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**KEY**
- **Discovery 3**
- **Campus Center**
- **School of Ed**
- **Zoom**
- **Keck Lab**
- **Swem Library**
- **Wmsbg Landing**

**Class Times**
- AM 9:30-11:30
- EVE 4:30-6:30
- PM 1:30-3:30

See page 18 for information about class locations, addresses, and parking. Refer to page 19 for a campus map.
## CONTENTS

**Summer 2024**
Respite from the Heat, Refreshment for the Brain

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- Sweet Summertime  
  *by Rachel Follis, William & Mary*

- Summer Flowers at the President’s House  
  *by Stephen Salpukas, William & Mary*

- Summer Serenity at Lake Matoaka  
  *by Jim Agnew, William & Mary*

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Summer 2024 information is accurate as of time of publication. Members are emailed if the date, time, location, or status of a course they are enrolled in changes.
**GOOD TO KNOW**

**SUMMER 2024 POLICIES & PROCEDURES**

**Membership & Attendance**
You must be an Osher Institute at W&M member to register for and attend courses and events. Choose classes intending to attend every session. Absences result in loss of a seat for a member on a wait list or a less beneficial experience where a minimum number of members is essential to discussion or an activity.

The Summer membership fee is $40. Members may select up to 4 multi-session courses and any number of one-time classes.

**First Come, First Served**
There is no early registration for Summer. Registration is strictly first come, first served, i.e. you may enroll directly in classes with available seats up to the limit of 4 multi-session (and any number of single-day) lectures. If a course is oversubscribed, you may request to be wait-listed. As always, if you are unable to attend a course as planned, please notify us quickly so we may offer the seat to another member on the wait list.

**Parking – See p. 18**

**Payment & Refunds**
100% of membership fees support Osher at W&M. Membership fees apply each term. Payment (including any additional course fees) are due when you register. We accept all major credit cards and checks payable to William & Mary. If paying by check, please write separate checks for membership and each class you are requesting that has an additional fee.

You may request a refund through June 3 by email to osher@wm.edu. There are no “per class” fees, and thus, no per class refunds. A $15 service fee applies to all refunds.

Parking permits, gift certificates, and additional fees are non-refundable. We do not reissue lost or expired gift or credit certificates or coupon codes.

**Dropping a Class**
To drop a class, notify us ASAP at osher@wm.edu. This allows us to offer the seat to a member on the wait list.

**Wait List**
When a seat opens in an oversubscribed class, we contact the first person on the wait list. Depending on the class date, we will hold the seat as long as we can (usually 2-3 days) before offering it to the next wait-listed member. Thank you for replying promptly.

Being on the wait list means that you do not have a seat in the class, i.e., you are not enrolled in that class and should not show up on class day.

**Required & Suggested Reading**
Instructors specify “Required Reading” when the material is essential to learning. “Suggested Reading” is useful but not essential. The library or a website like Project Gutenberg may have the information available for free.

**Name Tags**
Wear your current semester name tag to all Osher classes/events. Attendance may be taken. Name tags are emailed a week prior to the semester to print/cut to size. Plastic badge holders are available at the Osher office and Discovery 3 Classroom.

**Guest Requests**
Guests are encouraged; pre-approval is required. You may request a guest once a term, for a single class on a single date, if the course is not fully subscribed. You must accompany your guest, and local guests must be considering membership. Call (757) 221-1506 to request a guest.

**NEW! Zoom Class IDs**
Zoom participants must identify themselves to participate in an online class, preferably with your first and last name. This is the digital equivalent of wearing your Osher name badge to an in-person class.

The Zoom app allows you to rename your device for the purpose of the class. If you need help, email us **prior to class day** for assistance. Unidentified participants or those with a generic device name, e.g., ipad, mycomputer, etc., will not be admitted to class.

**NEW! Zoom Waiting Room**
When you click the link for your Zoom class, you are placed into a “Waiting Room.” The waiting room page displays the Osher logo and advises that either the host hasn’t arrived OR the host has been notified you are waiting.

The waiting room is an intentional Zoom feature and does not indicate a technical issue on your end or ours.

What’s happening is that the Osher staff and instructor are working to set up the presentation, test settings, etc., (just like the setup for in-person courses).

Please be patient. We see your name and know you are waiting. We will admit you to the class as soon as the instructor and the presentation are ready to go. Our goal is always to start right on time.

**CLASS TIPS**
Zoom links are emailed the day prior to class

Instructors may opt to share class notes and slides. If available, they will be emailed to you OR posted at LearnAtOsher.wm.edu under “Resources”

Class handouts, if made available by the instructor, are intended for your to print on your own. Per W&M’s sustainability initiatives, copies are not available in class.
**American History**

**NEW! Spotlight on Williamsburg: Four Tales from the Annals**

*Will Molineux*

**Monday, 9:30-10:45 am**
4 sessions: June 3, 10, 17, 24
Discovery 3 Classroom
40 seats

Join us as we recount four milestones that capture the world’s fascination with Williamsburg’s historic restoration: The 1946 visit of Eisenhower and Churchill; the 8-months-long 1957 Jamestown Festival; the various statesmen, kings, queens, celebrities and others who visited over the years; and finally, a retrospective of the town’s life and times as it readied for restoration. This course will provide a deeper appreciation of Williamsburg and is best appreciated with prior knowledge of the streets and buildings within the Historic Area.

*Will Molineux has been intrigued with Williamsburg’s past since he graduated from William & Mary – first as a newsman with the Daily Press and in retirement as an amateur historian.*

**Turbulent Times & Powerful Voices: FDR, Lindbergh, and Isolationism vs. Internationalism**

*Sandy Menaquale*

**Wednesday, Thursday, Friday 9:30-11:30 am**
3 sessions, June 5, 6, 7
Discovery 3, Classroom
40 seats

Between 1939 -1941, Americans were gripped in one of the most rancorous internal debates in our history. Lindbergh, the face and voice of the isolationists – and a firm believer in America First – used his hero status to counter FDR’s vision of internationalism. FDR called Lindbergh’s opposition “a dirty fight” and used both legal and illegal tactics – including wiretapping Lindbergh’s phone – to promote his vision for America. This course explores the chicanery, intrigue, and tactics each man used to gain advantage in public opinion. Much of the material for this course comes from Lynne Olson’s *Those Angry Days*, Rachel Maddow’s *Ultra* podcast, Erik Larson’s *The Splendid and the Vile*, and Anne and Charles’ respective wartime diaries.

