

When it comes to plating meals at home, what do you usually keep in mind?



**Japanese Food
Presentation:**

**Key Features
to Know**

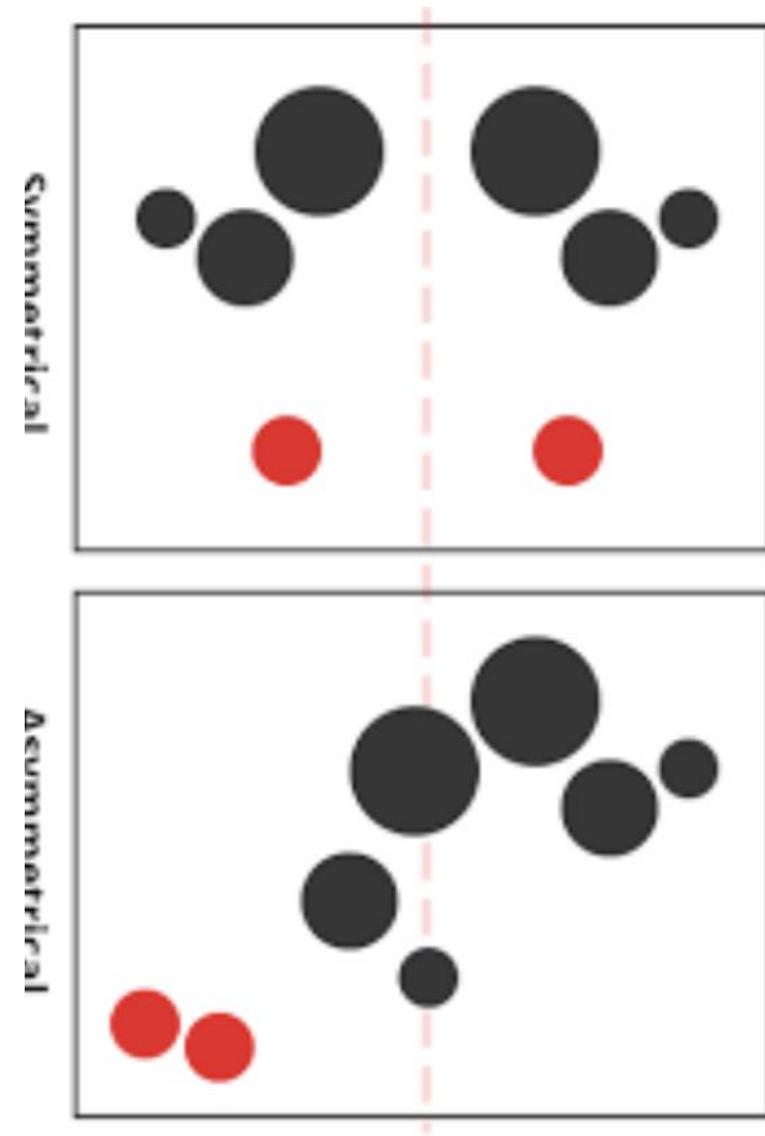


(I) Three-dimensional Arrangement



**Which do you prefer
when food plating?
Symmetry or
Asymmetry?**

And tell me why?”





Symmetry or Asymmetry?

Symmetrical: Stable ;Calm ;Predictable

Asymmetrical:compelling; Engaging



(II) Asymmetrical







4. The Influence of Yin and Yang

① Items in odd numbers





4. The Influence of Yin and Yang

② Shape balance