

OSHER LIFELONG LEARNING INSTITUTE



Fall 2023

COURSE CATALOG

NEW THIS FALL AT OSHER AT W&M

It's Fall at the Osher Institute, and the semester promises to be as crisp, colorful, and full of adventure as the College Woods that surround us. Here's what's bright and new at Osher:

Classes return to Old Campus! We'll be in Little Theatre and Colonial Echo (former home of the university's yearbook staff, thus the name) in Campus Center, as well as Tucker Hall (near the Sunken Garden)

Other on-campus class locations include Keck Lab, Swem Library, and the School of Education

131 courses in 13 subject areas, including 60 new offerings

Collaborations with other Osher Institutes and national speakers

Streamlined scholarship application process (p. 30)

Improved course evaluation: five quick questions

Expanded Class Selection Worksheet: all class details in a single chart (p. 23-30)

Optional "after-class chat" for selected courses — 30 minutes of follow-on discussion with the instructor and classmates

A field trip to the Surry woods (p. 11), plus member favorites: stargazing at Kiskiack (p. 39); tours of Old Campus (p. 42), Swem Library (p. 44), and the Mariners' Museum (p. 10)

See you in September!



During the April 2023 Old Campus walking tour, an Osher class struck a pose with Thomas Jefferson on the occasion of his 280th birthday.

Fall 2023 information is accurate as of time of publication. Members will be emailed if a course date, time, or location changes. Changes are also posted to the website at wm.edu/osher.

CONTENTS

Fall 2023

Welcome to Autumn
at William & Mary



Above:
Thanksgiving Visitor to Campus

Front Cover:
Lord of the Wren

Back Cover:
Through the Window Panes

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2	The People of Osher
4	Policies & Procedures
5	American History
11	American Wisdom Tradition
12	Art, Music & Film
15	Finance & Economics
17	Government & Law
19	Health & Wellness
23	Class Selection Worksheet
30	Important Dates, Scholarship Information
30	A Word About Free & Amicable Discussion
31	Languages
32	Literature & Writing
34	Media & Current Affairs
35	Religion & Philosophy
37	Science, Technology, Engineering & Math
42	Special Interests
45	World History
49	Membership Registration Form
50	Participation Agreement
51	Parking Registration Form
53	Class Locations & Parking

The People of Osher

Some of us work behind the scenes. Others are at the head of the class – after spending hours, weeks, months to develop a course that will pique interest and deliver knowledge with excellence. Still others lend a hand with time, talent, and enthusiasm to support staff, instructors, and the program. Many more join in simply for the love of learning.

Together, we are the members, member-volunteers, instructor-volunteers, leadership council volunteers, and staff that make the Osher Institute at William & Mary the one-of-a-kind, remarkable and inspiring, not-to-be-missed experience that it is.

To each of you — **thank you.**

OSHER STAFF

Laurie Hesser
Associate Director

Ann Covington
Administrative Coordinator

Phoebe Williams
Administrative Coordinator

2023-24 LEADERSHIP COUNCIL

Finance

Frank Wood

Member Experience

Cathy Flanagan
Paul Luchsinger

Curriculum

Bill Rhodes
Barnet Feingold

Subject Area Coordinators

Kathleen Anderson – Health & Wellness
John Delano – STEM
Barnet Feingold – Social Sciences
Marjie Harris – World History
Janice Hathaway – Arts
Karen McPherson – U.S. History
Rick Morrison – History
Larry Perlow – Humanities
Bill Rhodes – Religion & Philosophy
Lara Shaefer – Special Projects
Kelly Shaw – Public Affairs
Karen Thomas – Special Interests

Volunteers are the heart, soul, and engine of Osher.

Consider expanding your Osher experience as a classroom assistant or office admin (email us), instructor (see “Be an Osher Instructor,” p. 42), or as a Leadership Council member (stay tuned for info on our Annual Membership Meeting).

Whatever your interest, experience, skill, or schedule, your gift of time and talent is always welcome here.

IN GRATEFUL ACKNOWLEDGMENT

For the many contributions of these longtime volunteers who transitioned out of leadership or instructor roles during 2022-23:

Robin Church – instructor, World History
John Livecchi – instructor, Humanities (Homer)
Debbie Misiag – special projects, Curriculum Committee
Helen Odorisi – subject area coordinator, Photography

Jim Spence – instructor, Sports Media
Ann Teske – chair, Curriculum Committee
Eric Thorson – subject area coordinator, Government & Law
Thomas White – subject area coordinator, Humanities

MEMBER-VOLUNTEERS

2022-23: Fall, Spring & Summer

Christianne Allison
Mark Anderson
Carolyn Austin
William Bean
Susan Bivins
Wanda Brown
Barbara Burnside
Joseph Carena

James Carey
Dianne Cheek
Mary Cheston
Bill Christensen
Linda Cole
Evette Conwell
Lisa Craft
Marlene Cummins

Al Cummins
Catherine Davis
Susan Delano
Dave Dryden
John Dyer
Martha Elim
Joan Emerson
Sandra Erdle

Karen Eversole
Anne Farkas
Wayne Glass
Carolyn Glendening
Bentley Gregg
Maureen Haley
Marilyn Hamly
Marjie Harris

MEMBER-VOLUNTEERS *(continued)**2022-23: Fall, Spring & Summer*

Peter Henderson	Anne Luchsinger	Scott Orr	Donald Schilling
Agnesann Herman	James McDonald	Keith Parkansky	Walter Schmid
Tom Hesser	Margaret McGuire	Edilberto Pelausa	Cathy Sheedy
Kathleen Hickey	Karen McPherson	Inge Penner	Lisa Smith
Philip Horbert	Tim McPherson	Dennis Pillsbury	Majorie Snipes
Dorothy House	Kurt Metcalf	Jackie Polizzi	Sandra Stephan
William Hughes	Margaret Metcalf	Bruce Powell	Paul Stockmeyer
Janice Idyll	Jeanne Millin	Donna Powell	Ellen Swan
Linda James	Mary Minor	Maria Pressley	Karen Thomas
Jadi Johnson	Deborah Misiag	Lynn Pryor	Barbara Thomason
William Johnson	Karla Mitovich	Phil Pryor	Thomas Thomason
Karen Kayser	Lois Montague	Cleta Puckett	Tom Thompson
Wendy Keener	Ray Morgan	Amy Ronayne	Jeff Treichel
Elizabeth Keller	Nancy Moye	David Ross	Joy Unger
Claudia Kirk	Linda Neilson	Judy Salken	Nancy Van Tine-Scinto
William Kroncke	Fritz Ober	Janet Savage	Alicia Wilson
James Lockard	Kit Ober	Amy Scanlin	Kenneth Wittle
	David Olson	Sepp Scanlin	

INSTRUCTOR-VOLUNTEERS*2022-23: Fall, Spring & Summer*

Nashat Ahmad	Donna Dodenhoff	Diana Lorence	Donald Schilling
Sean Allburn	Lawrence Durrett	Michael Lorence	Paul Severance
Georgiana Avioli	Barnet Feingold	Rita Lysher	Frank Shaia
Fran Bado	Bill Fetsko	Jeff Marston	Kelly Shaw
Jacob Bales	Jeanne Forrest	James McDonald	Daniel Shaye
Jim Bales	Feather Foster	Mark McLaughlin	Dan Sherman
Lisa Bates	Carmen Fragapane	Karen McPherson	Bryan Siewert
Islam Bedir	Ray Funkhouser	Laura McShane	Abra Smith
James Belcher	Dan Gaske	Sandy Menaquale	Jan Smith
Carol Bender	Pattie Gaudio	Frank Milligan	Linda Smith
Candice Benjes-Small	Indira Ghosh	Debbie Misiag	Jim Spence
Rena Berlin	Shubir Ghosh	Will Molineux	Robert Spitzer
Daphne Bernstein	Tyler Goldberger	James Morford	Alan Stark
Ray Betzner	Art Grant	Tim Norbeck	Sandra Stephan
Madhur Bhashini	Jim Griffin	Todd Payne	Cynthia Stillman
Rick Bleiweiss	Rhiannon Hartman	Lawrence Perlow	Peter Stimpson
Paul Boren	Peter Henderson	Brad Perry	John Streiff
Dawn Brotherton	John Hickok	Jim Perry	Karen Thomas
John Burton	David Hopkinson	Lynn Pryor	Thomas Thompson
Michael Butler	Mark Howell	Phil Pryor	Bob Tubbs
Mike Caboy	Anette Isaacs	Melissa Puttre	Daniel Walker
Carolyn Cerini	Michael Jenks	Keith Reagan	John Wasowicz
Harry Chancey	Joseph Johnson	Kayleen Reusser	Thomas White
Rick Chase	Carrie Karnes	Barbara Reynolds	David Whiting
Robin Church	Rebecca Kelly	Bill Rhodes	Sally Whiting
Mike Collier	Michael Kerley	Megan Rhyne	Adrian Williams
Christopher Collins	Tim Kloth	Michael Richardson	Bess Williams
Richard Corwin	Ken Krantz	Bill Riffer	Dana Willner
Martin Cox	Wendy LeBolt	John Rogers	Kenneth Winter
Joe Cross	Joel Levine	Betty Ronnen	Maureen Wlodarczyk
Jack Dalby	Melinda Lincoln-Richardson	Patricia Rublein	Frank Wood
John Delano	Ed Linz	Patricia Ryther	Timothy Wray
Didier de Vulpillieres	John Livecchi	Chris Scheiderer	Marilyn Younger

Please accept our apology if we inadvertently omitted your name. Please call/email us so we may properly recognize your contributions.

GOOD TO KNOW

FALL 2023 POLICIES & PROCEDURES

Membership & Attendance

You must be an Osher Institute at W&M member to register for and attend courses, one-time lectures, activities or special events. Please select classes intending to attend every session. Absences result in underused resources, loss of a seat for a member on a wait list, or a less beneficial experience in courses where a minimum number of members is essential to discussion or an activity.

Early Registration

Early registration opens on July 17 at 8am and closes July 26 at 5pm. Members may select up to 8 courses and any number of one-time classes. Early registrants are included in the lottery for oversubscribed courses and automatically put on the wait list for classes they did not get a seat in. Class schedules are sent to early registrants via email by Aug. 18.

Open Enrollment

Registration reopens on Aug. 21 at 8am and closes on Oct. 31 at 5pm. Members who missed early registration may now enroll immediately in classes with available seats. Early registrants may also add classes at this time. The limit of 8 multi-session courses and any number of one-time classes applies. If a class you would like a seat in is at capacity, call us at (757) 221-1506 to be placed on the wait list.

Parking on Campus

A valid W&M Osher parking permit is needed to park on campus. For the 2023-24 academic year, members have two permit options. **Both types are valid August 2023-August 2024.**

Standard permit (\$16). Valid only for School of Education (SOE) student lots 1, 2, 4 & 5 and Kaplan Arena student lots.

Plus permit (\$41). Includes the standard Osher hang tag to park in

student lots at SOE and Kaplan PLUS riding privileges on the Williamsburg Area Transit Authority (WATA) Route No. 8 bus that loops the W&M campus.

The No. 8 (aka "Green Line") bus originates at SOE and runs to the Grad Complex and back with stops near Old Campus/Campus Center, Keck Lab, and McCormack-Nagelsen Tennis Courts.

Plus permit holders use the standard hang tag to park at SOE or Kaplan, then present a special ID to the WATA driver to ride to/from a stop near their class location. See p. 53 for information about locations and walking distances. Plus permits are available only through the Osher office. See p. 51 for details.

Payment & Refunds

Osher membership fees help cover our operating expenses and are used entirely to support Osher at W&M. Membership fees apply each term and are not directly related to how many classes you take.

Fall 2023 dues are \$175. Payment is due in full when you register. We accept MasterCard, Discover, American Express, VISA, or by check payable to *William & Mary*.

You may request a refund through Sep. 11 by email to osher@wm.edu. A \$15 service fee applies. There are no "per class" fees; thus, no "per class" refunds. Parking permits, gfit certificates, and fees for materials, event/transportation, etc. are nonrefundable.

CLASS TIPS

Class handouts are emailed for you to print on your own. Per W&M's sustainability initiatives, copies are not available in class

Instructors may choose to share their class notes and slides.

If available, you'll find them at wm.edu/osher under "Class Info"

Zoom links are emailed the day prior to class

Dropping a Class

To drop a class, notify us as soon as possible at osher@wm.edu or (757) 221-1506. This allows us to offer the seat to a member on the wait list.

Wait List

When a seat opens in a class that is oversubscribed, we call and/or email the first person on the wait list. We will hold a seat for up to 24 hours before offering it to the next member on the wait list. Thanks for replying promptly.

Required & Suggested Reading

Instructors specify "Required Reading" when the material is essential to learning. "Suggested Reading" is useful but not essential. The library or a website like Project Gutenberg may have the information available for free.

Name Tags

Wear your current semester name tag to all Osher classes/events. You may also be asked to sign in. Name tags are emailed a week prior to the semester start for you to print/cut to size. Plastic name badge holders are available at the Osher office and Discovery 3 Classroom. If you have purchased an Osher Plus parking permit, your Osher name tag and valid Plus parking ID are required to ride the WATA No. 8 bus.

Inclement Weather

Our weather policy follows that of the university. Our voicemail greeting will confirm a closure (757-221-1506). You will not be notified personally.

Guest Requests

Classes and events are for members only. You may request a guest once a term, for a single class on a single date if the course is not fully subscribed. Pre-approval is required. Local guests must be considering membership. Call us at 757-221-1506 to request a guest.

AMERICAN HISTORY

EXTENDED! Notorious & Noteworthy: Williamsburg's Pre-Restoration Era

Will Molineux

Monday, 9:30-11:30am

6 sessions

Sep. 11, 18, 25, Oct. 2, 9, 16

School of Education, Room 2066

34 seats available

Post-Civil War Williamsburg until the Restoration began in 1926 and is a noteworthy period in some surprising ways. Early endeavors to preserve colonial buildings included those by a disgraced clergyman, a mother memorializing her daughter, and a hotelier who distributed a fanciful guide for "curiosity hunters."

At the time, Williamsburg was a town of less than 2,000 where the largest employer was a lunatic asylum; where a white policeman shot and killed a Black schoolteacher as townspeople watched; and where, at the turn of the century, the wealthiest citizen was a Black entrepreneur.

Trains that initially ran on Duke of Gloucester Street brought daytime excursionists, land speculators, and yeggmen – adventurers who came aboard to ensure that Williamsburg would never be known as a sleepy little town before its Restoration.

Will Molineux has been intrigued with Williamsburg's past ever since he was graduated from W&M, first as a newsman with the Daily Press and in retirement as an amateur historian.

NEW! Classic American Stories: Fact or Fiction?

Bill Fetsko

Monday, 9:30-11:30am

1 session

Oct. 2

Discovery 3, Classroom

40 seats available



Scene of the crime: Peninsula Bank on DOG Street, Williamsburg, circa 1906 (photo credit: Daily Press)

Did Betsy Ross really create the first American flag? Did Washington really chop down a cherry tree?

Stories such as these have been used for generations to reflect the values and beliefs of society. They are myths that are erroneous or fictitious, but traditional and widely held.

Even though myths aren't usually accurate retellings of historical events, there is value in studying them. They provide insight into the historical period in which they were created. They give us some indication of who we are and would like to be, reflect our values and represent our ideals. We can study myths to gain an understanding of how our values endure as the stories change.

An examination of examples from America's early history will be used to provide insight into a period of time during which they supposedly took place.

Bill Fetsko is a former public school teacher and administrator who currently is a curriculum consultant with Colonial Williamsburg. After 35 years in public education, he relocated to Williamsburg where he has assisted

with the Foundation's educational programs including their Summer Teacher Institute.

NEW! Loss of Innocence: From Let Me Call You Sweetheart to How Ya Gonna Keep 'Em Down on the Farm

Marilyn Younger

Monday, 1:30-3:30pm

3 sessions

Oct. 2, 9, 16

Discovery 3, Classroom

40 seats available

What was life like for those living in the U.S. in the 1910s? From *Let Me Call You Sweetheart to How Ya Gonna Keep 'Em Down on the Farm*, we'll explore this period of transition from TR's confidence to Wilson's frustrated idealism and from labor unrest to foreign wars.

The roles of women and children were changing, and old traditions were giving way to new necessities. Speed seemed constantly increasing whether from a Tin Lizzie, more powerful trains, or an unsinkable ship that we soon learned was all too sinkable.

Despite great reluctance to enter the War, once committed, we fully supported the effort to make the world safe for democracy. We read newspapers, watched movies, hummed Berlin tunes, and fought off the Spanish flu as we welcomed sons and brothers' home from the War. This is the first of a decades-based series of social history classes that focus on better understanding the daily lives of those who came before us.

Marilyn Younger retired from the Social Security Administration where she was data exchange program director. She holds a B.A. and M.A. in history and is a certified instructor for various leadership classes. She works part-time as an interpreter for Colonial Williamsburg and is a Certified Interpretive Guide of the National Association for Interpretation.

A Good Look at the First Ladies of the 1920s

Feather Foster

Tuesday, 9:30-11:30am
3 sessions
Oct. 3, 10, 17
Campus Center, Little Theatre
110 seats available

They didn't roar. They didn't flap. But they were a nifty bunch of gals!

This course re-examines the style and surprising influences of three very different FLOTUSes from nearly 100 years ago – with some great stories, too! Session 1: An in-depth look at Florence Harding, the tough and savvy Duchess. Session 2: The many graces of the Lady in Red: Grace Coolidge. Session 3: Lou Henry Hoover, and the surprising abilities of a Stanford graduate.

Feather Foster spent more than 35 years in advertising before starting a retirement career that has centered on First Ladies of the United States history, specifically the older gals. She has written four books on the subject. Among them are Mary Lincoln's Flannel Pajamas and Other Stories from the First Ladies' Closet.

Seeing the Future: Olmsted's America

Patricia Ryther

Tuesday, 9:30-11:30am
3 sessions
Oct. 3, 10, 17
Zoom
30 seats available

Before he became the nation's first landscape architect, Frederick Law Olmsted was a failed sailor, farmer, writer, and gold miner. His writings influenced international opinion on slavery, and his vision created a system of parks that would remain relevant for hundreds of years and serve all the people. With dogged perseverance, battling through personal tragedies, he made it happen. This course will focus on Olmsted's life and world, a time of civil war, rapid nation-building, and the beginning of the American park system, which includes Central Park.

Patricia Ryther is retired from a career in banking and insurance, where her jobs included writing user manuals and other nonfiction. She has a degree in English literature and has taught at the community college level. In retirement, she is pursuing her lifelong interest in fiction writing.

The Lost Cause: How the South's Post-Civil War Propaganda Campaign Won the Peace

Donna Dodenhoff

Tuesday, 1:30-3:30pm
3 sessions
Oct. 3, 10, 17
Discovery 3, Classroom
40 seats available

In the aftermath of the Union Army's victory, influential Southerners began mounting a propaganda campaign aimed at reasserting the South's white supremacist social order. Ultimately, Southerners were not alone in this effort. Drawing on recent scholarship, this lecture series will also explore the potent roles played by popular culture and early 20th century historians

in crafting a history of the Civil War and Reconstruction that legitimated the relegation of African Americans to second-class citizenship. We will conclude with an examination of contemporary efforts to yield a more accurate interpretation of the Reconstruction era as a revolution in civil rights aimed at moving the nation toward a more perfect union.

Suggested reading: *The Southern Past: A Clash of Race and Memory* by W. Fitzhugh Brundage; *No Common Ground: Confederate Monuments and the Ongoing Fight for Social Justice* by Karen Cox

Donna Dodenhoff holds a Ph.D. in American Studies from William & Mary. Her dissertation explored issues related to the Shenandoah Valley's Reconstruction era. Both her career at the Federal Election Commission in Washington, D.C. and as an historic preservationist in North Carolina catalyzed her interest in American reform movements and the culture of the Southern backcountry.

From Colony to Commonwealth: An Examination of the Primary Sources

Mark Howell

Friday, 9:30-11:30am
3 sessions
Oct. 6, 13, 20
School of Education, Room 1056
40 seats available

Virginians underwent a sea of change during the American Revolution. Politically, socially, economically, religiously, there was not an aspect of life that was not affected to some degree by the assertion of independence and the war. This course does not use the traditional lecture format: instead, participants will read, analyze, and discuss transcriptions of rarely seen documents – including legislation, newspaper ads, diaries, and personal letters – that reveal these momentous changes.

Mark Howell is Director of Education at the Jamestown-Yorktown Foundation and has also worked at Colonial Williamsburg, the American Civil War Center, and the Library of Virginia. He is passionate about using primary documents in training and programming to evoke a sense of life in the 18th century.