*Suggested Listening:* Rachel Maddow’s podcast, *Ultra*, available for free on Spotify

*Sandy Menaquale has English and American studies degrees from Mount Holyoke College and taught high school before receiving her M.B.A. She spent 28+ years in management for Eli Lilly. In retirement, she taught GED courses to inmates and high school-level language arts. She also worked at Thomas Nelson Community College.*

**NEW! Thomas Jefferson: Enlightenment Evangelist, Enigma & Ever Controversial**

*Rebecca Staton-Reinstein*

**Thursday, 9:30-11:30 am**
1 session, June 13
Zoom
125 seats

Everyone knows Thomas Jefferson penned the Declaration of Independence. More recently, many people have discovered what his contemporaries knew: he fathered children by one of his enslaved people.

But what else was going on with this scion of a rising Virginia family, this always curious scientist and inventor, this architect and world traveler?

Jefferson befriended James Madison. His contemporaries praised him for his brilliance and fervor and condemned him as an atheist and traitor. He embodied a host of contradictions and found it easy to embrace two opposing opinions at once. Discover what makes him our most fascinating and controversial founder.

*Rebecca Staton-Reinstein, Ph.D., is president of Advantage Leadership, Inc. She graduated from William & Mary and worked as a guide for Colonial Williamsburg. An elected and appointed executive in public, private, and nonprofit sectors, she shares her lifelong interest in American history within the context of what we can learn as individuals and leaders from historical characters – those whose actions influenced perceptions and precedents for today’s social and political ideas.*

**American Prometheus: Robert Oppenheimer**

*Dan Sherman*

**Friday, 9:30-11:30 am**
1 session, June 21
Discovery 3, Classroom
40 seats

A brilliant and charismatic physicist, J. Robert Oppenheimer became one of America’s best-known scientists for
leading the effort to create the atomic bomb at Los Alamos. Oppenheimer soon became a highly controversial figure, caught up in the politics of nuclear weapons policy in the 1940s and 1950s. This talk will discuss the career and personality of this fascinating but flawed individual, the changes in his reputation over time, and the recent prize-winning film about Oppenheimer.

Dan Sherman is a retired economist (Ph.D., Cornell) who has taught many courses to adult learning groups on a broad range of topics, including film, theatre, music, and mathematics. He divides his time between Alexandria and Williamsburg.

Independence! An Entertaining Proposition

Mark Howell
Thursday, 9:30-11:30 am
1 session, June 27
Discovery 3, Classroom
40 seats

In the years preceding the American Revolution, colonial American patriots realized that they would need to sway the vast number of undecided colonists by appealing not only to their heads but to their hearts as well. In addition to oratory, pamphlets, and reasoned argument, they published songs, poems, satires, and allegories, all designed to fan the flames of outrage and create an emotional, visceral rationale for pursuing independence and throwing off the presumed yoke of British oppression.

This class reviews the literary side of patriotic propaganda by analyzing some of the submissions that ran in the Virginia Gazette(s) between 1774 and 1776.

Mark Howell is recently retired from a 40+ year career in the museum field that has included time at Colonial Williamsburg, the American Civil War Center, the Library of Virginia, and Jamestown-Yorktown Foundation.

Art, Music & Film

NEW! William Hogarth at the Muscarelle

Sandra Stephan
Friday, 9:30-11:30 am
1 session, June 7
Covenant Center, Little Theatre
110 seats

A major force in mid-18th-century British society, William Hogarth (1697-1764) was a prolific artist, a determined social activist, and a staunch supporter of English art and English artists. He famously chronicled, criticized, and celebrated London life in all its vicissitudes through his scathing (and often hilarious) visual dramatic narratives. Works such as “Gin Lane,” (shown at right), “The Rake’s Progress,” and “Industry and Idleness” illustrate the “modern moral subjects” that Hogarth championed.

A shrewd businessman, Hogarth mass-produced his art through print engravings, thus making his images accessible to a wide audience. Hogarth’s prints have informed historians (Colonial Williamsburg, for example) and inspired artists throughout the years. In this class, we will look at Hogarth’s life, his crusades, his artistic achievements, and his legacy, with a particular focus on the works that are part of the Muscarelle Museum of Art collection.

Sandra Stephan holds a Ph.D. in British literature. She is chair of the Muscarelle Museum’s Docents Program.

“Gin, cursed Fiend, with Fury fraught,
Makes human Race a Prey.
It enters by a deadly Draught
And steals our Life away.
Virtue and Truth, driv’n to Despair
Its Rage compells to fly,
But cherishes with hellish Care
Theft, Murder, Perjury.
Damned Cup! that on the Vitals preys
That liquid Fire contains,
Which Madness to the heart conveys,
And rolls it thro’ the Veins.”

– Verse lamenting the evils of gin accompanying Hogarth’s 1751 print, Gin Lane
**All NEW Music Selections!**
**Let’s See What’s Cooking - from Songs to Sonatas**

Tim Kloth

Wednesday, 1:30-3:30 pm  
1 session, June 12  
School of Education, Room 1056  
40 seats

With all new music selections (versus prior semesters), join us as we compare, contrast, and listen to how the five basic “ingredients” of pop songs and classic sonatas are mixed.

In the first hour, we’ll examine the “recipe” for pop songs, where five basic ingredients are used in the form or structure of songs. These are verse, refrain, introduction, bridge, and coda. Composers mix these together in different orders and quantities. After exploring the structure of a wide variety of popular songs, we will then test our ability to recognize the ingredients as we hear them.

In hour 2 we’ll explore how the five basic ingredients of sonatas are mixed. The ingredients here are introduction, main theme, transition, second theme, and closing.

