## **OSHER** LIFELONG LEARNING **INSTITUTE**







Spring 2025

COURSE CATALOG

Members are emailed if the date. time, location, or status of a course they are enrolled in changes. Always check your email!

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# CONTENIS

#### **GENERAL INFORMATION**

#### **OFFICE LOCATION**

**Boswell Hall** 100 Ukrop Way, Room 028 Hours: M-F, 10am-4pm

If you have business at the Osher office, limited, 30-minute and ADA parking is available in the Boswell lot (656 Jamestown Rd. across from Burns Ln.). This parking lot requires a 2024-25 Osher parking permit; time limits are strictly enforced. See p. 4 for more info

#### **MAILING ADDRESS**

Osher Institute at W&M P.O. Box 8795 Williamsburg, VA 23187-8795

#### CONTACT

osher@wm.edu (757) 221-1506

LearnAtOsher.wm.edu

Our office hours are 10am-4pm. However, the team is often setting up or moderating classes and may not be immediately available by phone or in person. For a faster response, email osher@wm.edu

#### **OSHER INSTITUTE STAFF**

Laurie Hesser Associate Director

Ann Covington Administrative Coordinator

Phoebe Williams Administrative Coordinator

- Policies & Procedures Spring 2025
- **American History**
- Lessons & Luminations
- **American Wisdom Tradition**
- Art, Music & Film
- Finance & Economics

**Government & Law** 

- **Health & Wellness**
- Languages
- **Literature & Writing**
- **Media & Current Affairs**
- **Religion & Philosophy**
- Science, Technology, Engineering & Math
- **Special Interests**
- **World History**
- Zoom Courses, Zoom Policy & Procedures
- Membership Registration Form
- Participation Agreement
- How to Register, \$5k Matching Gift Campaign

PHOTO CREDITS, FRONT COVER: Wisteria at the President's House by Stephen Salpukas, W&M; BACK COVER: Osher members on the Crim Dell Bridge by Michael Richardson, Osher instructor & member

## WELCOME TO OSHER AT W&M

### **Policies & Procedures - Spring 2025**

Important! When you sign or consent online to the Participation Agreement (p. 46), you are also agreeing to the policies stated here and the Zoom policies on p. 43.

#### **Membership & Attendance**

You must be an Osher Institute at W&M member to register for and attend courses and events. Choose classes intending to attend every session. Absences result in loss of a seat for a member on a wait list or a less beneficial experience when a minimum number of members is essential to discussion or an activity.

#### Fees & Course Load

The Spring membership fee is \$175. Members may enroll in a maximum of 16 courses total, with no more than 8 being multi-session classes.

Lessons & Luminations (L&L) fundraisers (p. 14-15) do not count against your semester course load. Choose L&L events *in addition to* a max of 16 courses total (no more than 8 multi-session). Payment is due upon registration (including when you select an L&L event during early registration.)

#### **Early Registration**

Early registration opens on Jan. 3 and closes Jan. 15 at 5pm. Early registrants are included in the lottery for oversubscribed courses and are automatically put on the wait list for classes that they requested but in which they were not assigned a seat. Class schedules are sent to early registrants via email by Jan. 24.

#### **Open Enrollment**

Registration reopens on Jan. 27 at 8am. Members who missed early registration may now enroll immediately in classes with available seats. Early registrants may also add classes. The course load limits (16 total; no more than 8 multisession) still applies. If a class is at capacity, you can place yourself on the wait list via your Osher account.

#### **WE'VE MOVED!**

William & Mary no longer leases the offices and Discovery 3 classroom space in New Town. Nor do we have access to the outdoor mailbox there. The Osher office is now located on

campus at Boswell Hall. If you intend to mail or drop off your registration form and payment, they must be in our hands in Boswell Hall, Room 028 (basement) by 5pm on Jan 15 to qualify for the lottery. Exceptions will not be granted for registrations lost/delayed in the mail, dropped at our former office location, or otherwise received after the deadline.

#### **Locations & Parking**

Visit LearnAtOsher.wm.edu, Resources, Parking for classroom locations, addresses, and parking options.

Members may purchase an Osher parking permit for \$17, valid through August. Visit LearnAtOsher.wm.edu to print the parking registration form. Then take the completed form to Parking Services at 104 Jamestown Rd. (Campus Center) to buy the hang tag.

An Osher parking permit is required at the School of Ed (student lots only). If you have business at our office located in Boswell Hall, your Osher hang tag allows 30-minute parking in the Boswell lot at 656 Jamestown Rd., which offers sidewalk access to the building's rear entrance. If you intend to use ADA credentials to park anywhere on campus, an Osher hang tag is also required.

#### **Payment & Refunds**

Osher at W&M is self-funded; 100% of membership fees support our program. Membership fees apply each term. Payment is due when you register via major credit cards and checks payable to *William & Mary*. Additional fees (if applicable) are due and immediately payable at the time your seat in the class is confirmed.

You may request a refund of your membership fee through 9am Feb. 3 by email to osher@wm.edu with a reason for the refund. There are no "per class" fees; thus, no "per class" refunds. A \$20 service fee applies to all refunds.

Parking permits, gift certificates, and fees for materials, events, Lessons

& Luminations fundraisers, etc. are nonrefundable. Osher does not reissue lost or expired gift certificates, coupon codes, or credit certificates.

#### **Dropping a Class**

To drop a class, notify us ASAP at osher@wm.edu. This allows us to offer the seat to a member on the wait list.

#### **Wait List**

When a seat opens in an oversubscribed class, we contact the first person on the wait list. Depending on the class date, we will hold the seat as long as we can (usually 2-3 days) before offering it to the next wait-listed member. Thank you for replying promptly with a "accept" or "decline." Please be respectful of our program, your peers, and instructors. Do not attend a course for which you are wait-listed or not enrolled in anticipation that there will be an open chair.

#### Required/Suggested Reading

Instructors specify "Required Reading" when the material is essential to learning. "Suggested Reading" is useful but not essential. The library or websites like Project Gutenberg may have the information available for free.

#### **Zoom Class Policies**

Refer to p. 43 for details.

#### Name Badges

Wear your current semester name tag to all Osher classes/events. Attendance may be taken. Name tags are emailed a week prior to the semester start for you to print/cut to size. Plastic badge holders are available upon request.

#### **Inclement Weather**

Closures mirror W&M and are announced on our voicemail greeting at (757) 221-1506. You will not be notified personally.

#### **Guest Requests**

Guests are encouraged; pre-approval is required. Guests are allowed once a term, for a single class on a single date, if the course is not fully subscribed. You must accompany your guest. Call (757) 221-1506 to request a guest.

#### **American History**

### The Path to Williamsburg's Restoration

Will Molineux

Monday, 9:30-10:45am 6 sessions: Feb 3, 10, 17, 24, Mar 3, 17 Campus Center, Little Theatre 110 seats

This course, based on extensive recent research, is a new look at the partnership between the Rev. W.A.R. Goodwin and John D. Rockefeller Jr. that evolved to create Williamsburg's colonial restoration. How and why did so many townspeople "sign on" to an ill defined proposal that would change everything where they lived? Was Rockefeller's participation really a secret? Were city officials kept in the dark? What role did Mrs. Rockefeller play? This course, supplemented with a Power Point collection of period photographs, attempts to expand the oft-repeated corporate history based on Goodwin's recollection and writings.

Suggested reading: A Link Among the Days: The Life and Times of the Reverend Doctor W.A.R. Goodwin, the Father of Colonial Williamsburg by Dennis Montgomery

Will Molineux has been intrigued with Williamsburg's past ever since he was graduated from William & Mary – first as a Daily Press newsman and in retirement as an amateur historian.

#### History of U.S. Border Security and Immigration Control

#### Michael Collier

Monday, 1:30-3:30pm 3 sessions: Feb 3, 10, 17 Campus Center, Room 159 60 seats

This historical review of American border security and immigration control from 1607–2017 demonstrates that these areas have been a major concern since the arrival of the first Europeans to North America in the early 1600s. U.S. policy has varied widely over the past 200+ years. This class provides background and context

of American border security and immigration control to provide better understanding of the current situations facing the country today.

Michael W. Collier spent 22 years as a U.S. Coast Guard officer followed by a 20-year career as a college professor, retiring from Eastern Kentucky University as associate professor of homeland security. He graduated from the U.S. Coast Guard Academy, holds an M.S. in strategic intelligence from the U.S. Defense Intelligence College and a Ph.D. in international relations (foreign policy and security studies) from Florida International University.

## Tulip Mania – The Financial Bubbles of 1819, 1929 and 2008

#### **Patrick Jenkins**

Monday, 1:30-3:30pm 3 sessions: Feb 3, 10, 17 School of Education, Room 2066 34 seats

The course will review the historical background and events leading up to the cause of the financial bubbles of 1819, 1929 and 2008. The course will focus on the historical perspective not an economic analysis.

Patrick Jenkins has 44 years of senior financial management, including both accounting and finance, as well as a lifelong interest in history.

### **NEW!** Battleships: From the *Merrimack* to the *Missouri*

#### **Buck Beasom**

Tuesday, 10am-12noon 4 sessions: Feb 4, 11, 18, 25

■ Zoom, 125 seats

The age of battleships spanned less than 80 years. During that time, they were symbols of national pride, national humiliation and an enormous drain on national treasuries. The great battle fleets became the stage for heroes and scoundrels, the fools and the wise, and were often sacrificed on the most hopeless enterprises, sending the "Officers and Men" to the bottom.

This course follows the development of metal ships with guns from the first

ironclads to the giants of World War II. We trace the development of steam engines and the shift from pistons and coal to turbines and oil. We track the early triumphs and disasters of battle fleets, the vast, far-flung engagements of the Dreadnoughts and the eclipse of battleships when aircraft changed warfare.

Battleships is based on a PowerPoint presentation with thousands of embedded images, videos and animated graphics.

Buck Beasom teaches for Osher Lifelong Learning Institutes across the country. He has a two-track career: four decades in data management and applications development while also teaching business courses. He also taught history at the middle- and high school levels. He holds an M.B.A. in accounting, and a B.S. in management science with additional majors in history and economics.

## NEW! The Williamsburg Bray School: The Journey Continues

### Maureen Elgersman Lee, Elizabeth Drembus, Tonia Merideth

Tuesday, 9:30-11:30am 3 sessions: Feb. 4, 11, 18 School of Education, Room 1056 40 seats

The Williamsburg Bray School was officially dedicated during a public ceremony on November 1, 2024, and the journey of research and engagement around the history and legacies of the Williamsburg Bray School (1760-1774) continues. William & Mary Bray School Lab staff will provide updates on historical research, including genealogy and oral history, regarding the Williamsburg Bray School and its student scholars. The highly interactive series will serve as an introduction, for some, to the Williamsburg Bray School and its mission; for others, it will build on existing knowledge and delve deeper into what we know and what we hope to uncover about this institution and its time. There will also be discussion of the new book, The Williamsburg Bray School: A History Through Records, Reflections, and Rediscovery (2024).

Suggested reading: The Williamsburg Bray School: A History Through Records, Reflections, and Rediscovery, Maureen Elgersman Lee and Nicole Brown (eds.), available for purchase through Shops in Colonial Williamsburg

Maureen Elgersman Lee, director of the W&M Bray School Lab, holds both a master's degree and a doctorate in African American Studies. She is an award-winning professor and author of numerous books and articles on the history of Blacks in the Americas.

Genealogist for the W&M Bray School Lab, Elizabeth Drembus has worked for the National Society Daughters of the American Revolution where she specialized in patriots of color and their descendants. She also participated inthe Virginia Theological Seminary's Reparations Research Project researching the antebellum period to identify enslaved persons who worked at the Seminary and their descendants.

Tonia Merideth, oral historian for the W&M Bray School Lab, earned her master's degree in history from Sam Houston State University and was introduced to oral history work as an intern at the African American Library at the Gregory School in Houston. She relates personally to the history of the Williamsburg Bray School where her work connects her with the Descendant Community.

## City of Washington: The Origin and History of the Federal City

#### **Christopher Collins**

Tuesday, 9:30-11:30am 3 sessions: Feb 4, 11, 18 Campus Center, Little Theatre 110 seats

This course will explore the origin and history of the City of Washington, from President Washington's 1790 site selection along the Potomac River and Pierre L'Enfant's original City plan, through the physical development and significant events and decisions that shaped the City in the 19th and 20th centuries to the present (including examples of what might have been).

We will focus on the development of the Monumental Core, which includes the National Mall and the various federal buildings, museums, monuments and memorials in and around that area. Whether you lived in the DC area for many years, or only visited as a tourist-or maybe not at all-you are sure to learn something new, even if you took this class previously.

A map of the Mall area and Monumental Core will be posted on the Osher website before the course date, along with a bibliography of source materials.

Christopher Collins was a land use lawyer in Washington, DC for 40 years, representing a broad range of clients in zoning, real estate development and historic preservation matters. He has lectured at land use conferences and taught seminars at the high school and college levels

#### Virginia's Road to Revolution – Episode 1: A Call for a Congress

#### **Mark Howell**

Wednesday, 9:30-11:30am 1 session: Feb 5 Campus Center, Little Theatre 110 seats

This course is the first of a projected five-session arc exploring how Virginia's leadership negotiated the increasingly volatile last couple of years of being a British colony.

In the spring of 1774, Royal Governor Lord Dunmore dissolved the House of Burgesses. In response, colonial leaders organized a series of meetings – called conventions – to manage Virginia's role in the imperial crisis.

This class will use the surviving primary documents to explore the state of the colony in 1774 and the work of the First Convention that was held in Williamsburg in August that year.

Subsequent classes will survey the next four conventions over the course of the next couple of years, culminating—in 2026—with an examination of the pivotal Fifth Convention that, on 15 May 1776, authorized a resolution to be sent to the 2nd Continental Congress calling for independence.

Mark Howell is an alum of W&M and has recently retired from a 40+ year career in the museum field. During that time he worked at Colonial Williamsburg, the American Civil War Center, the Library of Virginia, and the Jamestown-Yorktown Foundation.

## The Depression: From Little Orphan Annie to Scarlett O'Hara

#### Marilyn Younger

Thursday, 1:30-3:30pm 3 sessions: Feb 6, 13, 20 School of Education, Room 2030 30 seats

What was it like to live through the Depression? The greatest impact was whether a family member had a job. From 1920's frivolity attention turned to maintaining a home and putting food on the table. Unemployment reached at least 25%, hourly wages dropped by 60%, and white-collar workers' salaries fell 40%. Farmers were paid almost nothing for what they produced.

Hoover believed it to be a state and local problem. FDR said, "Hunger is not debatable," and an alphabet soup of programs tried to resolve the worst of the problems.

Droughts and floods made things worse. Even those working economized. Radio provided news and entertainment at home, and movies offered escape for 25 cents. Card games and puzzles were cheap entertainment. But America prevailed-this generation grew up to be known as the Greatest Generation.

This is the third of a decades-based series of social history classes offered from time to time that focus on better understanding the daily lives of those who came before us.

Marilyn Younger retired from the Social Security Administration where she was data exchange program director. She holds a B.A. and M.A. in history and is a certified instructor for various leadership classes. She worked as a costumed interpreter (fulltime, then part time) for Colonial Williamsburg for 14 years and is a Certified Interpretive Guide of the National Association for Interpretation.

# NEW! Part 1 – Making the U.S.: Franklin, Adams, Madison, the Founding Mothers, Washington and Wythe

#### Rebecca Staton-Reinstein

Friday, 9:30-11:30am 6 sessions: Feb 7, 14, 21, 28, Mar 7, 21 ■ Zoom, 125 seats

Inventor Ben Franklin, a successful diplomat to France, convinced them to support America against England. John Adams failed in the same context but convinced Holland's banks to finance us in the Revolution. First ladies were critical organizing support for the revolution while keeping the Homefront operating effectively.

Women engaged in espionage, fought alongside men, and influenced major decisions. George Washington was the first major planter to recognize he could never break the cycle of dept to London, diversified his crops, developed successful businesses, and became one of the largest landowners in the country. He used his leadership and business savvy to create precedents as president.

George Wythe mentored a generation of rising stars, signed the Declaration of Independence, and founded the first law school. Learn from these men and women's lives to understand both our history and what we can apply today to build a more perfect union.

Rebecca Staton-Reinstein, Ph.D., president, Advantage Leadership, Inc. graduated from William & Mary and worked as a Colonial Williamsburg guide. As an executive in public, private, and nonprofit organizations, she shares her lifelong interest in American history in the context of what we can learn as from characters whose actions influenced precedents for today's social and political ideas.

### **NEW!** World's Fairs – Time Keepers of Progress

#### **James Morford**

Monday, 1:30-3:30pm 3 sessions: Feb 24, Mar 3, 17 Campus Center, Little Theatre 110 seats

From the 1850s, and for over 100 years, World's Fairs were dominant cultural events in Europe and America. This course reviews the history and impact of these great expositions that reflected and influenced the culture of their times. We will explore the role World's Fairs played in America following the Civil War and the Great Depression. Emphasis will be placed on "America's Four Greatest" -Philadelphia 1876, Chicago 1893, St. Louis 1904, and New York 1939. Why did government and business spend millions on these expositions? Why did people pay to visit them? What happened to them?

Jim Morford is a former public school social studies teacher and part-time instructor at Rutgers University. For more than 30 years, as a registered government relations agent, he represented the NJ Education Association, the State Chamber of Commerce, and the NJ Food Council.

#### NEW! The 1862 Civil War Battles for Richmond: 7 Pines and 7 Days Battles

#### **Timothy McPherson**

Tuesday, 9:30-11:30am 2 sessions: Feb 25, Mar 4 School of Education, Room 2000 30 seats

The final phase of the Union's 1862
Peninsula Campaign focused on
Richmond, Virginia and featured
Confederate General Robert E.
Lee and Union General George
E. McClellan. After the Battle of
Williamsburg, the Union Army of over
100,000 led by General McClellan
marched up the Virginia Peninsula
with the objective to capture Richmond
and end the war. The Union Army was
confronted by a Confederate Army of
comparable size led by General Lee.
This class will analyze the tactical and

strategic decisions of both McClellan and Lee. Delay, misinformation, and confusion complicated every battle. Personalities, such as President Lincoln and Generals Stonewall Jackson and J.E.B. Stuart, all had significant roles to play in this complex and brutal conflict. The students will evaluate the operational and environmental factors which set the stage for a cascading series of battles that determined the fate of Richmond.

Tim McPherson has a B.A. in business from the College of William and Mary and a J.D. from the University of Virginia. After 30 years of practicing law in Fairfax, Virginia, he obtained a M.Ed. from Marymount University and taught civics and U.S. history for 12 years at the middle school level.

### **NEW!** Colonial Parkway: Road to History

#### **Frances Clark**

Thursday, 9:30-11:30am 2 sessions: Feb 27, Mar 6 Campus Center, Little Theatre 110 seats

The Colonial Parkway is a living timeline to the critical beginnings of our nation. It was built as a road that would allow visitors to move from one historic site to the next without disruption of the modern world, connecting Jamestown, Williamsburg, and Yorktown. We cover the area before, during development, construction, and the politics involved with what direction it would take.

The parkway markers cover many subjects, including Native American relations, a civil war battle, an unfulfilled African American dream, Naval weapons depot that served during several wars, and the revolution surrender. Students will learn how the settlers adapted to the land, the native residents, and animals that called the area around the parkway home. We will discuss how a tunnel was built under the restored city of Williamsburg, as well as where the money would come from and who held influence on the reconstruction of the colonial city.

Frances Watson Clark, a graduate of the University of North Carolina

Greensboro, had a 45-year career in the Telecommunications Industry before retiring in 2023. During that time her love of history led her to write 4 books in the Arcadia Images of America series of local history. Her third book in 2010, while living in Williamsburg, was The Colonial Parkway.

## The Battle of Hampton Roads: *USS Monitor* vs. *CSS Virginia*

#### **Michael Collier**

40 seats

Thursday, 9:30-11:30am 2 sessions: Feb 27 – School of Ed, Room 1056; Amar 6 – Mariners' Museum, Newport News

The Battle of Hampton Roads, 8-9 March, 1862, was instrumental in both the U.S. Civil War and future of naval warfare. It was the first battle in history between two ironclads, the Union's USS Monitor and Confederacy's CSS Virginia (not the Merrimack). Week 1 is a 2-hour lecture on the path to war, construction of the two ships, the battle, and its aftermath. Week 2 is a 2-hour guided tour of the USS Monitor Center at the Mariners' Museum in Newport News (members drive on their own).

Read Michael's bio on p. 5.

#### Menokin – Reimagining A Ruin

#### **Alice French**

Thursday, 1:30-3:30pm 1 session: Feb 27 Campus Center, Room 159 60 seats

Learn about the history of the Menokin Foundation, the extraordinary conceptualization and realization of the architectural Glass House Project, and how this ambitious project is impacting fresh perspectives of cultural representation. This one-of-a-kind initiative is a dynamic historic preservation of the 1769 Menokin House – National Historic Landmark and home of Francis Lightfoot Lee (a signer of the Declaration

of Independence) – using glass to reconstruct floors, walls and other architectural elements.

