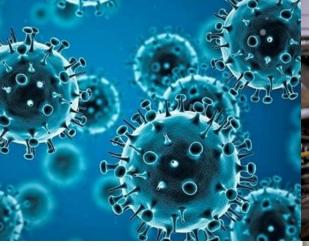


# LEADING FOR EMOTIONAL WELL-BEING IN OUR SCHOOLS

(Re)Unite Session II

Leandra Parris, PhD, NCSP Program Director, School Psychology









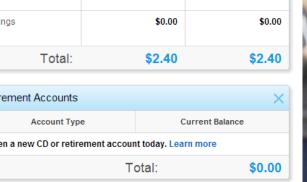
Market Accounts		×
Туре	Posted Balance	Available Balance
cking	\$2.40	\$2.40
ngs	\$0.00	\$0.00
T-4-1	¢0.40	¢0.40

Total: \$2.40

Total:

rement Accounts

Account Type









Activity

## A TALE OF TWO TIGERS



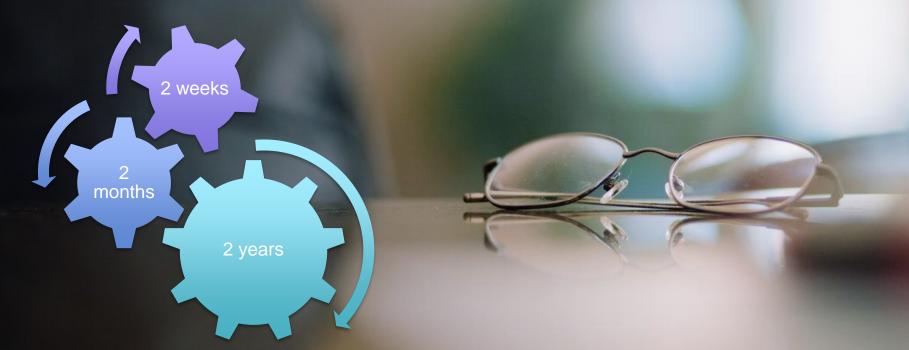
#### TRAUMA-INFORMED SCHOOLS

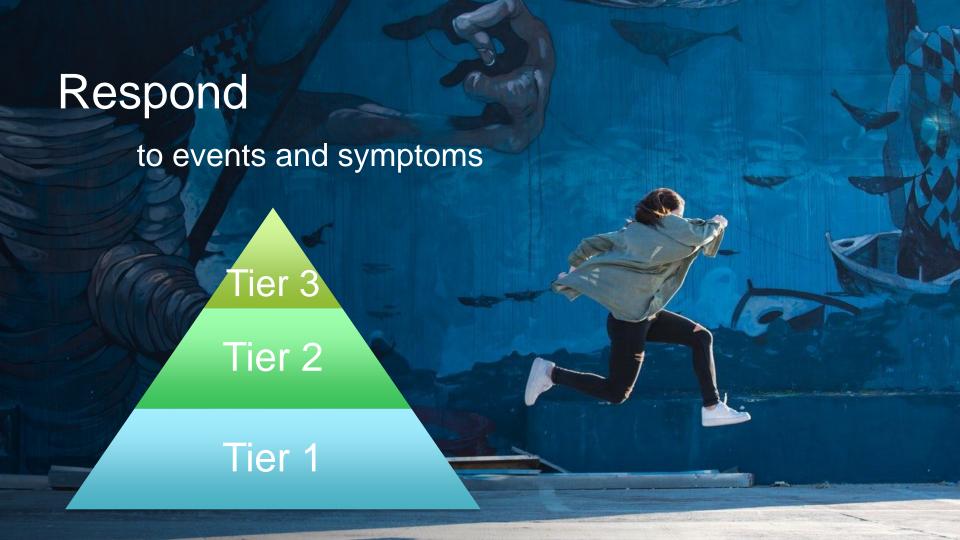
How does What data can What traumatic Realize traumatic stress you gather to stressors seem impact your help identify most common? schools? needs? What changes in Recognize School personnel Student red flags behaviors are red flags most urgent? What systems are What training What community have school in place to Respond resources are respond to personnel had to available? traumatic stress? help respond? What systems are How is emotional How is emotional in place to wellbeing wellbeing Resist addressed prevent readdressed traumatization? universally? equitably?



## Recognize

the signs of trauma







## **PRINCIPLES**

Safety

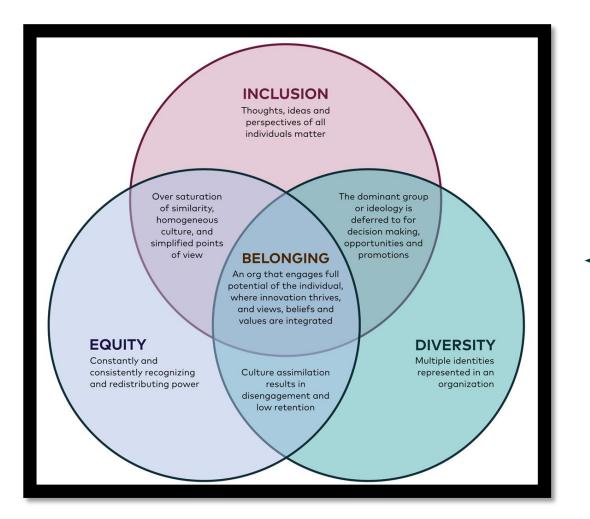
Trustworthiness & Transparency

Peer Support

Collaboration

Empowerment, Voice, Choice

Cultural, Historical, and Gender Issues



### EQUITY-CENTERED TRAUMA-INFORMED EDUCATION

Antioppressive

**Asset Based** 

Systems-Oriented

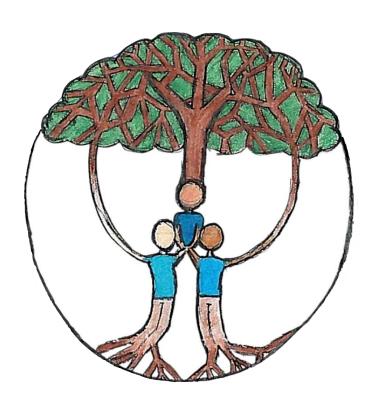
Human Centered Universal & Proactive

Social Justice Focused

Activity

## **GUIDING DISCUSSIONS**

## RESOURCES



- Equity-Centered
   Trauma Informed
   Education by Alex
   Venet
- Equity Toolkits
- PREPaRE Training
- W&M TIPPS



## THANK YOU!

#### Contact:

lparris@wm.edu 757-221-2341