In a sonata, the composer uses a limited palette of melodic or motivic material from which to develop a single movement within a larger piece; the most common is Sonata Allegro form. Movements from several Classical and Romantic pieces will be analyzed during the class. First, individual melodic motives will be identified. Next, an audio recording of an entire movement will be played while visuals representing the structure are projected. As in the first hour, you will then listen and identify the key ingredient as you hear it.

Tim Kloth, while in high school, studied composition at the Cleveland Institute of Music. Majoring in composition, he earned a B.M. at Capital University, an M.M. at the Eastman School of Music, and a D.M.A. from the University of North Texas. After having taught at VCU, UVA, and the University of Arizona, he is now retired from the Fairfax County Public Schools where he specialized in Orff Schulwerk.

**NEW! Landscape as Art**

Paula Henderson

DATE/LOCATION CHANGE:  
Tuesday, 9:30-11:30 am  
1 session, June 4 
Campus Center, Room 159  
50 seats

Is a garden “Art”? Can we analyze a historic garden in the same way that we do a painting or building?

Although the most fugitive of art forms, gardens were often created by an artist, architect or designer and they conform to the ‘style’ and aesthetic of a particular period. Renaissance gardens, for example, demonstrate an interest in classicism, symmetry and complex iconographic programs.

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Gardens reflect and are revealed in the literature, drama, and painting of their periods. They are allied with science – horticulture and botany. Yet, experiencing a garden was and is different from all other art forms, incorporating all five senses and movement by the viewer. Join us as we explore gardens as the first form of “performance art.”

Paula Henderson has degrees in art history (The University of Chicago) and a Ph.D. in architectural history from the Courtauld Institute of Art (University of London). An award-winning author, she has taught courses for the Courtauld Institute of Art Summer School and for the Victoria and Albert Museum. She is a fellow of the Society of Antiquaries of London and consults on historic gardens in the U.K. After living in London for 43 years, she and her late husband moved to Nantucket in 2020. She now spends winters in Williamsburg.
Health & Wellness

Part 1 - Engaging in Life’s Situations: Moving From woe to WOW!

Fran Bado
Monday, 1:30-3:30 pm
3 sessions, June 3, 10, 17
Discovery 3, Classroom
40 seats

It really IS all about you! But perhaps you need to reset your perspective. How do you approach the day? Is it affecting your well-being? As you go about your daily routine, are you energized by the goodness that surrounds you? Can you even see it?

Join us for some planned fun discussing positive and negative energy areas that motivate us, and learn how to appreciate the magic of our surroundings. The class is highly interactive, and you may just start to see life as a more joyous endeavor. So take a break from your worries, kick back, and see where this road takes you! (Part 2 will be offered in the Fall.)

Fran Bado is an executive project manager who is certified by the IBM Project Management Institute. He retired from IBM after 54 years and continues to teach across the curriculum of project management. His passion for teaching coupled with his experience ensures a valuable learning opportunity.

Yoga and Mindful Meditation

Indira Ghosh
Monday, 1:30-3:30 pm
3 sessions, June 3, 10, 17
Williamsburg Landing, Alvin P. Auditorium
10 seats

Bring a mat or blanket to use on the floor and wear comfortable clothing.

Yoga is an outstanding segment of an ancient educational and remedial legacy that is seen to be valid, relevant, and supportive in a new millennium with ever-growing health and well-being concerns. Athletes use it to tone muscles and increase flexibility. Corporate executives rely on it to de-stress. Doctors prescribe it for everything from sore backs and respiratory problems to chronic fatigue.

This course will focus on gentle yoga postures and the importance of progressive breathing as well as an introduction to the healing benefits of sound meditation.

Indira Ghosh was a lecturer in physical education and yoga in Loreto College, Calcutta, India. She has conducted and participated in yoga and meditation seminars across the globe. She taught yoga in the Midwest through area universities, hospitals, and community centers. She is also an orthopedic nurse and teaches yoga and meditation in Williamsburg.

SCHOLARSHIPS

Available for Fall 2024

Interested in the program but the membership fee is out of reach? We may be able to help.

A limited number of scholarships are available for Fall 2024. To qualify, you must be age 50 or older with an annual AGI of $50,000 or less.

Scholarships are funded by a grant from the Bernard Osher Foundation, and cover the cost of a one-semester membership. The scholarship includes a Standard parking permit (if needed).

Fall 2024 scholarship applications are accepted June 1-30. Successful applicants will be notified by email by July 15. The Fall 2024 semester runs September 9-December 13. Early registration is set for August 5-14.

To apply, visit LearnAtOsher.wm.edu, Resources, Scholarships, during the application period.

EXTENDED TO 4 SESSIONS!

Your Subconscious Mind: Getting to Know Your Dedicated Genie

Athena Staik
Thursday, 1:30-3:30 pm
4 sessions, June 6, 13, 20, 27
School of Education, Room 1056
40 seats
Advances in neuroscience have produced amazing revelations about optimal function of the brain and body. This course will present key findings focused on understanding how the subconscious mind works to promote healing and happiness. Emphasis will focus on knowing the jobs of the subconscious and how it differs from the conscious mind; how to calm the vagus nerve to prevent emotions of fear or anger; and how to operate the master control panel of your body-mind to take the helm and be the captain of your emotional health and well-being.

In this way, the subconscious mind is solely devoted to you, your health, and fulfillment. It is a devoted guide in some situations, an alert scout in others, and even, perhaps, a genie (if you know how to rub it just right).

Athena Staik holds a Ph.D. in marriage and family therapy. Her interest in inspiring others to tap into inner sources of healing, happiness and breaking free of reactivity, and more recently, athletic performance, led her to integrate cutting edge-tools of neuroscience and mindfulness in her work to accelerate change. Before retiring, she was an IB Librarian at Fairport High School in Rochester, New York. She is currently a paraeducator in the York County schools.