NEW! I Can't Tell A Lie: Parson Weems & the Truth About Washington's Cherry Tree & Other Anecdotes

James Bish

Thursday, 9:30-11:30am
1 session
Oct. 12
Discovery 3, Classroom
40 seats available

This course examines the stories most Americans have heard about George Washington and thought were false, including the cherry tree and "I cannot tell a lie." (In reality, George Washington first moved with his family at the age of three to Little Hunting Creek, aka Mount Vernon, and at about age six, owned a hatchet.)

Washington's lifetime family associations, primarily his mother's Ball family heritage, are studied in depth for the first time in this work, revealing much about Washington's non-public life. Those Washington and Ball family associations, along with Weems' family connections, expose the sources for Weems' many anecdotes regarding Washington.

Jim Bish has a B.A. in education from the University of Nebraska-Kearney, an M.A. in history from the University of Nebraska-Omaha and completed doctoral work in American history at the University of Maryland. As a teacher and historian in the Prince William County area, he has learned much about colonial Virginia families, including the Washingtons and Balls. He helped found and served as the first president of Historic Prince William; has worked at the National Museum of the Marine Corps; and as a member of the Prince William

County Historical Commission. He currently operates History Happened Here Tours, while also volunteering with the National Museum of American in Wartime Experiences and as a Culpeper County Museum Board member.

NEW! History of American Border Security and Immigration Control 1607-2017

Mike Collier

Monday, 9:30-11:30am
3 sessions
Oct. 23, 30, Nov. 6
Discovery 3, Classroom
40 seats available

This historical review of American border security and immigration control from 1607–2017 demonstrates that these areas have been a major concern since the arrival of the first Europeans to North America in the early 1600s. U.S. policy has varied widely over the past 200+ years. This class provides background and context of American border security and immigration control to provide better understanding of the current situations facing the country today.

Michael W. Collier spent 22 years as a U.S. Coast Guard officer followed by a 20-year career as a college professor, retiring from Eastern Kentucky University as an associate professor of homeland security. He is a graduate of the U.S. Coast

Guard Academy and holds an M.S. in strategic intelligence from the U.S. Defense Intelligence College and a Ph.D. in international relations (foreign policy and security studies) from Florida International University.

NEW! Documenting the American Revolution

Holly Mayer

Monday, 1:30-3:30pm
3 sessions
Oct. 23, 30, Nov. 6
Campus Center, Room 159
50 seats available

American revolutionaries wielded words as weapons to destroy old orders and tools to construct new ones. What did they want and why? Course members will review the contexts and aims of Revolutionary-era documents to engage with those who wrote them. The course will begin with the Declaration of Rights and Grievances of the



A hundred years ago, our sisters fought for the right to vote. Don't let their efforts be in vain. Promote everyone's voting rights.

Join the League



lwvwilliamsburg.org

Stamp Act Congress in 1765 and trace the escalating protests to the Declaration of Independence in 1776. It will follow with the interaction of revolutionary rhetoric and actions in the construction of states, through their own constitutions, and nation in the Articles of Confederation and the Constitution of the United States.

Suggested reading: *Declaration of Independence, Articles of Confederation, and the U.S. Constitution*; all available free online

Holly Mayer earned a Ph.D. in history at William & Mary and retired as professor emerita at Duquesne University in Pittsburgh. She was also a visiting professor at the U.S. Army War College and the U.S. Military Academy at West Point. She served in the U.S. Army Reserve and has authored books and articles on 18th century American social and military history.

NEW! African American Soldiers in World War I

Joseph Johnson

Tuesday, 1:30-3:30pm
1 session
Oct. 24
Campus Center, Little Theatre
110 seats available

This course will follow the paths of the 380,000 African American Regular Army, National Guard and draftee soldiers who participated in World War I. Learn about their experiences from training camps to deployment to France, as well as their significant contributions in combat and as support troops. Finally, we will examine how their experiences in France would impact the civil rights movement when they returned to the United States.

Joe Johnson is chief of staff at the Defense Acquisition University and volunteers as president of the Fort Belvoir military history club. He majored in European history at Washington and Lee University prior to a career in the U.S. Army, which

included instructor assignments at the Quartermaster School and the Command and General Staff College.

First in War and in the Hearts of His Countrymen: The Revolutionary Patriot, Dr. Joseph Warren

Christian Di Spigna

Wednesday, 1:30-3:30pm
1 session
Oct. 25
School of Education, Room 1056
40 seats available

We will explore all the new Warren research discoveries, opening new windows to his public career and private life.

Warren's resistance activities against Crown policies spanned more than a decade in the Boston area between 1765-1775. His efforts not only led to American independence, but his involvement predated many of the men we now esteem as our founders.

Christian Di Spigna received his degree in history from Columbia University where he began 20 years of research on Dr. Joseph Warren. In 2011, he moved to Colonial Williamsburg and began volunteering to continue researching 18th century history. Since the Warren biography's publication, he has delivered lectures about Warren throughout the country.

The Civil War Infantryman – North and South

Robert Jaffee

Monday, 9:30-11:30am
3 sessions
Nov. 13, 27, Dec. 4
Discovery 3, Classroom
40 seats available

! Bring your Civil War collectibles

This course will illustrate the uniforms and accoutrements of infantry soldiers in the Civil War both North and South. We will show examples of and contrast the clothes, weapons, and accoutrements of both sides. We will

also explore collecting of such items, their cost, and the ability to obtain. Attendees are welcome to bring their collectible Civil War items to discuss.

Robert Jaffee, MD, is a retired ophthalmologist by trade and an unretired collector of Civil War memorabilia for 60 years. With the purchase by his father of a Civil War bullet when 11 years old, he has continued to collect to the present. He has published a dozen articles on the subject in magazines that include North South Trader's Civil War, The Gun Report and The Rail Splitter. He has also exhibited parts of his collection at Civil War trade shows. Through many auctions, dealers, and shows, he is intimately acquainted with the collector's market.

NEW! The Menokin Glass House Project: Rebuilding the American Landscape

Alice French

Monday, 1:30-3:30pm
1 session
Nov. 13
Discovery 3, Classroom
40 seats available

Learn about the history of the Menokin Foundation, the extraordinary conceptualization and realization of the architectural Glass House Project, and how this ambitious project is impacting fresh perspectives of cultural representation. This one-of-a-kind initiative is a dynamic historic preservation of the 1769 Menokin House – National Historic Landmark and home of Francis Lightfoot Lee (a signer of the Declaration of Independence) – using glass to reconstruct floors, walls and other architectural elements. Located in Warsaw, VA, it offers an experiential line of sight to life on a Virginian tobacco plantation and one of the best-documented 18th century houses in America. In the process of making, we gather stories, share knowledge, teach new skills, and make history relevant. It is certain to fascinate modern denizens.

Alice French is director of education and programs for the Menokin Foundation, where she leads comprehensive, interactive public programs converging historic preservation with environmental conservation. She has been cultivating community partnerships to foster sustainable and memorable cultural experiences since she came to the Northern Neck in 2002, and with Menokin since 2012.

The History and Legacies of William & Mary Native American Iconography

Tyler Goldberger

Tuesday, 1:30-3:30pm
1 session
Nov. 14
Swem Library, Special Collections
35 seats available

To honor the 300th year anniversary of the opening of the Brafferton School, the Special Collections Research Center will use materials from the University Archives to engage learners with the myriad complexities of the university's history. This lecture will interrogate the history and legacies of the William & Mary logo

through its various iterations representing the "Tribe." This session will engage with the iconographic evolution of William & Mary's campus logo and its Native American imagery through a collection of photographs, manuscripts, artifacts, and more.

Tyler Goldberger, a research and instruction specialist for Swem Library's Special Collections, will lead this Open House on Native American iconographies and images that have appeared as a part of William & Mary's campus and branding throughout the 20th century. Participants will have the unique opportunity to interact with primary sources from the University Archives.

NEW! Development of the Far West (1840-1900)

Marilyn Younger

Wednesday, 9:30-11:30am
3 sessions
Nov. 15, 29, Dec. 6
Discovery 3, Classroom
40 seats available

The settlement of the Far West is more complex than portrayed in movies and TV. It relied upon a wide variety of skills and commitment beyond our usual understanding of wagon trains, gunslingers, and cavalry battles with Indians. While these things will be considered, this class will focus on development of

Bear Flag Republic and the State of Deseret, evolved into solutions that contribute to modern life.

Marilyn Younger retired from the Social Security Administration where she was the data exchange program director. She holds a B.A. and M.A. in history and is a certified instructor for various leadership classes. She works part time as an interpreter for Colonial Williamsburg and is a Certified Interpretive Guide of the National Association for Interpretation.

NEW! 1777: The Revolution's Year of Decision

John Rogers

Wednesday, 9:30-11:30am
3 sessions
Nov. 15, 29, Dec. 6
Campus Center, Little Theatre
110 seats available

Early 1777 found the Continental Army in winter quarters in Morristown, NJ – cold, hungry, and discouraged. Victory at Trenton had raised morale but could not dismiss the fact that 1776 had been a year of defeats and retreats with little prospect of improvement in 1777. Could they endure another year like 1776? Could the Revolution survive another such year?

For the British, 1777 had been a year of victories (other than Trenton) but had frustrated in the inability to destroy the American Army and thereby ending the rebellion. Would additional troops and more aggressive campaign plans for 1777 bring the decisive victory before the French could openly join the Americans in their revolution?

The French were secretly aiding the Americans and were contemplating openly joining them in their war against Britain. But would the Americans ever be able to fight and defeat the British? Before making such a momentous decision, the French wanted evidence of American battlefield success. They continued their covert aid and watched and waited.

Did You Know?

The Tribe Script first appeared on the helmets of the 1981 football team. The Script was retired as the Athletics logo in 2018 in favor of the current mark (shown) that features the university initials. "Tribe" remains the nickname for the W&M athletics program today and is a nod to the university's inclusive ethos.



the infrastructure that became the West, including the original Spanish institutions, mining and railroad engineers, and capital investors. We will explore the West's spectacular geography – the mountain ranges, deserts, and isolated lush valleys that formed much of its character, as well as its hardships: the impact of earthquakes, weather extremes, and shortages of water.

From 1840 to 1900 settlers, investors, and religious leaders evolved solutions to challenges such as architecture, transportation, and communication. The lives led were much different than those portrayed in entertainment. Controversial proposals, such as the

1777 would prove to be a critical year for all concerned – a year of decision.

John Rogers is a retired vice president of a Fortune 500 company. He has extensive experience in corporate and military instruction. He is a lifelong student of history.

“Go West, Young Man...” Westward Expansion in American History and Mythology

Karen McPherson

Thursday, 2:30-4:30pm
3 sessions
Nov. 16, 30, Dec. 7
Tucker Hall, Room 127A
124 seats available

Optional after-class chat

The quotation, “Go West, young man, and grow up with the country,” is attributed to an 1865 editorial written

by New York newspaperman Horace Greeley (although no one has found these words in Greeley’s newspaper). But even if we cannot prove that Greeley actually wrote these words, he clearly agreed with the sentiment – along with virtually all Americans. The call of the West was a driving force throughout American history. In this course, we will examine the five Ws of westward expansion – Who moved Where, When, Why, and How. And perhaps most importantly: With what consequences?

Karen McPherson graduated from William & Mary and has an M.A. and Ph.D. in government from Catholic University and an M.A. in history from George Mason University. She also taught government and history in the public school system.

NEW! College Landing – An Intersection of Early American History

Richard Watkins

Tuesday, 9:30-11:30am
1 session
Nov. 28
School of Education, Room 1056
40 seats available

Many are familiar with early Colonial history as presented in the archeological discoveries and recreated and restored structures on Jamestown Island and Colonial Williamsburg. But did you know you can find unrestored remnants of 18th Century corduroy roads, buildings, and survey markers just a mile south of Williamsburg? The location is now called College Landing, situated at the confluence of College and Paper Mill Creeks. Early European explorers and later farmers, venturing out from Jamestown Island, settled the area.

This course will review the history and geography of the area as researched by instructor Rich Watkins, including his personal explorations. Topics will include the building of a palisade, a port, the 1699 survey, original survey markers, tobacco exports, the paper mill, and corduroy roads.

After retiring from the U.S. Foreign Service and operating several educational centers, Rich Watkins moved to Williamsburg and quickly became enchanted by the area’s history. He soon developed a passion for sharing his expanding knowledge of the area with student visitors as an educational tour guide with Jamestown Settlement, the American Revolutionary Museum at Yorktown, and Colonial Williamsburg. During the COVID shutdown, Rich explored the area for remnants of old colonial roads and discovered the rich history surrounding College Landing Park.

The Battle of Hampton Roads: USS Monitor vs. CSS Virginia

Mike Collier

Thursday, 9:30-11:30am
2 sessions
Nov. 30 at Discovery 3, Classroom
Dec. 7 at the Mariners’ Museum
40 seats available

! Second class is at the Mariners’ Museum in Newport News

The Battle of Hampton Roads, 8-9 March 1862, was instrumental in both the Civil War and future of naval warfare. It was the first battle in history between ironclads: the Union’s *USS Monitor* and the Confederacy’s *CSS Virginia* (not the *Merrimack*).

The course includes a first-day, two-hour classroom lecture on the path to war, construction of the two ships, the battle, and its aftermath.

The second class provides a guided tour of the *USS Monitor* Center at the Newport News Mariners’ Museum, where instructor Mike Collier is a docent.

Suggested reading: *Our Little Monitor: The Greatest Invention of the Civil War* by Anna Gibson Holloway and Jonathan W. White; *The Monitor Boys – The Crew of the Union’s First Ironclad* by John V. Quarstein

Mike is also teaching a course on U.S. Border Security & Immigration Control history. See his bio on page 7.

RELATED AMERICAN HISTORY COURSES

American Wisdom Tradition
courses (p. 11)

Kingston Trio & Folk Era of
1950-60s (p. 12)

Congressional Oversight in
American Democracy (p. 17)

Presidential Impeachment:
What, How, Why? (p. 18)

Congress, the Constitution &
You (p. 18)

Constitutional Crises:
Elections of 1800 & 1876 (p. 17)

Scarlet Letter Lives: A
Genealogical & Literary Civil-
War Saga (p. 33)

NPR Behind the Scenes – The
Early Years (p. 34)

Impact of the Automobile (p.
39)

Man or Superman? Alexander
von Humboldt (p. 40)

American Wisdom Tradition

The American Wisdom Tradition is a component of The American Wisdom Project, a pilot research and teaching curriculum of the Innermost House Foundation, a 501(c)(3) organization. The Project focuses on an American Wisdom Tradition while illuminating the larger world's wisdom traditions. From origins in early Virginia as a crossroads of Old and New, North and South, East and West, the Tradition develops from 18th century Williamsburg to 19th century Concord to 20th century California, while seeking its roots in the cultures of Native America, Europe, Asia, the Middle East, and Africa. It comprehends nature, art, thought, and spirituality as humanistic disciplines of the individual, drawing upon local and national resources for class instruction, team-teaching, and offsite learning. Like its ancient forebear at Oxford University, *Literae Humaniores*, the American Wisdom Project is a laboratory to cultivate a “more humane learning.”

Diana and Michael Lorence lived a solitary life for seven years in the California woods, without electricity or hot water, in a 12x12' redwood cabin they built themselves, in a world lit only by fire. Since then, Diana and her Innermost House have become symbols of the inner life known around the world. Michael Lorence is president of The Innermost House Foundation, director of the American Wisdom Project and the Virginia House Project in Williamsburg, and past director of the Thoreau Society in Concord, Mass.

An Innermost Way of Seeing: From Life in the Woods to Williamsburg

Diana Lorence

Tuesday, 9:30-11:30am
1 session, Sep. 12
Tucker Hall, Room 127A
124 seats available

Have you ever longed for life in the woods? It is a longing that takes us back to our American beginnings. But the woods are more than trees and earth and sky. They are a way of seeing.

In this class of images and explorations, we draw on Ms. Lorence's seven years of solitude lived in the woods at her Innermost House in California to examine our lives here in Williamsburg. What beginnings lay just beneath the surface of our lives here, hidden in the plain sight of home? What meanings exist to be read just behind our everyday experiences? How might our days here in Williamsburg come to life before our eyes, illuminated by an Innermost way of seeing?

NEW! Triangulating Walden: The Primitive Hut in America

Michael Lorence

Thursday, 9:30-11:30am
1 session, Sep. 14
Tucker Hall, Room 127A
124 seats available

What we remember as Henry Thoreau's experiment at Walden is as inseparable

from the small house he built there as it is from Walden Pond itself. But what was the meaning of the house at Walden? What is it to us now?

In this course, we take the Walden hut as our North Star in a triangulation of points spanning the American Wisdom Tradition from before the beginning to after the end. We examine the Virginia House, the Walden hut, and the Innermost House in California to locate an archetypal form central to the New World culture of philosophical simplicity: the Primitive Hut in America.

The City of God: A Philosophical Garden Tour

Michael Lorence

Tuesday, 9:30-11:30am
1 session, Oct. 3
Colonial Williamsburg, Palace Green
20 seats available

! CW Good Neighbor Pass required

This walking tour of the town and gardens along Palace Street in Colonial Williamsburg is **not** a horticultural or botanical tour. Rather, it examines the city through the philosopher's eyes.

Do gardens have meaning? Is architecture more than shelter and decoration? Is there a difference in Williamsburg? What difference does it make? What role can a city play in the pursuit of wisdom?

Visit colonialwilliamsburg.org to learn about the required Good Neighbor Pass.

NEW! A Woodland Walk to America's Beginnings

Michael Lorence

Thursday, 8:00am-1:00pm
1 session, Oct. 12
Meet at Discovery 3
10 seats available

\$ \$25 event fee

! Special requirements; read below

Henry Thoreau's essay, "Walking," describes the art of walking as "Holy-Landing," a crusade undertaken to reclaim the paradise of our beginnings. "We should go forth on the shortest walk," he says, "in the spirit of undying adventure, never to return."

In this field trip to the ancient woods of Surry County, we seek the sources of American home in the "Virginia House," a transient building form now largely lost to history. Admixed of European, Indian, and African elements, this earliest of American dwellings is now being reconstructed using authentic historic methods and materials in the Native forests of our first minglings.

Bring \$25 exact cash or check payable to *William & Mary* on class day to cover transportation and a modest snack. Class requires a short ferry ride and being comfortable on a 2-3 mile hike through woods on uneven, hilly terrain. Restrooms are limited to Discovery 3 and the Jamestown-Scotland ferry (if open) before/after the trip. Wear proper footwear and attire for the weather and environs. Insect repellent highly recommended. Rain date October 20.

ART, MUSIC & FILM

NEW! Film Noir: Murder, Mayhem & Adultery!

Thomas Thompson

Monday, 1:30-3:30pm

6 sessions

Sep. 11, 18, 25, Oct. 2, 9, 16

Campus Center, Little Theatre

110 seats available

How did a cycle of American cinema become one of the most influential movements in film history? During its classic period — '41 to '58 — noir films were derided by critics and released as B-films, the bottom half of double bills. How then did they become a major influence on subsequent generations of filmmakers, including Coppola, Truffaut, Scorsese, Tarantino, and many others? Why, in fact, did this movement, now called neo-noir, carry on unabated for four decades?

We will look at six films from the classic noir period. Like happy endings? This is not for you. Like to sit on the edge of your seat trying to figure out who did what to whom and why? See you in class.

RELATED ART, MUSIC & FILM COURSES

The Menokin Glass House Project (p. 8)

History & Legacy of W&M Native Iconography (p. 9)

The Making of *Beautiful Blue & You* (p. 32)

Between the Everyday & Universal: Art in Spirituality (p. 36)

Golden Ratio: Understanding Nature's Favorite Number (p. 38)

Mastering iPhone/iPad Camera & Photo Apps (p. 41)

Suggested Reading: *Detours and Lost Highways: A Map of Neo-Noir* by Foster Hirsch; and *Dark City: The Lost World of Film Noir* by Eddie Muller

Thomas Thompson has a B.A. and M.A. in religious knowledge. He worked for a medical testing laboratory serving clients in the New York area and became the employee ombudsman for the company's managers nationwide. Once retired, he was invited by the American Association of Retired Persons to become a trainer, running workshops across the country.

NEW! George Reeves (TV's Superman) – Hollywood Suicide?

Frank Wood

Tuesday, 9:30-11:30am

1 session

Sep. 12

School of Education, Room 1056

40 seats available

This course offers a critical examination of the circumstances surrounding the death of TV's Superman, George Reeves, on June 15, 1959. The cause of death was ruled a suicide, but questions linger more than 60 years later. We'll explore those unanswered questions and examine alternative theories of Superman's untimely demise at age 45 from a gunshot wound.

Frank Wood is a retired accountant/financial executive and William & Mary alumnus who worked for 35 years in the mining/energy industry. He has an interest in film noir and unsolved and controversial cold cases and has previously offered Osher courses about the Black Dahlia and Marilyn Monroe.

