I attended, I will grow into a better, more competent counselor. ~

Interview with Dr. Charles "Rip" McAdams

By Megan Gaffney

How has the program changed during your time at William & Mary?

Since I came to William & Mary in 1995 a number of milestones come to mind: First, CACREP accreditation occurred in 1999. Prior to CACREP, the quality of our programs was demonstrated primarily by the long-standing reputation of William & Mary alone and not by any objective national standard of quality as is now the case. A second milestone was the growth of our training clinics, the New Horizons Family Counseling Center and, later, the New Leaf Clinic into an integral part of our Program's clinical training and community outreach services that now serve approximately 600 clients per year. The new School of Education building on the former site of the Williamsburg Community Hospital brought a formal recognition and confirmation of the importance of the School of Education and all its programs. Counseling students moved to a state-of-the-art facility and technological advances in the new facility enabled the faculty to provide an innovative learning experience. The fourth major milestone has been the development and launch of online programs. As a member of the CACREP Board, it became clear to me that the development of online programs would be central to our program's ability to stay nationally competitive in the future.



"As the counseling program grows and changes in the coming years, one thing that I hope will not change is its view of academic excellence and community service as equally important values and goals." -Dr. McAdams

Interview with Dr. McAdams

continued from page 8

Any research interests/important projects you are working on now?

During the last couple of years, my research agenda was largely shaped by my obligations as Department Chair and co-administrator in the development of the new online programs. My publications during that period focused primarily on issues related to my role in developing the new Military and Veterans concentration, including a book chapter on working with military families and a journal article on the similarities between a service member's relationships within a military unit to a natural family system. In the last decade my interest has included a number of unexplored dynamics in the family counseling process, particularly why families choose to enter into family counseling and what family counselors can do to increase the chances of families continuing in counseling once they have begun. Freed up now from my previously heavy administrative load, I am currently engaged in a study examining the impact of parental rejection and alienation on children's attitudes and behaviors.

What advice would you give to incoming graduate students to help them succeed in the program and as professionals?

I often compare the experience of acquiring new information and skills in counselor training with shopping for clothes on a clothes rack. During the first year keep an open mind and "try on" as many theories and practices (like clothes) from the "rack" as possible, and don't simply assume that some won't fit without even trying them on. During the second year, begin to identify those that seem to be a particularly good fit and that you think you would like to "purchase" and take home for future use. Determining a personal theoretical and practical orientation in counseling seems to occur most effectively when students work to be well informed of the many alternatives available to them before making a choice.

Finally, what is the most rewarding part of counselor education?

The opportunity to be engaged in research, teaching, and service has been the most rewarding in my 25 years in counselor education. As a counselor educator, I have been able to continue providing direct service as a counselor and supervisor, but I have also been able to conduct research to increase the knowledge base and to teach students aspects of that knowledge base that may help to keep them safe and more effective as clinicians in the future. I quickly realized after coming to William & Mary that I could continue the front-line work I love while also having the opportunity as a teacher to help students to learn from my research and previous experiences. ~

Spring Omega Mu Board Updates

This past February, we inducted **86 members** into Omega Mu, our largest class of initiates! We were blown away by your interest and excitement for getting involved in the chapter. As we transition into a new executive board (see pages 14 & 15!), feel free to reach out to your executive board members with ideas for initiatives and opportunities you'd like to see offered to make your time at William & Mary a memorable and beneficial one!

On March 12th, the chapter hosted a doctoral webinar featuring panelists **Aiesha Lee, Morgan Walker, and Nathaniel Mason**. They answered questions from attendees regarding their experiences in the doctoral program, the career options after graduation, and more! If you missed it or would like to watch it again, please contact adukes@email.wm.edu for the recording.

We want to send a big thank you to **Dr. and Mr. Benoit** for speaking to the W&M counseling community on April 27th! Their talk, "Maintaining professional boundaries in a digital age," was the first of many successful offerings by our new co-chairs of professional development--way to go **Jenny and Jerry**! If you'd like to see the recording, please contact jlimize@email.wm.edu.

Please join us as we send well wishes to **Drs. Gressard, McAdams, and Foster** as they prepare for retirement! Together, they've served the W&M counseling community for over 75 years, helping create and cultivate the counseling program to be what it is today. On behalf of the William & Mary Counseling Community, thank you for everything you've done to serve the next generations of counselors and counselor educators!