NEW! Hands-Only CPR / AED Training
Williamsburg Fire Department, W&M Environmental Health & Safety Office

Tuesday, 10-11 am
1 session, June 18
School of Education, Holly A/B
50 seats

This course allows you to practice hands-only cardiopulmonary resuscitation (CPR) and learn how to use an automated external defibrillator (AED). Both skills have been shown to help increase a person’s likelihood of surviving cardiac arrest.

The one-hour training is suitable for older adults. The CPR manikins (dummies) are positioned on tables rather than the floor, and we will not use rescue breaths (mouth-to-mouth resuscitation).

IMPORTANT!
This course does not offer a certificate for completion and is not a substitute for the American Heart Association’s Basic Life Support (AHA-BLS) training. If you need CPR certification for a job or would like to take a full standard CPR class, this course will not satisfy that requirement.

Long-Term Care: Evaluating your Options
Teresa Sweaney, Liz Sarson

Tuesday, 9:30-11:30 am
1 session, June 25
Discovery 3, Classroom
40 seats

Whether you are working on your own long-term care plan, wondering if your plan is complete, or struggling to help make a plan for a loved one, this class is for you.

In addition to discussing various care types and options, you’ll receive a checklist for making a plan to age comfortably and safely wherever you choose to live, be it a senior community, specialized care facility, or your home.

The class also reviews Medicare – what it covers, what it doesn’t, and how and when long-term care insurance benefits are triggered.

Terry Sweaney brings 30+ years experience in physical therapy, geriatric care management, and as an educator with ChooseHome Riverside. She holds a B.B.A. from Strayer University of Florida. A fervent advocate for people with dementia and their caregivers, she currently serves on the Peninsula Agency on Aging’s advisory council and on the board of directors for both a local respite care initiative and hospice program.

Liz Sarson is a member of the ChooseHome Riverside team. Having recently assisted her mother and mother-in-law with their long-term care, Liz has a deep appreciation for the work of caregivers as well as long-term care planning. She holds a master’s degree from UTS (Australia), and a B.S. from Rutgers University.

Zumba Gold
Bess Williams

Thursday, 4:30-5:30 pm
3 sessions, June 6, 20, 27
Williamsburg Landing, Charter Room in the Assisted Living Bldg, 12 seats

Zumba Gold is the mature form of the original dance workout. Our consistent, easy-to-follow dance patterns are done at a modified pace and intensity that burns calories, strengthens muscles, improves balance and coordination, and makes your whole body smile!

It’s a dance party where everyone in the room is your partner. Note: There is NO CLASS on 6/13.
NEW! Cousins: Connected Through Slavery
Lauren Hill, Kate Slevin
Friday, 1:30-3:30 pm
3 sessions, June 14, 21, 28
Discovery 3, Classroom
25 seats

Dr. Martin Luther King, Jr. had a dream that “the sons of former slaves and the sons of former slave owners will be able to sit down together at the table of brotherhood.” How do people find a way to live Dr. King’s dream?

Slevin and Hill will share the story of Betty and Phoebe Kilby, sisters linked by slavery. Learn their story of discovery of their shared heritage and how they embarked on a path toward reconciliation and reparations. You will learn about ways that you, too, can reach across the racial divide and work toward racial reconciliation, whether or not your family has connections to slavery. The class draws on lessons from the book Cousins: Connected Through Slavery.


Laura Hill is executive director of the Virginia Racial Healing Institute and founder of Coming to the Table – Historic Triangle, a chapter of the national racial reconciliation organization of the same name. Her role includes planning programs to engage diverse people in civil conversation about race. Laura serves on the City of Williamsburg’s Truth and Reconciliation Committee, the Racial Trauma committee of the Greater Williamsburg Trauma-Informed Community Network, and James City County’s Social Services Advisory Board.

Kate Slevin is an emeritus professor at William and Mary’s School of Sociology. Her research highlights age as a core site of social inequality, exploring age relations and their intersections with gender, race, class, and other social hierarchies. She has published articles in a variety of sociology journals and is author of three books on the subject. She is currently working on a second edition of Gender, Social Inequalities, and Aging, part of the Gender Lens series.

NEW! Emerson’s Poet, Earthly Guides, and Our Human Vulnerabilities
Christopher Chaves
Thursday, 4:30-6:30 pm
1 session, June 20
Zoom, 125 seats

Explore Ralph Waldo Emerson’s The Poet in conversation across time with diverse poets including Du Fu, Homer, Plato, Lord Byron, Sylvia Plath, Rudolfo Anaya, and Maya Angelou.

So let us reflect upon the continuing value of poetic messages rooted in nature and the loss of human hope in the wake of unexpected human tragedy or triumph. A focus is made on poetic works that honor diverse members of our ecological systems, exude human vulnerability, attempt to advance social justice, and which may initiate deeper empathy for moral and intellectual evolution in our world.

Christopher Ulloa Chaves, Ed.D. has taught for the Episcopal Church, South Illinois University, University of New Mexico, National Defense University, other OLLIs, as well as at William & Mary. He completed graduate work in the humanities and also holds a doctoral degree from the University of Southern California and is author of Liberal Arts and Sciences: Thinking Critically, Creatively, and Ethically.

NEW! Ancient Egyptian Literature
George DeRise
Tuesday, 1:30-3:30 pm
1 session, June 25
Discovery 3, Classroom
40 seats

We will survey the relatively neglected field of ancient Egyptian literature, which includes stories, poetry, love songs, wisdom literature and much more.

We will meet a shipwrecked sailor stranded on a fantasy land, a man contemplating suicide and debating with his soul, a story 4,500 years ago about a woman having an affair, the plight of a peasant being extorted by a nobleman and much more.

We will look at one key aspect of the Book of the Dead, the negative confession and learn about their ethics. All is based on the documents. These writings will tell us about the hopes, fears, and concerns of these people regarding family, social status, ethics, death, etc. What was it like to live in this ancient land several millennia ago?