The Kingston Trio and the Folk Era of the 1950s and 1960s

Greg Davy, James Morford

Tuesday, 1:30-3:30pm

3 sessions

Sep. 12, 19, 26

Campus Center, Little Theatre
110 seats available

American folk music rose to popularity in the late 1950s and became a happening in the 1960s. The course examines the foundation of folk music in America, much of which was inspired by social and economic conditions with some politics peppered in. Many once-famous groups and their music will be recalled. Special emphasis will be on The Kingston Trio, which at the pinnacle of their popularity, with hits like "Tom Dooley," "M.T.A.," "The Tijuana Jail," and "Where Have All the Flowers Gone?," was described as "the most envied, the most imitated, and the most successful singing group – folk or otherwise – in all of show business."

Greg Davy was first bitten by the folk bug at about the age of 6, when he heard the records his parents were playing of the popular folk acts of the day. He enjoyed 40+ years as a journalist and government agency public relations specialist, but playing in his Kingston Trio tribute group, the Three Jolly Coachmen, is what he really loves.

Jim Morford is a former social studies teacher, part-time lecturer at Rutgers University, long-time Kingston Trio fan, and veteran Osher instructor.

From Page to Stage: Musicals Based on Literary Works & Contemporary Novels

Melissa Puttre

Wednesday, 1:30-3:30pm

6 sessions

Sep. 13, 20, 27, Oct. 4, 11, 18

Campus Center, Little Theatre

110 seats available

Musicals pull inspiration from varied literary works including classic novels, biographies, fairy tales, and even the Bible. This course will take a look at musicals based on contemporary novels covering the spectrum from sagas such as *Ragtime* and *From Here to Eternity* to more modern adaptations such as *The Color Purple*

and *Bridges of Madison County*. The class uses both music and video clips from the shows when available and has been updated since last offered.

Melissa (Issa) Puttre is a graduate of the National Conservatory of Dramatic Arts and has worked as an actress and director along the East Coast, including performances at the Kennedy Center and Lincoln Center. Past shows include Romeo and Juliet, A Midsummer Night's Dream, Kiss Me Kate, Children of Eden, Agnes of God, A View From a Bridge, and Steel Magnolias.

The Architecture and Times of English Medieval Cathedrals

Jan Smith

Monday, 1:30-3:30pm
3 sessions
Oct. 2, 9, 16
School of Education,
Room 1056
40 seats available

English medieval cathedrals are among the most magnificent buildings in England, embodying earthly and spiritual power. Offering a glimpse of heaven on earth, the medieval master builders created stunning places of worship that remain standing after nearly 1,000 years.



This course will cover the beginnings of Christianity in England, basic cathedral architecture and terminology; characteristics of Anglo-Norman, English Early Gothic, Decorated Gothic, and Perpendicular Gothic cathedral architecture; and introduce the struggles between Rome, the English Clergy, and the English monarchy.

Jan Smith, M.B.A., taught higher education business courses. Upon retirement, she became a docent at the Museum of Fine Arts in Houston. She studied art history at

the Glassell School of Art and the Women's Institute of Houston, and medieval church architecture through the University of Oxford's continuing education program.

NEW! Dining Dilemmas in Film

Tim Weidman

Monday, 1:30-3:30pm
3 sessions
Oct. 23, 30, Nov. 6
Williamsburg Regional Library, Theatre
250 seats available

We will view three feature films that portray family dramas and humorous situations around food and special dinners.

Background material will be provided for each film, and we will discuss as time permits. Although no food will be served, you may well leave hungry (and in good humor).

Tim Weidman is a retired international banker with a lifelong love of thoughtful, humorous films and fine cuisine worldwide. Tim and his wife

have previously presented food-related film courses for the Christopher Wren Association, the Osher Institute at W&M's legacy organization.

NEW! From the Silver Screen to the Great White Way

Melissa Puttre

Wednesday, 1:30-3:30pm
6 sessions
Oct. 25, Nov. 1, 8, 15, 29, Dec. 6
Campus Center, Little Theatre
110 seats available

Broadway musicals draw inspiration from a variety of sources. The latest trend is pulling from popular movies and transforming them into live musical theatre. In this class, we'll take a look at both the movies used as inspiration and the musicals created as a result. We'll cover the spectrum — from popular offerings such as *42nd Street* and *Legally Blonde* to lesser known fare such as *Rocky* and *Strictly Ballroom*. The class will enjoy both music and video clips from the shows and movies when available.

Issa Puttre is also presenting the course "From Page to Stage" this term. See her bio at left.

"And What Do You Think You're Listening To?" A Composer's Toolbox

Tim Kloth

Tuesday, 9:30-11:30am
1 session
Sep. 26
School of Education, Room 1056
40 seats available

There are many books on music appreciation that help listeners better appreciate classical music. However, these books don't always highlight the specific tools a composer uses to move the music forward.

Having worked as a composer for 40+ years, Tim has formulated a perspective that may enhance your understanding of classical music.

Composers use a fixed set of tools: rhythm, melody, harmony, timbre, and texture; but each of the tools is not always used equally. By listening to musical examples from Chopin to Ravel, he will highlight which parameter the composer used to propel the music. Come, take a listen!

Suggested reading: *Leonard Bernstein's Young People's Concerts* by Leonard Bernstein, edited by Jack Gottlieb; *Marsalis on Music* by Wynton Marsalis.

Tim Kloth, while in high school, studied composition at the Cleveland Institute of Music. Majoring in composition, he earned a B.M. at Capital University, an M.M. at the Eastman School of Music, and a DMA from the University of North Texas. After having taught at VCU, UVA, and the University of Arizona, he is now retired from the Fairfax County Public Schools where he specialized in Orff Schulwerk.

NEW! Oscar Speaks: The Winningest Composers in Film History

Carl Johnson

Thursday, 1:00-2:30pm
4 sessions
Nov. 16, 30, Dec. 7, 14
Zoom
100 seats available

This course will examine the work of four of the most-honored film composers of all time. Their number of Academy Award nominations range from seven to 53 each and their wins from five to nine Oscars.

We will take a look at their careers and consider film scores not nominated as well as those for which they received Oscars.

Carl Johnson is a visiting instructor from Drake University's OLLI program (Des Moines, IA). He completed undergraduate work at UCLA and taught instrumental music in California for 19 years before moving to Iowa, where he received his master's degree in music from Drake University. He is the music director/conductor of the Des Moines Community Orchestra; serves as trombonist/assistant conductor for the Greater Des Moines Community Band; tutors for Mercy College of Health Sciences; teaches professional development classes for area education agencies throughout Iowa. He also directs the hand bell choir at his church; and has conducted the Urbandale Community Theatre summer musicals since the group was founded in 1997.

NEW! Alfred Hitchcock: Master of Suspense

Dan Sherman

Monday, 9:30-11:30am
1 session
Nov. 6
Williamsburg Regional Library, Theatre
250 seats available

In a career spanning more than 50 years, Alfred Hitchcock kept us in suspense through films that feature clever plotting, superb wit, and brilliant camera work both in British and American cinema.

This talk will cover the master's career from the silent film era, masterpieces of British films in 1930s, and a Hollywood career that included an attempted assassination in Albert Hall, a chase across Mount Rushmore, visits to the Bates Motel, and a mysterious murder (or so, that is the word!) of crows. The class also includes highlights from Hitchcock's biography, and excerpts from his films and interviews.

Dan Sherman is a retired economist (Ph.D., Cornell) who has taught many courses to adult learning groups on a broad range of topics, including film, theatre, music, and mathematics. He divides his time between Alexandria and Williamsburg.

The World of Oriental Rugs

Frank Shaia, Bryan Siewert

Wednesday, 5:30-7:30pm
3 sessions
Nov. 15, 29, Dec. 6
Shaia Oriental Rugs, 5560 Foundation Street, Downtown Williamsburg
40 seats available

This course will feature an overview of the oriental rug industry. It will include the history of rugs from some of the oldest known through those of modern times. It will explain what makes an oriental rug, where they are from, and the various types. While the focus will be on Persian rugs, the course will cover rugs from nearby countries. It

will also cover how rugs are woven, rug weaving and looms, the method of preparing the wool, and the dyeing process.

Frank Shaia is a second-generation rug dealer. In 1973, Frank's older brother, Joseph, opened an oriental rug store in Williamsburg. Frank joined him shortly after and later bought the shop. While the shop specializes in fine new rugs, Frank spends most of his time with antique rugs and exhibits at antique shows.

NEW! From The Muscarelle Vaults: Looking, Seeing, Resisting

Sandra Stephan, Harry Chancey

Friday, 9:30-11:30am
3 sessions
Nov. 17, Dec. 1, 8
Campus Center, Room 159
50 seats available

The Muscarelle Museum of Art is currently closed for major expansion and renovation, but a wealth of its resources is within reach. In this three-part class, two Muscarelle docents propose an art trifecta.

We'll take a digital deep dive into the Museum's permanent collection and open your eyes to some of its vast treasures. We begin with the gorgeous language of art and how it expands our visual comprehension of the world. Next, we examine ways individual artists see themselves and express their artistic visions on the continuum of creativity. And finally, we bear witness to artists taking aim at issues of social justice with powerful, and sometimes disturbing eloquence. Throughout, we will be looking at great art, seeing vibrant images come alive, and telling stories of provocative visual resistance today and in days gone by.

Sandra Stephan holds a Ph.D. in British Literature and is chair of the Muscarelle Museum of Art Docents Program.

Harry Chancey is a Muscarelle docent and a former program director for WNET/13 Public Television in New York.

NEW! Sinfonicron Light Opera's Upcoming Production

Ken Krantz

Tuesday, 1:30-3:30pm
1 session
Dec. 5
Zoom
275 seats available

For more than 50 years, the W&M student-run Sinfonicron Light Opera Company has presented Gilbert and Sullivan operas and Broadway musicals to the Williamsburg community. This Zoom lecture will examine the history, plot, and music of the company's January 2024 production, which will be announced later in the Fall. Check wm.edu/osher for updates.

Ken Krantz sang with Sinfonicron as a William & Mary law student and has performed more than 20 roles in Gilbert and Sullivan operas. A retired Navy JAG officer and federal administrative law judge, he performs with the Virginia Opera, Williamsburg Players, and other regional companies.

FINANCE & ECONOMICS

Lifetime Income Strategies

Jim Bales, Jacob Bales

Tuesday, 9:30-11:30am
3 sessions
Oct. 3, 10, 17
School of Education, Room 1056
40 seats available

We will discuss financial education for retirees and planning your income for life. Post-retirement planning is often more difficult than planning for retirement. You are managing your entire nest egg, not collecting paychecks anymore, and have less time to recover your potential mistakes.

In this course, you learn time-tested strategies for planning your retirement income that are designed to make your money last.

James Bales has been in the financial services industry since 1994. He is a registered principal and branch manager for Centaurus Financial, Inc. His designations include Registered Financial Consultant (RFC) and a Life Underwriters Training Council Fellow (LUTCF). Jim is a past President of the Virginia Peninsula Association of Insurance and Financial Advisors and is a member of the Million Dollar Round Table (MDRT), the premier association for financial professionals.

Jacob Bales is a fully licensed Registered Representative with Series 7 and Series 66 certifications, as well as being a Certified Financial Planner®. He is a co-advisor at James Bales Financial, focusing on planning, research, and advising, including Social Security.

Do Only the Rich Have Trusts? The Use of Trusts In Estate Planning

John Burton

Thursday, 9:30-11:30am
2 sessions
Oct. 5, 12
School of Education, Room 2010
32 seats available

Trusts are not just for the wealthy. Trusts can handle any estate more efficiently than relying on a last will and testament alone.

Come and learn the whats, whys and hows of trusts: Can a trust protect an estate against the costs of probate, state and federal estate taxes, creditor claims, and lawsuits? What is the difference between a revocable and irrevocable trust? Can a trust protect you financially if you ever need nursing home care? How do trusts impact wills, powers of attorney, real estate, investments, retirement accounts, business interests, and other assets? How does the field of elder law influence the use of trusts and

qualifying for governmental benefits like Medicaid or Veterans' pension programs? This course surveys the basics of implementing trusts and the new planning opportunities trusts can provide you in your estate plan.

John S. Burton is an attorney who practices in the areas of estate planning, asset protection, business, and elder law. He is a certified estate planner (C.E.P.) and a trust and estate Practitioner (T.E.P.). John is admitted to practice law in the Commonwealth of Virginia, the District of Columbia, the US 4th Circuit Court, and the U.S. Tax Court.

Taxes in Retirement and Social Security

Jacob Bales

Monday, 9:30-11:30am
3 sessions
Oct. 23, 30, Nov. 6
School of Education, Room 2066
34 seats available

In this course, we will review the basics of taxes in retirement and how they may not be what you expect, as well as focusing on the changes from the Tax Cuts and Jobs Act and SECURE Act may affect you, along with key strategies to consider. We will also have a discussion on Social Security claiming strategies in addition to management tips. The tax portion will have a focus on the basic concepts and policies that work together to create the system we know today. You will learn methods that can help manage the taxes you experience, including proper distribution structure and asset structuring strategies.

RELATED FINANCE & ECONOMICS COURSES

CCRCs and Life Plan Communities (p. 21)

Medicare ABCDs (p. 22)

Residential Construction Project Management (p. 45)

Jacob Bales joined James Bales Financial in 2013. Jacob is a fully licensed Registered Representative with Series 7 and Series 66 certifications, as well as being a Certified Financial Planner®. He is a co-advisor at James Bales Financial, focusing on planning, research, and advising, including Social Security.

NEW! Understanding Today's Economic Trends and Issues

Dan Gaske

Thursday, 1:30-3:30pm
3 sessions; Oct. 26, Nov. 2, 9
Zoom
275 seats available

This course examines present-day economic trends, issues, institutions, and markets, both in United States and rest of world, selecting from such topics as: state of U.S. economy / government debt, China's growing role in international economy, economic sanctions, economics of climate change, impacts of immigration into U.S., global poverty and the World Bank, etc. Exact topics are chosen close to course dates based on key issues at the time.

Daniel Gaske has a Ph.D. in economics from Rice University and has taught and led economics training programs for the United States government and numerous universities in the Washington, D.C., area. He is presently an adjunct professor of economics at the Raymond A. Mason School of Business at William & Mary.

NEW! A Global Perspective of Modern Economics

James Belcher

Thursday, 4:30-6:30pm
3 sessions; Oct. 26, Nov. 2, 9
Discovery 3, Classroom
40 seats available

This class will explore economic theory from a layman's perspective – without the use of mathematics – with open discussion on various approaches to economic policies.

Suggested reading: *Foundations of Real-World Economics* by John Komlos, 2019

James Belcher holds a B.A. in economics from Southern Methodist University, an undergrad certificate in higher education from Oxford University (philosophy), and a master of liberal arts from Harvard Extension School. He is a certified public accountant and global chartered accountant.

Retirement Today – Have the Rules Changed?

Mark Shelby

Tuesday, 1:30-3:30pm
3 sessions
Nov. 14, 28, Dec. 5
School of Education, Room 1056
40 seats available

Recent academic research details a shift in retirement planning. This is a comprehensive personal finance course for those in the early stages of retirement or those about to retire.

We will talk about retirement decisions such as asset allocation, income planning, social security, and pitfalls to avoid. This course will help you better understand risk, taxes, budgeting, and estate planning. You will learn optimal

asset allocation, how to develop an income plan, the sequence of returns risk, questions to ask a potential advisor, Social Security maximization, and six reasons retirees run out of money. We will also discuss 1031 exchanges and Opportunity Zones.

Mark Shelby is the president of Vertical Investments. He is an experienced investment advisor, financial educator, public speaker, and radio host. He graduated from the University of Wisconsin in 1993, where he served as an academic tutor for finance and economics.

NEW! Current Events and Portfolio Management

Keith Reagan

Thursday, 1:30-3:30pm
3 sessions
Nov. 16, 30, Dec. 7
Campus Center, Room 159
50 seats available

Bank closures, falling profit margins, sticky inflation, a shrinking dollar, unmanageable national debt, a weakening GDP, and an epidemic of incompetence present challenges for investors not seen in our lifetime. Where are the opportunities? Can one pursue growth with a modicum of safety?



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Keith Reagan uses his 30+ years of experience to shed light on what really matters in portfolio management and how to see beyond the propaganda-driven media machine.

Keith C. Reagan, Sr. is a graduate of William & Mary. His post-graduate work includes executive education at The Wharton School of Business. He has been recognized in the Wall Street Journal as a Five Star Wealth Manager for the last eight years. His firm, Reagan Holloway, is a fiduciary portfolio manager on the Fidelity platform.

NEW! Senior Living Options When It's Time to Sell Your Home

Teresa Evans, Dawn Michelle

Tuesday, 9:30-11:30am

1 session

Dec. 5

Discovery 3, Classroom

40 seats available

Are you or someone you know considering a move to a senior living community? Learn about the options — independent living, assisted living, memory care, skilled care, group homes — as well as the process of selecting a community, financial considerations, and how to ease the transition from your current living situation to a new lifestyle.

In this class, we'll discuss everything from staying in your home to downsizing or moving to a retirement or continuing care community.

You'll learn more about what's involved in selecting the best option for you or your loved one, understanding costs and financial implications, resources available if you choose to sell your home, and how to optimize the experience to support your lifestyle choices.

Bring your questions and come prepared for a dynamic conversation.

Teresa Evans is a local seniors real estate specialist and certified luxury home marketing specialist.

Her experience with retirement-age clients, coupled with her previous role as marketing director for a senior living community, gives Teresa a unique ability to understand the living options and the home sale process for seniors.

Dawn Michelle has been a Certified Senior Advisor (CSA) for a decade, in addition to former roles as a care transition coach for the Peninsula Agency on Aging, a patient liaison in home health/hospice, a caregiver, and a nursing home volunteer in her younger years. Helping seniors has been her life's work. She brings a wealth of knowledge about the spectrum of senior living and care community options and their advantages and differences.

GOVERNMENT & LAW

Virginia Criminal Law

Nate Green

Friday, 1:30-3:30pm

6 sessions

Sep. 15, 22, 29, Oct. 6, 13, 20

Discovery 3, Classroom

40 seats available

This course provides an overview of Virginia's criminal justice system. Topics include the Virginia Criminal Code, crimes of violence, property offenses, narcotics offenses.

We will also discuss arrest, search and seizure, evidence and sentencing, as well as challenges facing law enforcement and prosecutors in the 21st century.

Nate Green is the Commonwealth's Attorney for Williamsburg and James City County. Nathan graduated from George Mason University in 1994 and William & Mary School of Law in 1998, where he also serves as an adjunct professor.

NEW! Congressional Oversight in American Democracy – An Apolitical Look at the Jan. 6 Committee

Eric Thorson, David Buckley

Thursday, 1:30-4:30pm

1 session

Sep. 28

School of Education, **Matoaka Woods Room**

250 seats available

The conflict between the executive branch and Congress has reached an unprecedented level of discord. Our Constitution's carefully designed system of checks and balances is a pillar of American democracy.

This class offers an apolitical discussion of the development and production of the Jan. 6 Committee Hearings, i.e., the Select Committee to Investigate the January 6 Attack on the United States Capitol.

Eric Thorson was the chief investigator of the Senate Permanent Subcommittee on Investigations; chief investigator of the Senate Finance Committee; and inspector general of the U.S. Small Business Administration and the Department of the Treasury. He coordinated over 20 congressional hearings, including Russian organized crime in the United States and conduct issues in the Internal Revenue Service.

Guest instructor is Mr. David Buckley, staff director of the Jan. 6 Committee and former inspector general of the Central Intelligence Agency.

NEW! Presidential Impeachment: What It Is, How It Works, Why It Matters

Robert Spitzer

Thursday, 9:30-11:30am

1 session

Oct. 19

Williamsburg Regional Library, Theatre

250 seats available

The impeachment clause in the U.S. Constitution seems an archaic relic of a bygone era, yet it has played an outsized role in presidential politics in recent decades.

This one-time lecture will examine the history, origins, use, and consequences of the impeachment power that is both legal and political in nature.

Specifically, we will examine the three cases of presidential impeachment: Andrew Johnson, Bill Clinton, and Donald Trump.

We will parse the potential and actual types of actions that may lead to impeachment; discuss whether impeachable offenses must be criminal acts; consider if all criminality is impeachable; and whether there are other causes for impeachment, if the law can be separated from the politics, and if the concept has outlived its usefulness. The class includes a formal presentation followed by discussion.

Suggested reading: *A Citizen's Guide to Impeachment* by Barbara A. Radnofsky, 2017

Robert J. Spitzer (Ph.D., Cornell) is Distinguished Service Professor Emeritus of Political Science at SUNY Cortland, adjunct professor at the William and Mary School of Law, and affiliated scholar in William & Mary's Government department. He is the author of sixteen books, including four on the presidency and six on gun policy, and over 700 articles, papers, and op-eds on many American politics subjects. He has taught about the American presidency for 40 years.