Located in Warsaw, VA, the Menokin House offers an experiential line of sight to life on a Virginian tobacco plantation and one of the best-documented 18th century houses in America. In the process of making, we gather stories,

### RELATED AMERICAN HISTORY COURSES

The Voice of Liberty: Evening with Patrick Henry (p. 14)

At the Table of History: Lunch with the Washingtons (p. 14)

**Examining Historic Documents** with Jefferson & Madison (p. 15)

Wit & Wisdom: The Many Facets of Benjamin Franklin (p. 15)

Gowan Pamphlet & Williamsburg's First Baptist Church of 1776 (p. 15)

Bassett Woods: A Philosophical Woodland Walk (p. 16)

A Philosophical Walk through CW's Historic Trades (p. 16)

City of God: A Philosophical Garden Tour (p. 16)

Idea of University: A
Philosophical Tour of W&M's
Historic Campus (p. 17)

Hollywood & WWII (p. 21)

**Our Curious Constitution (p. 24)** 

Death & Rebirth of Local News (p. 32)

History of Radio/TV Broadcasting (p. 33)

Conservative Political Philosophy (p. 33)

Triple Train Wreck Disaster (p. 36)

Military Geography (p. 38)

Sonny Liston vs. Clay/Ali (p. 38)

**W&M Old Campus Tour (p. 39)** 

History & the Diplomat (p. 42)

8

share knowledge, teach new skills, and make history relevant. It is certain to fascinate modern denizens.

Alice French is director of education and programs for the Menokin Foundation, where she leads comprehensive, interactive public programs converging historic preservation with environmental conservation. She has been cultivating community partnerships to foster sustainable and memorable cultural experiences since she came to the Northern Neck in 2002, and with Menokin since 2012.

### **Gun Law History in America** and Virginia

#### **Robert Spitzer**

Friday, 1:30-3:30pm 1 session: Feb 28 Williamsburg Regional Library, Theatre 250 seats

Most assume that early Americans owned and were skilled in the use of guns; that gun laws are modern; that the Second Amendment restricted gun laws; and that gun-carrying citizens won the West. These suppositions are mostly wrong. Gun possession is as old as America, but so are gun laws. From the colonial era through the 19th century, Americans enacted thousands of gun laws of every imaginable variety. In many respects, guns were more strictly regulated in the country's first 300 years than in the last 30. The first gun grabbers were not Chablis drinking liberals from the 1960s, but rum guzzling pioneers from the 1600s.

Moreover, gun laws and gun rights were perfectly compatible in our history. Only in recent decades have gun laws and gun rights been viewed as "zero sum" where a gain for one side is taken as a loss for the other. This class will explore America's and Virginia's gun law history.

**Suggested reading:** The Gun Dilemma by Robert J. Spitzer

Robert J. Spitzer (Ph.D. Cornell) is distinguished service professor emeritus, political science, at SUNY Cortland, adjunct professor at the William & Mary School of Law, and

affiliated scholar in William & Mary's Government department. He is author of 16 books, including six on gun policy, and over 700 articles on American politics. He was visiting professor at Cornell University for 30 years.

## **NEW!** Taking Aim: Founding the American Army, 1775-1776

#### **Holly Mayer**

Tuesday, 9:30-11:30am 1 session: Mar 4 Campus Center, Room 159 60 seats

The United States Army will celebrate its 250th birthday on 14 June 2025. How did the American Continental Army—the forces of the United Colonies and then Army of the United States—come to be? This class will be an overview of three factors in the creation of what has been at times called the first "national" institution. The elements include the founding (establishment); formation (original organization); and initial efforts to fortify (restructure) the army after the Declaration of Independence.

Holly Mayer earned a Ph.D. in history at William & Mary and retired as professor emerita at Duquesne University in Pittsburgh. She was also a visiting professor at the U.S. Army War College and the U.S. Military Academy at West Point. She served in the U.S. Army Reserve and has authored books and articles on 18th century American social and military history.

#### **Old Roads of Williamsburg**

#### **Rich Watkins**

Friday, 9:30-11:30am 1 session: Mar 7 Campus Center, Little Theatre 110 seats

Riddled with rivers, creeks, and deep ravens, the topography of Williamsburg was a major impediment to early travel. Indian paths, horse trails, river fords and, eventually, dirt roads and ferries found a way around those obstructions.

Rich will lead the class in exploring some of the earliest roads in

Williamsburg. Participants will learn the roads to Williamsburg's ports, stagecoach roads, Jefferson's route to William & Mary, Washington's march to Yorktown, roads connecting Confederate redoubts, and later roads built to commemorate history. We'll explore the original routes now named The Maine, College, Jamestown, John Tyler, Richmond, Long Hill, Ironbound, and Quarterpath roads.

Modern improvements and bridges have altered original routes, but via old maps and recent photos, Rich will share with the class his passion to find and walk abandoned remnants of some of these earliest pathways.

After retiring from the U.S. Foreign Service and operating educational centers, Rich Watkins moved to Williamsburg and was soon enchanted by the area's history. He shared his expanding knowledge as a tour guide with Jamestown Settlement, the American Revolutionary Museum at Yorktown, and Colonial Williamsburg. During the pandemic, he explored the area for remnants of old colonial roads and discovered the rich history surrounding College Landing Park.

## NEW! Little Children Working: The Rise and Fall of Child Labor in the U.S.

#### **Phil Holleran**

Thursday, 1:30-3:30pm 1 session: Mar 20 School of Education, Room 1056 25 seats

(i) While the approach of the course is rooted in economics, absolutely no prior knowledge of economics is required or expected of course participants

The course will examine the rise and fall of child labor in the US after the Civil War. It will describe the industries in which child labor was most prominent (with emphasis on the textile industry); the types of jobs that children performed and the wages they earned; and regional differences in the use of child labor. The course will consider social and economic reasons for the growth of child labor, including technological change, family poverty,

customs and culture, transaction costs, and lack of schooling opportunities. The course will also examine the social and economic reasons for the decline in child labor in the late-nineteenth and early-twentieth centuries, including technological change, economic growth, and public outcry and legislative reform.

Phil Holleran is recently retired as Professor of economics and business at Mitchell Community College in North Carolina. He has won multiple teaching awards and published several scholarly articles on the economic history of child labor in the U.S.

## The Historical Evolution of Modern U.S. Economic Theory

#### **James Belcher**

Monday, 4:30-6:30pm 3 sessions: Mar 24, 31, Apr 7 Campus Center, Room 159 60 seats

These lectures will provide a basic understanding, including the supporting political rationale, for the current economic theories being pursued today in the U.S. Beginning with a historical review of the origins of capitalism, which were on full display at Jamestown, Virgina, in 1607, the class will explore how the uninhabited actions of financial self-interest among varying competing factions (colonists, Native peoples, indentured servants, and slaves), ultimately contributed to the political, social and economic challenges we are still struggling with today. There is no need for any formal economic training or mathematics - open discussion on various approaches to economic policies will be encouraged.

**Suggested reading:** Foundations of Real-World Economics by John Komlos, ISBN 978-1-138-29654-1

James H. Belcher has a B.A. in economics from Southern Methodist University, an undergraduate certification in higher education (philosophy) from Oxford University, and an ALM (history) from Harvard University. He is a Certified Public

Accountant (Virginia and Texas) as well as a Global Chartered Accountant.

## TechnoTapestry: A Boomer's Journey Through Technology and Culture

#### **Scott Langhorst**

Monday, 1:30-3:30pm 3 sessions: Mar 24, 31, Apr 7 School of Education, Room 2066 34 seats

Atomic bombs, ATMs, the Berlin Wall, civil rights, computers, GPS, the Internet, Rock 'n Roll, television, Zoom – just a few of the things that we've experienced as boomers.

Our "TechnoTapestry" as boomers is a rich history of technology invention, innovation, and cultural incidents.

The course will present a timeline of selected boomer experiences and help explain their origins and impact on current times. The course will review our boomer history and provide current and future generations with some answers about "...where did that come from?"

Scott Langhorst is retired from the Virginia Community College System and federal service (Army civilian). He is a faculty development specialist and trainer with experience as both a classroom and online teacher. Scott earned a Ph.D. in public administration from Virginia Commonwealth University and was an undergraduate psychology major at William & Mary.

#### The Eagles Webbed Feet: A Short History of the U.S. Navy

#### William Riffer

Wednesday, 9:30-11:30am 7 sessions: Mar 26, Apr 2, 9, 16, 23, 30, May 7 Williamsburg Regional Library, Theatre 250 seats

The United States is a maritime nation whose Navy has always been integral to its existence – first as a small but

up-and-coming trading nation, then as one of the world's "Great Nations," and finally as a superpower.

Throughout, the Navy's changes and progression have mirrored and paralleled the nation's. This course is a six-part survey of that progression from a small maritime defense force into the most powerful Navy in history.

Bill Riffer is a retired career submarine officer with a lifelong interest in military history. In addition to at-sea commands, he also served as Atlantic Submarine Force chief of staff for doctrine, tactics, and training. He has degrees in nuclear engineering, national security policy, and international relations.

#### NEW! Virginia's Road to Revolution – Episode 2: An Oration for the Ages

#### **Mark Howell**

Wednesday, 9:30-11:30am 1 session: Mar 26 Campus Center, Little Theatre 110 seats

(i) Though not required, class participants will benefit from having attended Episode I

(i) Fall 2024 Ep. 1 participants who register early for Spring will be automatically seated in this episode IF they rank this course as No. 1 or No. 2 lottery preference

This course is the second of a projected five-session arc exploring how Virginia's leadership used a series of extra-legal meetings to negotiate the increasingly volatile last couple of years of being a British colony.

In the spring of 1775, relations between Great Britain and her American colonies remained tense. Virginia had held an extra-legal meeting, styled a "convention," in August 1774, to advise their delegation how to address the situation at the 1st Continental Congress.

This course will explore the ramifications of decisions made by Congress that fall and the subsequent events that led to the necessity

of choosing delegates to attend a second Congress. This prompted the convening of the 2nd convention in March 1775.

Subsequent classes will be timed to coincide with the 250th anniversaries of the remaining conventions, culminating – in May, 2026 – with an examination of the pivotal Fifth Convention.

Read Mark's bio on p. 6.

## NEW! Part 2 – Making the U.S.: Anti-Federalists and Washington's Warnings

#### Rebecca Staton-Reinstein

Friday, 9:30-11:30am 6 sessions: Mar 28, Apr 4, 11, 18, 25, May 2

■ Zoom, 125 seats

Mercy Otis Warren, Samuel Adams, and George Mason urged their fellow citizens to oppose the new government in 1787 from principled positions to defend individual rights, oppose a return to monarchy, and implement Enlightenment principles.

They accepted the wisdom of the day that a republic could only exist in a confined geographic area such as a state. Their ideas resonate with today's proponents of "State's Rights." In his prescient "Farewell Address," George Washington shared his insights into what worked, what needed reform, and what could lead to the demise of the republic.

Learn from our founding history as social media, news bubbles, disappearance of civics from school curricula, and unending arguments about historical facts threaten our ability to maintain a democratic republic.

Learn from these influential men and women to understand both our history and what we can apply today to build a more perfect union.

Read Rebecca's bio on p.7.

### Historians Talk About History

#### Karen McPherson, Holly Mayer

Wednesday, 9:30am-12pm1 session: Apr 9School of Education, Room 105630 seats

From Herodotus and Thucydides in the fifth century BCE to the present, people have discussed the purpose and methods of studying and commemorating the past. Most recently, these issues have been raised in connection with public monuments and how history is taught in public schools and universities, leading to fiery political debates.

This class will be a discussion, not a fiery debate, of such issues copresented by two Osher instructors who are also historians – Holly Mayer, who taught history at the university level for 30 years, and Karen McPherson, who taught history at the high school level for 25 years.

Both teach history classes for the Osher program and are passionate about their field. In this discussion they will talk about what history is (and is not), the general purpose of the study of history, and whether the way our society currently teaches history in classrooms or presents it publicly serves this purpose.

Read Holly's bio on p. 9; Karen's bio appears on p. 12.

#### NEW! The Safety Net: From Poor Laws to Social Security

#### Marilyn Younger

Tuesday, 9:30-11:30am 3 sessions: Apr 15, 22, 29 Campus Center, Room 159 60 seats

Historically cultures have grappled with how to treat those who cannot provide for themselves: the elderly, widows, disabled, orphans, and veterans. Colonial settlements used English poor laws that continued to evolve in places such as colonial Williamsburg. A young United States established veterans benefits after the Revolutionary war and in 1798 passed an Act for Relief of Sick and Disabled Seamen. Over time churches, state and local governments private organizations, and workhouses provided relief.

This class follows the development of processes providing food, clothing, shelter, and health care culminating in concepts of social insurance with the passage of the Social Security Act in 1935 and Medicare/Medicaid in 1965. This class will focus on both needs-based and contributory programs considering how and why they developed and how they are administered.

This class will end with the 1983 amendments to the Social Security Act and is not about current benefits.

Read Marilyn's bio on p. 6.

## NEW! Support of the U.S. Constitution: 10 William & Mary Votes

#### **Suzanne Munson**

Tuesday, 1:30-3:30pm 1 session: Apr 15 Campus Center, Room 159 60 seats

This class covers the largely forgotten but immensely important story of Virginia's 1788 Convention to Ratify the U.S. Constitution. Powerful forces, led by Patrick Henry, argued for defeat, fearing a threat to slavery in a strong central government. Virginia's vote was critical to the Constitution's ultimate success among the 13 former colonies, with three states looking to the Old Dominion before casting their votes. George Wythe of Williamsburg swayed Virginia's final decision by brokering a compromise, the promise of amendments and a Bill of Rights. Virginia's decision to ratify was narrow, by only 10 votes. These came from Wythe's former students and others associated with William & Mary. There will also be a discussion about the low level of knowledge of the Constitution and of essential American history

in this country today, and efforts to address this deficit.

Suggested Reading: Jefferson's Godfather: George Wythe biography by Suzanne Harman Munson; First in Law: First in Leadership: William & Mary by Suzanne Harman Munson

Suzanne Munson is the author of two books with detailed accounts of Virginia's 1788 Constitution-ratifying convention, the George Wythe biography, Jefferson's Godfather, and First in Law, First in Leadership: William & Mary, which premiered as the No. 1 new release in U.S. Colonial History. The Virginia Gazette recently published her account of the convention on Constitution Day, September 17, 2024. Ms. Munson has lectured frequently on the George Wythe-Thomas Jefferson legacy, including at the Chautauqua Institute in New York, at various historical societies, and on numerous podcasts.

## **NEW!** The Colonial First Ladies: Martha, Abigail and Dolley

#### **Feather Schwartz Foster**

Thursday, 9:30-11:30am 3 sessions: Apr 17, 24, May 1 Campus Center, Little Theatre 110 seats

Session 1: An in-depth look at the domestic Martha Washington who set the tone for First Ladies.

Session 2: Examining John's wife – the intellectual Abigail Adams who offers insights as to what a First Lady might achieve.

Session 3: The social Dolley Madison who put the role of First Lady squarely on the map to this day.

Feather Foster spent more than 35 years in advertising before starting a retirement career that has centered on First Ladies of the United States, specifically the old gals. She has written four books on the subject. Feather's newest book, The Colonial First Ladies, is currently being published – and right in time for the country's 250th celebration.

AMERICAN HISTORY

AMERICAN HISTORY

## Building America: The United States in the Federalist Era (1789-1800)

#### Karen McPherson

Thursday, 1:30-3:30pm 3 sessions: Apr 17, 24, May 1 Campus Center, Little Theatre 110 seats

We all know the story of the passerby who asked Benjamin Franklin what kind of government the participants in the Constitutional Convention had created in Philadelphia in 1787. Franklin's answer purportedly was "A republic . . . if you can keep it." He might have easily responded, "A republic . . . if we can build it." The 55 participants in the Constitutional Convention had written a remarkable document, but no one was sure how. or even if, it would work. This class will focus on the key events of the 1790s as the United States went about the process of nation-building.

Karen McPherson graduated from William & Mary and has an M.A. and Ph.D. in government from Catholic University and an M.A. in history from George Mason University. She also taught government and history in the public school system.

### The 20th Century in Editorial Cartoons

#### Bill Fetsko

Monday, 9:30-11:30am 1 session: Apr 21 Campus Center, Little Theatre 110 seats

The 20th century was a period in United States history that saw two World Wars, a major economic depression, men landing on the Moon, and a concerted movement towards racial and gender equality. As citizens attempted to grasp the meaning of these and other historic events, editorial cartoonists plied their trade

to present a perspective on these happenings.

Their efforts were meant not only to enlighten the issue but, in many instances, take a position that generally was designed to create controversy. The viewer was expected to react and engage in the debate.

In this course, our goal is to first, examine how the cartoonist approaches his or her trade and then turn our attention to how it was applied to the history of the United States throughout the 20th century.

Bill Fetsko, Ph.D., is a former public school teacher and administrator who currently serves as a volunteer at Colonial Williamsburg Foundation. After 35 years in public education, primarily in Upstate New York, Bill relocated to Williamsburg and assists with CWF's educational programs including the summer Teacher Institute.



### The Civil War Battle of Williamsburg

#### **Paul Severance**

2 sessions:

Tuesday, Apr 22 9:30-11:30am School of Education, Room 1056

26 seats

(\$) Cost \$42 (transportation)

\* Week 2 bus tour is 5-hour field trip hopping on/off mini tour bus with one rest stop; light snack included

In March-June 1862, General George McClellan embarked upon a massive overland operation – the Peninsula Campaign. It originated at Fort Monroe in Hampton intending to capture Richmond and end the rebellion.

A major engagement of the campaign was the Battle of Williamsburg on May 5. 1862.

Although delayed action by the Confederates in their withdrawal up the peninsula to the defenses of Richmond, the battle also marked the emergence of Union General Winfield Scott Hancock (Hancock the Superb) as a gifted combat commander.

We will deconstruct the battle in terms of strategy, operations, and tactics to understand of the dynamics of the battle and its effects and outcomes – as well as the battle's place within the larger campaigns that unfolded in our own backyard during the Civil War.

Week 1 is a classroom work-up of the battle followed by a tour in week 2 of well-preserved campaign sites in the Williamsburg area.

**Suggested reading:** Hancock the Superb by Glenn Tucker

Paul Severance holds a Ph.D. from Virginia Tech and served as a professor of strategy, professor of military strategy and warfare, and professor of military science at the

National Defense University for 25 years before retiring in 2018. Paul also serves the Director of the Gettysburg Studies program and has conducted professional-level staff rides to Civil War battlefields, He is a 30-year veteran of the U.S. Army where he was an infantry officer and later an Army aviator; he commanded at the company and battalion levels.

#### NEW! The Story of the USS Houston CA-30/POW Experience

#### John Schwarz

Monday, 1:30-3:30pm 1 session: May 5 School of Education, Room 2010 30 seats

The USS Houston CA-30, was a U.S. Navy heavy cruiser warship that fought gallantly during the early part of WWII. This presentation will focus on the fate of the warship, including its fierce battle in 1942 leading the ship and 700 servicemen to their heroic end, as well as its POW's suffering for years following the battle as slave laborers.

It will include a story about our country's "Greatest Generation" and touch on the real experience of 1957's epic war film The Bridge on the River Kwai. Integral to the story is also the aftermath including the formation of a Survivor's Association that is alive and well to this day.

**Suggested reading:** Ship of Ghosts by James D. Hornfischer; In the Highest Degree Tragic by Donald M. Kehn Jr.

John K. Schwarz is the youngest son of USS Houston CA-30 shipmate/survivor Otto C. Schwarz. John's parents, Otto and Trudy, founded the USS Houston CA-30 Survivors Association & Next Generations shortly after WWII; John has served as the organization's executive director since 2010 (usshouston.org). John is a retired U.S. Postal Service Manager and certified elementary school teacher.

#### A WORD ABOUT FREE & AMICABLE DISCUSSION IN THE CLASSROOM

A vibrant member community can bring equally vibrant viewpoints to the classroom.

Explicating, defending, or criticizing a given claim does not translate to personal endorsement or rejection of that claim.

Advocating a given position does not necessarily translate to personal agreement with it. Likewise, offering criticisms of an argument in the spirit of intellectual inquiry does not necessarily translate to disagreement with it.

The academic value lies in the examination and understanding of various viewpoints that thoughtful people offer.

In matters where reasonable people may disagree, it is unlikely that we'll settle on "right answers"; controversial issues are controversial for a reason.

Examining them responsibly requires a mature, respectful approach. Disagreement over controversial matters of political, ethical, legal, or social policy is healthy; disagreeableness is not.

 Offered by Bill Rhodes, Osher at W&M Veteran Instructor and former Curriculum Committee Chair and Subject Area Coordinator



### Lessons & Luminations

curated conversations about life & leadershipwith America's nation builders —

tep into a deep conversation about the course of a nation at the moment of its inception... with the extraordinary men and women who dreamed, debated, and delivered the grandest experiment in liberty and leadership ever known... by special invitation to historical venues where the story is best shared.

#### The Voice of Liberty: An Evening with Patrick Henry

Fundraiser - Open to the Public\*

Tuesday, February 4
7-8:30 pm
Colonial Williamsburg, Kimball Theatre
\$30 (open to the public; Osher members may buy
multiple tickets during Spring 2025 registration)

Join us for an unforgettable evening with one of America's greatest orators – Patrick Henry – who will transport you to the pivotal moments of the American Revolution. Known for his fiery speeches and unwavering dedication to freedom, Henry's words — most famously, "Give me liberty, or give me death!" — ignited the spirit of independence that shaped a nation.

Through dramatic storytelling and thought-provoking insights, this

program explores the ideals of liberty. the challenges of leadership, and the enduring relevance of Henry's vision in today's world. Engage with the legacy of a patriot who dared to defy tyranny and inspired a movement.

A Q&A session with Mr. Henry will follow.