George DeRise has a Ph.D. in applied mathematics from Old Dominion University. He retired in 2010 after teaching mathematics for 46 years, 32 of them at Thomas Nelson Community College. George has studied the Ancient Egyptian Book of the Dead and the hieroglyphic language. He is also teaching a course this semester on Galileo (see page 13).
Religion & Philosophy

NEW! Plato and Paul: Reason, Faith and the Western Intellectual Tradition
Donald Matthewson
Monday, 1:30-3:30 pm
4 sessions, June 3, 10, 17, 24
Campus Center, Room 159
30 seats

This course explores the twin Western traditions of reason and faith focusing on the two best exemplars of each tradition, Plato and Paul.

Upon completion, participants will have insight into how our culture reflects the tension between the two traditions. The course is ideal for those who seek insight into the foundations of modern culture and politics.

Donald Matthewson, Ph.D., is a lecturer emeritus of political science at California State University, Fullerton. Published in numerous academic journals and author or co-author of 20 professional papers presented at conferences worldwide, he served as faculty-in-residence for CSU’s Washington, D.C. intern program.

NEW! The Afterlife Unveiled: Insights from Islamic Teachings
Islam Bedir
Thursday, 1:30-3:30 pm
1 session, June 27
Discovery 3, Classroom
40 seats

This course will provide an overview of life after death through the teachings of Islam. It will cover the rational arguments for the existence of the afterlife. Questions and discussions are welcome. Join us to discover the inner dimensions of Islam.

Islam Bedir holds a Ph.D. in theoretical physics and has studied Islamic sciences under a number of scholars.

Science, Technology, Engineering & Math (STEM)

NEW! Out of Africa: Where Did the Homo Sapiens Go?
Kirk Lovenbury
Tuesday, 1:30-3:30pm
3 sessions, June 4, 11, 18
Discovery 3, Classroom
40 seats

One hundred thousand years ago, Homo sapiens began to disperse from Africa, eventually populating the globe. This course will explore what the DNA, blood types, linguistics, and world cultures tell us (in maps and charts) about this – the greatest human migration of all time.

We will trace the evolution and genetic drift of Homo sapiens from the founding of the species to the early modern period to answer key questions: Why did humans leave Africa? How did we evolve into different races? In what ways are various languages related? And, perhaps, just for fun, what percent Neanderthal are you?

Kirk Lovenbury first started teaching at the Osher Institute (formerly the Christopher Wren Association) in 2010. He has degrees in anthropology, history, and education. Kirk has visited over 100 countries and lived in 10, including Kenya, China, Italy, UK, Ireland, South Africa, and Germany. German and Swahili are his best languages. A Mensa member, Kirk was on his college’s “Brain Bowl” team. He loves learning and teaching and currently serves as a docent at Bruton Parish Church.

NEW! Origins of Modern Science from Copernicus to Newton
Lance Ozier
Wednesday, 9:30-11:30 am
1 session, June 5
Zoom
125 seats

Only 500 years ago, most people thought the Earth was the center of the universe and that there were just four elements: earth, air, water, and fire.

In this class, you will learn how five men and a propitious sequence of historical events – including two supernovas and the Black Plague – changed that view forever. You will also learn how science itself changed from mystical lore and reliance on ancient authority to an organized activity of measurement, testing, and revision of theories that has made possible our modern world.
Lance Ozier is a retired media professional who worked 40+ years in public broadcasting. Lance has a passion for science, mathematics, poetry, photography, and music. He holds an M.A. in English from the University of North Carolina at Chapel Hill and a B.S. in applied mathematics from Georgia Tech.

Common Trees of Coastal Virginia
Jim Perry
Tuesday, Wednesday, 9:30-11:30am
2 sessions, June 5, 12
Keck Lab, Room 108
20 seats

For parking options at Keck, see p 18

This class features a lecture and field trip to learn about identification and habitats of the dominant trees of the Coastal Plain of Virginia. Using leaves, fruit, odor, and habitat, we will explore common plant attributes that can be used to help quickly identify indigenous woody plants.

Jim Perry has a Ph.D. in marine science with nearly 40 years of research and teaching in coastal and wetland ecology. He has worked in wetlands in China, Taiwan, South America, U.K., and the entire North American continent. His specialty is understanding the impacts of wetland degradation on human lives, especially the poor.

NEW! An Introduction to ChatGPT & Other Generative AI Tools
Candice Benjes-Small
Thursday, 9:30-11:30 am
1 session, June 13
Discovery 3, Classroom
40 seats

Curious about ChatGPT and other artificial intelligence (AI) tools that create new text and images?

In this workshop, we’ll see demonstrations of the tools, explore the capabilities and limitations of the technologies, and discuss the ethical considerations surrounding their use. Leave with a clear grasp of how generative AI is impacting our world and the questions we need to ask as it continues to develop.

Head of Research at W&M Libraries, Candice Benjes-Small brings an information literacy lens to AI, viewing these technologies critically and understanding how they fit into our larger information environment. She is active in numerous generative AI communities of practice and is researching AI’s impact on fake news.

NEW! Greening the Hearth: Enlivening Your Home with Houseplants
Tony Orband, Kristi Dodson
Thursday, 9:30-11:30 am
1 session, June 20
Campus Center, Colonial Echo
18 seats

Join Tony Orband and Kristi Dodson of W&M’s Grounds & Gardens department as they share ideas for enriching your home environment with attractive and beneficial houseplants. We’ll cover favorites and lesser-known varieties that may require more attention, common houseplant issues, and remedies. And
we’d also like to hear about your favorite houseplants. And we’ll have a basic propagation segment, so bring a plant if you care to share and trade propagules with other attendees.

The W&M Grounds & Gardens department is a group of professionals dedicated to preserving the campus grounds while creating and sustaining an environment that will attract, keep, and support the best and brightest students, faculty, staff members and visitors. The department is responsible for maintaining 1,200 acres of land, gardens, and wooded areas that house over 200 buildings, while offering the spectrum of horticultural and landscape services, and maintenance and management of the university’s turf, shrubs, trees, and gardens and nursery.