Finally, as this semester winds down and the transition of executive boards finalizes, I wanted to say thank you to the student body for allowing me to serve as your chapter president this past year. This year's achievements would not have been possible without the support and dedication of the 2020-2021 Executive Board and Drs. Brendel and Mullen; I have enjoyed the time continuing the work of my predecessors, and look forward to seeing most of you around the building this upcoming fall. Enjoy your (well-earned!!) summer!

-Allison Dukes

Congratulations to our new and soon-to-be doctors in the field!

The 2021 cohort of doctoral students faced the difficult task of beginning the dissertation process during the start of the pandemic. Despite the challenges, the counseling program is proud to introduce four new doctors into the field of counselor education: Drs. Dorais, Mason, Warraich, & Egwu. This upcoming year, we are excited to celebrate the accomplishments of soon-to-be Drs. Weed and Backer!

Dr. Leila Warraich, NCC

During Leila's tenure at W&M, she has served as one of the doctoral co-directors of the Flanagan New Horizons Family Counseling Center. Her research interests include the mental health needs of refugee, immigrant, and Muslim clients and families, and the intersection of spirituality in counseling and training spiritually competent counselors. Her dissertation topic was titled "Spiritual First Responders: The Experience of Imams in their Mosques during their personalized interactions with the congregants they Serve". She is fortunate to have wonderful mentorship in faculty, especially her advisor Dr. Natoya Haskins, but also my colleagues and cohort have been a great source of support and encouragement in my time here. She will miss the W&M community but is glad to have made relationships that will be there through the rest of her career.



Dr. Stephanie Dorais, LPC, NCC

Stephanie's time at William & Mary were filled to say the least. During her three years, she has served as Graduate Student Representative for ASERVIC, Doctoral Fellow for the Thrive Research and Intervention Center, Adjunct Faculty for NYU, and Director of Research and Program Evaluation at the Flanagan New Leaf Clinic. In 2020, Stephanie was selected for the 2020 NBCC Minority Fellowship. Her dissertation, titled "The Dynamics of Resilience in a Centering Meditation: A Longitudinal Randomized Control Trial," was a longitudinal meditation study, examining how the effects of a centering could improve hope and resilience among college students. Her favorite part of the W&M experience was the connection with her cohort, students, and mentors.



Dr. Nathaniel Mason, NCC

Nathaniel's main areas of research interests include models of addiction recovery for LGBTQ+ populations, particularly regarding the role of social connectedness in alleviating minority stressors, and the role of spirituality in recovery and clinical frameworks for meeting the needs of clients with intersecting identities. My dissertation was titled, "Leaning on One Another: An Exploration of the Relationship Among Social Connection, Alcohol Use, Resilience, and Loneliness in LGBTQ+ College Students." My favorite part of my William and Mary experience is hard to pinpoint, but I can safely say the love and support of my cohort, the push to grow and evolve from my amazing advisor, and the first-hand experience to supervise and oversee masters students as a co-director of the New Leaf Team in our Flanagan Clinic are what I remember most about my time here.



New and soon-to-be Doctors

continued from page 10

Dr. Okenna Egwu, LCPC (IL)

As a clinical counselor, Okenna's research interests center on multicultural counseling considerations, especially how personal dispositions impact cross-cultural counseling. His dissertation explored how new counselors experienced their personal implicit biases as they completed training and entered the first year of their residency. Doubtlessly, what he will remember most about this program are the supportive interactions he's had with both peers and faculty. He is grateful to have had the opportunities to interact with so many current and future leaders in the field.



***soon-to-be* Dr. Michelle Weed, CRC**

Michelle's clinical interest area is in trauma recovery which led to research investigating treatment protocols for Moral Injury, and specifically how treatment of Moral Injury differs from the treatment of PTSD. Her interest diverted her Ph.D. program a bit when she opened a nonprofit experiential private practice for PTSD and Moral Injury in 2020. This allowed an immersion in trauma treatment for the last year with a desire to understand the impact of the protocols on client outcomes long-term. She is a Certified Rehabilitation Counselor and a Resident in Counseling for Virginia. She is trained in EMDR, Prolonged Exposure (Boeing Scholar), structural dissociation model, Trauma-Focused Psychodynamic, Equine Assisted Counseling, and Experiential EMDR. The best part of W&M? She says her cohort is an amazing group of people who have been invaluable supports while challenging each other for growth. Her advisors have pushed her in new directions, challenged me when needed, and kept her motivated in the program. She plans to defend in the spring of 2022, the "caboose of the cohort train"!