Patrick Henry delivering his great speech on the Rights of the Colonies, before the Virginia Assembly, convened at Richmond, March 23rd, 1775. His oration's concluding words beame the rallying cry of the American Revolution

## At the Table of History: An American Luncheon with George and Martha Washington

Fundraiser – Osher-Member Exclusive\*

Thursday, February 20 11:30 am – 1:30 pm Williamsburg Inn, Regency Room

**\$145** (includes tax and gratuity) \$170 for a guest of Osher member if space permits

Step into history with an afternoon of elegance and tradition. Join George Washington and his beloved wife, Martha, for a seated luncheon that captures the refinement and charm of 18th-century America. The event features a specially designed heritage

three-course American menu, with a choice of entree (to be announced). Inspired by the culinary traditions of the founding era, the cuisine will be prepared with care and tradition, but with a modern flair.

Begin your experience with a Virginia wine toast, a nod to the Washingtons' love for the rich heritage of their home state. Throughout the meal, George and Martha Washington will preside over the gathering, sharing stories of their lives together, the challenges of leadership, and their enduring love for the country they helped shape.

Highlights Include:

A personalized welcome and Virginia wine toast led by George and Martha Washington

A specially curated three-course American-inspired lunch menu with Virginia wine

Live interactions with the Washingtons, offering historical insights and warm hospitality

Celebrate the spirit of early America in style, and create a memory that blends history, fine dining, and conviviality in a truly unique way.

### Liberty & Equality: Examining Historical Documents with Thomas Jefferson and James Madison

Fundraiser – Osher-Member Exclusive\*

Wednesday, March 12 9:30-11:30am Swem Library, Special Collections Room \$75 (includes tax and gratuity)

Experience history as it comes to life in an exclusive visit to the Earl Greg Swem Library's Special Collections.

In this captivating program with a light reception, journey into the past as Thomas Jefferson and James Madison personally present rare documents and artifacts tied to their lives and legacies.

Held in the library's rare book and document viewing room, this program offers an intimate glimpse into the minds of two of America's most influential Founding Fathers. Program participants will not only hear their first-hand accounts but will also have the opportunity to view these extraordinary historic pieces up close.

Highlights Include:

Presentations by "Thomas Jefferson" and "James Madison," sharing stories

behind their historic documents

A rare opportunity to see original manuscripts and artifacts up close in a unique, curated setting

Engaging discussions on the enduring impact of their ideas and contributions to American history

A reception with light fare

Step into the world of these legendary figures and leave inspired by these remarkable gentlemen. This is a unique chance to connect with the past in a setting rich with scholarly and historic significance.

#### Wit and Wisdom: The Many Facets of Benjamin Franklin

Fundraiser – Open to the Public\*

Wednesday, April 23 7-8:30pm

Colonial Williamsburg, Kimball Theatre **\$30** (open to the public; Osher members may buy multiple tickets during Spring 2025 registration)

Join America's most versatile Founding Father for a delightful evening of humor, insight, and inspiration as Benjamin Franklin comes to life to share his timeless wit and practical wisdom.

Drawing on his remarkable life as a statesman, inventor, author, and

philosopher, Franklin will entertain with anecdotes, proverbs, and reflections that reveal the character and intellect of one of history's greatest polymaths.

Whether recounting tales from his days as a printer's apprentice or offering sage advice from *Poor Richard's Almanack*, Franklin's humor and insight continue to resonate in our modern world.

Highlights Include:

Entertaining stories and clever observations from Franklin's extraordinary life

Engaging commentary on topics like success, innovation, and human nature

A lively Q&A with Benjamin Franklin, offering participants the chance to ask questions and gain unique historical perspectives

Spend an evening in the company of a unique legend, and leave inspired by Franklin's enduring legacy of curiosity, creativity, and common sense. This is history as you've never experienced it before — lively, thought-provoking, and full of charm.

## **Untold Histories: Rev. Gowan Pamphlet and The Williamsburg First Baptist Church of 1776**

Fundraiser – Open to the Public\*

Tuesday, May 13
7-8:30pm
Colonial Williamsburg, Kimball Theatre
\$30 (open to the public; Osher members may buy multiple tickets during Spring 2025 registration)

Step into the world of Reverend Gowan Pamphlet – a pioneering Black Baptist

preacher and enslaved man – in this compelling one-man program.

Through the lens of Gowan's life, the program weaves together personal narrative and broader history, shedding light on his journey to faith, leadership, and resilience. You will explore the significance of the Baptist church he

founded in Williamsburg, a sanctuary of resistance, hope, and spiritual empowerment during a time of profound change

This performance brings history to life, honoring the courage and enduring legacy of Reverend Pamphlet and his community.

#### About Lessons & Luminations

These one-of-a-kind fundraisers are presented by The Williamsburg Institute in collaboration with Osher at W&M. Proceeds from event fees benefit The Williamsburg Institute and the Osher Institute at William & Mary's Impact Fund. Some events are Osher-member exclusives and require membership; others are open to the public. Seating is limited; reservations are required. Join us in a journey rooted in our past, relevant to our present, and endowed with wisdom for our future.

\*Lessons & Luminations event fees are due when registering (see p. 4). Fundraising events do not count against the Spring 2025 maximum course load

14

(Above, left) *Give Me Liberty or Give Me Death* published by Currier and Ives (1876). Source: https://www.metmuseum.org/art/collection/search/380487

#### **American Wisdom Tradition**

he American Wisdom Tradition is a component of The American Wisdom Project, a pilot research and teaching curriculum of the Innermost House Foundation, a 501(c)(3) organization. The Project focuses on an American Wisdom Tradition while illuminating the larger world's wisdom traditions.

From origins in early Virginia as a crossroads of Old and New, North and South, East and West, the Tradition develops from 18th century Williamsburg to 19th century Concord to 20th century California, while seeking its roots in the cultures of Native America, Europe, Asia, the Middle East, and Africa.

It comprehends nature, art, thought, and spirituality as humanistic disciplines of the individual, drawing upon local and national resources for class instruction, team-teaching, and offsite learning. Like its ancient forebear at Oxford University, *Literae Humaniores*, the American Wisdom Project is a laboratory to cultivate a "more humane learning."

## The Bassett Woods: A Philosophical Woodland Walk

#### **Michael Lorence**

Tuesday, 9:30-11:30am 1 session: Mar 18 Colonial Williamsburg, Bassett Trace Nature Trail (meet at Griffin Hotel duck pond) 20 seats

⚠ Good Neighbor Pass required. Visit colonialwilliamsburg.org for info

🖈 🖟 2-mile walk; see requirements below

Henry Thoreau's beautiful essay, Walking, describes the art of walking as Holy-Landing, a crusade undertaken to reclaim the paradise of our beginnings. We should go forth on the shortest walk, he says, in the spirit of undying adventure, never to return.

America once stood for a paradise regained of boundless forest and stream: a mythic landscape preserved from the beginnings of time.

In this narrated walk through the majestic Bassett Woods, we seek the sources of American wisdom in the forests that shaped the early nation.

Participants must be able to walk 2 miles on unpaved trails and gently rolling terrain. Wear proper footwear and attire for the weather. Insect repellent is highly recommended.

#### NEW! The Wisdom of Hands: A Philosophical Walk Through the Historic Trades

#### **Michael Lorence**

Thursday, 9:30-11:30am 3 sessions: Mar 27, Apr 3, 10 Colonial Williamsburg, Merchants' Square (meet at the Kimball Theatre) 20 seats

⚠ Good Neighbor Pass required. Visit colonialwilliamsburg.org for info

🔅 🖟 1-2 mile walk through the Historic area

"The hands are the cutting edge of the mind," cultural historian Jacob Bronowski once observed. In this series of reflective walks through the Historic Trades at Colonial Williamsburg, we seek to regain the wisdom of skilled hand work to a world where it has almost wholly disappeared.

Why did the "tools of his trade" once qualify an artisan for the vote? How does the human mind suffer when the hands have no voice? Moving from labor to craft to trade and from apprentice to journeyman to master, we inquire of the past for guidance in piecing back together a sense of how our hands make us human. In this first series of three meetings, we will visit sites representing the fundamental crafts of Food, Clothes, and Shelter.

The tour entails walking on uneven terrain and brick pathways. Wear proper footwear and dress for the weather.

16

### Living the Innermost Life Diana Lorence

Wednesday, 9:30-11:30am 1 session: Apr 16 Campus Center, Room 159 60 seats

Have you ever longed for a more inward way of living? It is a longing that takes us back to the beginnings of life. In this class of stories and images, we draw on Diana Lorence's seven vears of solitude at her Innermost House in California, and her home in Williamsburg before and after those years, to examine our lives here in the home we share. What miracles lie iust beneath the surface of our lives. hidden in the plain sight of home? What meanings exist to be read behind our everyday experiences? How might our days here in Williamsburg come to life before our eyes, illuminated by the light of an Innermost Life?

### The City of God: A Philosophical Garden Tour

#### **Michael Lorence**

Thursday, 9:30-11:30am 1 session: Apr 24 Colonial Williamsburg (meet at the Lumber House Ticket Office) 20 seats

⚠ Good Neighbor Pass required. Visit colonialwilliamsburg.org for info

☆ 🖟 1-2 mile walk in CW's gardens

This walking tour of the town, houses and gardens along Palace Street in Colonial Williamsburg examines the city through the philosopher's eyes. Do gardens have meaning? Is architecture more than shelter and decoration? Is there a difference in Williamsburg and what difference does it make? What role can a city play in the pursuit of wisdom?

The tour requires being comfortable walking 1-2 miles on uneven terrain and brick pathways. Wear proper footwear and dress for the weather.

## The Idea of a University: A Philosophical Walking Tour of Old Campus

#### **Michael Lorence**

Thursday, 9:30-11:30am 1 session: May 1

W&M Old Campus (meet in the Wren Yard) 20 seats

☆ 🛭 1-2-mile walk; see requirements below

(i) This tour explores the philosophical origins of the institution of the "university" as expressed through the W&M historic

### campus. For a more informational tour of W&M's history and landmarks, see p. 39

Of all conceptions born of medieval Europe, the most powerfully charged and widely adopted is the mindaltering idea of the university. Arising in the 11th and 12th centuries in Bologna, Paris, Oxford, and Cambridge, this one revolutionary idea has spread to all seven continents and nearly every nation in the world. The university and the modern world were born together.

The ancient campus of William & Mary centers upon the oldest academic buildings in the United States. Founded by royal charter in 1693, the university preserves in brick and mortar the ancient human aspiration to universal knowledge, the object of which is the spiritual unity of the individual soul. In this comfortable walking tour we examine the local origins of a world-changing idea.

In this walking lecture, we explore the philosophy, history, and architecture of a universal idea. The tour requires being comfortable walking 1-2 miles

on uneven terrain, brick pathways, and the occasional staircase. Wear proper footwear and dress for the weather.

Diana and Michael Lorence founded The American Wisdom Project, calling upon the resources of the Innermost House Foundation and their personal passion for the wisdom of our forebearers and the many cultural influences woven into the complex tapestry of American life.

The couple lived in solitude for seven years in the California woods, in a 12x12 foot redwood cabin they built themselves, in a world lit only by fire.

Since then, Diana and her "Innermost House" have become symbols of the inner life known around the world. Michael is president of The Innermost House Foundation, director of the American Wisdom Project and the Virginia House Project in Williamsburg, and a past director of the Thoreau Society in Concord, Massachusetts.

# LEAGUE OF WOMEN VOTERS® OF WILLIAMSBURG AREA

### **Defend Democracy**





LWVWilliamsburg.org
Email: League@LWVWilliamsburg.org



#### Art, Music & Film

#### **NEW!** Women in Art

#### **Caroline Nicholson**

Monday, 4:30-6:30pm 4 sessions: Feb 3, 10, 17, 24 Campus Center, Room 159 30 seats

From the court of Henry VIII to the bustling streets of 20th-century New York, women artists have pushed the history of art forward in new and unexpected ways for hundreds of years. Their talents have touched a wide variety of art forms, including painting, sculpture, and the decorative arts. While the names of some remain famous to this day, others have been nearly completely lost to history, with only their works of art to shed light on who they were and how they saw the world. This four-session course will investigate the influence of women artists across time, as well as the societies in which they lived and worked. Join us on a journey back in time to meet the remarkable women whose visions have shaped the way we see the world today!

Caroline Nicholson earned a master's degree with distinction in decorative arts and historic interiors from The University of Buckingham in partnership with The Wallace Collection, where she completed her dissertation on the Nancy School of Art Nouveau. She also holds an honors degree, first class, in art history from The University of St. Andrews. She has been published in Worthwhile Magazine, The Pre-Raphaelite Society Review, and Calliope Arts Journal.

#### Time in a Bottle: Musicals That Capture A Moment in History – Part 1

#### Issa Puttre

Wednesday, 1:30-3:30pm 6 sessions: Feb 5, 12, 19, 26, Mar 5, 19 Campus Center, Little Theatre 110 seats

This in-depth look at musicals explores either one specific historical event such as 1776 or *Titanic*, a specific decade

such as *Hair* or *Ragtime* or a historical figure like *Hamilton* or *Evita*. Part 1 will cover history from 769 A.D. through the 1800s. This course will utilize footage and music from shows to see how these musicals captured a moment in history. Issa is also teaching a Part 2 (see p. 20).

Issa Puttre is a graduate of The National Conservatory of Dramatic Arts and has worked as an actress and director throughout the East Coast including performances at both The Kennedy Center and Lincoln Center. Past shows include Romeo and Juliet, A Midsummer Night's Dream, Kiss Me Kate, Children of Eden, Agnes of God, A View From A Bridge, The Scarlet Pimpernel, Steel Magnolias and the 50th Anniversary Concert of Joseph and the Technicolor Dreamcoat.

#### Film Noir

#### **Thomas Thompson**

Friday, 9:30-11:30am 3 sessions: Feb 7, 14, 21 Williamsburg Regional Library, Theatre 250 seats

This time we'll be looking at two classic noirs from 1947 and a neo-noir from the last decade.

The first, *Out of the Past*, is usually regarded as either the greatest or the second greatest (after *Double Indemnity*) noir ever made.

The second, *Odd Man Out*, was filmed in Belfast, Ireland, and is arguably James Mason's (the star) greatest film performance.

The third, *Drive*, (2011) stars Ryan Gosling who can sing and dance and does neither in this film in which he is an icy professional driver for gangsters who makes it clear that he is the last person you ever want to cross.

Thomas Thompson has a B.A. and M.A. in religious knowledge. He worked for a medical testing laboratory serving clients in the New York area and became the employee ombudsman for the company's managers nationwide. Once retired, the American Association of Retired Persons invited him to become a trainer, running workshops across the country.

## NEW! Celebrating Rachmaninoff: The Great Romantic

#### Dan Sherman

Monday, 9:30-11:30am 1 session: Feb 24 Williamsburg Regional Library, Theatre 250 seats

Born into the Russian aristocracy, Sergei Rachmaninoff quickly showed gifts as a composer and as a pianist. He went on to a spectacular international career, often performing his own works, including piano concertos that are frequently performed today. This class will review Rachmaninoff's life and career, demonstrating the range and richness of his work through recordings (including some by Rachmaninoff) and the richness of his compositional style across many genres, combining melody, rich harmony, and dazzling pianism and orchestration.

Dan Sherman is a retired economist (Ph.D., Cornell) who has taught many courses to adult learning groups on a broad range of topics, including film, theatre, music, and mathematics. He divides his time between Alexandria and Williamsburg.

## **NEW!** The Art and Science of Capturing History – A Photographic Journey

#### John Hudson

Tuesday, 1:30-3:30pm 2 sessions: Feb 25, Mar 4 Campus Center, Room 159 60 seats

"A picture is worth a thousand words."

Did you ever wonder why that is true? Photography is "writing with light" but as the authors, we choose the images that resonate with us, connect us to the past and become indelibly printed into our personal history.

Pictures convey emotions and unlock memories; years later a photograph taken can evoke lucid recall of people and even conversations from that day, helping to preserve our life stories for others to see. In this course we will take a journey through time looking at the science that made this possible and the artists and everyday people that used it to record history. We will stop along the way to look at people, places and events that changed our lives.

Photography is both science and art, inseparably linked. Join us as we explore the symbiosis between photography and painting that promises to spark both your curiosity and creativity.

John Hudson's long career in IT consulting was balanced by his lifelong passion for Photography. He got his first camera at age 8 and has rarely been seen without one since. Although John considers himself an amateur photographer, his amateur status belies his abilities and scope of knowledge, which he willingly shares with fellow hobbyists at every opportunity.

## NEW! What's New in the Baroque: From Cantatas to Sonatas

#### Tim Kloth

Friday, 9:30-11:30am 1 session: Feb 28 School of Education, Room 1056 40 seats

The Baroque era in music is generally considered to be from 1600, the date of Jacopo Peri's opera *Euridice*, to 1750, the death of J.S. Bach. And during that period, many different forms of music emerged.

During the Baroque, the sacred, polyphonic vocal music of the Renaissance began to evolve into the more complex structures of the cantata and oratorio. During the Renaissance, instrumental dance suites were used to accompany dancing in the royal courts, while in the Baroque, they became concert hall entertainment.

The course is intended to be a general survey of music from the Baroque and the people who composed the music. During the course, the structure of new forms will be studied through musical examples taken from cantatas, concerti, fugues, operas, oratorios, and sonatas. Students will come away

with a clearer perspective of the music composed by, for example, J. S. Bach, Corelli, Handel, Monteverdi, Purcell, Scarlatti, and Vivaldi.

Tim Kloth, while still in high school, studied composition at the Cleveland Institute of Music. He earned a B.M. at Capital University's Conservatory of Music, an M.M. at the Eastman School of Music, and a D.M.A. from the University of North Texas. After teaching at VCU, UVa, and UAz, he retired from the Fairfax County Public Schools where he specialized in Orff Schulwerk.

## The Very Model of a Modern Comic Opera: The Pirates of Penzance

#### **Ken Krantz**

Friday, 1:30-3:30pm 1 session: Feb 28 Zoom, 125 seats

(i) As a precursor to this class, consider attending Sinfonicron Light Opera's production in January 2025 at Phi Beta Kappa Hall. Information and tickets are available at Sinfonicron.org

On New Year's Eve 1879, Gilbert and Sullivan premiered the follow up to their first great hit, *HMS Pinafore*, in New York, the only one of their shows to open outside London. This class will examine the background, plot, and music of this classic work, as well as its enduring impact in modern times.

Ken Krantz sang with Sinfonicron as a William & Mary law student and has performed more than 20 roles in Gilbert and Sullivan operas. A retired Navy JAG officer and federal administrative law judge, he performs with the Virginia Opera, Williamsburg Players, and other regional companies.

### RELATED ART, MUSIC & FILM COURSES

TechnoTapestry: A Boomer's Journey (p. 10)

Mastering iPhone/iPad Camera & Photo Apps (p. 37)

19

## NEW! The Accompanists: One for My Baby (And One More for the Road)

#### **Paul Boren**

Monday, 1:30-3:30pm 1 session: Mar 3 Williamsburg Regional Library, Theatre 250 seats

This course is about being a musical accompanist. It will discuss the what's and how's of the profession and use famous Accompanists/Singers to illustrate the trade. The Star and the Accompanist work separately and together, but the Star reaps the glory. Few people in life stand in the spotlight. Most of us work individually to support the "stars," but remain unseen in the darkness. This music course is an analogy for colleagues helping other colleagues become "Stars." No musical knowledge is required. Just a desire to learn and be entertained.

Paul Boren worked with the
Department of Defense for over 40
years. He sat through countless
meetings, but never fell asleep
because he was often thinking about
sports, music or other topics. Now he is
retired, takes naps often, and teaches
about sports, music and topics he
spent countless hours thinking about.

### The World of Oriental Rugs Frank Shaia

Tuesday, 5:30-7:30pmsession: Mar 18Shaia Oriental Rugs Showroomseats

Join us to learn how rugs are made and the history of rugs through the ages including modern-day creations.

Frank Shaia is a second-generation rug dealer. His father sold rugs throughout the East Coast. In 1973 Frank's older brother Joseph opened an oriental rug store in Williamsburg. Frank joined him shortly after. Although the shop specializes in fine new rugs, Frank spends most of his time with antique rugs. He exhibits at very fine antique shows each year and gives talks to groups along the East Coast.

#### **NEW! Stanley Kubrick: A** Filmmaker's Odyssey

#### **Dan Sherman**

Monday, 9:30-11:30am 1 session: Mar 24

Williamsburg Regional Library, Theatre

250 seats

One of the great directors, Stanley Kubrick's career moved from being a teenage photographer for magazines to a brilliant filmmaker known for the range, beauty, and technical innovation of movies sometimes shot on the largest scale.

The class will cover Kubrick's career and review some of his greatest films, including Paths of Glory, Dr. Strangelove, 2001, Barry Lyndon, and The Shining, along with discussion of how these and other movies were filmed.

See Dan's bio on p. 18.

#### **UPDATED!** The British Invasion (1963-1972)

#### **Ronald Beales**

Tuesday, 1:30-3:30pm 3 sessions: Mar 25, Apr 1, 8 ■ Zoom, 125 seats

This course offers an extensive and intensive look at the music of The British Invasion, that incredible time period when anything and everything British was "IT."

Everyone of a certain age or generation has heard of The Beatles and The Rolling Stones, but how about The Move? The Undertakers? The Nashville Teens? The Crazy World of Arthur Brown? Georgie Fame & the Blue Flames? Of course, there was an American response to the invasion, and I will present US bands who boldly took up their nation's flag and tried to right the ship as well.

Please join Ronald as he puts the historical context of his love of the music of his feckless youth in perspective. What a trip!