NEW! Constitutional Crises: The Chaotic Presidential Elections of 1800 and 1876

Michael Kerley

Wednesday, 1:30-3:30pm
3 sessions
Oct. 25, Nov. 1, 8
Campus Center, Room 159
50 seats available

The presidential elections of 1800 and 1876 stressed the Constitution like no other elections in our history. These elections highlighted several flaws in our presidential selection process, particularly in the Electoral College. In this course, we will examine the candidates and campaigns. We will also look at the peculiar methods that were used to resolve those elections and at the longer-term ramifications of each. We will see how these elections impact the process we currently employ to choose our nation's chief executive officer — and put into historical context current controversies over America's presidential selection process.

Suggested reading: *Adams v. Jefferson: The Tumultuous Election of 1800* by John Ferling; *Magnificent Catastrophe* by Edward J. Larson; *By One Vote: The Disputed Presidential Election of 1876* by Michael F. Holt; *Centennial Crisis: The Disputed Election of 1876*

Michael Kerley has a J.D. from George Washington University and a B.A. in government from Notre Dame. He practiced securities and insurance law for 35 years, and now teaches classes on the origin and structure of the Constitution for various lifelong learning programs.

Congress, the Constitution, and You

Art Grant

Thursday, 9:30-11:30am
3 sessions
Oct. 26, Nov. 2, 9
Discovery 3, Classroom
40 seats available

The purposes of this course are to provide an understanding of Congress' role in policymaking by focusing on the constitutional basis for that role and determine how Congress is fulfilling its responsibilities as the "people's representatives." We will describe and evaluate the results of the Constitutional Convention of 1787, describe the Founding Fathers'

intentions regarding Congress and conclude with a description and analysis of current Congressional procedures. This is not a course on the centuries of legal interpretations of the Constitution; it is a course on Congress and its constitutional responsibilities to make policy.

Suggested reading: *The Creation of the American Republic, 1776-1787* by Gordon S. Wood; *The Quartet* by Joseph J. Ellis.

Art Grant is a former assistant professor of history at West Point and adjunct professor of history at George Washington University. During his professional career, he served 34 years in the federal government – 25 years in the executive branch and nine years on the professional staff of the U.S. Senate.

The Virginia Legislative Process

Megan Rhyne

Thursday, 1:30-3:30pm
3 sessions
Nov. 16, 30, Dec. 7
School of Education, Room 1056
40 seats available

With shrinking state and local news outlets, it is harder than ever to find out what your state lawmakers are up to in Richmond. This nonpartisan course teaches students about the Virginia legislative process – the written and unwritten rules – and how to search for and track bills that are of interest to you. Participants will also learn how to connect financial contributions to candidates and elected officials, and how to use open government laws to keep everyone accountable.

Megan Rhyne, director of the Virginia Coalition of Open Government since 2008, has a J.D. from the University of Colorado School of Law and a B.A. in radio, television and motion pictures from the University of North Carolina. She was an adjunct professor of media law at Hampton University.

NEW! After the Gavel Falls: An Introduction to the Department of Defense Clemency and Parole Process

Thomas Shubert

Tuesday, 9:30-11:30am

1 session

Dec. 5

School of Education, Room 1056

40 seats available

A key but little-known component of the Uniform Code of Military Justice system is the Department of Defense's (DoD) clemency and parole programs. Administered by the Services (Air Force, Space Force, Army, and Navy-Marine Corps), the Clemency and Parole Boards assist in executing clemency, parole, transfer to the Federal Bureau of Prisons, return-to-duty authorities, and mandatory supervised releases. The Boards' clemency authority is separate from a commander's post-trial power to

modify findings and/or sentence of a court martial.

The course provides an overview of the DoD's clemency and program process. Learners will also experience the decision-making process itself by evaluating factors in several case studies in an interactive class discussion.

During 47 years of federal service, both military and civilian, Thomas Shubert served in a variety of positions to experience handling diverse issues and relationships: as an Air Force pilot; a political-military affairs officer; air attaché; legislative liaison for Secretaries of Defense and the Air Force; OSD policy as county director for European and Southeast Asian countries; and developmental and education programs. He ended his career as director of the security protection directorate, Air Force Review Boards Agency, chair of the Air Force Clemency and Parole Board, as well as president of the Personnel Security Appeal Board.

HEALTH & WELLNESS

NEW! Your Subconscious Mind: Taking the Reins of Your Dedicated Genie

Athena Staik

Monday, 1:30-3:30pm

3 sessions

Sep. 11, 18, 25

Discovery 3, Classroom

40 seats available

Advances in neuroscience have produced amazing revelations about optimal function of the brain and body. This course will present key findings focused on understanding how the subconscious mind works to promote healing and happiness.

Emphasis will be given on knowing the jobs of subconscious; how they differ from the conscious mind; how to calm the vagus nerve to prevent emotions



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of fear or anger from jamming system communications; and how to operate the executive control panel of your body-mind and take the helm as captain of your emotional health and well-being. In this way, and many more, the subconscious mind is solely devoted to you, your health, and fulfillment in every respect. A devoted guide in some situations, an alert scout in others, and the instructor's favorite, a genie (if you know how to rub it just right)!

Athena Staik holds a Ph.D. in marriage and family therapy. Her focused interest on breaking free of reactivity, relational happiness, and more recently, athletic performance, led her to integrate cutting edge-tools of neuroscience and mindfulness in her work to accelerate change. Her background includes 15 years as an adjunct professor in psychology and sociology, and a full-time, private practice for more than 10 years.

Beginning Tennis

Mike Caboy

Monday, 1:00-2:00pm
6 sessions
Sep. 11, 18, 25, Oct. 2, 9, 16
McCormack-Nagelsen
Tennis Center
8 seats available

The course will focus on basic fundamentals, stroke production, rules, and tactics. Drills and playing situations will be utilized throughout the sessions. Participants will be on court, so appropriate attire and sneakers are required. Rackets can be provided if necessary.

Michael Caboy, director of tennis at W&M's McCormack-Nagelsen Tennis Center, will coordinate this activity. Instruction will be given by U.S. Professional Tennis Association

(USPTA)-certified professionals from McCormack-Nagelsen Tennis Center. The team has over 50 years of combined teaching experience with all ages and abilities.

NEW! The Amazing Human Body II

Wendy LeBolt

Tuesday, 9:30-11:30am
3 sessions
Sep. 12, 19, 26
Discovery 3, Classroom
40 seats available

Bodies: We all have one. But have you ever really thought about how yours works? How do those little standalone units we call cells do their jobs? How do the collections of cells we call tissues accomplish tasks? How do our organs work together to keep our body functioning? In this interactive class, we'll use the body we came with to explore amazing human "design features" which allow us to function daily — even if we sometimes don't function quite as well as we used to.

This course is a sequel to last Fall's Amazing Human Body I (which is not a prerequisite for enjoying this course).

Wendy LeBolt has a B.S. in biology from William & Mary with graduate degrees in exercise physiology. She taught anatomy and physiology at George Washington University and worked in community coaching and teaching health promotion and wellness. Her book, Made to Move: Knowing and Loving God Through Your Body, was published in 2019.

Part 1: Engaging in Life's Situations: Moving From woe to WOW!

Fran Bado

Wednesday, 9:30-11:30am
3 sessions
Sep. 13, 20, 27
Discovery 3, Classroom
40 seats available

It really IS all about you! But perhaps you need to reset your perspective. How do you approach the day and is it affecting your well-being? As you go through your daily routines, are you taking advantage of the goodness that surrounds you? Are you struggling to even see it?

Then join us for some "planned fun" discussing positive and negative energy areas that motivate us, and how to appreciate the magic of our surroundings. The class is highly interactive, and you may just start to see life as a more joyous endeavor. So, take a break from your worries, kick back, and see where this road takes you! Then join us again for Part 2. (Optional, see p. 21).

Fran Bado is an executive project manager who is certified by the IBM Project Management Institute. He retired from IBM after 54 years and continues to teach across the project management continuum. His passion for teaching coupled with his experience ensures a valuable learning experience.



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Child Development Resources believes every child deserves the best start in life. For almost 60 years, CDR has helped children and families reach their full potential, whatever their challenges.

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NEW! CCRCs and Life Plan Communities

Lisa Bates

Thursday, 9:30-11:30am

1 session

Sep. 14

Williamsburg Landing, Assisted Living Building, Charter Room

50 seats available

Ever wonder what a continuing care retirement community (CCRC) or life plan community is? What features and services are available? How and when are they accessible to residents? This course will explain what CCRCs are, how they work, the levels of health care and contract types available, and the costs and benefits.

Lisa Bates is the chief marketing officer at Williamsburg Landing, a life plan community. Every day, Lisa and her team meet with seniors who are exploring the next chapter of their lives –providing information and insight about the various options available today in senior living, particularly comprehensive programs like CCRCs.

Walking for Fitness

Ray Funkhouser

Monday, 1:30-3:30pm

1 session

Sep. 25

Campus Center, Colonial Echo

24 seats available

What gives the same aerobic workout for the lungs and heart as jogging or aerobic dance, does not stress leg joints and feet, and provides more upper body exercise than running? The answer is race walking, also known as fitness walking or health walking. Come, learn about efficient walking and specific techniques, safety, how to get started, choosing shoes, and how to dress for varied weather. Wear comfortable clothes and shoes.

Ray Funkhouser is a two-time National Race Walk Champion, set two American Records, and was a finalist in three Olympic Track & Field Trials. He has represented the United

States in International competitions on four continents and coached 4 USA Track & Field International Teams. He is currently President of USA Track & Field Virginia Association.

Yoga and Meditation

Indira Ghosh

Monday, 9:30-11:30am

4 sessions

October 2, 9, 16, 23

Williamsburg Landing, Alvin P Auditorium

30 seats available

Yoga is a segment of an ancient tradition that is valid, relevant, and supportive in a new millennium with ever-growing health and well-being concerns. Athletes use it to tone muscles and increase flexibility. Executives rely on it to de-stress. Doctors prescribe it for everything from sore backs and respiratory problems to chronic fatigue. This course will focus on gentle yoga postures and the importance of progressive breathing as well as an introduction to the healing benefits of sound meditation. Bring a mat or blanket to use on the floor and wear comfortable clothing.

Indira Ghosh was a lecturer in physical education and yoga at Loreto College, Calcutta, India. She has conducted and participated in yoga and meditation seminars across the globe. She taught yoga in the Midwest through area universities, hospitals, and community centers. She is also an orthopedic nurse and teaches yoga and meditation in Williamsburg.

Functional Exercises to Improve Fitness, Balance, and Agility

Karen Thomas

Monday, 1:30-3:30pm

3 sessions

Oct. 2, 9, 16

Campus Center, **Unity Hall**

40 seats available

 **Optional after-class chat**

Functional exercises are designed to help you meet the physical demands of life from activities of daily living to athletic competitions. It is not training for a specific event but to develop a grounding of fitness, balance, and agility for all fitness levels. This course will have a combination of lecture and activity opportunities to practice the exercises which need little to minimal equipment. Learning proper exercise techniques not only helps prevent injuries but increases the effectiveness of the exercises. You will also learn how to increase the intensity of the exercises as your fitness improves.

Karen Thomas has an M.A. in kinesiology and is an American College of Sports Medicine Certified Exercise Physiologist with certifications in “Exercise is Medicine,” nutrition, and public health. She retired in 2018 from Montgomery College, Maryland, after teaching health and exercise science for 29 years.

Part 2: Engaging in Life’s Situations: Moving from woe to WOW!

Fran Bado

Wednesday, 9:30-11:30am

3 sessions

Oct. 4, 11, 18

Discovery 3, Classroom

40 seats available

In Part 1 (see p. 20), we traveled down our yellow brick road learning about the six key areas of life that give rise to the omnipresent “WOW” that surrounds us. Part 2 expands on the six key areas of energy, the inner self, words and phrases, colors of life and magical moments in great depth. To accomplish that, we encounter fictional characters and their situations encompassing each of the six areas. You will be involved in class exercises putting you in each situation for maximum effect. The class will be highly interactive in having fun and putting “Wow!” back in our lives.

This is the second of Fran’s two-part “healthier thinking” workshop. Learn more, and read his bio on page 20.

NEW! A New You – Plus!**Jeanne Forrest**

Wednesday, 1:30-3:30pm
 3 sessions
 Oct. 4, 11, 18
 Discovery 3, Classroom
 25 seats available

Over the past few years, you may have reflected on the quality and meaning of your life. We are all called to be more. This interactive program will help you learn the keys to creating the life you are meant to live. This class is an extension of the program Jeanne led last Spring but is open to all who are interested in discovering and living their purpose-filled life.

Jeanne Forrest is a best-selling author, speaker, pastoral care specialist, life-purpose coach, and seminar leader whose passion is leading others to find a closer alignment with God's purpose for their lives. She is a graduate of Duke University Divinity School, and continues to study with Alan Wolfelt, Ph.D., Deepak Chopra, Jean Houston, and Jack Canfield.

Brain-Related Change As We Age**Pattie Gaudio**

Thursday, 9:30-11:30am
 1 session, Oct. 5
 Discovery 3, Classroom
 40 seats available

Are you worried that your memory is not what it used to be? Learn how the brain works and the various changes that affect cognition as we age. We will discuss natural age-related cognitive changes — as opposed to changes that happen with dementia — how neuroplasticity works, and ways you can “exercise” and maintain your brain health.

Pattie Gaudio is dementia services educator at Williamsburg Landing. She assists and supports residents, staff, and caregivers to maximize brain health from natural age-related changes through the dementia spectrum. Pattie brings a medical and teaching background and personal

experience as a caregiver for her husband with Alzheimer's.

NEW! Heart Rate Training: It's Beating...Now What?**Sasha Digges**

Thursday, 9:30-11:30am
 1 session, Oct. 5
 Campus Center, Room 159
 50 seats available

Heart rate is foundational to all activity, movement, and life — and heart rate training is a simple and inexpensive way to improve overall fitness. Ideal for serious athletes, weekend warriors, fitness walkers, and aerobics aficionados alike, heart rate training is easy to do solo, as a duo or with a group. It may also be beneficial as part of a physical therapy or rehabilitation program.

Sasha Digges, Jr., is president and founder of PEAK Physical Therapy & Sports Rehabilitation and the CORE FITNESS Performance Training Center in Williamsburg. A licensed physical therapist, certified athletic trainer, and certified strength and conditioning specialist, he earned an M.S. in physical therapy from Wheeling Jesuit University and trained in sports medicine at Marquette University.

Zumba Gold**Bess Williams**

Thursday, 4:30-5:30pm
 9 sessions
 Oct. 5, 12, 19, 26, Nov. 2, 9, 16, 30, Dec. 7
 In person; location to be announced
 25 seats available

Zumba Gold is the mature form of the original dance workout. Our consistent, easy-to-follow dance steps are done at a modified pace and intensity that burn calories, strengthens muscles, improves balance and coordination, and makes your whole-body smile. It's a dance party where everyone in the room is your partner!

Bess Williams has a B.A. in education from Michigan State University, an M.L.S. in library science from Indiana

University, AFAA Group Fitness Certification, and Zumba Certification. Before retiring, she was an IB Librarian at Fairport High School in Rochester, New York. She is now a paraeducator in the York County schools.

**NEW! 2024 Medicare ABCDs****Daphne Bernstein**

Tuesday, 4:30-6:30pm
 1 session, Oct. 10
 Zoom
 275 seats available

Open enrollment for 2024 Medicare plans begins on October 15, so mark your calendar for this timely seminar.

Then join Daphne for answers about all things Medicare. She'll cover eligibility, special enrollment periods, dates, and deadlines; the various pieces and parts (A, B, D); Medicare Advantage (part C); common misconceptions; errors to avoid; and important new benefits you won't want to miss. We'll also talk about those omnipresent TV ads and cut through the hype and get to the facts.

Best of all, you'll be talking with a gerontologist and experienced Medicare insurance professional who will provide you with objective, unbiased advice since her agency does not market in Virginia.

Daphne Bernstein holds an advanced degree in gerontology and brings more than 30 years of executive experience in the senior healthcare and care continuum sectors. She is currently a consultant to those industries and is also a licensed insurance agent for Medicare plans in the states of Colorado and Texas.

REGISTER

Fall 2023 Registration

Early registration: July 17-26

Open enrollment: Aug. 21-Oct. 31

To Register Online

Online registration is preferred. It's fast, easy, and you will get email confirmation of your classes when credit card payment is transmitted.

Go to wm.edu/osher. Click on the green "Register/Sign In" button. Click on "Register Now," and "New Registration." (New members must first sign up for an account.) Enter code **Osher2023Fall**. Payment is due at time of registration by VISA, MasterCard, Discover, or Amex.

To Mail or Drop Off Forms

You may also mail or drop off your forms and check payable to *William & Mary* at 5330 Discovery Park Blvd. (in New Town). Use the outdoor mailbox for Suite 100 if the office is closed.

Registering Early? Rank Your Choices

To participate in the early registration lottery, rank all of your class choices by priority preference. When ranking your choices, do not differentiate between multi-session and single-session classes.

Simply start with your most-desired course, and continue numbering

sequentially until each course is ranked.

Use the Class Selection Worksheet

The "Color Chart" on the next few pages provides high-level detail for all 131 courses. Use it as a guide to select (and rank) your choices – and keep it handy to simplify registering.

Note the "NOTES"

The icons in the Worksheet's Notes column indicate a special class feature or requirement. Refer to the full course description for details:

- (🗣️) Optional 30-minute, post-class discussion with instructor and classmates
- (\$)
- Additional fee to cover class materials (e.g., art supplies) and/or event costs. These fees are payable at the first class by exact cash or check payable to *William & Mary*
- (!) Special requirements, materials to bring with you, or other important info about the class

Watch Your Watch

Be aware of class times and durations other than our usual two hours or standard 9:30am / 1:30pm / 4:30pm starts. This added flexibility allows Osher at W&M to align with program schedules of collaborating OLLIs and instructors in other time zones.

wm.edu/osher

Use registration code

Osher2023Fall

Facts About the Lottery

(Early Registration Only)

Early registration opens July 17 at 8am. Registrations received by 5pm July 26 qualify for the lottery

For oversubscribed classes, the "lottery," i.e., an algorithm, randomly assigns seats based on all members' priority preferences

Rank your choices in order of preference. Label your first choice as 1; second as 2; third as 3 and so on

Use a rating only once. Do not assign the same rank (e.g., 1, 2, 3) to more than one class

Zero (0) is not a valid ranking. Entering a zero removes that class from your request

You'll be automatically placed on a wait list for any class you requested but did not get during early registration

Missed early registration? That's okay. Open enrollment begins Aug. 21 at 8am and runs through Oct. 31. Classes with available seats are first-come, first-served

Regular – \$175

Allows enrollment in up to 8 multi-session classes and unlimited one-time lectures.

Check the course description for additional fees, which are due at the first class by exact cash or check payable to *William & Mary*.

An Osher 2023-24 Standard or Plus parking permit is recommended for classes on campus. See p. 4, 51, 53 for information.

Scholarship

Applications are open 30 days prior to early registration for the upcoming semester. Available on a limited basis to members with an annual household AGI of \$50,000 or less.

Funded through the Bernard Osher Foundation; covers fees for registration and Standard parking (if requested). Use the coupon code provided.

Honorary

Available to instructors teaching 6 hours or more this semester to use this semester or next. Includes Standard parking. Use the coupon code provided.

Gift

Use the coupon code provided. Parking may be additional based on the gift certificate value. Call (757) 221-1506 for information.