***soon-to-be* Dr. Adrienne Backer**

Adrienne Backer is a Doctoral Candidate in the Counselor Education and Supervision program and is on track to graduate in August. Her research agenda includes three primary foci: (a) school counseling; (b) supervision; and (c) outcome research in school counseling. The title of Adrienne's dissertation is "The Effect of Supervision Training for School Counselors on Supervision Knowledge and Supervisor Self-Efficacy". She utilized a randomized experimental research design to examine the outcomes associated with participation in an online site supervision training intervention for school counselors. Adrienne is excited to defend her dissertation in June and then start her new role as an Assistant Professor in the Department of Counseling and Educational Psychology at Texas A&M University in Corpus Christi. She is grateful for the collaborative learning opportunities that she has been able to engage in with both faculty and peers during her time at William & Mary. She is especially appreciative of the closeness and support she has found within her cohort.



Congratulations Graduates!

Congratulations for achieving this important milestone in your career! That you have made such a commitment to care for the well-being of people you have yet to even meet speaks volumes about the quality of your character. Thank you for caring and for the difference you will make in the world.

-Dr. Spencer Niles

Congratulations to the Class of 2021! You will be the last master's class that I taught in person and I can honestly say that you were one of the best! I have fond memories of our great discussions, your contagious energy, and how much fun you were to teach. You will not be soon forgotten. All the best in your new careers as counseling professionals!

-Dr. Rick Gressard

Congratulations graduates!!! What a great accomplishment, you have displayed significant resilience in spite of a challenging year. I am so glad to be able to celebrate you and your next stage of life. Welcome into the profession.

-Dr. Natoya Haskins

Congratulations to all our wonderful graduates! You have worked hard to get through this program, now make a difference in the schools and communities you will be serving! As Uncle Ben said to Peter Parker (aka. Spiderman), "with great power there must also come great responsibility" - now go be a super counselor to the clients and students you serve!

-Dr. Patrick Mullen

Congrats! Receiving your graduate degree is a monumental achievement—especially given this past year. However, if 2020 has taught me anything, it's to persevere through the uncertainty while also giving myself a pass when necessary. So, as you enter your counseling careers, I hope you do the same: stay flexible in your sessions but rigid in your self-care.

-Dr. Pamela Harris

Congratulations to you all! I could not be more thrilled and excited for any graduates than I am for you all! This has been an incredible journey of flexibility, perseverance, and endurance. You have faced incredible challenges and obstacles during your time in the Online Counseling Program and have come out of it as well-rounded, effective School Counselors and Clinical Mental Health Counselors. It has been an honor to be part of this incredible journey with you. I am so excited for you to enter into the next phase of your journey in the counseling profession. Be well, take care, and never stop learning! The journey is just beginning. Congratulations to you all!

-Dr. Noelle St. Germain-Sehr

Congrats to the Class of 2021! I wish love, happiness and success for each of you. The world needs your light so don't be afraid to shine it!

-Dr. Jessica Martin

I hope you'll take a moment to recognize what you've accomplished here. You've earned this degree. You worked hard and endured some challenging and unpredictable times, and hopefully, you also had some fun along the way too. Best wishes to you as you endeavor on this next chapter. Fearlessly write your story.

-Dr. Daniel Gutierrez

Meet your 2021-2022 Executive Board!



Haley Latta, *President*

Haley is a second-year student in the Couples, Marriage, and Family program. She views her role as president of the Omega Mu chapter as a way to provide a supportive environment for students in the counseling program by facilitating opportunities for personal and professional growth. Haley loves to connect with other students in order to assist them in their counseling journeys in any way she can. Upon graduation, Haley is interested in working with couples and families in the outpatient setting.



Jennifer Niles, *Co-Chair of Professional Development*

Jenny is a doctoral student with experiences as a school counselor and as a family clinician for families experiencing trauma. Additionally, she has supported Master's-level counseling students at Wake Forest University in their online learning experiences as an adjunct instructor since 2014. As Vice President Co-Chair of Professional Development, Jenny is excited to work in tandem with the board to provide meaningful experiences for counseling and counselor education students at the Master's and Doctoral levels. Jenny plans to include guest speaker sessions, panel discussions, research-sharing events, and learning opportunities that encompass the variety of talents and interests of our multifaceted students.