Ronald W. Beales has a B.S. in business administration. The first band he founded was "The Embers"

in suburban New Jersey in 1966. This was also his last band – not enough talent or money. However, it must be said that he was paying close attention to the music of the times and has acquired knowledge of his favorite genre - The British Invasion (1963-

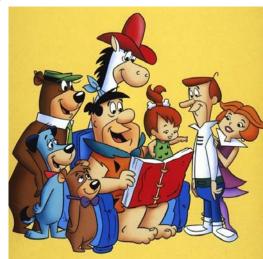
#### Lace in the Time of Queen Victoria

#### Carolyn Cerini

Tuesday, 1:30-3:30pm 1 session: Mar 25 School of Education, Room 2010 30 seats

Queen Victoria of England reigned from 1837 to 1901. Dring those 64 years of her reign, there were changes in fashion and many changes in the lace worn. Learn about the European lace that the English fancied in addition to the award-winning lace made at home. Machine-made lace became popular during this time; learn about the impact on the traditional handmade lace industry.

Carolyn Cerini has a B.S. in chemistry and a M.A.T. from Fairleigh Dickinson University. She taught high school chemistry and then taught at Northern Virginia Community College before a 30-year federal government career. Carolyn has testified in court as an expert witness and given talks to government agencies on a variety of topics. Carolyn has been a lacemaker since 2001.



#### Time in a Bottle: Musicals That Capture a Moment in History – Part 2

#### **Issa Puttre**

Wednesday, 1:30-3:30pm 6 sessions: Mar 26, Apr 2, 9, 16, 23, 30 Campus Center, Little Theatre 110 seats

An in-depth look at musicals that explore either one specific historical event such as 1776 or Titanic, a specific decade such as Hair or Ragtime, or a historical figure like Hamilton or Evita. Part 2 will cover the 1800s to 1930s. Class will utilize both footage and music from shows to see how these musicals capture a moment

Issa's Part 1 course covers musicals from earlier historical events. Learn more and read her bio on p. 18.

#### **NEW!** Hanna-Barbera: From Modern Stone-Age to Meddling Kids

#### **Gregory Ehrbar**

Wednesday, 1:30-3:30pm 6 sessions: Mar 26, Apr 2, 9, 16, 23, 30 ■ Zoom, 125 seats

A comprehensive history of Bill Hanna, Joe Barbera, and their artists, who gave us Tom and Jerry, The Flintstones, Yogi Bear, Scooby-Doo, The Jetsons, Jonny Quest, Smurfs, Huckleberry Hound, The Banana Splits, Wacky Races, and hundreds more.

Suggested reading: Hanna-Barbera: The Recorded History by Greg Ehrbar, ISBN 978-1496851857; Hanna and Barbera: Conversations, by Kevin Sandler and Tyler Solon Williams (eds), ISBN 978-1496850447

Greg Ehrbar is an author/presenter with countless credits in television. advertising, publishing, theme parks, and online. His credits include content for Disney Marketing and Imagineering, Warner Bros., DreamWorks, Universal, and the Television Academy. A two-time Grammy Award nominee and Addy Award winner, he has appeared on

CNN and consulted for the BBC. He also hosts the interview podcast, The Funtastic World of Hanna and Barbera.

#### **NEW!** Art at the Muscarelle

#### Barbara Piatt, Becky Sipos, **Linda Stocker**

Wednesday, 9:30-11:30am 3 sessions: Mar 26, Apr 2, 9 Campus Center, Room 159 60 seats

In three separate sessions, docents from the Muscarelle Museum of Art will be discussing Abstract Art, 20th Century American Art, and Andy Warhol. They will provide an overview of the evolution of these art movements and artists and discuss representative pieces in the Museum's collection.

Barbara Piatt has been a docent for the Muscarelle Museum of Art as well as for the Chicago School of Architecture Foundation. She is currently studying art history through Oxford University with a focus on learning how to look at the visual arts.

Becky Sipos is a newly certified docent for the Muscarelle Museum of Art. She spent most of her career as a teacher, teaching primarily high school English and Journalism. She served on the teachers' advisory board for the Newseum in Washington, DC, and her students often served as guinea pigs to try out new interactive exhibits and computer programs.

Linda Stocker has a B.A. from American University, Washington D.C., and has a passion for art which led to her becoming a docent volunteer for over 13 years at the National Museum of Women in the Arts. She is currently a volunteer docent at the Muscarelle Museum of Art at W&M.

#### **EXPANDED TO 3 SESSIONS!**

#### Landscape as Art

#### **Paula Henderson**

Friday, 9:30-11:30am 3 sessions: Mar 28, Apr 4, 11 Campus Center, Room 159 60 seats

Is a garden Art? Can we analyze an historic garden in the same way that

we do a painting or a building? While gardens are the most fugitive of art forms, they were often created by artists, architects or designers and they conform to the 'style' and aesthetic of a particular period.

The meaning and materials of a garden are both permanent and fleeting (like some modern art), yet the study of gardens provides insights into the culture in which they were created, into the economics of labor and land use, and into the social hierarchies and behavior demonstrated by their use (all topics of concern to art historians, too).

Gardens reflect and are revealed in literature, drama and painting of their period. Yet, experiencing a garden was and is different from all other art forms, incorporating all five senses and demanding movement by the viewer. Gardens were the first form of "performance art."

Paula Henderson, Ph.D., is an eminent garden historian who specializes in early modern architectural and garden history. She lectures widely and has published over 70 articles in academic and popular journals. Her first book, The Tudor House and Garden: Architecture and Landscape in the Sixteenth and Early Seventeenth Centuries (Yale) won the Berger Prize for British Art History. She is currently completing books on Landscape as Art and London gardens in the 16th and 17th centuries.

#### The Joy of Photography

#### Michael Richardson

Monday, 1:30-3:30pm 3 sessions: Apr 14, 21, 28 Campus Center, Room 31 40 seats

This course is designed for the new or newly inspired photographer, including the hobby photographer who wants to improve the quality of their images. Discovering the "artistic vision" of each photographer is a quest of many years but the effort starts with picking up the camera and capturing the images that are valued most. The course will address personal inspiration, readily available technology, skill acquisition

and individual satisfaction in capturing an appealing photographic image. Regardless of the source, there is a basic photographer's inspiration to "take pictures" and to share them. Mastering the camera controls is the first step toward a better image, followed closely by available post editing technologies. A "photo walk" of a nearby area, weather permitting, is planned.

Michael Richardson is a retired professional engineer with a career spanning service as an Army officer, industrial engineer, U.S. embassy designer and builder, and an operational test director for the Department of Homeland Security. He took up photography in retirement. Having traveled from Alaska to Vladivostok (the long way) for his previous work, he now concentrates on the unique features of the Atlantic Tidewater area.

#### **NEW! Hollywood and World** War II

#### **Elizabeth Fones-Wolf**

Tuesday, 1:30-3:30pm 1 session: Apr 22 Campus Center, Room 159 60 seats

This course examines how studios and theater owners and other elements of the entertainment industry enthusiastically enlisted in the war effort. Theaters helped sell war bonds and collect scarce goods and actors worked with the USO to entertain troops in the United States and around the world. Numerous other actors, like Jimmy Stewart, inspired their fellow Americans by enlisting in the armed services.

We will also explore how movies were used to entertain, lift spirits, motivate and inform the audience. Genres from musicals to crime films incorporated war themes, and World War II filmmakers helped create the combat film genre. It also examines how the government tried to mold the content of Hollywood feature films to encourage national unity and correct wartime behavior and to teach foreign policy

Elizabeth Fones-Wolf earned a Ph.D. in American history from the University of Massachusetts and spent 30 years teaching modern American history at West Virginia University. She has written three books and articles on U.S. social history.

#### The Creative Process Demystified

#### **Anne Emerson**

Friday, 1:30-3:30pm 1 session: Apr 25 Campus Center, Little Theatre 110 seats

If you think you cannot create anything, you are invited to come see how easy it can be to learn some of the rules for making art, and what can be done by applying those rules. Anne will share some of her photos and poems, with tricks of the trade and an emphasis on photography as art, and on the structure and symbolism of poems with reference to both English and Arabic poetry. Time permitting, she may mention the creative aspects of

research and research design. You will not be asked to create a project in class, but you may be inspired to try making something artistic at home.

Anne Emerson was educated in England and the U.S., earning degrees in Arabic studies and advanced degrees in Economics. While raising two children, she developed several hobbies and worked many parttime jobs, later working full-time in the finance department of a custom software services start-up. Her photographs appear in juried shows and private collections. Her poems are published in regional anthologies.

#### NEW! Watch a Working Rehearsal of Opera in Williamsburg – *Madama Butterfly*

#### Naama Zahavi-Ely

Friday, 1:30-3:30pm 1 session: May 16 Kimball Theatre, 200 seats

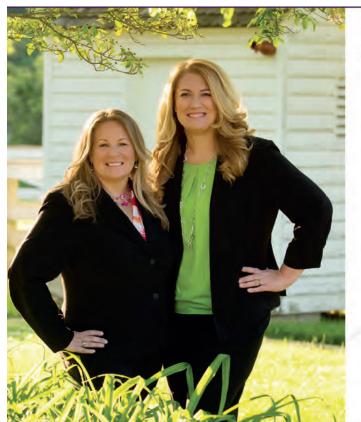
Opera in Williamsburg, the innovative opera company that performs two

fully staged operas in Williamsburg each year, will open its doors so Osher members can observe a working rehearsal. The singers will already have rehearsed the music and the staging before welcoming participants to the Kimball Theatre on DOG Street.

This is a rare opportunity to experience a working rehearsal – piano accompaniment only, no costumes, minimal props, some repetition, and stagehands visible and moving about.

The opera being presented is *Madama Butterfly* by Giacomo Puccini, sung in Italian with English supertitles. The finished production is scheduled for Friday May 23, Sunday May 25, Tuesday May 27, at the Kimball – will feature lavish costumes and full orchestra with conductor Jorge Parodi.

Naama Zahavi-Ely founded Opera In Williamsburg in 2012 and serves as artistic and general director. She taught Biblical Hebrew at W&M for over a decade before retiring to her native Israel. She believes that Williamsburg is uniquely positioned for intimate performances of opera classics.



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### Finance & Economics

### **Current Events and Portfolio Management**

#### Keith Reagan

Tuesday, 1:30-3:30pm 3 sessions: Feb 4, 11, 18 School of Education, Room 1056 40 seats

Bank closures, falling profit margins, sticky inflation, a shrinking dollar, unmanageable national debt, a weakening GDP, and an epidemic of incompetence present challenges for investors not seen in our lifetime.

Where are the opportunities? Can one pursue growth with a modicum of safety?

Keith Reagan uses his 30+ years of experience to shed light on what really matters in portfolio management and how to see beyond the propagandadriven media machine.

Keith C. Reagan, Sr. is a graduate of William & Mary. His postgraduate work includes executive education at The Wharton School of Business. He has been recognized in the Wall Street Journal as a Five Star Wealth Manager for the last 10 years. His firm, Reagan Holloway, is a fiduciary portfolio manager on the Fidelity platform.

### Taxes in Retirement & Social Security

#### **Jacob Bales**

Thursday, 9:30-11:30am 3 sessions: Feb 6, 13, 20 School of Education, Room 2010 30 seats

This course reviews the basics of taxes in retirement and how they may not be what you expect. We'll also explore how the changes from the Tax Cuts and Jobs Act and SECURE Act may affect you, along with key strategies to consider.

We will also discuss Social Securityclaiming strategies in addition to management tips. The tax portion will highlight basic concepts and policies that work together to create the system we know today. You will learn methods to help manage your tax bill, including proper distribution structure and asset structuring strategies.

Jacob Bales is a fully licensed Registered Representative with Series 7 and Series 66 certifications, as well as being a Certified Financial Planner®. He is a co-advisor at James Bales Financial, focusing on planning, research, and advising, including Social Security.

#### Portfolio Construction: Build Your Own Optimal Retirement Portfolio

#### **Graham Spiers**

40 seats

Thursday, 9:30-11:30am 6 sessions: Mar 27, Apr 3, 10, 17, 24, May 1 Campus Center, Room 31

Class participants should have at least one year of investment experience and a good understanding of high school math

Join us for a comprehensive discussion in layman's terms of how long-term retirement investment portfolios are constructed. This course gives the average investor the intellectual muscle to both understand and challenge their professional advisor's recommendations and actions.

Gain an in-depth understanding of optimal portfolio construction to either 1) gain the optimal level of annual average return at a pre-specified level of risk, or 2) minimize the potential risk of loss at a targeted level of future average annual return.

This disciplined investment process is based on Modern Portfolio Theory (MPT), the process utilized by the most sophisticated investment teams on Wall Street. While investment risk can never be completely eliminated, MPT has proven to be the best portfolio construction methodology for managing risk in pursuit of optimal portfolio performance since its design and inception in 1952.

J. Graham Spiers, CFA, holds a B.B.A. from Nichols College and

has been a Chartered Financial
Analyst (CFA) since 1993. His 50year career includes roles with Wall
Street corporate finance organizations
managing large pension funds, state
529 plans, mutual funds, and accounts
for large private global clients. He has
also served as chief investment officer
for several Virginia-based Registered
Investment Advisory firms.

#### Lifetime Income Strategies

#### James Bales, Jacob Bales

Wednesday, 9:30-11:30am 3 sessions: Apr 16, 23, 30 School of Education, Room 2000 30 seats

We will discuss financial education for retirees and planning income for life. Post-retirement planning is often more difficult than planning for retirement. You are managing your entire nest egg, not collecting paychecks anymore, and have less time to recover your potential mistakes. In this course, you learn time-tested strategies for planning your retirement income that are designed to make your money last.

James Bales has been in the financial services industry since 1994. He is a registered principal and branch manager for Centaurus Financial, Inc. His designations include Registered Financial Consultant (RFC) and a Life Underwriters Training Council Fellow (LUTCF). Jim is a past President of the Virginia Peninsula Association of Insurance and Financial Advisors and is a member of the Million Dollar 'Round Table (MDRT), the premier association for financial professionals.

Read Jacob Bales's bio above.

#### Do Only The Rich Have Trusts? Concepts and Strategies Using Trusts

#### John Burton

Thursday, 9:30-11:30am 2 sessions: Apr 17, 24 School of Education, Room 1056 40 seats

Trusts can handle any estate more efficiently than relying on a last will and testament alone.

Discussion includes: How do trusts avoid probate and handle assets at capacity? What is the difference between a revocable and irrevocable trust? Can trusts protect you financially if nursing home care is needed? How do trusts impact wills, powers of attorney, real estate, investments, retirement accounts, business interests, and other assets? How does elder law influence the use of trusts and qualifying for Medicaid or a veteran's pension?

Learn the basics of trusts and the estate planning opportunities they offer.

John S. Burton is an attorney who practices in the areas of estate planning, asset protection, business, and elder law. He is a certified estate planner and trust and estate practitioner John is admitted to practice law in Virginia, the District of Columbia, the U.S. 4th Circuit Court, and the U.S. Tax Court.

## Understanding Today's Economic Trends and Issues

#### **Daniel Gaske**

i The class is being offered in two separate sections: in-person or online. Please select one modality or other other

#### In-Person:

Monday, 1:30-3:30pm 3 sessions: Apr 28, May 5, 12 Campus Center, Room 159 60 seats

#### Online via Zoom:

Wednesday, 1:30-3:30pm 3 sessions: Apr 30, May 7, 14 ■ Zoom, 60 seats

This course examines present-day economic trends, issues, institutions, and markets in the U.S. and globally.

We'll select from topics such as the state of U.S. economy and government debt, China's growing role in international economy, economic sanctions, economics of climate change, impacts of immigration into

### RELATED FINANCE & ECONOMICS COURSES

Tulip Mania – Financial Bubbles of 1819, 1929, 2008 (p. 5)

Little Children Working: Rise and Fall of Child Labor in the U.S. (p. 9)

Historical Evolution of Modern U.S. Economic Theory (p. 9)

Introduction to End-of-Life Planning (p. 26)

U.S., global poverty and the World Bank, etc.

Exact topics are chosen closer to course dates based on key issues at that time.

Daniel Gaske has a Ph.D. in economics from Rice University and has taught and led economics training programs for the U.S. government and universities in the Washington, D.C. area. He is presently an adjunct professor of economics at W&M's Mason School of Business.

### **NEW!** Equilibrium as a Concept in Economics

#### **Anne Emerson**

Friday, 1:30-3:30pm 3 sessions: May 2, 9, 16 Campus Center, Room 159 60 seats

In session one, we will discuss the meaning of "equilibrium" as an idea in science and economics.

Session two will continue the discussion of the use of "equilibrium" in understanding how supply and demand interact to produce the market price.

In the final session, we will discuss what this may mean for the free market and economic policy.

Anne Emerson taught economics and business research to working adults in BBA and MBA programs at Averett University for 11 years. Read more about her on p. 22.

## **NEW!** Senior Living Options and Planning for Them Financially

#### Dawn Michelle, Oscar Alvarez

Thursday, 1:30-3:30pm 1 session: May 8 School of Education, Room 1056 40 seats

Retirees may be starting to think about the next steps, if they get to the point where their current home is no longer the best option for them.

This course is designed to answer questions about the different types of senior living communities in our area, and to educate you on what you can expect in terms of services, amenities, and cost ranges.

Dawn Michelle is a Certified Senior Advisor who helps seniors and their families find the best fit senior living options for their specific needs. Dawn is a James City County resident and works with all of the senior living communities throughout the Greater Williamsburg area and the Peninsula.

Oscar Alvarez is a Certified Financial Planner, a 10-year Army veteran and graduate of the United States Military Academy at West Point who earned his M.S.Ed. from Old Dominion University.

#### **Government & Law**

### **NEW!** Our Curious Constitution

#### Michael Kerley

Thursday, 1:30-3:30pm 3 sessions: Feb 6, 13, 20 Campus Center, Little Theatre 110 seats

Our Constitution is a remarkable – but very curious – document.

Although it establishes the foundation for our entire system of government, it is relatively short. Although it constructs our government on fundamental principles of political science such as "separation of powers," "federalism," and "checks and balances," it never uses those terms.

At the same time, it contains peculiar phrases such as "corruption of blood," "letters of marque and reprisal," and "bills of attainder."

We will analyze the Constitution's structure and wording through some of its curious features. Using the Framers' statements and modern-day examples, we will see how various provisions of the Constitution fit together.

We will discern fundamental themes and learn how those curious phrases reinforce and animate the Constitution's fundamental principles.

We will also look some of the challenges in interpreting this document. Participants should expect to obtain a deeper understanding and appreciation of this fascinating document.

Suggested reading: America's Constitution: A Biography by Akhil Reed Amar; The Constitution – An Introduction by Michael Stakes Paulsen and Luke Paulsen

Michael Kerley has a B.A. in government from Notre Dame and a J.D. from George Washington University. He practiced securities and insurance law for 35 years, and now teaches classes on the origin and structure of the Constitution at various lifelong learning programs.

#### After the Gavel Falls: Striving to Fulfill the Ends of Justice

#### **Thomas Shubert**

Wednesday, 9:30-11:30am 2 sessions: Feb 26, Mar 5 School of Education, Room 2000 15 seats

An issue consistently discussed in our society is how to ensure "The Ends of Justice" is fulfilled in dealing with criminal offenses, the objective being to find the proper balance to protect the statutory rights of an individual while ensuring society's laws and welfare are enforced.

This course uses the Department of Defense's (DoD) clemency and parole program as a vehicle to examine this issue. It presents the myriad procedures and factors, including Victim's Rights, which are considered when deciding "when" to release inmates to integrate back into society.

DoD's Clemency and Parole Boards make and execute decisions concerning clemency, parole, and supervised release of military inmates.

Board members consider many factors, such as: nature, circumstances of offense(s); confinement file, including offense-related rehabilitation programs; impact on victim(s); and protection and welfare of society.

Learners will experience the decisionmaking process by evaluating such factors during interactive class discussions of case studies.

Tom Shubert served as an Air Force pilot; political-military affairs officer; air attaché in Australia and Denmark; legislative liaison for Secretaries of Defense and Air Force; policy director for European and Southeast Asia countries in the Office of the Secretary of Defense; responsible for oversight of the Civil Air Patrol; and chairman of the Air Force Clemency and Parole Board.

### RELATED GOVERNMENT & LAW COURSES

History of U.S. Border Security and Immigration Control (p. 5)

Virginia's Road to Revolution: Ep. I: A Call for a Congress (p. 6)

Gun Law History in America and Virginia (p. 8)

Little Children Working: Rise and Fall of Child Labor in the U.S. (p. 9)

Virginia's Road to Revolution: Ep. 2: An Oration for the Ages (p. 10)

Conservative Political Philosophy (p. 33)

History and the Diplomat (p. 42)

25

#### **Health & Wellness**

## **NEW!** Yoga & Mindfulness: Meditation for Everyday Living

#### Lisa Cleckley

Monday, 9:30-11:30am 3 sessions: Feb 3, 10, 17 Campus Center, room to be announced 25 seats

### ⚠ Bring a mat or blanket to use on the floor; wear comfortable clothes

Through this course students will gain knowledge and the tools through yoga and meditation to enhance their everyday lives. Students will learn breathing techniques that will help reduce stress and anxiety and produce an inward serenity. Students will also learn a variety of postures they can use both on their mat and off.

Lisa Cleckley is a certified 200-hour yoga teacher. She brings over 10 years of teaching in the Williamsburg community teaching hot yoga, restorative yoga, and Yin yoga. Lisa is passionate about providing these various practices to students to improve all aspects of their daily living.