CLASS SELECTION WORKSHEET

Course	#	Day(s)	Time	Dates	Location	Instructor	Notes	Pg
AMERICAN HISTORY								
Notorious & Noteworthy Williamsburg	6	M	AM	Sep 11, 18, 25, Oct 2, 9, 16	SOE/Room 2066	Molineux		5
Classic American Stories: Fact or Fiction?	1	M	AM	Oct 2	D3/Classroom	Fesko		5
Loss of Innocence: From <i>Let me Call You Sweetheart</i> to <i>How to Keep 'Em Down on Farm</i>	3	M	PM	Oct 2, 9, 16	D3/Classroom	Younger		5
A Good Look at the First Ladies of the 1920s	3	Tu	AM	Oct 3, 10, 17	CC/Little Theatre	Foster		6
Seeing the Future: Olmsted's America	3	Tu	AM	Oct 3, 10, 17	ZOOM	Ryther		6
Lost Cause: South's Post-Civil War Propaganda	3	Tu	PM	Oct 3, 10, 17	D3/Classroom	Dodenhoff		6
From Colony to Commonwealth	3	F	AM	Oct 6, 13, 20	SOE/Room 1056	Howell		6
I Can't Tell a Lie: Parson Weems & Washington	1	Th	AM	Oct 12	D3/Classroom	Bish		7
History U.S. Border Security & Immigration Control	3	M	AM	Oct 23, 30, Nov 6	D3/Classroom	Collier		7
Documenting the American Revolution	3	M	PM	Oct 23, 30, Nov 6	CC/Room 159	Mayer		7
African American Soldiers in World War I	1	Tu	PM	Oct 24	CC/Little Theatre	Johnson J		8
First in War, Hearts – Patriot Dr. Joseph Warren	1	W	PM	Oct 25	SOE/Room 1056	Di Spigna		8
Civil War Infantryman – North & South	3	M	AM	Nov 13, 27, Dec 4	D3/Classroom	Jaffee	!	8
Menokin Glass House Project	1	M	PM	Nov 13	D3/Classroom	French		8
History & Legacy of W&M Native Iconography	1	Tu	PM	Nov 14	SWEM/Special Coll	Goldberger		9
Development of Far West (1840-1900)	3	W	AM	Nov 15, 29, Dec 6	D3/Classroom	Younger		9
1777: Revolution's Year of Decision	3	W	AM	Nov 15, 29, Dec 6	CC/Little Theatre	Rogers		9
"Go West, Young Man..." Westward Expansion	3	Th	2:30-4:30p	Nov 16, 30, Dec 7	Tucker/Room 127A	McPherson	☝	10
College Landing – Intersection Early Amer History	1	Tu	AM	Nov 28	SOE/1056	Watkins		10
Battle of Hampton Roads: <i>Monitor vs Virginia</i>	2	Th	AM	Nov 30, Dec 7	D3/Classroom	Collier	!	10
AMERICAN WISDOM TRADITION								
Innermost Way of Seeing: Woods to Wmsburg	1	Tu	AM	Sep 12	TUCK/Room 127A	Lorence D		11
Triangulating Walden: Primitive Hut in America	1	Th	AM	Sep 14	TUCK/Room 127A	Lorence M		11
City of God: Philosophical Garden Tour	1	Tu	AM	Oct 3	CW/Palace Green	Lorence M		11
Woodland Walk to America's Beginnings	1	Th	8:00a-1p	Oct 12	D3/Classroom	Lorence M	\$!	11
ART, MUSIC & FILM								
Film Noir: Murder, Mayhem & Adultery!	6	M	PM	Sep 11, 18, 25, Oct 2, 9, 16	CC/Little Theatre	Thompson		12
George Reeves – Hollywood Suicide	1	Tu	AM	Sep 12	SOE/Room 1056	Wood		12
Kingston Trio & Folk Era of 1950-60s	3	Tu	PM	Sep 12, 19, 26	CC/Little Theatre	Davy/Morford		12
From Page to Stage: Musical Classics	6	W	PM	Sep 13, 20, 27, Oct 4, 11, 18	CC/Little Theatre	Puttre		12

AMERICAN HISTORY

AMER WISDOM

ART, MUSIC & FILM	FINANCE & ECONOMICS	GOVERNMENT & LAW
Architecture & Times Engl. Medieval Cathedrals	Lifetime Income Strategies	Virginia Criminal Law
Dining Dilemmas in Film	Do Only Rich Have Trusts? Trusts in Estate Plans	Congressional Oversight in American Democracy: An Apolitical Look at the Jan. 6 Committee
From Silver Screen to Great White Way	Taxes in Retirement & Social Security	Presidential Impeachment: What, How, Why?
Composer's Toolbox: What Are You Listening to?	Understanding Today's Economic Trends & Issues	Constitutional Crises: Elections of 1800 & 1876
Oscar Speaks: Winningest Film Composers	Global Perspective of Modern Economics	Congress, the Constitution, and You
Alfred Hitchcock: Master of Suspense	Retirement Today – Have the Rules Changed?	Virginia Legislative Process
World of Oriental Rugs	Current Events and Portfolio Management	After Gavel Falls: Intro to DOD Clemency/Parole
From Muscarelle Vaults: Look-See-Resist	Senior Living Options When It's Time to Sell	
Sinfonicon Light's Opera Upcoming Production		
FINANCE & ECONOMICS		
	Lifetime Income Strategies	
	Do Only Rich Have Trusts? Trusts in Estate Plans	
	Taxes in Retirement & Social Security	
	Understanding Today's Economic Trends & Issues	
	Global Perspective of Modern Economics	
	Retirement Today – Have the Rules Changed?	
	Current Events and Portfolio Management	
	Senior Living Options When It's Time to Sell	
GOVERNMENT & LAW		
	Virginia Criminal Law	
	Congressional Oversight in American Democracy: An Apolitical Look at the Jan. 6 Committee	
	Presidential Impeachment: What, How, Why?	
	Constitutional Crises: Elections of 1800 & 1876	
	Congress, the Constitution, and You	
	Virginia Legislative Process	
	After Gavel Falls: Intro to DOD Clemency/Parole	

TIMES	AM 9:30-11:30	PM 1:30-3:30	EVE 4:30-6:30	NOTES	After-Class Chat (optional: 30 minutes)	Additional Fee (due at first class)	Special Requirement(s) (refer to course description)
ALL TIMES EASTERN							
LOCATIONS	CC Campus Center	CW Colonial Williamsburg	D3 Discovery 3	HEAR	Hearth Memorial	KECK	Keck Lab
(PAGE 53)	MNTC McCormack-Nagelsen Tennis Center	LAND Williamsburg Landing	SOE	School of Education	RDH	Riverside Doctors' Hospital	
	SWEM Swem Library	SHAI Shaia Oriental Rugs	TUCK	Tucker Hall	WLIB	Williamsburg Library	ZOOM Online via Zoom

Course	#	Day(s)	Time	Dates	Location	Instructor	Notes	Pg
HEALTH & WELLNESS								
Your Subconscious Mind: Dedicated Genie	3	M	PM	Sep 11, 18, 25	D3/Classroom	Staik		19
Beginning Tennis	6	M	1-2p	Sep 11, 18, 25, Oct 2, 9, 16	MNTC	Caboy		20
Amazing Human Body II	3	Tu	AM	Sep 12, 19, 26	D3/Classroom	LeBolt		20
Part 1: Engaging Life's Situations – woe to WOW!	3	W	AM	Sep 13, 20, 27	D3/Classroom	Bado		20
CCRCs and Life Plan Communities	1	Th	AM	Sep 14	LAND/Charter Rm	Bates		21
Walking for Fitness	1	M	PM	Sep 25	CC/Colonial Echo	Funkhouser		21
Yoga & Meditation	4	M	AM	Oct 2, 9, 16, 23	LAND/Alvin P Aud	Ghosh		21
Functional Exercises for Fitness, Balance, Agility	3	M	PM	Oct 2, 9, 16	CC/Unity Hall	Thomas		21
Part 2: Engaging Life's Situations – woe to WOW!	3	W	AM	Oct 4, 11, 18	D3/Classroom	Bado		21
A New You – Plus!	3	W	PM	Oct 4, 11, 18	D3/Classroom	Forrest		22
Brain-Related Changes as We Age	1	Th	AM	Oct 5	D3/Classroom	Gaudio		22
Heart Rate Training: It's Beating...Now What?	1	Th	AM	Oct 5	CC/Room 159	Digges		22
Zumba Gold	9	Th	4:30-5:30p	Oct 5, 12, 19, 26, Nov 2, 9, 16, 30, Dec 7	To be announced	Williams B		22
Medicare ABCDs	1	Tu	EVE	Oct 10	ZOOM	Bernstein		22
Advanced Fitness Walking	1	M	PM	Oct 16	CC/Colonial Echo	Funkhouser		31
Wellness, Nutrition, Heart Health & You	1	Tu	EVE	Oct 24	RDH/Meeting Rm B	Karnes		31
Ageism and Its Effect on Health & Well-Being	3	Th	PM	Nov 16, 30, Dec 7	D3/Classroom	Ronnen		31

LANGUAGES								
German Conversation Table	12	M	12-1p	Sep 11, 18, 25, Oct 2, 9, 16, 23, 30, Nov 6, 13, 27, Dec 4	CC/Colonial Echo	Taddeo		31
Spanish Conversation Table	11	Tu	12-1p	Sep 12, 19, 26, Oct 3, 10, 17, 24, 31, Nov 14, 28, Dec 5	CC/Colonial Echo	Fraser		31
Básicos de la gramática española y conversación	6	Tu	PM	Sep 12, 19, 26, Oct 3, 10, 17	SOE/Room 2030	Scheiderer		31
French Conversation Table	12	W	12-1p	Sep 13, 20, 27, Oct 4, 11, 18, 25, Nov 1, 8, 15, 29, Dec 6	CC/Colonial Echo	Hickey		32

LITERATURE & WRITING								
Writing for the Fun of It	6	W	PM	Sep 13, 20, 27, Oct 4, 11, 18	SOE/Room 1056	Milligan		32
Sherlock Holmes: Most Famous Detective	6	W	AM	Sep 13, 20, 27, Oct 4, 11, 18	SOE/Room 2066	Betzner		32
The Making of <i>Beautiful Blue & You</i>	1	Th	AM	Sep 14	D3/Classroom	Richardson MM		32
Book Lovers Discussion Group	4	M	12-1p	Sep 18, Oct 16, Nov 13, Dec 11	D3/Classroom	Whiting/Reynolds		33
Scarlet Letter Lives: Civil War Saga	1	W	PM	Oct 4	CC/Room 159	Wlodarczyk		33
<i>The Old Town</i> (Alexandria, VA) Mystery Series	1	Tu	PM	Nov 14	D3/Classroom	Wasowicz		34
McCarthy: America's Great Reclusive Author	2	F	AM	Nov 17, Dec 1	D3/Classroom	Perlow		34

MEDIA & CURRENT AFFAIRS

Fake News & Technology	1	W	AM	Oct 25	SOE/Room 1056	Benjes-Small	34
NPR Behind the Scenes: The Early Years	3	W	PM	Oct 25, Nov 1, 8	D3/Classroom	Streiff	34
RELIGION & PHILOSOPHY							
Thinking About Thinking	3	M	AM	Sep 11, 18, 25	D3/Classroom	Cogossi	35
Destroyer of Gods: Christianity's Triumph in Rome	4	M	AM	Oct 23, 30, Nov 6, 13	ZOOM	Dalby	35
Vision of Islam	3	W	EVE	Oct 25, Nov 1, Nov 8	D3/Classroom	Bedir	35
Life Most Worth Living: Virtue Theory	6	M, W	PM	Nov 13, 15, 27, 29, Dec 4, 6	SOE/Room 1056	Rhodes	35
Cicero's <i>De Senectute</i> (On Old Age)	1	Tu	9:30a-12:30p	Nov 14	SOE/Room 1056	Rhodes	36
Practice the Pause: Reimagining Spirituality	3	Th	PM	Nov 16, 30, Dec 7	LAND/Alvin P Aud	Durrett	36
Between Everyday & Universal: Art in Spirituality	1	M	PM	Nov 27	D3/Classroom	Williams A	36

SCIENCE, TECHNOLOGY, ENGINEERING & MATH (STEM)

Your Home Network in Layman's Terms	3	W	PM	Sep 13, 20, 27	D3/Classroom	Parkansky	37
America's Weapons Systems We Go to War Now	6	W	AM	Sep 13, 20, 27, Oct 4, 11, 18	ZOOM	Hickok	37
Geography of Island Amphibious Landings	1	F	AM	Sep 15	SOE/Room 1056	Severance	37
World of Stealth	1	M	PM	Oct 2	ZOOM	Hickok	38
Disappearing Islands of the Chesapeake Bay	3	Tu	AM	Oct 3, 10, 17	D3/Classroom	Griffin	38
Golden Ratio: Nature's Favorite Number	1	M	AM	Oct 9	D3/Classroom	Sherman	38
Microsoft PowerPoint: Basics & Beyond	3	M	PM	Oct 23, 30, Nov 6	ZOOM	Chase	39
Impact of the Automobile	6	M	1:30-2:45p	Oct 23, 30, Nov 6, 13, 27, Dec 4	CC/Little Theatre	Dressel	39
How Do Computer Systems Work?	2	Tu	AM	Oct 24, 31	D3/Classroom	Henderson	39
Introductory Astronomy	3	M	5-7p	Oct 23, 30, Nov 6	D3/Classroom	Perry/Fragapane	39
Apollo Missions: Stories, Scientific Results	6	Th	AM	Oct 26, Nov 2, 9, 16, 30, Dec 7	CC/Little Theatre	Delano	40
Man or Superman? Alexander von Humboldt	1	Tu	PM	Oct 31	CC/Room 159	Thompson	40
Future U.S. Weapons Systems	3	Tu	AM	Nov 14, 28, Dec 5	ZOOM	Hickok	40
Identification of Trees in Winter	3	Tu	AM	Nov 14, 28, Dec 5	Keck Lab/Rm 108	Perry J	41
Mastering iPhone/iPad Camera & Photo Apps	3	W	PM	Nov 15, 29, Dec 6	ZOOM	Chase	41
Art & Science of Cooking	3	Th	AM	Nov 16, 30, Dec 7	To be announced	Shaw/Mathews	41
Algorithms	1	Th	AM	Dec 7	D3/Classroom	Henderson	41

MEDIA

RELIGION & PHILOSOPHY

SCIENCE, TECHNOLOGY, ENGINEERING & MATH (STEM)

LOCATIONS	CC Campus Center	CW Colonial Williamsburg	D3 Discovery 3	HEAR Hearth Memorial	KECK Keck Lab
(PAGE 53)	MNTC McCormack-Nagelsen Tennis Center	LAND Williamsburg Landing	SOE School of Education	RDH Riverside Doctors' Hospital	
	SWEM Swem Library	SHAI Shaia Oriental Rugs	TUCK Tucker Hall	WLIB Williamsburg Library	ZOOM Online via Zoom

Course	#	Day(s)	Time	Dates	Location	Instructor	Notes	Pg
SPECIAL INTERESTS								
Basic Wine Appreciation	3	M	4-6p	Sep 11, 18, 25	CC/Colonial Echo	Pryor Phil/Lynn	\$	42
Osher Wants YOU: Be an Instructor	1	Th	PM	Sep 14	D3/Classroom	Veteran Instructors	☞	42
Creative Crafting with Cricut®	3	F	AM	Sep 15, 22, 29	D3/Classroom	Lysher	!	42
W&M Campus Tour: Old Campus – Tour A	1	W	1:20-3:30p	Oct 4	OC/Hearth Mem	Various		42
A Service Dog Is More Than a Vest™	1	Th	PM	Oct 5	D3/Classroom	Neely John/Leslie		43
W&M Campus Tour: Old Campus – Tour B	1	W	1:20-3:30p	Oct 11	OC/Hearth Mem	Various		42
Seed to Bloom: Growing Flowers from Seed	1	Th	PM	Oct 12	D3/Classroom	Brennan		43
W&M Campus Tour: Old Campus – Tour C	1	W	1:20-3:30p	Oct 18	OC/Hearth Mem	Various	!	42
Guide to Adopting a Pet in Williamsburg	3	M	PM	Oct 23, 30, Nov 6	D3/Classroom	Tubbs		43
UFOs/UAPs: Are We Alone?	3	W	AM	Oct 25, Nov 1, 8	ZOOM	Hickok		44
Beginner's Bridge	6	W, F	AM	Oct 25, 27, Nov 1, 3, 8, 10	D3/Classroom	Abrams	\$!	44
Swem: Not Your Father's (or Mother's) Library	1	W	AM	Nov 1	SWEM/Ford Room	Benjes-Small		44
Residential Construction Project Management	4	W	AM	Nov 8, 15, 29, Dec 6	SOE/Room 1056	Cross		45
Defensive Bridge	2	Tu, Th	AM	Nov 14, 16	D3/Classroom	Jenks	!	45

WORLD HISTORY								
What is Fascism? A Historical Analysis	3	Tu	PM	Sep 12, 19, 26	D3/Classroom	Schilling		45
Tet 1968: The Crossover Point	3	W	AM	Sep 13, 20, 27	SOE/Room 1056	Stark		45
World Gone Mad: WWI Military History	6	W	UPDATED! 9:30a-12p	Sep 13, 20, 27, Oct 4, 11, 18	CC/Little Theatre	Riffer		46
Geography and Warfighting in Vietnam	1	F	AM	Sep 29	SOE/Room 1056	Severance		46
War of the Roses (1455-1485)	3	Tu	PM	Oct 3, 10, 17	CC/Little Theatre	Rogers		47
Islamic State & Explosive Middle East	4	Th	10a-12p	Oct 5, 12, 19, 26	ZOOM	Hickok		47
Viking Age England	1	W	AM	Oct 25	CC/Little Theatre	Cox		47
Only Hope: My Mother & the Holocaust	1	W	PM	Oct 25	ZOOM	Lubliner		47
Angevin Kings & Queens of England 1154-1216	3	F	AM	Oct 27, Nov 3, 10	CC/Little Theatre	Butler S		48
The Bayeau Tapestry	1	W	AM	Nov 8	CC/Little Theatre	Cox		48
War in the Skies: Europe 1939-1945	4	W	10a-12p	Nov 15, 29, Dec 6, 13	ZOOM	Beasom		48

LOCATIONS (PAGE 53)	CC Campus Center	CW Colonial Williamsburg	D3 Discovery 3	HEAR Hearth Memorial	KECK Keck Lab
	MNTC McCormack-Nagelsen Tennis Center	LAND Williamsburg Landing	SOE School of Education	RDH Riverside Doctors' Hospital	
	SWEM Swem Library	SHAI Shaia Oriental Rugs	TUCK Tucker Hall	WLIB Williamsburg Library	ZOOM Online via Zoom

Notes

SEPTEMBER 2023						
Sun	Mon	Tue	Wed	Thu	Fri	Sat
27	28	29	30	1	2	
3	4	5	6	7	8	9
10	11	12	13	14	15	16
17	18	19	20	21	22	23
24	25	26	27	28	29	30

OCTOBER 2023						
Sun	Mon	Tue	Wed	Thu	Fri	Sat
	1	2	3	4	5	6
7	8	9	10	11	12	13
14	15	16	17	18	19	20
21	22	23	24	25	26	27
28	29	30	31			

NOVEMBER 2023						
Sun	Mon	Tue	Wed	Thu	Fri	Sat
29	30	31	1	2	3	4
5	6	7	8	9	10	11
12	13	14	15	16	17	18
19	20	21	22	23	24	25
26	27	28	29	30		

DECEMBER 2023						
Sun	Mon	Tue	Wed	Thu	Fri	Sat
26	27	28	29	30	1	2
3	4	5	6	7	8	9
10	11	12	13	14	15	16
17	18	19	20	21	22	23
24	25	26	27	28	29	30
31						

MARK YOUR CALENDAR

Important Dates for Fall 2023

JULY

17–26 **M–W** **Early Registration**
Opens at 8am on 7/17; closes at 5pm on 7/26

AUGUST

18 **F** **Class Assignments Emailed** to early registrants

21 **M** **Open Enrollment**
If you missed July early registration or want to add classes; opens at 8am on 8/21; closes at 5pm on 10/31

SEPTEMBER

4 **M** **Labor Day**

5-8 **Tu-F** **Parking Permit Pick-up for** early registrants
9am-4pm; Osher Office

8 **F** **New Member/New Instructor Reception**
Watch your email for the invitation

11 **M** **First Day of Classes**

OCTOBER

1-31 **M-Tu** **Scholarship Applications Open**
For Spring 2024 (see below)

12-13 **Th-F** **W&M Fall Break**
Osher classes in session

NOVEMBER

7 **T** **Election Day**
University closed, no Osher classes

20-24 **M-F** **Thanksgiving Break**
University closed, no Osher classes

DECEMBER

15 **F** **Last Day of Classes**

A WORD ABOUT FREE & AMICABLE DISCUSSION IN THE CLASSROOM

A vibrant member community can bring equally vibrant viewpoints to the classroom.

Explicating, defending, or criticizing a given claim does not translate to personal endorsement or rejection of that claim.

Advocating a given position does not necessarily translate to personal agreement with it. Likewise, offering criticisms of an argument in the spirit of intellectual inquiry does not necessarily translate to disagreement with it.

The academic value lies in the examination and understanding of various viewpoints that thoughtful people offer.

In matters where reasonable people may disagree, it is unlikely that we'll settle on "right answers"; controversial issues are controversial for a reason.

Examining them responsibly requires a mature, respectful approach. Disagreement over controversial matters of political, ethical, legal, or social policy is healthy; disagreeableness is not.

– Offered by Bill Rhodes, Osher at W&M Curriculum Committee Member, Religion & Philosophy Subject Area Coordinator, and Veteran Osher instructor

SCHOLARSHIPS

Available for Spring 2024

Interested in the program but can't manage the membership fee? We may be able to help.

A limited number of scholarships are available for the Spring 2024 semester. To qualify, you must be age 50 or older and have an annual household adjusted gross income of \$50,000 or less.