**NEW! Intermediate Crafting with Cricut® - Heat Transfer Vinyl for Fabric**

**Rita Lysher**

Friday, 9am-12pm  
1 session, June 28  
Campus Center, Colonial Echo  
8 seats

- 9 am class start; lasts 3 hours  
- $15 materials fee (nonrefundable; due at registration)  
- Prior experience with the Cricut machine and Design Space required  
- Bring your own laptop; tablets and smartphones not suitable

This is a follow-on class for prior participants of the beginner’s Cricut classes from Summer or Fall 2023, or Spring 2024.

In this single-day session, you will create a make-and-take project – an 18-oz drink tumbler or a wine glass tumbler with lid – using the Cricut cutting machine with heat transfer vinyl. Vinyl, crafting tools, and acrylic tumblers are provided.

By popular demand, Rita is offering a second one-day class and project, using heat transfer vinyl with the Cricut machine, you will create a decorative hand towel. Vinyl, crafting tools, and the towel are provided. Registrants must have participated in one of Rita’s beginner’s Cricut classes in a prior semester.

Rita Lysher is a lifelong crafter who retired to Williamsburg in 2020. A former biology and chemistry teacher from Fredericksburg, she finally has time to dedicate to adventures with grandchildren – as well as crafting and sewing. She has created hundreds of personalized gifts and cards using a Cricut Explore and has taught Cricut crafting to friends and at Piedmont Community College.

**The Hotel del Coronado Beautiful Stranger Legend - A Historical Mystery Revisited**

**John Streiff**

Wednesday, 1:30-3:30 pm  
1 session, June 26  
Discovery 3, Classroom  
40 seats

Come and hear an amazing story of a mysterious and beautiful young woman’s tragic end at one of the most beautiful hotels in the United States. The legend began in 1892, yet her story was never fully told. Hear a unique interpretation of the facts based on analytical commentary of subject matter experts. Discover a new take on the history and learn new details only recently unearthed.

If you are interested in historical mysteries, have ever stayed at “The Del,” or simply have heard of this legend, this class is for you!

John Streiff has studied consciousness science for over 50 years. He is a member of the Academy of Magical Arts in Hollywood, the Society for Scientific Exploration, the Parapsychological Association, and the Society for Psychical Research. He brings an open-minded, critical, evidence-based, skeptical view to the subject modulated by his own personal experiences with psi in life and lab.
A WORD ABOUT FREE & AMICABLE DISCUSSION IN THE CLASSROOM

A vibrant member community can bring equally vibrant viewpoints to the classroom. Explicating, defending, or criticizing a given claim does not translate to personal endorsement or rejection of that claim. Advocating a given position does not necessarily translate to personal agreement with it. Likewise, offering criticisms of an argument in the spirit of intellectual inquiry does not necessarily translate to disagreement with it. The academic value lies in the examination and understanding of various viewpoints that thoughtful people offer.

In matters where reasonable people may disagree, it is unlikely that we’ll settle on “right answers”; controversial issues are controversial for a reason. Examining them responsibly requires a mature, respectful approach. Disagreement over controversial matters of political, ethical, legal, or social policy is healthy; disagreeableness is not.

– Offered by Bill Rhodes, Veteran Osher at W&M Instructor, and Osher Curriculum Committee Chair and Religion & Philosophy Subject Area Coordinator

World History

NEW! The Trial of Galileo Revisited - Yet Again

George DeRise

Wednesday, 9:30-11:30 am, 1:30-3:30 pm
2 sessions, June 5, 12
Discovery 3, Classroom
40 seats

We will revisit the trial of Galileo and his condemnation by the Catholic Church for heresy. Instructor George DeRise will act as Galileo's defense attorney in this improvised mock trial. Using only documents available at that time, George will prove Galileo was innocent of the charge of heresy and that the Church was culpable in using legally defective documents and court procedures in sentencing him. Participants will witness DeRise's petition to charge Pope Urban VIII and seven cardinals with violation of canon law.

As background, we will briefly investigate the political, religious and intellectual atmosphere of Galileo's time as a cause of his trial and the motivations of the Pope, cardinals and other theologians and academicians involved. We will also briefly look at the bureaucracy of the Church, including the Holy Office of the Inquisition, the Index of Prohibited books and an inquisitional manual.

George DeRise is also teaching a course this semester on ancient Egyptian literature. See page 10.

Lessons from the Vietnam War

Ed Linz

Wednesday, 1:30-3:30 pm
1 session, June 5
Zoom
125 seats

The course focuses on events leading up to U.S. involvement in the Vietnam wars. We will discuss the French colonial era, the rise of Ho Chi Minh and the Viet Minh, South Vietnamese politics, and U.S. policy decisions.

We will also examine the conduct of the wars and lessons learned based on interviews with over 75 U.S. servicemen who served in Vietnam.

Ed Linz, a 1965 graduate of the U.S. Naval Academy, is the author of five books, including recent works on The Great Depression and the Vietnam War. He was commanding officer of a nuclear submarine and holds advanced degrees from Oxford University and George Mason.

ZOOM IN TO LEARNING

Online Courses for Summer 2024

⚠️ Zoom links are emailed the day prior to class. When you sign on to Zoom, you are automatically directed to the waiting room until the instructor is ready to present. To be admitted to the Zoom class, you must identify yourself.

This is accomplished by renaming your device in the Zoom app. See page 4 for more information about Zoom class IDs and the waiting room.

<table>
<thead>
<tr>
<th>Instructor</th>
<th>Course</th>
<th>Days</th>
<th>Time</th>
<th>Date</th>
<th>Room</th>
<th>Pages</th>
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<td>Enlightenment Evangelist, Enigma, Ever Controversial</td>
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<td>Th</td>
<td>9:30-11:30a</td>
<td>June 13</td>
<td>Staton-Reinstein</td>
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<tr>
<td>Emerson’s Poet, Earthly Guides &amp; Our Human Vulnerabilities</td>
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<td>4:30-6:30p</td>
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<td>Chaves</td>
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<td>Origins of Modern Science</td>
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<td>Lessons from Vietnam War</td>
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<td>June 5</td>
<td>Linz</td>
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</table>

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Ed Linz

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125 seats

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Ed Linz, a 1965 graduate of the U.S. Naval Academy, is the author of five books, including recent works on The Great Depression and the Vietnam War. He was commanding officer of a nuclear submarine and holds advanced degrees from Oxford University and George Mason.
How to Register

Summer enrollment opens May 20 at 8 am and is first come, first served

www.LearnAtOsher.wm.edu

Scenario A:
New to Osher Or It’s Been a While

If you are new to Osher – or if you haven’t taken courses since before last semester (Spring 2024) – you must first set up a user account.