### Subconscious Mind: Taking the Reins of Your Inner Genie

#### Athena Staik

Tuesday, 1:30-3:30pm 4 sessions: Feb 4, 11, 18, 25 School of Education, Room 2011 25 seats

Advances in neuroscience have produced amazing revelations about optimal function of the brain and body. This course will present key findings focused on understanding how the subconscious mind works to promote healing and happiness.

Emphasis will focus on knowing the jobs of the subconscious and how it differs from the conscious mind; how to calm the vagus nerve to prevent emotions of fear or anger; and how to operate the master control panel of your body mind to take the helm and be the captain of your emotional health and well-being.

In this way, the subconscious mind is solely devoted to you, your health, and fulfillment. It is a devoted guide in some situations, an alert scout in others, and even, perhaps, a genie (if you know how to rub it just right).

Athena Staik holds a Ph.D. in marriage and family therapy. Her interest in inspiring others to tap into inner sources of healing, happiness and breaking free of reactivity, and more recently, athletic performance, led her to integrate cutting-edge tools of neuroscience and mindfulness in her work to accelerate change. Before retiring, she spent more than 10 years studying the effects of neuroscience in her private practice work with clients, and 15 years as an adjunct professor in psychology and sociology.

#### **NEW!** Introduction to **End-of-Life Planning**

#### Cryst'l Scheer

Wednesday, 9:30-11:30am 4 sessions: Feb 5, 12, 19, 26 Campus Center, Colonial Echo 20 seats

This course covers introductory conversations on a range of topics related to adequately preparing for the final stage of life. Participants will engage in meaningful discussions and practical exercises to address key components of end-of-life planning.

Topics include legal considerations such as estate planning, wills, advance directives, and power of attorney. Additionally, participants will explore legacy projects, funeral planning, home funeral planning, green burial, and grief support, empowering individuals to create a unique plan that resonates with their values.

Participants emerge better prepared to face the inevitable, ensuring their preferences, instructions, and legacy are documented in a manner reflective of their unique life's journey.

Cryst'l Scheer is a professionally trained end-of-life doula with eight years of experience in hospice and end-of-life education. She is a Qualified Advance Directive Facilitator, Guided Autobiography instructor,

Legacy Navigator, and notary public. She believes it is never too early to start proactively preparing for a thoughtful and intentional final stage of life. Cryst'l enjoys road trips, hazelnut lattes, and Halloween.

#### A Conversation About Life's **Journey**

#### **Francis Bado**

Thursday, 1:30-3:30pm 5 sessions: Feb 13, 20, 27, Mar 6, 20 School of Education, Room 2010 20 seats

The class will take us through life from the joyful moments to the challenges along the way – from those that are fun, happy and enduring to the ones that stop in our tracks as we ponder: What happened? Why? Why me/us? What now? What next? Will things ever be right again?" Expect a small and highly interactive class where you may be surprised that your situation is not as rare as you think - and the answer(s) to your self-doubt, worry, and/or despair may lie within the learned wisdom of others. We will examine a number of common life challenges in a sharing and empathetic environment. Roundtable discussion will consider the first steps toward a better tomorrow through the exchange of information, insights, and collective experiences. Join us!

Fran Bado is an executive project manager who is certified by the IBM Project Management Institute. He retired from IBM after 54 years and continues to teach across the curriculum of project management. His passion for teaching coupled with his experience ensures a valuable learning opportunity.

#### **Long-Term Care: Evaluating** your Options

#### **Liz Sarson**

Friday, 9:30-11:30am 1 session: Feb 21 Campus Center, Room 159 60 seats

Whether you are working on your own long-term care plan, wondering if your plan is complete, or struggling to help make a plan for a loved one, this class

26

#### **RELATED HEALTH & WELLNESS COURSES**

Senior Living Options (and Planning for them Financially (p. 24)

De Senectute (On Old Age) (p. 34)

is for you. In addition to discussing various care types and options, you'll receive a checklist for making a plan to age comfortably and safely wherever you choose to live, be it a senior community, specialized care facility, or your home. The class also reviews Medicare - what it covers, what it doesn't, and how and when long-term care insurance benefits are triggered.

Liz Sarson is a member of the ChooseHome Riverside team. Having recently assisted her mother and mother-in-law with their long-term care, Liz has a deep appreciation for the work of caregivers as well as long-term care planning. She holds a master's degree from UTS (Australia), and a B.S. from Rutgers University.

#### **Yoga and Meditation**

#### **Indira Ghosh**

Tuesday, 9:30-11:30am 3 sessions: Feb 25. Mar 4. 18 Campus Center, Little Theatre 25 seats available

A Bring a mat or blanket to use on the floor: wear comfortable clothes

Yoga is a segment of an ancient educational and remedial tradition that is valid, relevant, and supportive in a new millennium with ever-growing health and well-being concerns.

Athletes use it to tone muscles and increase flexibility. Executives rely on it to de-stress. Doctors prescribe it for everything from sore backs and respiratory problems to chronic fatigue. This course will focus on gentle yoga postures and the importance of progressive breathing as well as an introduction to the healing benefits of sound meditation.

Indira Ghosh was a lecturer in physical education and yoga at Loreto College, Calcutta, India. She has conducted and participated in yoga

and meditation seminars across the globe. She taught yoga in the Midwest through area universities, hospitals, and community centers. She is alsoan orthopedic nurse and teaches yoga and meditation in Williamsburg.

#### **NEW! Dementia 101:** Raising Awareness, **Reducing Risks**

#### **George Worthington**

Wednesday, 1:30-3:30pm 3 sessions: Feb 26. Mar 5. 19 ■ Zoom. 20 seats

Are you comfortable interacting with people experiencing changes in their thinking and memory? Are you aware of services and programs to support a good quality of life? Did you know there are lifestyle changes you can make that can help reduce your risks of developing dementia?

In this course taught by Virginia's Dementia Services Director, you will become a Dementia Friend and learn about dementia and Alzheimer's disease, learn about the major types of dementia, discover resources and services available in the community and how to access them, and hear the latest research around brain health and dementia risk reduction.

As the Dementia Services Director for Virginia's Department for Aging and Rehabilitative Services, George Worthington supports the Alzheimer's Disease and Related Disorders Commission, drives the implementation of the Dementia State Plan. reviews existing programs and works with other agencies to deliver services to Virginians living with dementia.

#### **Zumba Gold**

#### **Bess Williams**

Thursday, 4:30-5:30pm 5 sessions: Feb 6, 13, 20, 27, Mar 6 Campus Center, Little Theatre 30 seats

Zumba Gold is the mature form of the original dance workout. Our consistent, easy-to-follow dance patterns are done at a modified pace and intensity that

burns calories, strengthens muscles, improves balance and coordination, and makes your whole body smile! It's a dance party where everyone in the room is your partner.

Bess Williams holds a B.A. in education from Michigan State University, an M.L.S. in library science from Indiana University, AFAA Group Fitness Certification, and Zumba Certification. Before retiring, she was an IB Librarian at Fairport High School in Rochester, New York. She is currently a paraeducator in the York County schools.

#### The Basics of Fitness Walking

#### Ray Funkhouser

Tuesday, 1:30-3:30pm 1 session: Mar 18 Campus Center. Room 31 20 seats

What gives the same aerobic workout for the

lungs and heart as jogging, aerobic dance, does not stress the leg joints and feet, provides more exercise for the upper body than running or jogging? The answer is race walking, also known as fitness walking or health walking. In this moving clinic, you'll learn about efficient walking and specific race walking techniques, walking safety, how to start your personal walking program, choosing shoes, and how to dress for varied weather. Whether you are an exercise enthusiast or just starting a fitness program, you will enjoy exploring this increasingly popular fitness activity. Wear comfortable clothes and shoes.

Ray Funkhouser is a two-time National Race Walk Champion, set two American Records, and was a finalist in three Olympic Track & Field Trials.

27

He has represented the United States in international competitions on four continents and coached four USA Track & Field International Teams. He is currently president of USA Track & Field Virginia Association.

#### **NEW!** The Joys (and Agonies) of Open Water **Swimming**

#### **Daniel Shaye**

Thursday, 10am-12pm 1 session: Mar 20 Campus Center, Room 31 20 seats

56% of Americans can pass the most basic of swimming tests. Fewer still will swim regularly, and a rare few will

make the rivers, lakes, and oceans their "pool." What's it like to be caught in a current, with no safety crew? To have your core

temperature drop into hypothermia?

To swim with wild dolphins, eagles, fish, snakes? To joyously frolic in nature, unbound by walls, and free? This course will give you a taste of a life you've likely never lived, shared by a man who has lived all of these experiences. You'll experience the trials, terrors, joys, and wonder of "wild swimming"... all from the safety of an indoor seat.

Suggested reading/viewing: Young Woman & The Sea by Glenn Stout (book and movie formats); The Swimmers (movie)

Daniel Shaye is a second-generation doctor of chiropractic and the clinical director of Performance Chiropractic. A former competitive distance runner, he enjoys exploring nature and both human physical and mental potential.

The waters of the James are his midday "office" between patients.

## Part 1 – Engaging in Life's Situations: Moving From woe to WOW!

#### **Francis Bado**

Wednesday, 1:30-3:30pm 3 sessions: Mar 26, Apr 2, 9 Campus Center, Colonial Echo,20 seats

It really IS all about you! But perhaps you need to reset your perspective. How do you approach the day? Is it affecting your wellbeing? As you go about your daily routine, are you energized by the goodness that surrounds you? Can you even see it?

Join us for some planned fun discussing positive and negative energy areas to motivate us to learn to appreciate the magic of our surroundings. The class is highly interactive, and you may just start to see life as a more joyous endeavor. So take a break from your worries, kick back, and see where this road takes you! Then join us again for Part 2 (optional; see course at right).

See Fran's bio on p. 26.

#### Keys to Preventing Dementia: Help & Hope as We Age

#### Patricia Quinlisk

Friday, 9:30-11am 3 sessions: Mar 28, Apr 4, 11 ■ Zoom, 125 seats

The risk of developing dementia can be reduced; in fact, it's estimated that about 40% of all cases of dementia/ Alzheimer's disease can be prevented. In these three classes, you will learn the details about what YOU can do to lower your risk, even if you think you might be carrying the dementia gene!

It's not easy to make lifestyle changes, but now is the time to start – and these changes will help you to be healthier overall. Not only your brain will be healthier, so will your heart and lungs, and body!). Join us for a life-changing class and the latest information about this disease.

Dr. Patricia Quinlisk was the medical director and state epidemiologist at the lowa Department of Public Health for 24 years. She is now semi-retired; continuing to teach at various universities and working on projects such as how to change behaviors to prevent dementia. Her background includes a hospital clinical microbiologist, a Peace Corps Volunteer in Nepal, and training as a field epidemiologist in the CDC's Epidemic Intelligence Service.

#### **Advanced Fitness Walking**

#### Ray Funkhouser

Tuesday, 1:30-3:30pm 1 session: Apr 1 Campus Center, Room 31 20 seats

This clinic will include a basic review of efficient walking techniques, current techniques that promote optimum performance, and different types of workouts to meet specific goals. In this class, participants will receive individual attention to technique and programs for their individual needs.

Read Ray's bio on p. 27.



### **NEW!** Navigating the Healthcare Continuum

#### Jaime Smiley

Monday, 1:30-3:30pm 1 session: Apr 14 School of Education, Room 2010 25 seats

This course will examine options for health services and senior

living. Types of services available at different healthcare and senior living communities will be reviewed. This information will then be connected to insurance and payment options.

By the end of the course, students will have a better understanding of the options that are available in the Williamsburg area as well as be prepared with questions to ask providers as they navigate the healthcare continuum.

Jaime Smiley, MS, OTR/L, CAPS is an occupational therapist who now serves as a healthcare consultant, educator, and Aging in Place specialist. A 2001 graduate of VCU's occupational therapy (OT) program, her 22-year career in senior care spans roles as therapist, director, clinical educator, and vice president of therapy services. Jaime is also an adjunct instructor in VCU's department of OT and South University's OT assistant program.

## Part 2 – Engaging in Life's Situations: Moving From woe to WOW!

#### **Francis Bado**

Wednesday, 1:30-3:30pm 3 sessions: Apr 16, 23, 30 Campus Center, Colonial Echo 20 seats

In Part 1, we traveled down our yellow brick road learning about the six key areas of life that give rise to the omnipresent WOW! that surrounds us.

Part 2 expands on the six key areas of energy, the inner self, words and phrases, colors of life and magical moments in great depth. To accomplish that, we will encounter fictional characters and their situations encompassing each of the six areas. You will be involved in class exercises putting you in each situation for maximum effect.

The class will be highly interactive in having fun and putting WOW! back in our lives. This is the second of Fran's two-part "healthier thinking" workshop

See Fran's bio on p. 26.

#### A Deepening Love Affair With Life: Enjoying a Movable Feast of Silence, Song, Poetry & Movement

Wednesday, 1:30-3:30pm 3 sessions: Apr 16, 23, 30 School of Education, Room 1056 15 seats

**Larry Durrett** 

Enjoying a movable feast of silence, song, poetry, movement, and fun writing prompts, we will do some little things that encourage good spirits and a cascade of kindness.

Larry Durrett is a William & Mary alumnus who completed Master of Divinity studies at the theological consortium in Wash. D.C., with a degree from Wesley Seminary. He has also studied at Catholic University, Virginia Theological Seminary, Lexington Theological Seminary, and the National Presbyterian Church. His calling also includes serving churches in Maryland and Virginia, teaching yoga, and singing with retirement home residents.

### From Holding on to Letting Go

#### **David Hopkinson**

Thursday, 1:30-3:30pm 3 sessions: Apr 17, 24, May 1 School of Education, Room 1056 40 seats

Our culture promotes and rewards optimism, eternal hope, persistence, and dogged resistance to change – even when irreversible endings or inevitable transformations overtake us. We don't get any training or much support for how and when to give up, surrender, move on, change course, or embrace a new normal.

We each will have personal experiences fitting this model, drawn from our personal histories amid family life, business ventures, career paths, health, even core convictions and beliefs. We will review a model describing the usual sequence humans follow as they identify, resist, and come to accept emerging new realities — whether welcome or adverse. Finally,

we will explore how to improve or accelerate our quitting skills.

David Hopkinson has a Ph.D. in clinical psychology and was in full-time private practice for 35 years. He spent seven years as a college professor, including five at W&M.

#### **NEW!** Staying Safe at Home

#### **Jaime Smiley**

Monday, 1:30-3:30pm 1 session: Apr 21 School of Education, Room 2010 25 seats

A majority of seniors wish to age in place in their home. This short course will review a variety of strategies and modifications to help seniors stay safe and independent in their home as long as possible. From very simple, low-cost options to more extensive and expensive options, this course will have a little something for everyone!

See Jamie's bio on p. 28.

### Why Does Stress Have Such an Effect on Us?

#### Karen Thomas

Tuesday, 1:30-3:30pm 3 sessions: Apr 29, May 6, 13 Campus Center, Room 159 60 seats

Everyone hears that stress can be harmful to us and that they need to lower their stress levels, but many people don't understand the stress process and how it affects our bodies and mind.

This course will describe the stress response from its beginning in the brain to how our body reacts. Included in this course are the stress pathways and how they trigger reactions in our body and mind. Both short-term and long-term effects of stress as well as its positive and negative aspects will be discussed. We'll also explore stress management techniques and coping strategies. Each class will end with a short stress relief technique.

Karen Thomas has an M.A. in kinesiology and is an ACSM Certified Exercise Physiologist with certifications

in Exercise is Medicine, nutrition, and public health. She has 5 years' experience working in a Chronic Pain clinic and retired from Montgomery College, Maryland, after teaching health, stress management and fitness for 29 years.

## NEW! Tips to Make the Most of Your Short Doctor Appointment

#### Joyce Cohen

Tuesday, 9:30-11:30am 1 session: May 13 Campus Center, Room 159 18 seats

Do you feel dissatisfied after you leave your doctor appointment? Have your questions been answered within the allotted time frame given with your provider?

Today's health care system challenges us to face the reality of minimal time with our medical providers during our doctor visits. The uncertainty of having our concerns addressed confronts all of us, so what can we do to address these challenges within the short time given to us?

This course is designed to address these issues through an informative and interactive approach. Topics to be presented are Plan Ahead Tips, Prioritization Tips, and Self-Advocacy options.

Small group interaction will also be utilized to discuss how some of the tips presented can be put into action using fictional case examples. The goal, when you leave this class, is to be armed with additional tools to enhance your empowerment and satisfaction to make the most of your doctor appointment.

Across a 20-year human services career, Joyce Cohen has helped many patients in navigating the health care system to achieve better physical and mental health outcomes. She has served as an adjunct professor, conference presenter, and career coach. A retired licensed clinical social worker, she earned a master's degree in social work and is currently licensed as a registered nurse.

#### Languages

#### **German Conversation Table**

#### Frauke Carlucci

Monday, 12-1pm
12 sessions: Feb 3, 10, 17, 24, Mar 3,
17, 24, 31, Apr 7, 14, 21, 28
Campus Center, Colonial Echo, 20 seats

Requires a degree of fluency to facilitate communication with all participants

Eine gute Gelegenheit um nette Und interessante Leute kennen zu lernen und um an vielseitigen Gesprächen teilzunehmen mit einer Thematik der Gegenwart und der Vergangenheit, die Kultur, Wissenschaft, Literatur und Sprache und Kunst umfasst und uns so einen Einblick in das deutschsprachige Wesen gibt.

Frauke Carlucci spent her life in Germany, Argentina, Venezuela and the United States. She attended Johannes Gutenberg in Mainz, Old Dominion and Richmond Universities, earning an M.A. In Germany, she worked as a freelance translator and for Siemens. She taught German and Spanish language, history, and literature. She was also awarded a Fulbright scholarship.

#### Intermediate/Advanced Spanish Conversation and Grammar

#### **Christopher Scheiderer**

Monday, 9:30-11:30am 6 sessions: Feb 3, 10, 17, 24, Mar 3, 17 School of Ed, Room 2030, 30 seats

### Requires two years of Spanish in a classroom setting

En cada clase vamos a conversar sobre unas leyendas mexicanas y, también , repasar algunos elementos básicos de la gramática española. Como siempre la idea fundamental es practicar el uso del castellano para mejorar la habilidad de todos para hablar, entender y expresarse cada vez un poco más y más a fondo.

Required reading: Complete Spanish Grammar by Gilda Nissenberg; Suggested: Leyendas mexicanas (2nd ed) by Barlow & Stivers Christopher Scheiderer has more than 40 years of teaching and study experience at the university level, including The Ohio State University, The University of Maryland, and Christopher Newport University. He has traveled and done research in Argentina, Mexico, and Spain.

#### Spanish Conversation Table

#### **Ruth Fraser**

Tuesday, 12-1pm
sessions: Feb 4, 11, 18, 25, Mar 4,
25, Apr 1, 8, 15, 22, 29
Campus Center, Colonial Echo, 20 seats

La mesa española les ofrece a sus miembros la oportunidad de mantener y enriquecer su lengua española. En las reuniones, utilizamos artículos de periódicos o del internet para la lectura y facilitamos comentarios sobre el contenido. Es necesario tener un nivel de comprehension basica del español para participar en la lectura. El ambiente es amistoso??nos apoyamos y nos divertimos durante la hora. No hay clases el miércoles 11 de marzo (vacaciones de primavera).

Ruth Fraser enjoyed teaching Spanish I through Advanced Placement at Lafayette High School in Williamsburg until she retired. She has an M.A. in Spanish from the University of New Mexico. She has visited or studied in several Spanish-speaking countries, including Spain, Mexico, Puerto Rico, Guatemala, El Salvador, and Peru.

#### **French Conversation Table**

#### Kathleen Hickey

Wednesday, 12-1pm12 sessions: Feb 5, 12, 19, 26, Mar 5,19, 26, Apr 2, 9, 16, 23, 30Campus Center, Colonial Echo, 20 seats

La Table de Conversation Française sert de lieu de rencontre pour des personnes ayant un vif intérêt pour la langue et la culture française. Les séances sont organisées autour de la lecture et de la discussion d'articles, de journaux ou de magazines, lus et commentés dans une ambiance décontractée. Un niveau minimum de compréhension de la langue française est quand même nécessaire pour pouvoir profiter pleinement de ces sessions.

Kathleen Hickey enjoyed more than 30 years teaching French and Spanish at the secondary level in private and public schools. She holds an undergraduate degree in second language education from Ohio State and a master's in French literature from Washington University in Saint Louis.

#### **NEW!** Parliamo Italiano

#### Nicola Costa

Thursday, 12-1pm 6 sessions: Feb 6, 13, 20, 27, Mar 6, 20 Campus Center, Colonial Echo, 20 seats

Requires intermediate knowledge of Italian to participate in class discussions

Participants will informal discussions of relevant topics of Italian culture.

Nicola Costa was born and raised in Italy. He attended the Merchant Marine Academy and moved to Virginia in 1984. In 1992, Nicola was hired at Jamestown Scotland Ferry as captain and retired in 2021. Italian is his native language; he also speaks Spanish.

### **NEW!** Hebrew Conversation Table

#### **Betty Wajnberg Ronnen**

Thursday, 12-1pm 6 sessions: Mar 27, Apr 3, 10, 17, 24, May 1 Campus Center, Colonial Echo, 20 seats

Although some familiarity with the Hebrew language will facilitate the learning process, beginners are welcome

This course in modern Hebrew will involve learning vocabulary and syntax from elementary dialogues and current write-ups. Studying vocabulary leads to learning the alphabet, root words and grammar. Class material will be forwarded prior to each class; some homework will support learning. Join us for an interactive and fun learning experience.