Scholarships are funded by a grant from the Bernard Osher Foundation, and cover the cost of a one-semester membership at the Institute and parking

(if needed). You may enroll in up to 8 courses and unlimited one-time lectures. The scholarship also includes an Osher parking permit, which is valid through August 2024.

Spring 2024 scholarship applications are accepted October 1-October 31, 2023. Successful recipients will be notified by email by November 17.

To [apply](#), visit wm.edu/osher under About Us, Membership. (The Spring 2024 semester runs from the January 29 to mid-May.)

HEALTH & WELLNESS -
continued from p. 22

Advanced Fitness Walking

Ray Funkhouser

Monday, 1:30-3:30pm
1 session
Oct. 16
Campus Center, Colonial Echo
24 seats available

For fitness walkers with some experience who want more from their walk routine to improve fitness levels. This clinic will review efficient walking technique, current techniques to promote optimal performance, and types of workouts to meet specific goals. Participants will receive one-on-one attention to technique and programs for their individual needs. Dress in comfortable walking clothing and shoes.

Ray Funkhouser is also teaching a Basic Fitness Walking class this Fall. See his bio on page 21.

NEW! Wellness, Nutrition, Heart Health, and You

Carrie Karnes

Tuesday, 4:30-6:30pm
1 session
Oct. 24
Riverside Doctors' Hospital, Meeting Room B
35 seats available

Cardiovascular disease remains the No. 1 cause of death and disability in the United States. This course illustrates how slight changes can lower the risk of heart attack and stroke by living a heart-healthy lifestyle. Learn the latest information on improving your heart health and about heart healthy nutrition to help reduce the risk of heart disease.

Carrie Karnes serves as the coordinator for this Riverside Doctors' Hospital (Williamsburg) course, which will be taught by various clinicians and staff members. She has worked at the hospital for over five years and currently serves as the volunteer and community relations manager.

NEW! Ageism and Its Effect on Health and Well-Being

Betty Ronnen

Thursday, 1:30-3:30pm
3 sessions
Nov. 16, 30, Dec. 7
Discovery 3, Classroom
40 seats available

When attitudes towards aging and older people eclipse mainstream medical decision processes, the concept of "ageism" is at work. In this class, we'll review and discuss the term "ageism," its manifestations in our daily lives, and its potential impact on individual's well-being as well as that of society in general, particularly in matters of health care. Join us in a discussion about proactive and effective ways to handle ageist circumstances which may arise in medical care.

Betty Wajnberg Ronnen graduated from the School of Occupational Therapy in Jerusalem, Israel, and earned a Ph.D. from New York University. She has a lifelong interest in sociology and medicine. Her career includes professional and clinical management appointments in various health care settings. Betty teaches Modern Hebrew classes for Osher as well as Temple Beth El in Williamsburg

LANGUAGES

German Conversation Table

Judith Taddeo

Monday, 12-1:00pm
12 sessions
Sep. 11, 18, 25, Oct. 2, 9, 16, 23, 30, Nov. 6, 13, 27, Dec. 4
Campus Center, Colonial Echo
24 seats available

Informal discussion of topics of interest, newspaper, or magazine articles. Conversation is conducted in German with help by the instructor. Participants should have intermediate-to-advanced knowledge of German.

Judith Taddeo grew up in Bonn, Germany. She was a former member of the German Foreign Service and is currently working as a professional technical and legal translator. She has a B.A. in linguistics with an emphasis on bilingualism as well as language acquisition in children.

Spanish Conversation Table

Ruth Fraser

Tuesday, 12-1:00pm
11 sessions
Sep. 12, 19, 26, Oct. 3, 10, 17, 24, 31, Nov. 14, 28, Dec. 5
Campus Center, Colonial Echo
24 seats available

La mesa española les ofrece a sus miembros la oportunidad de mantener y enriquecer su lengua española. En las reuniones, utilizamos artículos de periódicos o del internet para la lectura y facilitamos comentarios sobre el contenido. Es necesario tener un nivel de comprensión básica del español para participar en la lectura. El ambiente es amistoso—nos apoyamos y nos divertimos durante la hora.

Ruth Fraser enjoyed teaching Spanish I through Advanced Placement at Lafayette High School in Williamsburg until she retired. She has an M.A. in Spanish from the University of New Mexico. She has visited or studied in several Spanish-speaking countries, including Spain, Mexico, Puerto Rico, Guatemala, El Salvador, and Peru.

¡NUEVO! Básicos de la gramática española y conversación sobre temas de interés cultural

Chris Scheiderer

Tuesday, 1:30-3:30pm
6 sessions
Sep. 12, 19, 26, Oct. 3, 10, 17
School of Education, Room 2030
25 seats available

Esta es una clase para estudiantes de español que pueden hablar, entender, leer y escribir a un nivel bastante

avanzado. Durante cada clase vamos a repasar unos puntos claves de la gramática y también conversar sobre temas de interés cultural. Los temas principales serán unas leyendas mexicanas.

Required reading: *Complete Spanish Grammar* (Third Edition) by Gilda Nissenberg, PhD ISBN-13: 978-1-259-58419-0.

Christopher Scheiderer taught all levels of Spanish at the college level for 40 years. He taught at Christopher Newport University from 1971 to 2004, and at the University of Maryland, Waynesburg College, and the Ohio State University.

French Conversation Table

Kathleen Hickey

Wednesday, 12-1:00pm
12 sessions
Sep. 13, 20, 27, Oct. 4, 11, 18, 25,
Nov. 1, 8, 15, 29, Dec. 6
Campus Center, Colonial Echo
24 seats available

La Table de Conversation Française sert de lieu de rencontre pour des personnes ayant un vif intérêt pour la langue et la culture française. Les séances sont organisées autour de la lecture et de la discussion d'articles de livres, de journaux ou de magazines, lus et commentés dans une ambiance décontractée. Un niveau minimum de

compréhension de la langue française est quand même nécessaire pour pouvoir profiter pleinement de ces sessions.

Kathleen Hickey a passé 30 ans enseigner le français et l'espagnol en public et privé moyen et haut écoles. Elle a un B.S. dans l'éducation et une maîtrise en littérature française de Université de Washington.

LITERATURE & WRITING

Writing for the Fun of It

Frank Milligan

Wednesday, 1:30-3:30pm
6 sessions
Sep. 13, 20, 27, Oct. 4, 11, 18
School of Education, Room 1056
30 seats available

This relaxed and fun overview ranges from learning to think like a writer to publishing your work. Discussion and exercises reveal simple yet effective tools for organizing your thoughts. Learn to choose the best form to convey your unique vision: fiction, nonfiction, poetry, or drama, and the essential building blocks of each.

A quick grammar and style refresher shows why you don't have to be a grammar expert to be a good writer. With a project you'll begin in class, or one you've already started, learn to apply professional techniques that will elevate your writing to the next level

Suggested reading: *Time to Write: Discovering the Writer Within After 50* by Frank Milligan; *Complete Guide to Writing Fiction and Nonfiction* by Pat Kubis and Bob Howland

Frank Milligan has taught creative writing at Northern Virginia Community College and Lorton Workshop Art Center. His book, Time to Write: Discovering the Writer Within After 50, won a silver award at the 2009 National Mature Media Awards.

He has an M.A. in writing from The Johns Hopkins University, an M.B.P.A. in management, and a B.A. in psychology.

Sherlock Holmes: The World's Most Famous Detective

Ray Betzner

Wednesday, 9:30-11:30am
6 sessions
Sep. 13, 20, 27, Oct. 4, 11, 18
School of Education, Room 2066
34 seats available

Sherlock Holmes has become one of the world's best-known literary figures, with dozens of films, television, and radio adaptations. How Sir Arthur Conan Doyle's Victorian detective outgrew the written word will be the focus of the six-week course.

Participants will discuss several of the original Holmes stories and how the character developed through Conan Doyle's lifetime and beyond.

Required reading: *A Scandal in Bohemia; The Adventure of the Speckled Band; A Study in Scarlet; The Copper Beeches*; all are no-cost online, e.g., <https://sherlock-holm.es/stories/html/cnus.html#Story-3>

Ray Betzner has been reading Sherlock Holmes for more than 50 years. He is a member of The Baker Street Irregulars; has presented on Holmes at numerous conferences; and is co-editing a book on Sir Arthur Conan Doyle. Ray recently retired from a career in higher education communications, which included working at William & Mary and other universities.

The Making of Beautiful Blue & You

Melinda Lincoln-Richardson, Michael Richardson

Thursday, 9:30-11:30am
1 session
Sep. 14
Discovery 3, Classroom
40 seats available

RELATED LITERATURE & WRITING COURSES

I Can't Tell a Lie: Parson Weems & Washington (p. 7)

Documenting the American Revolution (p. 7)

From Page to Stage: Musicals Based on Literary Classics (p. 12)

Cicero's *De Senectute* (p. 36)

***Only Hope: My Mother and the Holocaust Brought to Light* (p. 47)**



This discussion explores the inspiration, technical approach, collaboration, and publication of an unusual book by Melinda and Michael Richardson. What started as Michael's photography hobby and Melinda's response to the images he shared gave rise to a unique artistic endeavor. Melinda's mastery of the written word gives voice and yield wisdom from the resident Great Blue Heron of the Chisel Run Pond in Williamsburg's Ford's Colony.

The couple paired Michael's rich images with Melinda's serendipitous prose to create a volume of wisdom born of nature – much like early American naturalist philosophers. This labor of love was not without hurdles. The necessities of publication have little to do with artistry of word and image but are requisite to bring a creative vision to fruition.

Suggested reading: *Beautiful Blue & You* by Michael Richardson and Dr. Melinda Lincoln-Richardson

Melinda Lincoln-Richardson is a lifelong educator with a doctoral degree in communications. The author of a well-regarded text on conflict resolution communication to promote peaceful schools, Melinda channels her creative abilities to personify a Blue Heron and capture life lessons through nature's lens.

Michael Richardson is a retired engineer with a career spanning

service as an Army officer, industrial engineer, U.S embassy designer and builder, and Department of Homeland Security an operational test director.

Book Lovers Discussion Group

Sally Whiting, Barbara Reynolds

Monday, 12-1:00pm
4 sessions
Sep. 18, Oct. 16, Nov. 13, Dec. 11
Discovery 3, Classroom
35 seats available

If you are a book lover and enjoy discussing great books with others, this activity is for you. Start reading soon, and join us to talk about this semester's four superb books.

Required reading:

Sep. 18: *All the Frequent Troubles of Our Days* by Rebecca Donner ISBN 13: 9780316561693, 576 pages

Oct. 16: *Run* by Ann Patchett ISBN 13: 9780061340635, 295 pages

Nov. 13: *Salt Houses* by Hala Alyan ISBN 13: 9781328915856, 320 pages

Dec. 11: *A Thousand Acres* by Jane Smiley, ISBN 13: 0449907481, 367 pages

Sally Whiting has a B.A. in education. She has taught English, operated a graphic arts/typesetting business,

and managed various departments of two educational publishing divisions for The McGraw-Hill Companies. She loves books and has been a Book Lovers Discussion Group member since moving to Williamsburg in 2007.

Barbara Reynolds is an avid reader who has been a member of the Book Lovers Discussion Group since 2008. She belongs to three other book clubs.

NEW! Scarlet Letter Lives: A Genealogical and Literary Civil War Virginia Saga

Maureen Wlodarczyk

Wednesday, 1:30-3:30pm

1 session

Oct. 4

Campus Center, Room 159

50 seats available

This course will explore the lives of the owners of three inscribed 1850s copies of *The Scarlet Letter* by Nathaniel Hawthorne.

Genealogical research has revealed that each family had ties/experiences in Civil War-era Virginia, one a New England bride of an Alexandria merchant; the second, a native Virginian who finds himself in New Orleans during the Union blockade of that city; and the third, a young Mississippi boy who follows his older brothers into the Confederate Army and finds himself with them and Jeb Stuart on the battlefields of Virginia.

Their lives and personal experiences before, during, and after the Civil War will be explored along with the process of how their copies of *The Scarlet Letter* were traced back to them and inspired a work of historical fiction: *Scarlet Letter Lives* by Maureen Wlodarczyk.

Maureen Wlodarczyk (past-forward.com) is a genealogist, the author of seven books, a columnist writing about genealogy topics, and a frequent speaker about genealogy research. She has been selected for multiple Excellence-in-Writing awards by the International Society of Family History Writers & Editors.

NEW! The Old Town (Alexandria, VA) Mystery Series

John Wasowicz

Tuesday, 1:30-3:30pm
1 session, Nov. 14
Discovery 3, Classroom
40 seats available

Every journey in life begins with one small first step. As it is with life, so it is with writing. Author John Wasowicz will discuss his writing process and how the publication of an anticipated “one and done” book evolved into a mystery series that rendered meaning to his personal life, enlivened his readers’ imaginations, and garnered *Old Town* Mystery fans around the world.

The series follows the Mo Katz, the fictional U.S. Attorney for the Eastern District of Virginia. The stories all take place in Alexandria and profile well-known landmarks in the area.

John Adam Wasowicz is an attorney and author of The Old Town (Alexandria) six-volume series of mysteries that includes Daingerfield Island, Jones Point, Slaters Lane, Roaches Run, Gadsby’s Corner, and Hazel Falls. John currently practices law in the public sector. He wrote his first book at age 65 and has been going full throttle since. His newest novel, Almost Heaven, is in the works.

NEW! Cormac McCarthy: America’s Great Reclusive Author

Lawrence Perlow

Friday, 9:30-11:30am
2 sessions
Nov. 17, Dec. 1
Discovery 3, Classroom
40 seats available

The reclusive (at least until he was interviewed by Oprah in 2007) Cormac McCarthy is considered by many critics as America’s greatest living author. He has published novels in multiple genres and styles from 1965-2022.



Old Town, Alexandria, Virginia

In session 1, we will analyze his first novel, *The Orchard Keeper*. The story is set in Eastern Tennessee during the peri-Prohibition era, and its intertwined stories reflect the conflict between government and traditional rural life. This Southern Gothic work drew critical

praise as an impressive first work despite some perceived flaws that we will try to identify. After several more novels set in Appalachia, McCarthy switched genres and styles.

In session 2, we will discuss the vastly different and prize-winning *All the Pretty Horses*, the first work in a trilogy that elevated Western pulp genre fiction to high literary art. We will also contrast these two books

Required reading: *The Orchard Keeper*, ISBN-13: 978-0679728726; *All the Pretty Horses*, ISBN-13: 978-0679744399

Lawrence Perlow is an oncologist who earned his M.D. from Georgetown University. After a career as an executive for several multinational pharmaceutical corporations, he earned a D.Litt. from Drew University.

MEDIA & CURRENT AFFAIRS

NEW! Fake News & Technology

Candice Benjes-Small

Wednesday, 9:30-11:30am
1 session, Oct. 25
School of Education, Room 1056
40 seats available

Let’s discuss how technology like social media, AI (including chatbots

like ChatGPT), and search engines are involved in the creation, proliferation, and detection of disinformation and misinformation.

Suggested reading: *The Demon Haunted World* by Carl Sagan. *True or False: A CIA Analyst’s Guide to Spotting Fake News* by Cindy L. Otis

Candice Benjes-Small began teaching critical thinking courses in 2010 and has been teaching a course about Fake News at William & Mary since 2019. Head of Research at William & Mary Libraries, she has published numerous articles and co-edited a book about misinformation and disinformation.

NPR Behind the Scenes: The Early Years

John Streiff

Wednesday, 1:30-3:30pm
3 sessions
Oct. 25, Nov. 1, 8
Discovery 3, Classroom
40 seats available

National Public Radio is well known today, but you might remember a time when it was not as recognizable. John Streiff was an early NPR employee, joining the company in 1972, less than a year after its founding. Discover the triumphs, faux pas and near misses in those first years. Come hear the inside story from someone who was there and helped “write the book” on public radio broadcasting in the United States. John will share interactions, interviews, recollections, and written materials from his personal experience as well as his colleagues, including audio and image resources from private and public sources.

Suggested reading: *This is NPR – The First Forty Years* by Adams et al.

John Streiff received a degree in communications from San Diego State University and has studied science and consciousness for over 50 years. His Osher courses reflect his varied eclectic interests. He has taught and lectured on a variety of topics during his professional consulting career.

RELIGION & PHILOSOPHY

NEW! Thinking About Thinking

Bruce Cogossi

Monday, 9:30-11:30am
3 sessions
Sep. 11, 18, 25
Discovery 3, Classroom
40 seats available

All humans think. It is our nature to do so. Humans naturally think without having to exert much energy or necessarily engage in any real intellectual work. But much of our thinking, when left to itself, is biased, distorted, partial, uninformed, or downright prejudiced. In our education system, we are taught how to think and learn academically. But what have you learned about how “you” think? Where does your thinking come from?

This course is not about intellectual analysis of a topic. Instead, it is about analyzing your own thinking, that is, making your unconscious assumptions conscious – examining the assumptions behind statements you make, in other words, what do your statements imply?

Suggested reading: *Critical Thinking: Tools for Taking Charge of Your Professional and Personal Life* (2nd ed) by Richard Paul & Linda Elder

Bruce Cogossi graduated from the U.S. Military Academy. He holds an M.P.A. from Troy State University, an M.S. in education from Old Dominion, and an M.S. in national resource strategy from National Defense University. He served in the U.S. Army for 27 years, followed by 11 years as a Federal civilian in leadership roles in contracting.

RELATED RELIGION & PHILOSOPHY COURSES

Architecture and Times of English Medieval Cathedrals (p. 13)

A New You – Plus (p. 22)

NEW! Destroyer of the Gods: Christianity’s Unlikely Triumph in Ancient Rome

Jack Dalby

Monday, 9:30-11:30am
4 sessions
Oct. 23, 30, Nov. 6, 13
Zoom
275 seats available

Christianity’s astounding success in the ancient Roman world was not preordained. Far from it. In this academically based presentation, we will examine the many reasons, large and small, that Christianity grew from a tiny group of apocalyptic Jews in the year 30CE, to being proclaimed the official religion of the Roman Empire in 381CE.

Topics for discussion will include our sources, the historical Jesus, the ministry of St. Paul, why Christianity separated from Judaism, the Roman view of Christianity, early Christian worship, Roman persecution of Christians, the importance of martyrdom, Christian missionary work, the variety of Christian sects, Constantine’s conversion, the Council of Nicaea, the Council of Constantinople and more.

Jack Dalby is a newly retired northern Virginia business owner. For the past 11 years, he has lectured on various topics in the area of “Christian Origins” at George Mason University’s Osher Institute program. The courses are the result of 15 years of private study within this always fascinating and continually relevant topic.

NEW! Vision of Islam

Islam Bedir

Wednesday, 4:30-6:30pm
3 sessions
Oct. 25, Nov. 1, 8
Discovery 3, Classroom
40 seats available

Step into the captivating world of Islam with the course. This enlightening journey covers the three foundational

aspects of the faith as outlined in the revered Hadith of Gabriel: faith, practice, and spirituality. Drawing upon the wisdom of the Qur’an, the teachings of the Prophet, and the profound insights of esteemed Islamic scholars, the course provides an accessible and immersive introduction to the core principles of each dimension. Engage in lively discussions and ask insightful questions as you explore the beauty and depth of Islam and gain a greater understanding of this remarkable faith tradition.

Suggested Reading: *The Clear Quran* by Dr. Mustafa Khattab; *The Qur’an with Annotated Interpretation in Modern English*

Islam Bedir holds a Ph.D. in theoretical physics and has studied Islamic sciences under a number of scholars.

The Life Most Worth Living: Virtue Theory in Ancient & Modern Perspective

Bill Rhodes

Monday, Wednesday, 1:30-3:30pm
6 sessions
Nov. 13, 15, 27, 29, Dec. 4, 6
School of Education, Room 1056
40 seats available

Optional after-class chat

We’ll focus on the practical philosophical question: “What is the life most worth living?” and a Socratic claim underlying it: “The unexamined life is not worth living.” Covering the fundamentals of virtue ethics and concentrating on the thought of Socrates, Plato, and Aristotle, we will discuss the sort of person who lives well and what constitutes the well-lived (and examined) life. Findings from formal psychological research are included, along with the question of how best to equip ourselves and others to live well.

Required reading: *Plato’s Republic* by Grube (trans.), ISBN: 0872201376. *Aristotle’s Nichomachean Ethics* by Irwin (trans.), ISBN: 0915145669.

Bill Rhodes earned his doctorate from the University of Colorado, Boulder. A published author and researcher, he served as a professor and academic department head at the U.S. Air Force Academy and currently teaches online courses for Air University.

EXTENDED! Cicero’s “De Senectute” (On Old Age)

Bill Rhodes

Tuesday, 9:30-12:30pm (3 hours)
1 session
Nov. 14
School of Education, Room 1056
40 seats available

Optional after-class chat

The goal of this class is to become familiar with De Senectute and elements of Stoic philosophy.

The lecture will open with a popular-level introduction to the discipline of practical philosophy and Stoicism in particular. With that basis in place, we will move to each of Cicero’s “considerations” regarding the beneficial aspects of aging.