1 Go to LearnAtOsher.wm.edu
2 Click on the “Sign In Or Create Account” button.
3 Create a New Account: follow the instructions to choose your username and password
   Make a note of the username and password you create. You will need it every time you sign in to your account

Once you have set up your user account, you’re ready to register:

4 Click on “Register” under the “GET STARTED” box
5 FIRST add a membership to your cart by clicking the “Add to Cart” button
NOTE: Until you add a membership to your cart, you will not be able to add courses.
6 Once you add a membership to your cart, click “Return to Course Catalog”
7 Use the options under the COURSES box to view and add classes to your cart
8 When finished choosing courses, proceed to checkout and pay
9 Some classes have additional fees that are due when you register to secure your seat in the class.
You will have a chance to review your online registration before paying

Scenario B:
Returning Member from Spring 2024

If you registered online for Spring 2024, then you have an account. You’re ready to register!

1 Go to LearnAtOsher.wm.edu
2 Click on the “Sign In Or Create Account” button and enter your username and password
3 Click on “Register” under the “GET STARTED” box
4 Add a membership to your cart by clicking the “Add to Cart” button
NOTE: Until you add a membership to your cart, you will not be able to add courses.
5 After adding membership to your cart, click “Return to Catalog”
6 Use the options under the COURSES box to view and add classes to your cart
7 When finished choosing courses, proceed to checkout and pay
8 Some classes have additional fees that are due when you register to secure your seat in the class.
You will have a chance to review your online registration before paying

Forgot Your Login Info?

1 Go to LearnAtOsher.wm.edu
2 Click on the “Sign In Or Create Account” button
3 Under “Sign in to Existing Account,” click on “Find my Username” or “Forgot My Password” and follow the instructions. When prompted for your email address, indicate the email you use to get Osher communications.

Prefer Paper Registration?

Online registration offers the best selection of courses with available seats. But you may drop off your forms and check(s) payable to William & Mary at 5330 Discovery Park Blvd. Use the outdoor mailbox for Suite 100 if the office is closed.

IMPORTANT: If a course you are requesting has an additional fee, write one check for registration and a separate check for each additional fee. If you do not get a seat in the class, your uncashed check will be returned to you.

Membership Types

Regular – $40
Enroll in up to 4 multi-session and unlimited one-time classes.
Check the course description for additional fees, which are due at the time of registration to secure your seat in the class. Additional fees are nonrefundable.
An Osher 23-24 parking permit (valid through August 2024) is recommended for most classes on campus.

Scholarship
Available on a limited basis for those age 50+ with an annual household AGI of <$50,000; awarded prior to registration for the upcoming semester. See learnatosher.wm.edu.
Funded through The Bernard Osher Foundation; covers fees for registration and Standard campus parking permit (if needed). Use the coupon code provided.

Honorary
Available to instructors teaching 6 hours or more this semester to use this semester or next. Includes Standard parking. Use the coupon code provided.

Gift
Use the coupon code provided. Parking and event or materials fees may be additional based on the gift certificate value.
Membership Registration
Summer 2024 | June 3-28

Name ______________________________ Email ______________________________

Address ______________________________ Phone ______________________________

City, ST & Zip ______________________________ [ ] Landline or [ ] Cell: If cell, opt-in to texts? [ ] Yes [ ] No

Preferred First Name ______________________________ Date of Birth ______________________________
(for Your Name Tag) (MM/DD/YYYY)

I am a: [ ] New Member [ ] Returning Member

Highest Education_________________________ W&M Alum? [ ] Yes [ ] No

I prefer the Catalog by: [ ] U.S. Mail [ ] Email

Occupation ______________________________
(current or prior to retirement)

Contact me about volunteering: [ ] Yes [ ] No

Military Service [ ] No [ ] Yes [ ] Veteran

Summer Membership Type
[ ] Regular – $40 [ ] Honorary [ ] Scholarship [ ] Gift Certificate

Course Selection(s)
Summer 2024 classes are offered first come, first served. There is no early registration period and no lottery for oversubscribed classes. For a manageable course load, please register for no more than 4 multi-week courses and any number of one-time lectures (OTLs).

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<thead>
<tr>
<th>Class Name</th>
<th>Multi-Session</th>
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</table>

Emergency Contact

Name ______________________________ Phone ______________________________

Relationship ______________________________ Alt. Phone ______________________________

Register online for the best selection of available courses at learnatosher.wm.edu. Or drop off your forms at 5330 Discovery Park Blvd., Williamsburg, VA 23188 (use outdoor mailbox if the office is closed).

Is Your Paper Registration Complete? Be sure to include:
[ ] This Registration Form [ ] Signed & dated Participation Agreement [ ] $40 check payable to William & Mary AND a separate check for EACH class with an additional fee

Note: A valid Osher parking permit is required to park at on-campus classroom locations. See page 18.
Osher Institute at William & Mary
Participation Agreement
Summer 2024 Semester

I acknowledge that I am at least 18 years of age and intend to participate in courses, lectures, workshops, tours, events, and/or activities ("the Program") offered by the Osher Lifelong Learning Institute at William & Mary ("Osher at W&M") for the Summer 2024 semester, June 3-28, 2024. By signing below, I agree to abide by the policies, procedures, and protocols of Osher at W&M as provided here, in the semester course catalog, and during my participation in the Program, whether as a member, instructor, co-instructor, community volunteer, guest, or other associate.