**Required reading:** *HA-YESOD* by Luba Uveeler and Norman Bronznick

Betty Ronnen graduated from the School of Occupational Therapy in Jerusalem and earned a Ph.D. from New York University. She has been a therapist and adjunct faculty member. She currently teaches conversational Hebrew at Williamsburg's Temple Beth El.

## Literature & Writing

### True Stories, Well Told Glory Aiken

Wednesday, 1:30-3:30pm 4 sessions: Feb 5, 12, 19, 26 School of Education.

Room 2000 10 seats

Memoir is a personal story of the past, based on memory, actual events and real people. The memoir writer takes the reader into their past where drama,

pain, humor, and the unexpectedness of life take center stage. Memoir writing takes the reader on a journey, and we follow along as the writer shares a true story in a meaningful way.

Over four class sessions, writers may choose to write about their childhood, their family's unique history, or the significance of a particular day. The class is designed as a workshop where each writer will read aloud a 1-2 page story each week. The class will then review the work and offer ways to improve it. Comments will be helpful

and encouraging, allowing all of us to better appreciate the story. We will also share educational resources available to writers locally, in the book publishing world and online.

Glory Aiken discovered her love and enthusiasm for memoir writing in retirement. She has independently published histories of her Italian, German, and Irish extended families, spanning a period of 145 years. Glory's short story, I Do, was published by Cat and Mouse Press and was read at a Delmarva Public Radio fundraiser in Rehoboth Beach.

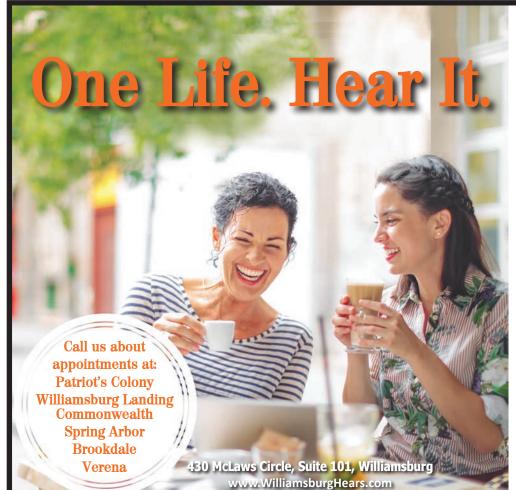
### Book Lovers Discussion Barbara Reynolds

Monday, 12-1pm 4 sessions: Feb 10, Mar 17, Apr 14, May 12 Campus Center, Room 159 40 seats

Love to read and enjoy discussing books? Jjoin us to explore interesting books that promote lively dialogue. This semester's selections include:

**Feb 10:** *Power of One* by Bryce Courtenay (1989), 544 pages, ISBN 13-978-03454100

Mar 17: 97 Orchard: An Edible History of Five Immigrant Families in One New York Tenement by Jane Ziegelman (2011), 253 pages, ISBN 10-0061288519



**RELATED LITERATURE &** 

WRITING COURSES

The Holocaust Through the Eyes

Only Hope: My Mother and the

**Holocaust Brought to Light** 

(p. 40)

of a Child (p. 40)

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MEDIA & CURRENT AFFAIRS

RELIGION & PHILOSOPHY

Apr 14: The House is on Fire by Rachel Beanland (2023), 384 pages, ISBN 10-1982186151

**May 12:** *Clear* by Carys Davies (2024), 208 pages, ISBN 10-1668030667

Barbara Reynolds has been in the Book Lovers group for 15 years. Formerly a high school English/ Journalism teacher, Barbara ended her career as senior major gifts officer for the Indiana University School of Medicine. She is a member of three other book groups.

Abra Smith retired in 2018 after 40 years with the Federal government in procurement. She reads as many books as possible, participates in four book groups, volunteers with the League of Women Voters, and is an avid golfer.

#### NEW! The American Scholar: Emerson & the Liberal Arts Promise

**Christopher Ulloa Chaves** 

Monday, 9:30-11:30am 1 session: Mar 17 ■ Zoom, 20 seats

This seminar will explore the relevance of Ralph Waldo Emerson's 1837 American Scholar essay to contemporary higher education. It recommended a new curricular model for educating the new American college student of his time that included engagement with nature, books, informed action, and the development of the human traits he characterized as "man thinking."

The course is based on the instructor's recently published article in the peer-reviewed *Journal of Transcendentalist Philosophy.* We will explore how some liberal arts curricula can represent a Transcendentalist response to the decaying effects of neo-liberal economic interests, anti-intellectual impulses, and the neglect of the perennial idea of learning for its own sake.

Participants are encouraged to bring an open mind, critically engage, and contribute to the dialogue on whether or not Emerson's liberal education model is or is not relevant to today's higher education systems. **Suggested reading:** *The American Scholar* essay by Ralph Waldo Emerson

Christopher Ulloa Chaves earned his doctoral degree from the University of Southern California. He is author of the textbook, Liberal Arts and Sciences: Thinking Critically, Creatively, and Ethically (2nd Edition). He formerly taught The History of Higher Education at William & Mary (2011). He is a published member of The Ralph Waldo Emerson Society and currently works for the University of New Mexico

### RELATED MEDIA & CURRENT AFFAIRS COURSES

20th Century History in Editorial Cartoons (p. 12)

Emerson's American Scholar Essay (p. 32)

Conservative Political Philosophy (p. 33)

Intro to Self-Driving Cars (p. 35)

Dominion Energy's Virginia Offshore Wind Project (p. 37)

Baseball's Announcers: The Voices of Summer (p. 39)

History & the Diplomat (p. 42)

### Publishing Options and Pointers

Dawn Brotherton, Brian Forrester

Thursday, 1:30-3:30pm 3 sessions: Apr 17, 24, May 1 School of Education, Room 2010 30 seats

(i) This is NOT a writing class, but we will discuss things you can do as an author to increase your chances of success before you pitch to an agent or self-publish.

Many people want to write a book but have no idea where to start when it's time to publish. We will discuss the business of publishing. In today's digital age, there are many options to be published, from self-publishing to hybrid to traditional. We will discuss the pros and cons of each and help you come up with the answer that is right for you as an author.

32

Setting realistic goals is important for any venture. How much will it cost to produce a quality book? What should you expect whether you are self-publishing or going traditional? Dawn's colleague Brian Forrester will present a short piece on marketing during the first class.

**Suggested reading:** The Road to Publishing by Dawn Brotherton

Owner of Blue Dragon Publishing, Dawn Brotherton is an award-winning author and featured speaker at writing and publishing seminars. A retired Air Force colonel, Dawn is focused on sharing the various options for publishing, from self- to traditional publishing. She wants to help make writers' dreams become reality.

Among his many professional marketing and communications roles, Brian Forrester is brand manager at the historic Jamestown-Yorktown Foundation, conducts at Old Dominion University and W&M, and is the founder of a monthly writers group sponsored by the Williamsburg Regional Library. He has authored both fiction novels and marketing books.

## Media & Current Affairs

### The Death and Rebirth of Local News

Mark Silverman

Monday, 9:30-11:30am 4 sessions: Feb 10, 17, 24, Mar 3 School of Education, Room 1056 40 seats

Class members should be familiar with journalism as newspaper readers, Internet users, or local TV news viewers.

Local newspapers and their websites, traditionally the leading providers of community journalism across the country, are dying or are greatly diminished. We'll explore the reasons and delve into the impact of weak or no journalism in communities. We'll also look ahead at a number of promising solutions taking hold in communities large and small.

Finally, we'll examine challenges faced by residents navigating a new journalism ecosystem and give students a taste of the issues faced by local editors.

This class is not about politics; local news organizations have suffered the same fate regardless of editorial positions.

**Required reading:** A local newspaper or website read occasionally

Mark Silverman spent 41 years as a newspaper reporter, editor and corporate news executive. He led newsrooms in Detroit, Nashville and Louisville and directed a company-wide program for a large newspaper chain to make individual newspaper content more relevant for residents. He chaired a nonprofit foundation that supported in-service education for journalists. In 2010 he was named the National Press Foundation's Editor of the Year.

### **NEW!** How the U.S. Ranks 2025: A Top 10 Review

**Doug Stowell** 

Tuesday, 9:30-11:30am 1 session: Mar 25 ■ Zoom, 125 seats

Where does the U.S. compare in meeting challenges that exist in 2025? We will examine some 20 topics including: taxes, economy, environment, education, energy, healthcare, climate change, immigration, safety, prosperity, music, personal happiness, et al. The "Top 10" format provides a quick snapshot of the U.S. rank relative to other nations. Our sources are international surveys by highly credible and impartial worldwide organizations.

Doug Stowell is a consumer and political polling veteran. His career includes market research positions for Xerox Corp., NOP, Ltd. in London and Wirthlin Worldwide in Washington, D.C. He launched Market Resource Associates in 2008 and conducts opinion research on global issues. He is a member of the Furman University Osher Institute in South Carolina and conducts Zoom programs for more than 80 organizations worldwide.

### History of Radio/TV Broadcasting

John Streiff

Friday, 1:30-3:30pm 3 sessions: Mar 28, Apr 4, 11 Campus Center, Room 159 60 seats

Everyone is influenced by broadcast media. But things have changed dramatically since the first broadcast in the early days. Learn about the technologies and innovations that powered radio and television to what it has become today.

John Streiff earned his degree in Telecommunications from San Diego State in 1972. He worked in various parts of the broadcast industry for decades. He was an early staff member at NPR in Washington, D.C. He has been a voting member of the Audio Engineering Society (AES), the Society of Motion Picture and Television Engineers (SMPTE), the National Academy of Television Arts and Sciences (NATAS), and the Motion Picture Academy of America (MPAA).

## Religion & Philosophy

### NEW! Conservative Political Philosophy

**Donald Matthewson** 

Monday, 9:30-11:30am 6 sessions: Mar 24, 31, Apr 7, 14, 21, 28 School of Education, Room 2066 34 seats

This course is designed to explore the intellectual foundations of modern conservative philosophy, in particular how it is conceived in America. We will ask whether modern conservative philosophy can be translated into a governing philosophy.

Donald Matthewson, Ph.D., is Lecturer in Politics. Administration and Justice.

RELATED RELIGION & PHILOSOPHY COURSE

Emerson's *American Scholar* Essay (p. 32)

33

emeritus, at California State University, Fullerton. He lives in Williamsburg.

#### **NEW!** American Spiritualities

#### Edward Ingebretsen

Monday, 9:30-11:30am 4 sessions: Mar 24, 31, Apr 7, 14

■ Zoom, 125 seats

Spiritual practices in the Americas reveal a rich and dynamic tapestry of interaction, transformation, and syncretism.

These traditions, often rooted in oral and ritual-based practices, vary significantly from doctrinal, organized religion – particularly in adaptability, focus on personal experience, and blending with one another over time: We'll discuss:

- American Spirits (spiritual practices of Indigenous, African, and European cultures and how these traditions coexisted, interacted, and transformed over time);
- American Revolution and the Occult (how occult practices influenced colonial narratives):
- Hoo-doo, the Spiritual Impulse, and the Rise of a Nation (examining African-American spirituality in forming identity and liberation during the period of nation-building);
- European Witchery: Spell Casting, the Ministers, and the Salem Witches (focus on witchcraft traditions, the Salem witch trials, and religious, legal and cultural impacts); and
- 'Religion of White,' The Cross, and the Flag: (how Christianity, nationalism, and racial identity were interwoven to shape the dominant ideology of American "whiteness")

Reverend Edward Ingebretsen, Ph.D., holds advanced degrees in theology and ethics from the Jesuit School of Theology, Berkeley and a doctorate in American Studies from Duke. His published works consider the intersection of gender, race, theology and popular cultures. Currently, he concentrates on animal ethics, and the histories of enslavement and is also researching American folk religions and practices.

#### De Senectute (On Old Age)

**Bill Rhodes** 

Monday, Friday, 9:30-11:30am 2 sessions: Mar 24, 28 School of Education, Room 1056 40 seats

This course allows members to become familiar with *De Senectute* and elements of Stoic philosophy. The session opens with a popular-level introduction to the discipline of practical philosophy, particularly Stoicism. With that foundation, we will move through each of Cicero's "considerations" regarding the beneficial aspects of aging.

Though he grants that we change in many ways as we age, he suggests, contrary to popular opinion, that most of these changes promote our well-being. The course is offered in a lecture format, but there will be plenty of opportunity for interaction – especially for those with no prior exposure to or experience with philosophy.

**Suggested reading:** *De Senectute* by Cicero

See Bill's bio at right.

## The Human Element in Aviation: Lessons in Crisis Management

**Bill Rhodes** 

Wednesday, 9:30am-12:30pm 1 session: Mar 26 School of Education, Room 1056 40 seats

As part of the instructor's professional life, he sought to bring concepts from professional ethics to bear against the problem of pilot-induced mishaps. This work involved piloting an airplane across much of the U.S., as well as extensive simulator work.

This research into pilot error, coupled with personal experience handling an aircraft emergency form a lecture concerning self-mastery in aviation. Featuring recordings of air-to-ground communications, Bill will demonstrate that successful outcomes during times of crisis are a product of more than technical expertise; an internalized personal ethic can be critical.

Bill Rhodes earned a Ph.D. at the University of Colorado, Boulder. A published author and researcher, he served as a professor and academic department head at the U.S. Air Force Academy. A published author and researcher, and an instrument-rated commercial pilot, he has flown across the U.S. extensively and studied pilotaircraft mishaps. During one flight, his own aircraft suffered a serious mechanical malfunction.

### St. Paul and the First Christians

**Jack Dalby** 

Thursday, 9:30-11:30am 4 sessions: Mar 27, Apr 3, 10, 17

Zoom, 75 seats

A familiarity with the New Test

(i) A familiarity with the New Testament is helpful but not necessary

The origins of Christianity remain largely mysterious. T Historians still debate what happened at that "big bang" moment 2,000 years ago when some of Jesus' followers came to believe he had risen from the dead after being crucified. And how, they wonder, did a tiny group of apocalyptic Jews, disciples of a crucified, itinerant Jewish preacher, start a religious movement that would one day grow to include 2 billion adherents?

In these four academically based lectures, we will discuss: what are our sources for understanding Christian origins, what are their strengths and limitations, was Jesus trying to start a new religion, who was St. Paul and what was his mission to the gentiles, who was James, the brother of the Lord, was there one Christianity or many, what is Gnosticism, what were the earliest Christian rites and prayers and how did the Roman Empire view Christianity?

Class questions are encouraged.

Jack Dalby is a retired NOVA business owner who, for the past 13 years, has been lecturing on the topic of Christian Origins for Osher programs at George Mason University, William & Mary and American University.

#### Science, Technology, Engineering & Math (STEM)

### Identification of Trees in the Winter

Jim Perry

Thursday, 9:30-11:30am 2 sessions: Feb 6, 13 Keck Lab, Room 108 20 seats

A Participants to provide their own 10X (or better) magnifying glass

Most trees are difficult to identify during the winter since they do not have their telltale leaves. In this course, students will learn basic tree anatomy and morphology and how they are used to identify trees in their dormant condition. This course is structured as one classroom lecture, one classroom identification lab, and one field trip to W&M College Woods.

Jim Perry is professor emeritus of marine science at W&M's Virginia Institute of Marine Science (VIMS). His research involved long-term ecological changes in vascular plant communities of tidal and non-tidal wetlands, and the resulting environmental impacts within watersheds. He has taught undergrad, graduate, and continuing education classes for over 35 years.

### Microsoft PowerPoint (MS365): Basics & Beyond

**Rick Chase** 

Friday, 9:30-11:30am 3 sessions: Feb 7, 14, 21 School of Education, Room 1056 40 seats

Whether you're a beginner or an infrequent PowerPoint (PPT) user, this course will teach you the essential PPT tools needed to create, edit, and distribute professional presentations. Topics we'll explore include utilizing templates and themes; starting a presentation from scratch; altering slide layouts; inserting and modifying text, images, charts, videos, and

animations; styling slides; appending speaker notes; sharing presentations; conducting a slideshow; producing handouts; among others. Rick will utilize the Microsoft 365 version of PowerPoint, but the course is also applicable to PowerPoint 2016 or 2019; the versions are comparable.

Required reading: <a href="https://support.microsoft.com/en-us/powerpoint">https://support.microsoft.com/en-us/powerpoint</a>

Rick Chase, a retired executive with extensive experience, last served as Vice President of Customer Service and Support at Dell Technologies. In the early stages of his career at General Electric, he oversaw the Field Engineering Development Center and conducted electrical and electronic engineering courses for engineers.

## SPRING EDITION! The D-I-Y Landscaper: Pruning Shrubs & Small Trees

Tony Orband, Daniel Brooks, Carol Weakley, Patsy Wells

Monday, 1:30-4:00pm 2 sessions: Feb 10, 17 Campus Center, Colonial Echo 15 seats

A Bring pruning shears; gloves and safety glasses optional

\* Pruning workshop requires short walk from Campus Center to gardens

Dress for the weather in layers you don't mind getting dirty and wear closed-toe shoes

Learn about the science, tools, and techniques of successful do-it-yourself pruning. Once we've nipped some specimen branches and buds in the classroom, we'll head outside to campus.

There, we'll practice for real in two of W&M's named gardens – the iconic Sunken Garden and the serene Adams Garden – under the watchful eye of three local master gardeners and the university's associate director of grounds and landscaping.

Tony Orband is associate director for grounds and gardens at William & Mary. A Yorktown native, he earned a B.S. degree in horticulture focused on landscape design at Virginia Tech.

Tony worked for a landscape design/ build firm as a landscape designer, salesman, project manager, and sales manager before returning to the Historic Triangle and joining W&M.

Patsy Wells, a lifelong science enthusiast, moved to Williamsburg in 2005 and traveled weekly to Richmond to pull weeds at The Virginia House Gardens. After a year, she realized she didn't have to travel that far and took up weeding her own yard as a newly trained York County master gardener. Since 2010, she has worked seasonally at a local plant market, helping customers choose plants and solve problems like deer and clay soils. In her spare time, she works at a community garden in Lackey.

Carol Weakley has been a master gardener since 2015. She educates the community on the importance of gardening and its benefits to the environment. She particularly enjoys sharing information and inspiration about landscaping with native plants. Carol is also a tree steward who helps homeowners address issues by referring them to an arborist or another expert or resource.

Daniel Brooks is a community forest specialist with the Virginia Department of Forestry. He provides VDOF's Eastern Region with educational programs and support. He comes from production arboriculture, where he served as a foreman and independent consultant. He is an ISA-Certified Arborist, holds an ISA Tree Risk Assessment Qualification, and has a love for native gardening.

### **NEW!** Introduction to Self-Driving Cars

Mark Huff

Tuesday, 1:30-3:30pm 1 session: Feb 18 Campus Center, Room 159 60 seats

Regardless of whether you see Autonomous Vehicle (AV) technology as representing a dangerous menace to public safety or the biggest lifesaving measure since the seat belt, efforts to develop and deploy AV technology have intensified. This class will explore the origin and current state of AV technology to highlight the challenges and opportunities of AVs.

Mark Huff has been a keen observer of AV technology. He has previously taught a class in EVs for Osher.

### From Seed to Bloom – The Joy of Growing Flowers

**Tony Orband, Patsy Wells** 

Thursday, 1:30-3:30pm 1 session: Feb 20

Anne Klare Sullivan Nursery, Greenhouse 20 seats

- The course is designed for beginners, but all gardeners of all experience levels will find beauty here
- Bring gardening gloves (optional)
- ③ Bench seating only; free parking is available behind the tennis building; short walk to greenhouse is on gravel
- Greenhouse is chilly; dress in layers you don't mind getting dirty and wear sturdy, closed-toe shoes

The reward of growing a tiny seed from germination to full bloom is unmistakable. This introductory class shows how to start cut flowers from seed and what to do after germination. We will discuss seeds from the easiest to most challenging; supplies needed to get started; how to sow seed; all about water; the ins and outs of transplanting; hardening off; transferring outdoors; and watching your garden grow. Each topic will be discussed in do-it-yourself detail using best practices for success – then you will prepare a planting to take home.

Read Tony's and Patsy's bios earlier on this page.

#### **Introduction to Astronomy**

Brad Perry, Carmen Fragapane

This course provides an introduction and overview of astronomy. Focusing

on the solar system in week 1, the course addresses stellar astronomy in week 2 and concludes with galactic astronomy and cosmology in week 3. A separate practical observing session will be scheduled at the Kiskiack Golf Club following the conclusion of the Course to view representative objects as discussed in the class, from planets to multiple star systems and galaxies.

Brad Perry is a retired NASA engineer who completed graduate work in astronomy at the UVA. He has observed at Lick Observatory and the NASA Infrared Telescope Facility and published 20+ peer-reviewed papers on topics ranging from planetary objects to novae and supernovae.

Carmen Fragapane has taught physical science in the York County School Division for 22 years. He has participated in educational projects at the National Radio Astronomy Observatory in Green Bank, West Virginia, and he supports astronomy education and public outreach efforts throughout the Hampton Roads area.

#### **Top Tropicals for Your** Williamsburg Home & Garden

#### **Tony Orband, Patsy Wells**

Wednesday, 1:30-3:30pm 1 session: Feb 26 Anne Klare Sullivan Nurserv. Greenhouse 20 seats

- (i) Bench seating only; free parking is available behind the tennis building; short walk to greenhouse is on gravel
- \* Class includes a look at the tropicals that will soon be moved to campus
- Greenhouse is chilly; dress in layers you don't mind getting dirty and wear sturdy, closed-toe shoes

Tropical plants in Williamsburg? You bet – outdoors and in. Banana, palm. hibiscus, bromeliad, monstera, fern, and many more. We will identify best choices for our Zone 8a clime, and you'll learn about propagation, root pruning, transplanting, watering, and tricks and techniques to give your garden a tropical vibe.