Jerry Mize, *Co-Chair of Professional Development & Online Liaison*

Jerry is a second year in the Clinical Mental Health Counseling Online Program, has a master's degree in Psychology, services as Psychology Adjunct Faculty at various institutions. He strives to ensure that access to opportunity is equitable in the teaching, student, and counseling realm. As online liaison, he will work closely with the board to ensure voices of his online peers in the chapter are heard. As a Vice President of Professional Development, he hopes to help create opportunities that will make his chapter peers feel more prepared for their endeavors.



Jenna Czerwinski, *Chair of Community Engagement*

Jenna is a second-year master's student in the Clinical Mental Health & Addictions Counseling program. In her role as Chair of Community Engagement, Jenna is responsible for building relationships with organizations throughout W&M and the surrounding community with the goal of creating valuable connections between students, faculty, residents, business owners, and more. Jenna is optimistic that she can develop a greater sense of community and share her passion for serving others amongst her fellow CSI members in order to make a greater impact on the world around them.



Kristal Cherry, *Secretary & Online Liaison*

Kristal is a first-year master's student in the school counseling program. She is also an executive board member of William & Mary's Graduate Education Association (GEA) as the project representative. Her plan is to use her time while getting her graduate degree to get involved with the William & Mary community, build positive relationships with peers, faculty, and staff, and advocate for graduate students. After receiving my degree, Kristal plans to become a high school counselor where she can be a resource and advocate for her students.

Rebecca Richardson, *Historian*

Rebecca is in her second year of the online counseling program in the school counseling track. As historian, her responsibilities include maintaining our CSI web presence with the goal of keeping our community and members up-to-date on chapter initiatives. This also involves assisting the secretary with the creation of our semester newsletter. Upon graduation, Rebecca hopes to support students as a professional high school counselor in the Greensboro or Raleigh area.



Lydia Suitt, *Treasurer*

Lydia is in her first full-time year of the Clinical Mental Health Counseling master's program after having completed a semester's worth of credits as a part-time student. As treasurer, she is responsible for all chapter funds and collaborates with the executive board to ensure funding for planned events. Lydia also works to host fundraisers and monitors the chapter's local dues, reimbursements, and events. She looks forward to developing her clinical interests in the coming semesters and is excited to be serving the CSI Omega Mu chapter as treasurer.



Aishwarya Nambiar, *Doctoral-Faculty Liaison*

Aishwarya Nambiar is a doctoral student in the Counselor Education program at William & Mary. She is a Resident in Counseling in Virginia and is National Certified Counselor. As doctoral-faculty liaison, she is responsible for meeting the needs of doctoral students in the program and ensuring that faculty are not only informed of initiatives, but of how they can be involved in Omega Mu. Additionally, Aishwarya hopes to foster an environment within the chapter that goes above and beyond in supporting those who are marginalized, both at the doctoral and master's level. Aishwarya's clinical experiences consist of working in both in-patient and out-patient settings. Her research interests focus on women of color, international students, and third culture kids



Please email chisigmaiota@email.wm.edu if you have any questions or concerns!

It is not a stretch to say that this past academic year has been difficult and challenging due to the pandemic. As the incoming president of the Omega Mu CSI chapter, I am so looking forward to working with the executive board to create opportunities for students' personal and professional growth, as well as social interaction. It is my deepest wish that everyone who attends the counseling program here at William and Mary leaves with a renewed sense of purpose and connection with those who share in their educational journey. Keep an eye out for CSI's presence throughout the program, and as always, I am here to serve you, the student body! Please let me know if there is ever anything I can do for you!

-Haley Latta, CSI President

Thank you!

Thank you to everyone who contributed articles to the final issue of the academic calendar!

The Counseling Chronicle is student-run by members of William & Mary's Omega Mu chapter of Chi Sigma Iota. If you would like to contribute to the 2021-2022 editions, please email chisigmaiota@email.wm.edu for more information.

Newsletter Editorial Team

Briana Sinden

Stephen Barlow

Aiesha Lee

Allison Dukes

Patrick R. Mullen

Thank you so much to the faculty and staff that made this year happen. We know that this year was incredibly challenging, and (excuse the cliché) we could not have made it through without your unending support. You all make this program brighter and possible, creating a supportive environment to learn and be challenged in. You make us better students, counselors, educators, and overall people.

We see you, we appreciate you, and we love you.

Have a great break and (well-earned!) summer.