Though he grants that we change in lots of ways as we age, he suggests, contrary to popular opinion, that most of these changes promote our well-being. Content will be derived from original sources, to include Epictetus’ “Enchiridion” and, of course, Cicero’s “De Senectute.”

Though formatted as a lecture, the course will offer lots of opportunity for interaction. The course is designed especially for philosophy neophytes; no prior experience with philosophy is needed to benefit from this course.

Suggested reading: *De Senectute* by Cicero

Bill Rhodes is also teaching a course on virtue ethics. See his bio above.

Practice the Pause – Reimagining Spirituality

Lawrence Durrett

Thursday, 1:30-3:30pm
3 sessions
Nov. 16, 30, Dec. 7
Williamsburg Landing, Alvin P Auditorium
20 seats available

We are here to grow in our vision of oneness, balancing justice and mercy, and empowering a greater giving and receiving of perennial wisdom and love. Distraction, misinformation, and inadequate pain control are crying out for us to address the “whole” person. Writing, movement, music, poetry, and life-giving dialogue are the tools we’ll use to reimagine spirituality and regain balance.

Lawrence Durrett has a B.A. in government, an M.Div degree, and a master’s degree in library science. He has served as a United Methodist minister, a librarian, and a yoga teacher, and has also provided music in churches and nursing homes. He

completed post-graduate work at the National Presbyterian Church, Virginia Theological Seminary, and the Catholic University of America.

NEW! Between the Everyday and the Universal: Art in Spirituality

Adrian Williams

Monday, 1:30-3:30pm
1 session
Nov. 27
Discovery 3, Classroom
40 seats available

Through both creation and interpretation, art forms a bridge between our personal everyday experiences and the universal spirit of creation.

In this class, we will take a look at the work of various artists and consider not only why they may have created the art, but how our interpretations of art inform our understanding of God, creation, and one another.

The convergent nature of our current paradigm has led to lots of new art focused on gaining an understanding of the purpose of life and the theology of living a good or Godly life.

Join us as we examine what Thomas Merton once said, “I do not insist on this division between spirituality and art, for I think even things that are not patently spiritual, if they come from the heart of a spiritual person, are spiritual.”

Adrian Williams has a B.A. in musical theater from Mary Washington College and an M.Div. from the Baptist Theological Seminary at Richmond. He is director of educational ministries at Williamsburg Presbyterian Church and has led programs and created curriculum for the Presbyterian Church (U.S.A.) at local, state, and national levels.

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SCIENCE, TECHNOLOGY, ENGINEERING & MATH (STEM)

NEW! Your Home Network In Layman's Terms

Keith Parkansky

Wednesday, 1:30-3:30pm
3 sessions
Sep. 13, 20, 27
Discovery 3, Classroom
40 seats available

Learn how to get the most out of the networking functionality your home Internet connection provides. Presented in three parts, we'll cover:

- 1) how your home network works with the Internet as we demystify those "network settings" (IP address, subnet mask, default gateway, DNS, DHCP, etc.)
- 2) how to leverage the connectivity your home network provides to add convenience and functionality (centralized printing and paperless faxing, file sharing, performing backups, IP telephony, etc.) — perhaps even create your own Internet presence
- 3) what software and devices are available to help you protect your home network and computers as well as how to troubleshoot common network connectivity issues. Plastic pocket pencil protectors are optional.

After an initial career in the electronics field, Keith Parkansky transitioned into computer networking. He spent 25 years in public education and local government as a network administrator managing Novell and Windows-based computer networks as well as traditional PBX and IP-based telephony systems. In retirement, he likes to tinker with Linux servers and open source software and breadboarding and programming popular microcontrollers.

America's Weapons Systems – The Weapons We Go to War with Now

John Hickok

Wednesday, 9:30-11:30am
6 sessions
Sep. 13, 20, 27, Oct. 4, 11, 18
Zoom
275 seats available

Defense Strategy has focused on the threats of Russia, China, North Korea, and Iran to the United States. A volatile Middle East and Central Asia has kept America at war for 20 years – with still some activity in Iraq and Syria; as well as the continued worldwide threat of terrorism. Now we have Russia attacking Ukraine and putting NATO at risk of getting into a major war in Europe.

This course will provide a comprehensive overview of the Department of Defense and its major weapon systems including our strategic nuclear forces, and those in space, in the air, on the sea, undersea, and on land. A follow-on three session course, Future U.S. Weapon Systems, is highly recommended.

John Hickok holds an M.S. in aero engineering and M.B.A. from Naval Postgraduate School, and a B.S. in engineering and nuclear physics from the U.S. Naval Academy. He retired after a 48-year career in the Navy and Office of the Secretary of Defense (OSD). His service includes flight operations as an A-6 Intruder naval flight officer and British RAF Buccaneer weapon systems officer.

His acquisition assignments included top-secret stealth programs and as the Navy's PM for avionics systems. He also served as a senior professor at Defense Acquisition University and chief knowledge officer during his tenure with the OSD.. He also served as a senior professor at Defense Acquisition University and chief knowledge officer during his tenure with the OSD.

NEW! The Geography of Island Amphibious Landings

Paul Severance

Friday, 9:30-11:30am
1 session
Sep. 15
School of Education, Room 1056
40 seats available

In the military domain, amphibious military operations are considered to be one of the most difficult of military operations to execute with success.

We will address the principal physical geographic aspects of two major U.S. amphibious operations at Tarawa in November 1943 and Iwo Jima between February and March 1945.

The presentation will address a wide array of geographic factors, principles, and influences that played a role in the planning, execution, and outcomes. We will also consider climate and weather, hydrography, tides, topography, beach characteristics, micro-terrain and enemy defensive endeavors that characterized both operations. The lecture will also examine strategic and operational imperatives driving strategic military operations in the Pacific Theater. The underlying foundation of this presentation is that geography is – and will remain – a "First Principle" in the planning, resourcing, and execution of major military operations.

Paul is teaching another geography-based class this semester: Geography and Warfighting in Vietnam (see p. 46).

Suggested reading: *Battling the Elements: Weather and Terrain in the Conduct of War*, 1998, by HA Winters et al. Chapter 10; *Battlegrounds: Geography and the History of Warfare*, undated, Michael Stephenson, Ed.; Chapters 4 and 6

Paul Severance taught strategic geography at the National Defense University for 23 years. He focused on analysis of the broadest dimensions of physical and human geography on the inception, planning, and execution

of strategic U.S. endeavors in the international arena

The World of Stealth

John Hickok

Monday, 1:30-3:30pm

1 session

Oct. 2

Zoom

275 seats available

Stealth is the ultimate game of hide-and-seek for our military. Stealth is “the” U.S.’ major capability, and it elevates and distinguishes the American defense force from all other countries’ militaries.

This course will help you understand the major technologies and components that create “stealth,” as well as the evolution of stealth platforms since World War II, and the latest stealth platform – the F-35 Joint Strike Fighter.

The F-35 is the largest and most expensive program in the U.S. Department of Defense, and is being purchased by the United Kingdom, Italy, the Netherlands, Australia, Canada, Norway, Denmark, Japan, Singapore, Israel, Poland, Finland, South Korea and Belgium. This course supplements the courses “America’s Weapon Systems” and “Future Weapon Systems,” also being offered this Fall (see p. 40).

John Hickok is teaching several military and STEM-related courses this Fall. See his bio on p. 37.

NEW! The Disappearing Islands of the Chesapeake Bay

Jim Griffin

Tuesday, 9:30-11:30am

3 sessions

Oct. 3, 10, 17

Discovery 3, Classroom

40 seats available

Jim’s course from last Fall, *The Virginia Peninsula from a Watershed Perspective*, examined the problem of

sea level rise and subsidence in the Chesapeake Bay. While last Fall’s course is not a prerequisite for this class, the new course looks at these twin issues in greater detail and explores the geologic history of the Bay and the land subsidence and sea level rise that is changing the future of islands there.

We will also briefly discuss how these factors affect the bay’s shoreline and that of the major cities that surround the bay. The focus is on Tangier Island; however other islands and coastal areas will also be discussed.

Jim says the idea for this course comes from the excellent book by Earl Swift, *Chesapeake Requiem: A Year with the Watermen of Vanishing Tangier Island*, which he read on the suggestion of an Osher member from the prior class.

Jim Griffin holds a Ph.D. in environmental science from the Florida Institute of Technology; an M.S. in systems technology from the Naval Postgraduate School in Monterey, CA; and was an environmental scientist for local and state agencies in Florida. He also taught GIS applications at the University of South Florida, as well as Florida watersheds and water resources courses at USF’s Osher program.

NEW! The Golden Ratio: Understanding Nature’s Favorite Number

Dan Sherman

Monday, 9:30-11:30am

1 session

Oct. 9

Discovery 3, Classroom

40 seats available

! Pen, paper, calculator suggested; read below

Like its cousin pi, the number phi has a long and fascinating history. Its value defines the Golden Ratio (also called the

“Divine Proportion”) that some say defines beauty in the visual arts and nature.

The number is closely related to the famous Fibonacci numbers, which relate to nature (e.g., the number of petals on a flower) and also many fascinating relationships among numbers.

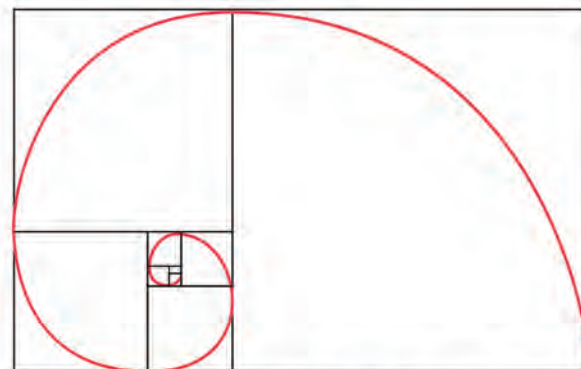
The class is meant to be fun and use basic mathematics to show how a seemingly simple set of numbers illuminates art, nature, and even music.

Participants are welcome to bring paper and pen to class, along with a calculator (your mobile phone is fine).

Dan Sherman is a retired economist (Ph.D., Cornell) who has taught many courses to adult learning groups on a broad range of topics, including film, theatre, music, and mathematics. He divides his time between Alexandria and Williamsburg.



The Golden Ratio in nature (above) and in theory (below)



Microsoft PowerPoint (Microsoft 365): The Basics & Beyond

Rick Chase

Monday, 1:30-3:30pm
3 sessions
Oct. 23, 30, Nov. 6
Zoom
50 seats available

Whether you are a novice or an occasional user of PowerPoint (PPT), in this course you will learn the basic PPT toolsets to create, edit, and share professional-looking presentations.

A sampling of topics we'll cover includes: templates and themes; creating a new presentation from scratch; changing the slide layout; adding and editing text, images, charts, video, and animation; formatting slides; adding speaker notes; sharing presentations; running a slideshow; creating handouts; and more. Rick will be using Microsoft 365 PowerPoint; however, if you have PowerPoint 2016 or PowerPoint 2019, the versions are very similar.

Suggested reading: <https://support.microsoft.com/en-us/powerpoint>

Rick Chase is a retired, seasoned executive whose last assignment was vice president, customer service and support for Dell. Early in his career with General Electric, he ran the field engineering development center.

NEW! The Impact of the Automobile

Barry Dressel

Monday, 1:30-2:45pm
6 sessions
Oct. 23, 30, Nov. 6, 13, 27, Dec. 4
Campus Center, Little Theatre
110 seats available

As the era of the automotive internal combustion engine draws nearer to an end, our relationship with mobility via personally owned vehicles may change, too.



Are we there yet? Classic American road trip

The automobile originally offered a solution to an unsustainable dependence on animal-based transport – and in the process, provided unprecedented, affordable mobility and flexibility. It transformed work, recreation, societal mores, and life expectations. The automobile progressed cities, influenced architecture, enabled suburbia, and created its own culture. It also polluted the environment, killed tens of thousands, wasted resources, and changed the way society functioned.

What was America like before the automobile? What were the expectations of those living at the time? Why did the automobile become such an American obsession? What is the future of a transportation mode that has defined American life for over a century? Is our love affair with the automobile over?

Barry Dressel specializes in urban and technological history. He served as director of Detroit's historical museum system where he developed the "Motor City" exhibition, as well as chief curator of the former Baltimore City Life Museums and developer-director of the Walter P. Chrysler Museum at Chrysler's corporate headquarters. A hands-on automobile hobbyist, he has interacted with industry CEOs, designers, race car drivers, union leaders, advertising and marketing figures, and descendants of auto company founders. He has participated in numerous auto shows and new model introductions and even as a concours event judge. His broad experiences provide unique perspective on America's – and the world's – fascination with the automobile.

How Do Computer Systems Work?

Peter Henderson

Tuesday, 9:30-11:30am
2 sessions
Oct. 24, 31
Discovery 3, Classroom
40 seats available

Are you curious about how computers work but concerned the details will overwhelm and confuse you? Then this lecture, which strives to explain a complicated topic so anyone can understand it, is for you!

The presentation starts with a one-minute video animation illustrating the complexity of a simple computer model for adding two numbers. Engaging interactive activities will guide you to more fully grasp the basic concepts of how computers work, without the confusing jargon, etc. The session ends with the same video, which should make much more sense.

Peter Henderson spent 34 years as an academic computer scientist and software engineer at The State University of New York at Stony Brook and Butler University. Computer science and computing education was his primary emphasis near the end of his academic career. He is a contributor to two educational columns: Math Counts and Software Engineering Education.

Introductory Astronomy

Brad Perry, Carmen Fragapane

Monday, 5-7pm
3 sessions
Oct. 23, 30, Nov. 6
Discovery 3, Classroom
24 seats available

! Stargazing session; read below

This course presents a brief survey of the solar system, stellar astronomy, galactic astronomy, and cosmology. A separate field observing session is planned at the Kiskiack Golf Club following the conclusion of the course.

Suggested reading: *Astronomy: A Self-Teaching Guide* (8th Edition) by Dinah L. Moche

Brad Perry is a retired NASA engineer who has accomplished graduate studies in astronomy at the University of Virginia. He has published a number of papers on astronomical objects ranging from planetary objects to novae and supernovae.

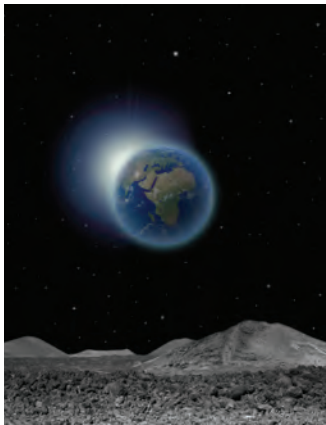
Carmen Fragapane has taught physical science in the York County School Division for 16 years. He has taken part in educational projects at the National Radio Astronomy Observatory in Green Bank, West Virginia, and supports local astronomy education and public outreach efforts throughout the Hampton Roads area.

Apollo Missions to the Moon: Stories and Scientific Results

John Delano

Thursday, 9:30-11:30am
6 sessions
Oct. 26, Nov. 2, 9, 16, 30, Dec. 7
Campus Center, Little Theatre
110 seats available

Optional after-class chat



Six Apollo missions landed on the Moon between July 1969 and December 1972. Twelve American astronauts walked on the Moon, conducted scientific experiments, and returned a total of 842 pounds of samples to Earth for analysis. This course will describe exciting stories and results associated each of those Apollo missions, including videos of the landings from the viewpoints of the astronauts themselves.

NASA's Artemis program has the goal of returning American astronauts to the Moon to construct scientific bases in lunar orbit and on the surface for a prolonged U.S. presence beginning in late 2024.

John Delano holds a Ph.D. in geochemistry. He retired in 2016 from the University at Albany (SUNY) as a Distinguished Teaching Professor; was a NASA-funded researcher for more than 30 years; was an associate dean; and served as a member and/or chair of more than 20 NASA advisory panels. He is the author of nearly 70 articles in professional journals and a recipient of the university's Lifetime Achievement Award in Public Engagement.

NEW! Man or Superman? The Life of Alexander Von Humboldt (1759-1859)

Thomas Thompson

Tuesday, 1:30-3:30pm
1 session
Oct. 31
Campus Center, Room 159
50 seats available

Who is the greatest explorer of the 19th century and one of the greatest of all time? His name is Alexander Von Humboldt.

Arguably called the "father of the modern ecology movement," his contemporaries' held him in high regard: Said *Simón Bolívar*: "The real discoverer of South America was Humboldt, since his work was more useful for our people than the work of all conquerors."

Charles Darwin: the "greatest scientific traveler who ever lived."

Wilhelm von Humboldt (brother) remarked, "Alexander is destined to combine ideas and follow chains of thoughts which would otherwise have remained unknown for ages."

Claude Louis Berthollet (French scientist and inventor): "This man is as knowledgeable as a whole academy."

Thomas Jefferson: "...the most important scientist whom I have met."

And *Robert G. Ingersoll* (American writer): "He was to science what Shakespeare was to the drama."

Humboldt traveled throughout South America and Mexico, examining, drawing, and writing. He climbed Mt. Chimborazo in Ecuador to 19,286 feet, with no oxygen and no modern clothing.

European-born, he visited the U.S. for just six weeks in 1804. But the timing of that visit and the people he met helped shape American art and culture during the 19th century. More places in America are named for Humboldt than any other person.

Suggested reading: *Humboldt and Jefferson: A Transatlantic Friendship of the Enlightenment* by Sandra Rebok; *The Invention of Nature: Alexander Von Humboldt's New World* by Andrea Wulf

Thomas Thompson also lectures on film noir. Read his bio on p. 12.

Future U.S. Weapon Systems

John Hickok

Tuesday, 9:30-11:30am
3 sessions
Nov. 14, 28, Dec. 5
Zoom
275 seats available

America has the most comprehensive and powerful military in the world – and the Department of Defense continues to plan for threats and scenarios 30 years in the future.

Amazing new weapons systems are coming soon to counter potential threats from Russia, China, North Korea, Iran, and others in the war against worldwide terrorism. Among new technologies in development are those to counter high-risk threats like Russian and Chinese hypersonic and space weapons. We will discuss dozens of new systems and the latest government priorities and funding. This is a follow-on course to "America's Weapon Systems" (offered this term and last Spring), which is strongly recommended prior to taking this course.

John Hickok is teaching several courses this semester. See p. 37.

Identification of Trees in Winter

Jim Perry

Tuesday, 9:30-11:30am
3 sessions
Nov. 14, 28, Dec. 5
Keck Lab, Room 108
20 seats available

! Participants to provide their own 10X (or better) magnifying glass

Most trees are difficult to identify during the winter since they do not have their telltale leaves. In this course, students will learn basic tree anatomy and morphology and how they are used to identify trees in their dormant condition. This course is structured as one classroom lecture, one classroom identification lab, and one field trip to W&M College Woods.

Jim Perry has a Ph.D. in marine science with nearly 40 years of research and teaching in coastal and wetland ecology. He has worked in wetlands in China, Taiwan, South America, the United Kingdom, and the entire continent of North America. His specialty is understanding the impacts of wetland degradation on human lives, especially the poor.

Mastering your iPhone/iPad Camera & Photos Applications

Rick Chase

Wednesday, 1:30-3:30pm
3 sessions
Nov. 15, 29, Dec. 6
Zoom
50 seats available

This course will help you master the camera and photo applications on your iPhone and/or iPad. You will learn the camera's functions and capabilities, still photography, plus cover the video capabilities.

The Photos application will be explored, including navigation in the app, photo editing (crop, trim, rotation, etc.), smart adjustments, enhancing less-than-perfect shots, and filters.

You will learn how to organize your photo and video media; make and use albums; navigate and find media in your collection. We will also explore the creation and sharing of albums, how to create slideshows with music; and using iCloud.

Suggested reading: iPhone and/or iPad User Guides by Apple (free).

Rick is also offering a PowerPoint course. See pg. 39 for info and his bio.

The Art and Science of Cooking

Kelly Shaw, Whitney Matthews

Thursday, 9:30-11:30am
3 sessions
Nov. 16, 30, Dec. 7
In person; Location to be announced
20 seats available

\$ \$15 materials fee
Optional after-class chat

Have you ever tried a recipe that worked perfectly one time, then failed spectacularly the next? Do you understand why chefs insist boiled potatoes must be started in cold water, then slowly raised to a simmer? Do you fear the very scary "egg foam"?

Join CIA-trained Chef Whitney Matthews and science nerd Kelly Shaw as they use science, experiments, and culinary know-how to demystify some of the most common kitchen failures faced by home cooks.

Bring \$15 exact cash or check payable to *William & Mary* to the first class to cover the cost of materials.

Suggested reading: *The Curious Cook: Kitchen Science and Lore* by Harold McGee

Kelly Shaw holds a Ph.D. in computer science and is accustomed to applying science and math towards mastering life skills. Around 2000, she decided to learn to cook and has spent over 30 years investigating the history and science of food in general, and cooking in particular.