Read Tony's and Patsy's bios on p. 35.

#### **Triple Train Wreck: A Personal & Scientific** Account of the 1953 Disaster

#### John Delano

Monday, 1:30-3:30pm 1 session: Mar 17 Campus Center, Room 159 60 seats

This course recalls the events leading to the historic March 1953 train wreck that occurred in western Pennsylvania through the eyes of the course instructor.

As a 5-year boy traveling with his mother and vounger brother on an eastbound New York Central passenger train, John experienced an event involving the largest number of trains - three - directly involved in a single wreck in U.S. history.

John's presentation describes the unusual circumstances that led up to this tragic event from the perspective of this career NASA researcher, as well as his personal recollections of being a passenger on one of those trains. Could modern technologies used by today's major railroads have prevented this event?

John Delano holds a Ph.D. in geology. He retired in late 2016 from the University at Albany (SUNY) as a professor at the Distinguished rank; was a NASA-funded researcher for more than 30 years; was an associate dean: and served as a member and/ or chair of more than 20 scientific advisory panels for NASA and the National Science Foundation. He is the author of 74 articles in professional journals and a recipient of the university's Lifetime Achievement Award in Public Engagement.

#### The Impact of Invasive **Plants and Animals in** Virginia

#### Jim Perry

Monday, 1:30-3:30pm 1 session: Mar 17 Keck Lab, Room 108 20 seats

What is the difference between native, naturalized, introduced, and invasive biota? Can a native plant be invasive? Can an introduced plant be non-invasive? In this two-hour class we will define and discuss the different categories. Using Virginia as an example we will identify, and talk about how, invasive plants and animals may impact our native flora and fauna and their aquatic, wetland, and terrestrial habitats.

Read Jim's bio on p. 34.

#### **Your Digital Life**

#### **Peter Henderson**

Wednesday, 9:30-11:30am 1 session: Mar 19 School of Education, Room 2000

Navigating today's world might seem overwhelming. This course will address some of the issues we all face dealing with our digital lives. These include: Online security, Tidying Your Digital Life by eliminating unnecessary clutter, Create and Manage Digital Family Documents, Digital Financial & Estate Planning and Your Digital Afterlife. Format will be both lecture and discussion, where participants share their own experiences.

See Peter's bio on next page.

#### **How Do Computer Systems** Work?

#### **Peter Henderson**

Monday, 1:30-3:30pm 2 sessions: Mar 24, 31 Campus Center, Room 31 40 seats

Are you curious about how computers work but concerned the details will overwhelm and confuse you? Then this lecture, which strives to explain a complicated topic so anyone can understand it, is for you!

The presentation starts with a one minute video animation illustrating the complexity of a simple computer model for adding two numbers. Engaging interactive activities will guide you to more fully understand the basic

concepts of how computers work, without the confusing jargon, etc. The session ends with the same video, which should make much more sense.

Peter Henderson spent 34 years as an academic computer scientist and software engineer at The State University of New York at Stony Brook and Butler University. Computer science and computing education were his primary emphases near the end of his academic career. He is a contributor to two educational columns: Math Counts and Software Engineering Education.

#### **Mastering Your iPhone/** iPad Camera & Photos **Applications**

#### **Rick Chase**

Wednesday, 9:30-11:30am 3 sessions: Apr 16, 23, 30

■ Zoom. 50 seats

An iPhone or iPad is required

This three-session course is designed to help you become proficient with the Camera and Photos apps on your iPhone or iPad. You'll learn the camera's capabilities and functions, with a focus on still photography, while also covering the camera's video features. In-depth exploration of the Photos app will include navigation, photo editing (cropping, trimming, rotating, etc.), intelligent adjustments, improving subpar shots, and applying filters. You'll also learn to organize your photos and videos, create and manage albums, and efficiently search your collection. Additionally, we'll delve into album creation and sharing, optimal iCloud usage, and crafting slideshows with music.

See Rick's bio on p. 35.

#### **NEW! Math Geeks & Other Nerds: Mathematical and Other Geniuses**

#### **George DeRise**

Wednesday, 1:30-3:30pm 3 sessions: Apr 16, 23, 30 School of Education, Room 2000 30 seats

#### i This course is for all learners; Knowledge of math, physics or chess is not required

Short biographies of great mathematicians, physicists and chess grand masters will be presented. We will focus on the individual personalities and eccentricities of these fascinating people via amusing and intriguing anecdotes. Interesting stories about discovery and creativity in math and science, and the role of the subconscious and modern neuroscience in these processes will be investigated. We will meet blind mathematicians, a father creating three geniuses, a professor collaborating for years with a madman, a Jekyll and Hyde physicist, a drunken world chess champion and many more.

George DeRise has a Ph.D. in applied mathematics from Old Dominion University. He retired in 2010 after teaching mathematics for 46 years, 32 at Thomas Nelson Community College. George has taught the Ancient Egyptian Book of the Dead and String Theory at Christopher Wren and Osher. He is an authority on the trial of Galileo.

This course overviews Dominion Energy's construction of the largest offshore wind project in the United States (Coastal Virginia Offshore Wind project located 27 miles from Virginia Beach) in the context of Virginia's future electricity needs. Dominion and its corporate subsidiaries have proposed five options for meeting those needs, but just two satisfy goals of the 2020 Virginia Clean Economy Act.

Which of those five options do you think is most appropriate for Virginia? What sector of Virginia's economy is causing the most rapid increase in demand need for electricity? Are wind turbines (on land and offshore) expected to be a major source of Virginia's electricity in the future? What are the projected costs of electricity to the consumer for each of the 5 options? What other major electricity sources is Dominion planning to develop in order to meet Virginia's rapidly increasing demand?

Virginia has some interesting options to consider for the future.

Read John's bio on p. 36.

### Massive windfarm project to be built off Virginia coast gains key federal approval



**SOURCE: Associated Press** 

#### Introduction to **ChatGPT and Other Generative** Al Tools

#### Candice Benjes-Small

Monday, 9:30-11:30am 1 session: Apr 28 School of Education, Room 1056 40 seats

Curious about ChatGPT and other artificial intelligence (AI) tools that create new text and images?

#### **NEW! Dominion Energy's Coastal Virginia Offshore** Wind Project

#### John Delano

Wednesday, 9:30-11:30am 1 session: Apr 23 Campus Center, Little Theatre 110 seats

In this workshop, we'll demonstrate the tools, explore the capabilities and limitations of the technologies, and discuss the ethical considerations surrounding their use. Leave with a clear grasp of how Generative AI is impacting our world, and the questions we need to ask as it continues to develop.

Candice Benjes-Small, M.L.I.S., is head of research at William & Mary Libraries and a frequent Osher instructor. Her areas of expertise include media literacy and fake news and is fascinated about the impact of Al on both.

#### **NEW! Enhance Your Online Security: Options for Two Factor Authentication (2FA)**

#### **Keith Parkansky**

Wednesday, 9:30-11:30am 1 session: May 7 School of Education, Room 1056 40 seats

⚠ Familiarity with use of an online browser (e.g., Chrome, Edge, Safari, etc.) to access online accounts (banking, entertainment, travel, etc.) is required

The Social Security Administration recently announced that users of its Web site must transition to using the federal government's login.gov service.

When setting up an account with login.gov you are required to choose from a variety of two-factor authentication (2FA) methods. Used in conjunction with your login ID and password, this second factor of authentication can utilize SMS, smart phone apps or hardware keys.

We will cover pros and cons of various 2FA methods and compare levels of security so you can be an educated security consumer. And to prepare you for what's evolving as the future of Web authentication, we'll look at the basic functionality behind an emerging technology called "passkeys" which will eliminate the use of passwords in accessing online accounts.

After an initial career in the electronics field, Keith Parkansky transitioned into computer networking. He spent 25 years in public education and local government as a network administrator managing not only Novell and Windows-based computer networks but also traditional PBX and IP-based telephony systems.

#### **NEW! Online Account Security: Are Password Managers a Necessity?**

#### **Keith Parkansky**

Wednesday, 1:30-3:30pm 1 session: May 14 School of Education, Room 1056 40 seats

The downside of faster, more powerful computers is that a password that may have been deemed secure before the pandemic (8 alphanumeric and a special character) can now be cracked in 5 minutes. While banks use ironclad vaults and sophisticated alarm systems to protect deposit accounts, many people have large investment accounts protected by an easily crackable password. Weak passwords, using the same password on multiple sites and creating passwords with dictionary words can jeopardize the security of your online data and assets.

As new authentication technologies are developed, you may want to consider a password manager. This tool generates complex passwords, stores them securely and automatically log you into Web sites. We'll cover the pros and cons of password managers as well as installing and configuring one of the most secure cross-platform password managers available which, thanks to the open source community, also happens to be free.

Read Keith's bio at left.

#### **NEW! Military Geography**

#### **Paul Severance**

Thursday, 9:30-11:30am 5 sessions: Feb 6, 13, 20, 27, Mar 6 School of Education, Room 2000 30 seats

This course will focus on the principal physical and cultural (Human Geography) concepts, principles, and virtues that impact planning, execution, and outcomes of major military campaigns, battles, and engagements.

Viewed broadly, the course will address such factors as climate and weather; geomorphology, topography, and micro-terrain; vegetation; tides and

currents: rivers: and infrastructure. We will begin with a general "survey" of geographic factors and principles at the strategic, operational, and tactical levels of War. followed by four indepth case studies of the Normandy Invasion and Operation Market-Garden in WWII as well as the Battle of the la Drang Valley and the Siege of Khe Sanh in the Vietnam War.

The case studies explore strategic and operational political and military imperatives driving the selected military operations. This course should be of significant historical interest and enjoyment for Osher members who embrace U.S. military history.

Suggested reading: Battlegrounds: Geography and the History of Warfare, Michael Stephenson, Ed.; Battling the Elements: Weather and Terrain in the Conduct of War by Harold A. Winters, Gerald E. Galloway, Jr., et al.

Read Paul's bio on p. 13.

#### **Special Interests**

#### **NEW!** Liston vs. Clay/ Ali: "I'm Gonna Upset the World!"

#### **Paul Boren**

Monday, 1:30-3:30pm 1 session: Feb 24 School of Education. Room 2066 34 seats

Sonny Liston was a talented, powerful, aggressive, surly, and scary fighter. People respected his boxing but were embarrassed by his behavior and association with mobsters. In 1964. Liston defended his Heavyweight crown against Cassius Clay, a former Olympian who floated like a butterfly and stung like a bee. Clay's poetry and bravado created an enormous media presence. Many Americans regarded Clay as loudmouthed and impertinent. Clay was an 8-1 underdog who defeated Liston to the surprise of the boxing world. After the match, Clay declared himself the greatest, changed his name to Ali, and announced his conversion to Islam.

In the rematch, Ali knocked Liston down in the first round with a "phantom punch". Ali screamed at Liston "Get up and fight, sucker!" and "Nobody will believe this!" Ali was right. This course is about the fights, and how two boxers mpacted American society.

Read Paul's bio on p. 19.

#### **NEW! Baseball's Announcers: The Voices** of Summer

#### **Paul Boren**

Tuesday, 1:30-3:30pm 1 session: Mar 18 ■ Zoom, 125 seats

This course is about the greatest baseball announcers of all time. Red, Mel, Harry, Jack, Ernie, Jon, Vin and many more. Learn about these legends and listen to their stories. Sit back, relax, and enjoy some baseball. Good seats are still available.

Read Paul's bio on p. 19.

#### **NEW!** Backgammon for **Beginners**

#### William Pow

Tuesday, 9:30-11:30am 3 sessions: Mar 25, Apr 1, 8 Campus Center, Room 31 16 seats

(i) No knowledge of the game is needed. If you own a backgammon board/set, please bring it to class

Come, develop an appreciation for this fascinating ancient game. Participants will learn the basics of the game and study game strategy, including how to calculate the probabilities of the possible outcomes when rolling two dice.

William Pow started playing backgammon in 1976 while in college. He started a local club in 1980 has managed backgammon tournaments for over 40 years. Although not an expert, he is certainly a backgammon enthusiast, competing in American Backgammon Tournaments (ABT) a few times per year.

#### **W&M Campus Tour: The Old Campus**

Marjorie Biddle, Martha DeBord, Cyndy & Jon Huddleston, MK & Bill **Sizemore** 

Thursday, 1:20-3:30pm 1 session: Mar 27 or Apr 3 or Apr 10 Old Campus, Hearth Memorial 20 seats each date

🔅 🖟 2-mile walk; see requirements below (i) The class is being offered on 3 dates. Please select one date

Are you new to the area? Lived here for a while but never explored the campus? As an Osher member, you are part of the academic community of William & Mary. Here's your chance to stroll shaded pathways, through gardens and woods, and past the Colonial-era buildings of the Old Campus while learning about the university's history, architecture, and lore. W&M alumni and longtime residents lead tours.

The tour requires walking 2 miles outdoors and negotiating uneven terrain, unpaved areas, and the occasional staircase. Wear proper footwear and dress for the weather.

Marjorie Biddle '67, was president of Tri Delta sorority, a volunteer tutor, and a CW costumed guide during her college years. She holds a Ph.D. in developmental psychology from University of Minnesota. Married in the Wren Building a few years ago, she loves sharing her

gratitude for her W&M experience. Williamsburg native and alumna Martha DeBord, '78, '84 M.B.A., says she couldn't wait to leave her small town. but now proudly acknowledges and appreciates having Colonial Williamsburg and the W&M

#### campus as playgrounds of her youth. Her diverse career includes teaching, auditing, medical administration, and physical therapy. She's also been high school diving coach, winery employee, and member of several boards, including the local W&M alumni chapter.

Cyndy Huddleston '83, '86 M.Ed., spent nearly 40 years in higher education, including Bucknell, Georgetown, George Washington University, and UVA's McIntire School of Commerce. She is active in the W&M Society of 1918 and volunteers in several campus offices when not planning her family's next international adventure.

Jon Huddleston '82, '86 J.D., practiced law for 36 years in Leesburg, VA. He is a past president of the Virginia State Bar and the Virginia Law Foundation. A longtime youth basketball and soccer coach, Jon has turned his passion for sports, kids, and his alma mater into being an avid fan of the Tribe.

Bill Sizemore, '71, spent 43 years as a journalist, mostly at The Virginian-Pilot, where he was a Pulitzer Prize finalist. He is author of Uncle George and Me: Two Southern Families Confront a Shared Legacy of Slavery, the story of his slave-owning ancestors, their slaves, and their descendants.

MK Sizemore,'72, met Bill when they worked together on Flat Hat, W&M's newspaper. The couple

later married in the Wren Chapel. She is mostly retired from careers in newspapers and as co-owner of Two Rivers, a multimedia production company. She volunteers as vice chair of media/ communications with the Historic Triangle Democrats. MK and Bill have two daughtersalumnae, a son who chose UVA, and six grandkids.

love and

Top Tropicals for Your Patio (p. 36) London History from the No. 8 Bus (p. 41)

Joy of Growing Flowers (p. 35)

Intro to Astronomy (p. 35)

**RELATED SPECIAL INTEREST** 

**COURSES** 

Capturing History in Photos (p. 18)

**D-I-Y Landscaper: Spring Pruning** 

Lace in the Time of Queen

Joy of Photography (p. 21)

Victoria (p. 20)

(p. 35)

#### **WORLD HISTORY**

#### NEW! Virginia Genealogy Research at the Library of Virginia

#### Mary Beth Dalton, Karen McPherson

Wednesday, 9:30-11:30am 3 sessions: Apr 16, 23 at School of Education. Room 1056

- Apr 30 at the Library of Virginia (drive on your own or carpool) 20 seats
- (i) Formal experience in genealogical research is not required. However, we will focus on researching Virginia ancestors using Virginia resources, members who have (or believe they have) ancestors in Virginia and know a bit about them will benefit most from this class

This course provides information about genealogy resources available at the Library of Virginia in Richmond.

Members will learn about how to use the library's online resources, as well as the books, manuscripts, microfilm, maps, and archives at the Library.

Members are encouraged to come to the class prepared to research their Virginia ancestors. The instructors will offer one-on-one assistance during the class sessions.

The third session will be a field trip to the Library, where members will be given a brief tour of the facility before they make use of the library's resources.

Members will carpool for this session. The instructors will continue to offer personal consultation and advice to class members during the field trip.

Mary Beth Dalton has been doing genealogy research for 30 years. She has a bachelor's and master's degree in education and has worked in a variety of managerial and administrative positions. She has owned a genealogy business for over 20 years. Since retirement, she has been active in several genealogical societies and has taught for a number of lifelong learning programs. She volunteers for Williamsburg House of Mercy and the Louisa County (VA) Historical Society.

Read Karen's bio on p. 12.

#### Be an Osher Instructor

#### **Veteran Instructors**

Thursday, 1:30-3:30pm 1 session, May 1 Campus Center, Colonial Echo, 15 seats

① Open and free to both members and non-members; registration is required. Osher members should register online. Non-members should email osher@wm.edu for info or to register.

Thought about teaching for Osher? A panel of veteran Osher instructors will answer questions and explain how to get started. They will walk you through the process of becoming an instructor and proposing a course. You'll gain insight about the kinds of courses members like and the best teaching methods for adults. You'll hear how to organize, deliver, and present your course – and the help available as you propose a course and prepare to teach.

Everyone has an interest, hobby, and experience. Consider sharing yours with Osher at W&M members. You'll wonder why you waited so long!

### **World History**

#### The Holocaust Through the Eyes of a Child

#### **Donald Schilling**

Tuesday, 9:30-11:30am 3 sessions: Feb 4, 11, 18 Campus Center, Room 159 40 seats

This course examines the challenges faced by Jewish children in the Holocaust with attention to their similarities and differences with adult victims. Discussion focuses in particular on the experiences of Nechama Tec as recorded in her book *Dry Tears* and how she was eventually able to confront her painful past.

**Suggested reading:** Dry Tears: The Story of a Lost Childhood by Nechama Tec, ISBN-13: 978-0195035001

Donald Schilling has a Ph.D. in modern European history from the University of Wisconsin-Madison. He taught the subject at Denison University for 41 years. Classes on Confronting Evil: The Holocaust in History, The Rise and Fall of Nazi Germany, and The Origins and History of WWII.

## Only Hope: My Mother and the Holocaust Brought to Light

#### **Irving Lubliner**

Tuesday, 3-5pm 1 session: Feb 4

■ Zoom, 125 seats

Before she passed away in 1974, Felicia Bornstein Lubliner wrote about her internment in ghettos and concentration camps in Nazi-occupied Poland, powerful stories published by her son, Irving.

He will share excerpts from *Only Hope:* A Survivor's Stories of the Holocaust, shedding light on his mother's experiences and indomitable spirit, as well as his own experience as a child of Holocaust survivors and his process to bring the book to fruition.

Susanne Severeid, host of an Emmy winning PBS documentary on the Holocaust, said this about Felicia Bornstein Lubliner: "A gifted writer, she weaves beauty and humanity into her writing without sparing the grim details of the horrors of Auschwitz and the Holocaust."

The instructor invites you to travel back in time, to follow his mother into the concentration camps, and to learn about the Holocaust through her writings.

**Suggested reading:** *Only Hope: A Survivor's Stories of the Holocaust* by Felicia Bornstein Lubliner

Irving Lubliner isa national Osher presenter and professor emeritus at Southern Oregon University), where his specialty was mathematics education. During his 40-year career, he taught at all levels – kindergarten through graduate school – led seminars for teachers in 39 states and gave over 350 conference presentations. He created Felabra Press and published his mother's writings about her experiences during the Holocaust.

### **NEW!** Grandmother of Europe

#### **Linda Smith**

Thursday, 9:30-11:30am 3 sessions: Feb 6, 13, 20 Campus Center, Little Theatre 110 seats

Queen Victoria and Prince Albert had a vision of a united, peaceful Europe under enlightened Anglo-German guidance. They planned their children's marriages to support this goal. This course will examine the nine marriages as they were planned and realized, with the actual results for Europe in the 20th century.

Linda Smith has a B.A. in history and political science from Boston College, with a specialty in Victorian England and graduate seminars in Victorian Imperial history, Oxford University. She retired to the Williamsburg area after 40 years as a research librarian in academic and corporate environments.

### NEW! Lessons from Iwo Jima

#### **David Hopkinson**

Wednesday, 1:30-3:30pm 3 sessions: Feb 19, 26, Mar 5 Campus Center, Room 159 60 seats

We'll recall the history of one of WWII's most brutal encounters in the Pacific Theater, as the Japanese deployed an unexpected and skilled suicidal defense against overwhelming numbers of battle hardened U.S. Marines. From this human slaughter we will redraw military lessons such as

"Generals are always fighting the last war"...or "A battle plan does not survive the first encounter with the enemy." We might also living more wisely if we follow Heraclitus to "expect the unexpected, or you won't find it."

In addition to teaching topics related to his training as a clinical psychologist, (see p. 29), David Hopkinson, Ph.D. explores military history as another domain wherein good people are often thrown suddenly into unexpected disasters or challenges and have to cope anyway.

#### **NEW! Napoleon's Marshals**

#### **John Rogers**

Tuesday, 1:30-3:30pm 3 sessions: Feb 25, Mar 4, 18 Campus Center, Little Theatre 110 seats

Over the centuries, France has traditionally honored and rewarded its most distinguished soldiers by advancing them to the supreme rank of Marshal of France. Among the Marshalate are found some of the greatest names in France's history. No period of France's history has seen a more prolific display of military talent rewarded with a Marshal's baton than the 11 years under Napoleon (1804-1815) when he created 26 Marshals.