Participation Parameters
Osher at W&M seeks to create a vibrant learning environment where participants engage in free, open, and amicable discourse in a safe and supportive environment. Our community of learners, instructors, volunteers, and staff embodies a wide range of experiences, cultures, abilities, and perspectives. Intellectual honesty, mutual respect, courtesy, and civility are the foundation of the Program. I understand that engaging in disruptive conduct, including aggressive behavior, use of obscenities or profanity, failure to follow the direction of an Osher at W&M official, or harassment or discrimination of any kind may result in the termination of this agreement and my ability to participate in the Osher at W&M Program. Information about current membership fees and the registration process is provided in the current course catalog. I acknowledge and agree that Osher at W&M reserves the right in its sole discretion to cancel any element of the Program at any time.

Assumption of Risk – Program Participation
Participation in the Program and selection of specific coursework is voluntary, and individuals should assess their own readiness and ability to engage in the activities described before registering for a course. Courses may include travel to off-site locations and engagement in events and facilities managed by third parties for which Osher at W&M has no oversight or responsibility. Activity-based coursework may involve low-impact exercise, and outdoor coursework may involve uneven terrain and exposure to the elements, all of which include the risk of falling, strain, or overexertion. Cooking or food-based courses may involve use of products that constitute allergens for some people. I agree to stop any activity and request assistance if I experience symptoms such as dizziness, fatigue, shortness of breath, pain, or any other condition(s) that would make it difficult or unsafe to continue. I acknowledge that none of Osher at W&M’s courses constitute physical therapy or the provision of medical treatment or advice. With regard to tours, field trips, events, or travel programs, I agree to follow all instructions given to me by Osher at W&M staff or instructors.

I further understand and agree that the College of William & Mary, Osher at W&M, and the Commonwealth of Virginia do not provide any indemnification or insurance coverage, such as life, accident, automobile, or health insurance coverage for the Osher at W&M Program, courses, tours, events, activities, travel programs, and clubs.

Consent for Use of Image and Information
As a member of Osher at W&M (or as a non-member attending a member event), I give my permission to: 1) take and use without payment, any photographs, slides, or films of myself, as may be needed for public relations purposes, marketing/advertising, press releases, website development, or training purposes; 2) I further understand that my name and contact information will be distributed to Osher at W&M staff and Osher at W&M instructors in order to conduct classes, programs, and activities; and 3) I give my permission to receive emails from Osher at W&M unless I provide written notification to opt out.

Release of Liability
By signing below (or if registering online, by checking the acknowledgment box when prompted), I acknowledge that my participation in the Osher at W&M Program is strictly voluntary and I knowingly assume all risks thereof, including any financial or other obligations I incur as a result of any medical care I receive during or in connection with the Program, and release Osher at W&M and the College of William & Mary in Virginia, and their officers, directors, employees, and agents, from responsibility for any and all injuries or damages caused by the inherent risks of the activity and/or the negligence, recklessness, or intentional acts of myself and/or any third parties.

I knowingly bind myself my heirs, executors, and representatives and agree that if any of the provisions of this agreement become invalid, illegal, or unenforceable in any respect under any law, such provision shall be changed and interpreted to best accomplish the objectives of such provision within the limits of applicable law.

_________________________________________  __________________________________________  ___________________________
Participant’s Signature                  Printed Name               Today’s Date

Osher Institute at William & Mary
5330 Discovery Park Blvd., Williamsburg, VA 23187-8795
(757) 221-1506  osher@wm.edu
## CLASS LOCATIONS & PARKING
### ON CAMPUS & OFF – Summer 2024

### ON CAMPUS

<table>
<thead>
<tr>
<th>Venue &amp; Address</th>
<th>(Classroom names in parentheses)</th>
<th>Standard Permit</th>
<th>Plus Permit</th>
<th>Park on Your Own</th>
<th>Walking Distance to Class</th>
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<tbody>
<tr>
<td><strong>Campus Center</strong></td>
<td>104 Jamestown Road</td>
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<td></td>
<td>(Colonial Echo, Little Theatre, Room 159)</td>
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<tr>
<td><strong>Keck Lab</strong></td>
<td>200 Wake Drive</td>
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<td>(Room 108)</td>
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### Off Campus

<table>
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<tr>
<th>Venue</th>
<th>Address</th>
<th>Parking Availability</th>
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</thead>
<tbody>
<tr>
<td>Discovery 3 / Osher Institute</td>
<td>5330 Discovery Park Blvd. (New Town)</td>
<td>Ample free surface lot parking</td>
</tr>
<tr>
<td>Williamsburg Landing</td>
<td>5700 Williamsburg Landing Dr. (Williamsburg)</td>
<td>Ample free surface lot parking</td>
</tr>
</tbody>
</table>

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1 Need an Osher Parking Permit? Visit Parking Services in the Campus Center at 104 Jamestown Road, M-F, 9a-4p. The fee is $16, and you will receive your permit on the spot. NOTE: If you have already purchased a 2023-24 Parking Permit, it remains valid through August 2024.
The Osher Institute at William & Mary

We are a community of adults — mostly ages 50 and better — seeking knowledge, enrichment, and connection with the larger world through intellectually stimulating and socially engaging educational experiences.

Our program’s hallmarks are a quality curriculum, extraordinary instructors, and a vibrant membership.

You belong here. Join us.

Laurie Hesser
Associate Director

Ann Covington
Administrative Coordinator

Phoebe Williams
Administrative Coordinator

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Dennis Pillsbury – Religion & Philosophy
Lara Shaefer – Special Projects
Kelly Shaw – Public Affairs
Karen Thomas – Special Interests

Summer 2024

May 20 Enrollment opens at 8 am - first come, first served (see p. 4, 15)
June 1-30 Fall 2024 scholarship applications accepted (see p. 8)
June 3 First day of classes
June 19 Juneteenth (no classes)
June 28 Last day of classes

Fall 2024

Aug 5 Early registration opens
Aug 23 Class schedules sent to early registrants
Aug 26 Fall open enrollment begins
Sept 2 Labor Day (closed)
Sept 9 First day of classes
Oct 1-31 Spring 2025 scholarship applications accepted
Nov 5 Election day (office closed)
Nov 25-29 Thanksgiving break (no classes)
Dec 13 Last day of classes

~July 22 Fall catalog publishes