We will examine the careers of nine:

- André Messena, 1758-1817, Child of Victory;
- Louis Davot 1770-1823, The Iron Marshal;
- Nicols Soult, 1769-1851, The Finest Maneuverer in Europe;
- Michael Ney, 1769-1815, The Bravest of the Brave;

Joachin Murat, 1767-1815, Prince

- Joachin;
   Nicholas Oudinot, 1767-1847,
- Father of the Grenadiers;

   Jean Lannes, 1769-1809, The
- Roland of the Army;
   Etiene-Jacques MacDonald,
- 1774-1852, His Outspokeness;
  Prince Joseph Poniatowski,
  1762-1813, The Polish Bayard.

John Rogers is a retired vice president of a Fortune 500 company. He has extensive experience in corporate and military instruction. He is a lifelong student of history.

# NEW! Coming Out of the Dark: Europe from the Fall of Rome to the First Millennium

#### **Martin Cox**

Monday, 9:30-11:30am 4 sessions: Mar 24, 31, Apr 7, 14 Campus Center, Little Theatre 110 seats The 500-year period between the Fall of Rome to the end of the first millennium is often referred to — inaccurately — as "The Dark Ages," with images of "Barbarian" tribes destroying Roman "Civilization."

The truth is far more complex, demonstrating how collapse, continuity, and rebirth can exist simultaneously. This course will examine European history from Rome's collapse to the Great Schism of 1054.

Broad themes will include the collapse of the Roman Empire in the West, continuity in the eastern Byzantine Empire, the movement of Gothic tribes, the rise of the Church as a center of power in the West, religious controversies and schisms, the impact on Europe from the expansion of Islam out of the Arabian Peninsula, Charlemagne and the Carolingian Kings, and the rebirth of Western Europe culminating in the Great Schism.

Martin Cox earned a B.S. in geology from William & Mary. Recently retired to his native Tidewater, he was a career African Studies specialist for the Defense department. A five-year post in the U.K. spawned a passion for living history and the Early Medieval period. He is a veteran Medieval reenactor and amateur historian.

### **NEW!** London History From the No. 8 Bus

#### **Kelly Shaw**

Tuesday, Thursday, 9:30-11:30am 2 sessions: Mar 25, 27 Campus Center, Little Theatre 110 seats

Learn about London history from the top deck of the number 8 bus. Starting from Tottenham Court Road, and winding to Bow Church, participants will learn about the city from pre-history through to the modern age.

Kelly Shaw has been living part-time in London for several years. Before the pandemic, she wrote apps describing sights along common London Bus routes, helping visitors experience London as Londoners rather than as tourists.

#### Scourge of the Seas: Pirates in History and Today

#### Michael Knapp

Thursday, 1:30-3:30pm 3 sessions: Mar 27, Apr 3, 10 Campus Center, Room 159 60 seats

We will explore pirates in early history, then focus on the "Golden Age of Piracy" (1650-1730 AD), and finally talk about how pirates have changed over the centuries and the threats they still pose to today's maritime commerce. We will also cover women in piracy and government-sponsored pirates and conclude with a discussion of the most successful pirate of all time – it's not who you think!

Suggested reading: Pirates: Terror on the High Seas From the Caribbean to the South China Sea edited by David Cordingly. Pirates: Scourge of the Seas by John Reeve Carpenter

See Michael's bio at right.

## The Sinking of the *Titanic*: What Really Happened and Why

#### Michael Knapp

Thursday, 1:30-3:30pm 3 sessions: Apr 17, 24, May 1 Campus Center, Room 159 60 seats

Board the Titanic to experience its fateful maiden voyage in 1912, its collision with an iceberg, and its dramatic sinking in the wintry North Atlantic. We will cover the Edwardian era and Gilded Age as societal contexts for this disaster, follow the ship as it is built in Northern Ireland, and experience the excitement mixed with sadness at the discovery of the wreck in 1985.

The course will highlight maritime engineering and materials science findings over the last quarter century that explain the structural weaknesses and design faults that led to the ship's demise.

We will also consider the human hubris and errors, along with the unique environmental factors that combined to spell doom for the Titanic and most of its crew and passengers.

Michael Knapp is a retired researcher and intelligence analyst who worked as a civilian and U.S. Army officer for the U.S. Government for four decades. He has developed and taught several popular history courses for the Osher Institute at the University of Virginia and now at William & Mary. He holds a bachelor's degree in history from Central Michigan University and continued graduate studies at UVa and the National Intelligence University.

## An In-Depth Visit to Five English Medieval Cathedrals

#### Jan Smith

Friday, 9:30-11:30am 3 sessions: Apr 18, 25, May 2 Campus Center, Room 159 60 seats

Although English cathedrals share certain characteristics, each one has a unique story and its own architecture. Canterbury Cathedral was home to England's first Archbishop, Winchester Cathedral was an early center of power, York Minster housed a second Archbishop in the north, Norwich Cathedral was established by the Norman conquerors, and Peterborough was a monastery shut down by Henry VIII who then promoted it to cathedral status.

After a brief review/introduction of English medieval cathedral architecture, this course will examine the history, art, and architecture of these five intriguing cathedrals. No previous knowledge or experience is required.

**Suggested reading:** The History of England's Cathedrals by Nicholas Orme; Medieval Church Architecture by Jon Canno

Jan Smith was a docent at the Museum of Fine Arts Houston. She studied art history at the Glassell School of Art and the Women's Institute of Houston, and medieval church architecture through the University of Oxford's continuing education program. She

has traveled extensively in England studying cathedrals and parish churches.

### NEW! Napoleon: The 100 Days, Waterloo & Afterward

#### John Rogers

Wednesday, 9:30-11:30am 3 sessions: Apr 30, May 7, 14 Campus Center, Little Theatre 110 seats

A study of Napoleon's life and careers, from his rise from Major of Artillery to General to Emperor of France. The principal focus will be upon his exile to Elbe, his return to power, the 100 days, the Battle of Waterloo, and afterward.

Read John's bio on p. 41.

### NEW! History and the Diplomat

#### **Michael Butler**

Monday, 2-5pm 3 sessions: Apr 14, 21, 28 Swem Library, Ford Classroom 35 seats

How does History inform foreign-policy decisions? How do policymakers use History as an analytical tool?

"History and the Diplomat" will focus on the first half of the 20th century to address these questions. Prof. Butler will draw from his 30-year diplomatic career to propose answers.

Here's how the course works: W&M undergraduates choose a current foreign policy issue and then work backwards to illuminate its historical context. Course requirements for the W&M student include active participation in seminar sessions, a short bibliographic essay, a multimedia presentation to an outside audience (i.e., Osher members), and a 20-page research essay based on primary and secondary sources.

Michael Butler received his Ph.D. in History from the University of Virginia and then embarked on a 30-year Foreign Service career. He has taught at UVa, the U.S. Military Academy-West Point and, since 2012, in the History Department at William & Mary.

### **ZOOM IN TO LEARNING**

#### **Online Courses for Spring 2025**

Zoom links are emailed one business day prior to class. Links are also available by signing into your Osher account. You must identify your device to participate in class.

Read more at right and on p. 4 for more information about Osher policies and procedures.

Course	#	Day	Time	Dates	Instructor	Pg
NEW! Battleships: From the <i>Merrimack</i> to the <i>Missouri</i>	4	Tu	10a- 12p	Feb 4, 11, 18, 25	Beasom	5
NEW! Making the U.S. Part 1 - Franklin, Adams, Madison, the Founding Mothers, Washington and Wythe	6	F	9:30- 11:30a	Feb 7, 14, 21, 28, Mar 7, 21	Staton- Reinstein	7
NEW! Making the U.S. Part 2 - The Anti-Feder- alists and Washington's Warnings	6	F	9:30- 11:30a	Mar 28, Apr 4, 11, 18, 25, May 2	Staton- Reinstein	10
The Very Model of a Modern Comic Opera: The Pirates of Penzance	1	F	1:30- 3:30p	Feb 28	Krantz	19
The British Invasion (1963-1972)	3	Tu	1:30- 3:30p	Mar 25, Apr 1, 8	Beales	20
NEW! Hanna-Barbera – From Modern Stone- Age to Meddling Kids	6	W	1:30- 3:30p	Mar 26, Apr 2, 9, 16, 23, 30	Ehrbar	20
Understanding Today's Economic Trends & Issues	3	W	1:30- 3:30p	Apr 30, May 7, 14	Gaske	24
NEW! Dementia 101: Raising Awareness, Reducing Risks	3	W	1:30- 3:30p	Feb 26, Mar 5, 19	Worthington	27
Preventing Dementia: Hope & Help as We Age	3	F	9:30- 11a	Mar 28, Apr 4, 11	Quinlisk	28
NEW! The American Scholar: Emerson & the Liberal Arts Promise	1	М	9:30- 11:30a	Mar 17	Chaves	32
NEW! How the U.S. Ranks 2025: A Top 10 Review	1	Tu	9:30- 11:30a	Mar 25	Stowell	33
NEW! American Spiritualities	4	М	9:30- 11:30a	Mar 24, 31, Apr 7, 14	Ingebretsen	33
St. Paul and the First Christians	4	Th	9:30- 11:30a	Mar 27, Apr 3, 10, 17	Dalby	34
Mastering Your iPhone/ iPad Camera & Photo Apps	3	W	9:30- 11:30a	Apr 16, 23, 30	Chase	37
NEW! Baseball's Announcers: The Voices of Summer	1	Tu	1:30- 3:30p	Mar 18	Boren	39
Only Hope: My Mother & the Holocaust	1	Tu	3-5p	Feb 4	Lubliner	40

### Zoom Class Policy & Procedures

#### 1. Full ID Required

Zoom participants must identify themselves (their device) with a first and last name. This is the digital equivalent of wearing your Osher name badge to an in-person class.

Members who use a generic name (e.g., Joe's ipad, or just a phone number) will be placed in the waiting room for the duration of the class. Click here to learn how to rename your device.

### 2. One Seat Per Enrolled Member

Sign-ins by a single member on multiple devices are not permitted.

### 3. Link is Emailed Day Prior to Class (first session only)

Links are emailed at 6am the day before class (Friday noon for Monday classes). Check your junk folder, too.

### 4. Link Remains the Same for Multi-Session Courses

For courses with 2 or more sessions, save the link! It remains the same for the entire course.

### 5. Lost the Link? Find it in Your Osher Account

Misplaced the email with the link?
No worries. The link is posted in your Osher account. Sign in to your Account at LearnAtOsher.wm.edu.
Click on Class List. Voilà!

#### 6. Zoom Waiting Room

When you click the link for your Zoom class, you are placed into a "Waiting Room." The waiting room is an intentional Zoom feature and does **not** indicate a technical issue on your end or ours.

What's happening is that the Osher staff and instructor are working to set up the presentation, test settings, etc., (just like the setup for in-person courses).

Please be patient. We see your name and know you are waiting. Our goal is always to start on time.



Join us for an upcoming lunch event to learn more. choosehome.com/events



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#### **Membership Registration**

Spring 2025 | February 3 – May 16

Address		Phone			
City, ST & Zip		Landline or Cell: If cell, opt-in to texts? Yes No			
Preferred First Name(for Your Name Tag)		Date of Birth (MM/DD/YYYY)			
l am a: 🗌 New Member 🔲 Returning N	Member	Highest Education W&M Alum?			
prefer the Catalog by:  U.S. Mail	Occupation (current or prior to retirement)				
Contact me about volunteering: Yes	No	Military Servi	ce No Yes [	Veteran	
Membership Type   Regular – \$.	_	Honorary: count code pro	Scholarship:	Gift Certificate:	
Course Selection(s)	Dis	count code pro	vided		
1. Request a maximum of SIXTEEN (16) cour (L&L) event(s) do not count against the 16					
<ol><li>Prioritize your choices below by ranking the Do not differentiate between single/multi</li></ol>					
<b>3.</b> Forms and payment are due by <b>5pm on Ja</b>	<b>n. 15</b> . If you miss	early registratio	n, open enrollment starts	on Jan. 27.	
PRIORITY # CLASS NAME	MULTI-SESSION?	PRIORITY #	CLASS NAME	MULTI-SESSION?	
i	🗆	9			
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7		15			
8	🗆	16			
Emergency Contact: Name		Pho	ne		
Is Your Paper Registration Complete?		~	Gift Opportunity – Early	•	
This Registration Form		Cash gifts made Ja	nuary 3-15 are matched dollar-fo	r-dollar to a max of \$5,000!	
Participation Agreement (signed and dated)  Check payable to William & Mary. Include:		_	I'll support Osher at W&M		
\$175 Spring membership Fee(s) if you selected Lessons & Luminations event(	(s) (see p. 14)		5		
Donation to the Osher Impact Fund #3914 (optional;	; see p. 47)		nefit of the Osher Institute at W&		

#### Osher Institute at William & Mary **Participation Agreement**

2024-25 Academic Year

I acknowledge that I am at least 18 years of age and intend to participate in courses, lectures, workshops, tours, events, and/or activities ("the Program") offered by the Osher Lifelong Learning Institute at William & Mary ("Osher at W&M") for the 2024-2025 academic year (July 1, 2024-June 30, 2025). By signing below, I agree to abide by the policies, procedures, and protocols of Osher at W&M as provided here, and in the semester course catalog, during my participation in the Program, whether as a member, instructor, co-instructor, community volunteer, guest, or other associate.

#### **Participation Parameters**

Osher at W&M seeks to create a vibrant learning environment where participants engage in free, open, and amicable discourse in a safe and supportive environment. Our community of learners, instructors, volunteers, and staff embodies a wide range of experiences, cultures, abilities, and perspectives. Intellectual honesty, mutual respect, courtesy, and civility are the foundation of the Program. I understand that engaging in disruptive conduct, including aggressive behavior, use of obscenities or profanity, failure to follow the direction of an Osher at W&M official, or harassment or discrimination of any kind may result in the termination of this agreement and my ability to participate in the Osher at W&M Program. Information about current membership fees, registration, refund policy and applicable administrative fees is provided in the current course catalog. I acknowledge and agree that Osher at W&M reserves the right in its sole discretion to cancel any element of the Program at any time.

#### Assumption of Risk – Program Participation

Participation in the Program and selection of specific coursework is voluntary, and individuals should assess their own readiness and ability to engage in the activities described before registering for a course. Courses may include travel to off-site locations and engagement in events and facilities managed by third parties for which Osher at W&M has no oversight or responsibility. Activitybased coursework may involve low-impact exercise, and outdoor coursework may involve uneven terrain and exposure to the elements, all of which include the risk of falling, strain, or overexertion. Cooking or food-based courses may involve use of products that constitute allergens for some people. I agree to stop any activity and request assistance if I experience symptoms such as dizziness, fatigue, shortness of breath, pain, or any other condition(s) that would make it difficult or unsafe to continue. I acknowledge that none of Osher at W&M's courses constitute physical therapy or the provision of medical treatment or advice. With regard to tours, field trips, events, or travel programs, I agree to follow all instructions given to me by Osher at W&M staff or instructors.

I further understand and agree that the College of William & Mary, Osher at W&M, and the Commonwealth of Virginia do not provide any indemnification or insurance coverage, such as life, accident, automobile, or health insurance coverage for the Osher at W&M Program courses, lectures, tours, events, activities, performances, travel programs, special interest groups, and/or clubs.

#### Consent for Use of Image and Information

As a member of Osher at W&M (or as a non-member attending a member event), I give my permission to: 1) take and use without payment, any photographs, slides, or films of myself, as may be needed for public relations purposes, marketing/advertising, press releases, website development, or training purposes; 2) I further understand that my name and contact information will be distributed to Osher at W&M staff and Osher at W&M instructors in order to conduct classes, programs, and activities; and 3) I give my permission to receive emails from Osher at W&M unless I provide written notification to opt out.

#### Release of Liability

Osher Institute at William & Mary

By signing below (or if registering online, by checking the acknowledgment box when prompted), I acknowledge that my participation in the Osher at W&M Program is strictly voluntary and I knowingly assume all risks thereof, including any financial or other obligations I incur as a result of any medical care I receive during or in connection with the Program, and release Osher at W&M and the College of William & Mary in Virginia, and their officers, directors, employees, and agents, from responsibility for any and all injuries or damages caused by the inherent risks of the activity and/or the negligence, recklessness, or intentional acts of myself and/or any third parties.

I knowingly bind myself my heirs, executors, and representatives and agree that if any of the provisions of this agreement become invalid, illegal, or unenforceable in any respect under any law, such provision shall be changed and interpreted to best accomplish the objectives of such provision within the limits of applicable law.

Participant's Signature **Printed Name** Today's Date

PO Box 8795 Williamsburg, VA 23187-8795

(757) 221-1506 osher@wm.edu

#### **HOW TO REGISTER SPRING 2025**

#### Early registration: Jan 3-15 Open enrollment begins Jan 27

- 1 Go to LearnAtOsher.wm.edu.
- 2 Sign In or Create a Account.
- 3 Click Register (Home page, under 'Spring 2025').
- 4 Add a Membership to your cart FIRST (but don't check out yet).
- 5 Click Return to Home.
- **6** Search for classes (under 'Spring 2025') and add to your cart. Choose up to 16 classes with no more than 8 multi-session courses.
- **7** When finished choosing courses, proceed to checkout and pay. You will have a chance to review your registration before paying by credit card.
- 8 Check your email for confirmation of your order and a separate receipt for credit card payment.
- 9 IMPORTANT: The early registration lottery requires that you rank your course selections. For oversubscribed classes. the "lottery," i.e., an algorithm, randomly assigns seats based on all members' priority selections Initially, courses are prioritized in the order you place them in your cart. You can reprioritize your choices once you check out and pay. Just log back into your Account, click My Priorities, and re-rank your selections. Rank your choices in order of preference. Label your first choice as 1; second as 2; and so on When ranking choices, do not differentiate between multi-session and single-session classes You'll automatically be placed on the wait list for overenrolled classes that you requested

#### 10 DROPPING OFF OR MAIL-**ING YOUR REGISTRATION?** We've moved to Boswell Hall, Rm

028. 30-minute and ADA parking in Boswell Lot requires an Osher parking permit. See p. 4 for info

### **DOUBLE YOUR IMPACT \$5K MATCHING GIFT CHALLENGE**

Every gift counts.

And for a limited time, your generosity goes twice as far!



### **During early registration** (January 3-15)

every dollar you donate will be matched to a max of \$5,000 thanks to the generosity of an anonymous Osher member

#### Did you know?

Osher at W&M is 100% self-funded (as was our legacy program, the Christopher Wren Assocation)

As a state-funded university, W&M cannot provide financial support to auxiliary organizations like ours

Among 124 Osher Institutes nationally, annual gifts average \$40,712. By comparison, we raised \$4,400 last year

Osher at W&M operates at a deficit (we lost half our members during COVID; we've regained a significant share back, but our reserve funds are depleted)

#### 100% of your gift

Solely benefits the Osher Institute at W&M Supports Osher at W&M's ongoing operations and program excellence Is tax-deductible & acknowledged by W&M Foundation (a 501(c)3 nonprofit)

Hurry! The matching gift challenge ends Jan. 15

Donate today by credit card at Impact.wm.edu/Osher

Add a gift during checkout when you register for Spring classes

Contact us at osher@wm.edu or (757) 221-1506 for more ways to contribute

Let's rise to the challenge!





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#### Spring 2025 at Osher

Jan 3	Early registration opens			
Jan 15	Early reg closes at 5 pm			
Jan 20	MLK Day (University closed)			
Jan 24	Class schedules emailed			
Jan 27	Open enrollment begins			
Feb 3	First day of classes			
Feb 7	Charter Day (no classes)			
Mar 10-14 Spring break (no classes)				
May 16	Last day of classes			

#### **Spring Fees & Registration**

Spring membership is \$175; allows enrollment in up to 8 multi-session courses and any number of one-time classes to a maximum of 16 courses total.

Early registration is January 3-15; gifts made to the Osher Impact Fund during this time are matched to a max of \$5,000 (see prior page).

Early registrants participate in a lottery for oversubscribed courses and are automatically placed on a wait list for requested classes that are fully subscribed. Open enrollment starts January 27. See p. 4 for info.

#### **Key to Course Descriptors**

- Class starts at other than the standard 9:30am or 1:30pm; and/or is longer/shorter than the standard 2-hour class duration
- **⚠** Course requirement
- (i) Important information
- Online class via Zoom
- (\$) Additional cost
- Dress for the weather
- Nalking tour or field trip
- Drive on your own or carpool



#### About the Osher Institute at W&M

We are a community of adults — mostly ages 50 and better — seeking knowledge, enrichment, and connection with the larger world through intellectually stimulating and socially engaging educational experiences.

Our program's hallmarks are a quality curriculum, extraordinary instructors, and a vibrant membership. Courses are offered through semester-based membership with three semesters each year.

The program was founded in 1991 as the Christopher Wren Association and is self-funded through membership fees, member gifts, fundraising efforts, and annual distributions from the Bernard Osher Foundation endowment. Designated as an Osher Lifelong Learning Institute (OLLI) in 2018, we are one of 124 Osher Institutes located at select universities across the United States.

#### We've Moved to Campus

The Osher office has moved to Boswell Hall, Room 028. Office hours are Monday-Friday, 10am-4pm. Because the team is often setting up or moderating classes, we may not be immediately available by phone or in person. For a faster response, email osher@wm.edu. See p. 4 for info about stopping by the office and temporary 30-minute parking.