After graduating from Virginia Military Institute, Chef Whitney Matthews

attended the Culinary Institute of America and earned an associate's degree in culinary arts. After an entrepreneurial career in San Antonio, she returned to Virginia, and now serves as COO of Internet startup Taste Supply, helping independent specialty food producers successfully build online marketplaces.

Algorithms

Peter Henderson

Thursday, 9:30-11:30am
1 session
Dec. 7
Discovery 3, Classroom
40 seats available

Algorithms are becoming more pervasive in our everyday lives, mostly due to computers. But they are not a new concept – one classic algorithm was developed by the Greek mathematician Euclid (323-283 BC).

So, what is an algorithm? Some simple examples will be presented.

There are numerous algorithms for solving the same problem, but some perform better than others. Indeed, there is an entire class of inherently hard problems for which no efficient algorithms exist.

We'll also talk about the rise of social media algorithms, including a basic understanding of how they work and built-in bias.

Peter is also teaching a course about how computer systems work. For information and his bio, see p. 39.

RELATED STEM COURSES

Menokin House Project (p. 8)

Amazing Human Body II (p. 20)

Brain-Related Changes as We Age (p. 22)

From Seed to Bloom: Growing Flowers from Seed (p. 43)

Geography and Warfighting in Vietnam (p. 46)

SPECIAL INTERESTS

Basic Wine Appreciation

Phil & Lynn Pryor

Monday, 4:00-6:00pm

3 sessions

Sep. 11, 18, 25

Campus Center, Colonial Echo

24 seats available

\$ \$20 materials fee; see below

We will discuss how wine is made, regional differences, hints on ordering at restaurants, wine store buying, tasting techniques, and how to find wine values.

We will also look at the marriage of wine and food, talk about how to read wine labels, pricing, and wine storage at home. Wine myths will be uncovered.

Bring \$20 exact cash or check payable to William & Mary to the first class to cover the cost of materials.

Phil Pryor has taught basic wine appreciation for over 19 years. He studied wine at the Academie du Vin in Paris and is a former member of Les Amis du Vin and other wine clubs. He established and manages the Wine Society for Ford's Colony. Phil is a graduate of the U.S. Military Academy and holds an M.B.A. in operations research/systems analysis from Tulane University.

RELATED SPECIAL INTERESTS COURSES

Scarlet Letter Lives: A Genealogical & Literary Civil War Saga (p. 33)

Art & Science of Cooking (p. 41)

Mastering iPhone/iPad Camera & Photo Apps (p. 41)

Lynn Pryor has 30 years of experience attending wine tasting groups, seminars and organizations, and 19 years organizing wine tastings. She also has 35 years of technical experience with computers and presentation software.

Osher Wants YOU: Be an Instructor for Osher at W&M

Veteran Instructors

Thursday, 1:30-3:30pm

1 session

Sep. 14

Discovery 3, Classroom

40 seats available

Optional after-class chat

If you've thought about teaching an Osher class but wonder what is involved or how to proceed, then this class is for you.

In this two-hour session, a panel of veteran Osher instructors will answer your questions and explain how to get started. These colleagues will guide you through the process of becoming an instructor and proposing a course.

They will provide insight into the kinds of courses our members like and the best teaching methods for adult learners. They will help you figure out how to organize, deliver, and present your course.

And, if you are interested, these instructors will work with you as you propose your first course and prepare to teach. Everyone has a special area of interest, hobby, and experience. Consider sharing yours with Osher at W&M members. You'll wonder why you waited so long!

Creative Crafting with a Cricut® Cutting Machine

Rita Lysher

Friday, 9:30-11:30am

3 sessions

Sep. 15, 22, 29

Discovery 3, Classroom

10 seats available

\$ \$10 materials fee; read below

Move over Martha Stewart! In this three-session series, participants will learn the "ins and outs" of a Cricut® (pronounced "Cricket") machine while creating three make-and-take projects.

This class is perfect for beginners as well as experienced crafters who want to expand their skills and celebrate their creativity. Bring your best ideas and basic computer knowledge for hands-on lessons in designing and creating paper, vinyl, and heat transfer projects. Each participant will leave with a personalized journal, a custom note/greeting card, and a monogrammed makeup or pencil bag. Cricut machine and all crafting supplies are provided.

Bring \$10 cash or check payable to *William & Mary* to the first class to cover the cost of materials.

Rita Lysher is a lifelong crafter who retired to Williamsburg in 2020 with her husband. A former biology and chemistry teacher from Fredericksburg, she now finally has time to dedicate to adventures with grandchildren – as well as crafting and sewing. She has created hundreds of personalized gifts and cards using a Cricut Explore machine and has taught Cricut crafting to friends and at Piedmont Community College.

W&M Campus Tour: The Old Campus

Led by Osher Members, and/or W&M Alumni, Faculty, and Longtime Residents

Wednesday, 1:20-3:30pm

1 session, repeated on 3 dates

Tour A: Oct. 4

Tour B: Oct. 11

Tour C: Oct. 18

Meet at the Hearth Memorial

20 seats available each Tour

! Special requirements: read below

Are you new to the area? Lived here for a while but never explored the campus? As an Osher member, you are part of the academic community of William & Mary.

Here's your chance to stroll shaded pathways, through gardens and woods, and past the Colonial-era buildings of the Old Campus while learning about the university's history, architecture, and lore. Tours will be led by W&M alumni, former professors, and/or longtime residents who are also members of the Osher Institute.

The tour will be held rain or shine and requires being comfortable walking 1-2 miles outdoors and negotiating the occasional staircase or uneven terrain. Members will meet on campus at 1:20 pm at the Hearth: Memorial to the Enslaved (across from Undergrad Admissions on Jamestown Road). Wear comfortable shoes, dress for the weather, and bring a bottle of water.

NEW! A Service Dog is More Than A Vest™

Leslie Neely, John Neely

Thursday, 1:30-3:30pm
1 session
Oct. 5
Discovery 3, Classroom
25 seats available

Have you wondered how a Service Dog becomes ready to work with their human partner? What stages does a puppy pass through to become the trusted partner of a person with disability?

Participants in this class will follow the growth of little pups into fully trained, skilled Service Dogs. Participants will use printed materials, hear shared experiences from actual Puppy Raisers, and, of course, enjoy the visual aid of real puppies and Service Dogs in class!

Participants will also engage in a discussion of "real" Service Dogs and the access they have while on the job in public and learn to distinguish various categories of working dogs.

This is a special opportunity to be close to these lovable heroes in training as well as their mature, skilled working counterparts, while expanding our appreciation of their special place in our community.



Radcliff III, Service Puppy in Training, on the job with his "Mom" during an Osher Zumba Gold class last Fall.

Husband-and-wife team Leslie and John Neely bring 14 years' experience raising puppies who have become skilled Service Dogs. Working first with NEADS (Princeton, MA) and currently with Canine Companions (Santa Rosa, CA), they share a love of dogs and a commitment to help persons with disabilities gain independence. John, a retired chemical process engineer and technology leader, and Leslie, a W&M graduate in foreign language and history, meld their skills (and shake their heads often) to guide and teach 8-week to 18-month-old puppies. Nothing prepares you 100 percent for becoming a Puppy Raiser, but, the joy and fulfillment when the pup graduates with their human partner are real.

NEW! From Seed to Bloom: The Joy and Satisfaction of Growing Flowers from Seed

Anne Brennan

Thursday, 1:30-3:30pm
1 session
Oct. 12
Discovery 3, Classroom
40 seats available

The reward of growing a tiny seed from germination to full bloom is unmistakable. This introductory classroom lecture shows how to start cut flowers from seed and what to do after germination. Cut flowers

are beautiful for bouquets or arrangements and can be grown in pots, on the patio, balcony, or in one's yard or flower beds.

We will discuss seeds from the easiest to most challenging; supplies needed to get started; how to sow seed; all about water; the ins and outs of transplanting; hardening off; transferring outdoors; and watching your garden grow. Each topic will be discussed in do-it-yourself detail using best practices for success.

The course is designed for beginners, but all gardeners of all experience levels will find beauty and joy here.

Anne Brennan has had a patch of flowers and vegetables everywhere she has lived, from USDA Zones 5a-9a. Her love affair with flowers began in her grandmother's garden with the discovery of peonies at age 5. Finding a Queen Elizabeth rose at her first home led to a subsequent love affair with Virginia's Zone 7a. Anne completed her Master Gardener's certification at the University of Tennessee (also Zone 7a) and sees each of her yards as adventures in new flower combinations, pathways, shade and sun beds, and color. Anne's love of flower gardening grows each year with new reading, plantings, and visits to other gardens. Her own gardens are never done.

Comprehensive Guide to Adopting a Pet in Williamsburg

Bob Tubbs

Monday, 1:30-3:30pm
3 sessions
Oct. 23, 30, Nov. 6
Discovery 3, Classroom
40 seats available

Adopting a pet is a big step. This course prepares you and your family to welcome a dog or cat into your home, into your family and into your life. We will also discuss pet volunteering opportunities and projects in the region.

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Assisted Living, Rehabilitation, Memory Care and Skilled Nursing

Patriots Colony's independent living residences are exclusive to former military officers, federal civil employees and their spouses or widowers.



For more information call us at 757-220-9000 or visit patriotscolony.com

Bob Tubbs has 25 years corporate experience in marketing, acquisitions, and technology and 15 years as a small business owner. He is engaged in various community projects and has adopted and/or fostered 25 cats and 24 dogs over a 30-year period.

UFOs/UAPs: Are We Alone?

John Hickok

Wednesday, 9:30am-11:30am
3 sessions
Oct. 25, Nov. 1, 8
Zoom
275 seats available

Ever wonder if we are the only intelligent beings in the Universe? Recent videos released by the U.S. Navy indicate that maybe we are not! In July 1947, a supposedly alien craft crashed near Roswell, New Mexico. The event was quickly covered up by the government. There is now great interest in the Roswell event and many other sightings.

We will examine data on Unidentified Flying Objects (UFOs), now called

Unidentified Aerial Phenomena (UAPs), that is being analyzed by the Pentagon and reported to Congress to see if there is a threat to the U.S. Sensitive videos will be offered. Your questions and stories are encouraged.

Required reading: *The Day After Roswell* by Colonel Philip J. Corso, USA, Retired with William J. Birnes ISBN-13: 9781501172007

John Hickok is teaching several courses this term. Read his bio on p. 37.

NEW! Beginner's Bridge

Deborah Abrams

Wednesday, Friday, 9:30-11:30am
6 sessions
Oct. 25, 27, Nov. 1, 3, 8, 10
Discovery 3, Classroom
32 seats available

\$ \$5 materials fee; read below!
Best for beginners or as a Standard American rules refresher

If you've never played bridge or are not up to date with the American

Standard rules of bridge because you played years ago, this class is for you! No prior bridge knowledge is needed, but you should like playing card games.

Bring \$5 exact cash or check payable to *William & Mary* to the first class to cover the cost of materials

Debbie Abrams is a graduate of Radford College and a former science teacher. She is a wife, mother, and grandmother as well as an avid bridge and game player, floral designer, reader, crafter, and guest speaker on a variety of topics. She has taught 200+ students of various ages to play bridge in the Williamsburg community.

Not Your Father's (or Mother's) Library

Candice Benjes-Small

Wednesday, 9:30-11:30am
1 session
Nov. 1
Swem Library, Ford Classroom
20 seats available

Libraries are traditionally thought of as quiet buildings full of books. Swem Library on the campus of W&M still provides books and quiet spaces, but also advances and supports research in many new ways.

On this visit, you will see cool technology students use to create podcasts, films, and songs; stop by the makerspace to see 3D printing in action; and learn about new services that make research more accessible and faster than ever. Plus, did you know that as an Osher member, you have privileges at Swem? Come check us out. Bring your Osher name badge!

Candice Benjes-Small is the head of research at William & Mary Libraries, having served previously at the University of Southern California and Radford University. She has presented and published extensively on critically evaluating news sites and is lead author of the article Teaching Web Evaluation, recognized as a Top Twenty article.

Residential Construction Project Management

Joe Cross

Wednesday, 9:30-11:30am
4 sessions
Nov. 8, 15, 29, Dec. 6
School of Education, Room 1056
40 seats available

Learn how to manage your home's construction, renovation or additions in ways that assure you get what you wanted when you wanted it. Learn ways to save money and put it in your pocket while still getting the outcome you desired. Learn how to better protect yourself from cost over-runs, shoddy construction, and delays through a project management system that will reduce surprises, and actually improve your contractor's profitability while saving you money.

Joe Cross has a B.A. in architecture and city planning and is the founder of PMA Architects in Newport News. He was the director of construction at Anheuser Busch and a Class A contractor and has lectured on

first-time home buying and home maintenance for the U.S. Department of Housing and Urban Development.

NEW! Defensive Bridge

Michael Jenks

Tuesday, Thursday, 9:30-11:30am
2 sessions
Nov. 14, 16
Discovery 3, Classroom
40 seats available

! Suitable for all levels; requires basic understanding of the game

Okay...You have learned the basics of bidding, and your declarer play is coming along, but how is your defensive play? Surprisingly, many bridge players, even those who have been playing for 20+ years, have never learned the technique of playing defense. Yet playing defense is half the game!

As a defender, every card you play (unless you are attempting to win the trick) should be used to communicate with your partner. You must tell your partner how you feel about the suit in play, or signal the number of cards you have in that suit, or ask your partner for a different suit. In this class, we will learn how to do just that and which signal to give.

Of particular interest to the more experienced player, we will also discuss when and why to give a false signal. Time permitting, we may touch on defensive bidding. Players are expected to know the mechanics of the game, but the course is designed for bridge players at all experience levels, from beginners to masters.

In 2019, Mike Jenks achieved Gold Life Master status with the American Contract Bridge League. He has taught bridge locally since 2010. A graduate of the United States Military Academy at West Point, he holds a master's degree in engineering from Stanford. Mike served 28 years in the United States Army Corps of Engineers and has been a Williamsburg resident since 2006.

WORLD HISTORY

What is Fascism? A Historical Analysis

Donald Schilling

Tuesday, 1:30-3:30pm
3 sessions
Sep. 12, 19, 26
Discovery 3, Classroom
40 seats available

In our current political moment, the term fascism has been used with much greater frequency. Many have wondered, "To what degree are western democracies now being transformed by fascist or fascist-like movements?"

The purpose of this class is twofold: first, to analyze the fascist movements that became powerful in the interwar period, most especially in Italy and Germany, and thus help us better answer the question posed in the title of this course; second, to examine several contemporary political developments to assess whether fascism is an accurate descriptor in these cases. Some reading will be required. This includes documentary materials and several article excerpts.

Donald Schilling has a Ph.D. in modern European history from the University of Wisconsin-Madison and spent 41 years teaching courses in this subject area at Denison University, including Confronting Evil: The Holocaust in History, The Rise and Fall of Nazi Germany, and The Origins and History of World War II.

NEW! Tet 1968: The Crossover Point

Alan Stark

Wednesday, 9:30-11:30am
3 sessions
Sep. 13, 20, 27
School of Education, Room 1056
40 seats available

On January 30-31, 1968, the People's Army of Vietnam and the National Liberation Front attacked South Vietnam. The "Tet Offensive"

shocked the United States and South Vietnamese allies. Hue, the ancient capital of Vietnam fell, and the U.S. Embassy in Saigon was attacked, but Allied troops eventually delivered defeat to the Communist forces. Ironically, this defeat translated into a major political victory for Hanoi as American public opinion turned against the war as portrayed by the Johnson administration, consequently resulting in the resignation of a sitting president.

This class will cover the key events of the Vietnam War leading up to Tet, and the planning that preceded the offensive from both Communist and Allied standpoints.

We will examine Hanoi's real goals for launching the attacks, the reasons why U.S. decision makers and military leaders were caught off guard, and missteps made by Communist forces that all but eliminated success. We will also consider the media's role before, during, and after Tet to determine the validity of revisionist historians' claims that the press turned victory into defeat.

Finally, we will discuss the "mini-Tets" that followed the January offensive and their impact on future U.S. and Vietnamese strategies.

Alan Stark has a B.A. in history from the University of Southern California and an M.A. in contemporary East Asian history and an M.B.A. from UCLA. He has been a teaching assistant in Japanese history and a guest lecturer in modern Chinese history. He also worked 18 years at Wells Fargo primarily in online technologies and security.

The World Gone Mad – A First World War Military History

Bill Riffer

Wednesday, 9:30am-12pm

Note: Class has been extended 30 minutes until noon

6 sessions

Sep. 13, 20, 27, Oct. 4, 11, 18

Campus Center, Little Theatre

110 seats available



On June 28, 1914, a young Serbian nationalist assassinated the heir to the Austro-Hungarian empire. From this relatively innocuous event the world unintentionally stumbled into the greatest conflict in history up to that time: the First World War.

This course provides a military history of that conflict in six parts: How it all began, the early disastrous battles in Europe, the war at sea, the air war, the war in the colonies and Africa, the collapse of the armies of Europe into a disastrous war of attrition, and finally, how it all ended and what the importance of all of it would be.

In doing so, we will debunk myths associated with this conflict and replace them with a factual basis for understanding what was arguably the most important event of the 20th century.

Bill Riffer is a retired career submarine officer with a lifelong interest in military history. In addition to at-sea commands, he served as Atlantic Submarine Force chief of staff for tactics, training, and doctrine. He holds degrees in nuclear engineering, national security policy, and international relations.

NEW! Geography and Warfighting in Vietnam

Paul Severance

Friday, 9:30-11:30am

1 session

Sep. 29

School of Education, Room 1056

40 seats available

This presentation will address the principal physical geographic aspects of the Battle of the Ia Drang Valley in November 1965 (America's first major engagement in Vietnam) and the Battle of Khe Sanh January-July 1968, both considered to be "defining" military operations that occurred during the Vietnam Conflict.

The lecture explores the array of geographic factors, principles, and influences involved in the planning, execution, and outcomes of these two major operations. The analysis will extend to climate and weather, topography, jungle conditions, and micro-terrain and infrastructure. The lecture will also consider strategic and operational imperatives driving military operations in Vietnam. The underlying foundation of this presentation is that geography is a "First Principle" in the planning, resourcing, and execution of major military operations. 2023 marks the 50th anniversary of the U.S. withdrawal from Vietnam – likely a significant historic moment for many Osher members.

Suggested reading: *Battling the Elements: Weather and Terrain in the Conduct of War*, 1998, by HA Winters et al. Chapters 3 and 5; *Battlegrounds: Geography and the History of Warfare*, undated, Michael Stephenson, Ed.; Chapters 7 and 9; *Vietnam: The Decisive Battles*, 1990, by John Pimlott, Pages 48-59 and 116-127 (excellent 3-dimensional renderings of the battle space); *We Were Soldiers Once (and Young)*, DVD/CD (accurate Hollywood rendering of the Battle of the Ia Drang starring Mel Gibson and Sam Elliott)

Paul Severance is teaching another geography-based military strategy class. See p. 37 for info and his bio.

The War of the Roses (1455-1485)

John Rogers

Tuesday, 1:30-3:30pm

3 sessions

Oct. 3, 10, 17

Campus Center, Little Theatre

110 seats available

The War of the Roses was, in fact, three interconnected civil wars over a 30-year period by two branches of the ruling Plantagenet Family – Lancaster and York. (In its own time, the War of the Roses was called “The Cousins War”; the principal participants were all cousins.

The war was initially a struggle over the governance of England, but ultimately became a fight over the throne itself.

The War of the Roses could have ended peacefully more than once but the war was driven onward by three strong-willed women: initially Margaret of Anjou, called the “She Tiger of Anjou” (Henry VI’s queen); later by Elizabeth Woodville (Edward IV’s queen); and ultimately by Margaret Beaufort (Tudor). Margaret schemed to secure the support of Lancastrians and disenchanting Yorkists for her son Henry’s efforts to overthrow Richard III and to seize the throne for himself.

John Rogers is a retired vice president of a Fortune 500 company. He has extensive experience in corporate and military instruction. He is a lifelong student of history.

EXPANDED! The Islamic State and the Explosive Middle East

John Hickok

Thursday, 10:00am-12pm

4 sessions

Oct. 5, 12, 19, 26

Zoom

150 seats available

In Iraq, Al Qaeda – aka the 9/11 terrorists – turned into an even more extreme group called the Islamic State (IS). In January 2011, the

Middle East exploded into the Arab Spring, including a civil war in Syria, a follow-on blitzkrieg attack on Iraq by the IS in June of 2014 and the standup of an IS caliphate.

IS has been soundly defeated in both Iraq and Syria, but not throughout the world, and especially not Afghanistan. Now dozens of other countries in the Middle East are at war or on the verge of exploding. How did the IS arise? Why do Muslims in the Middle East hate the West so much? Zoom in to learn more, in this course that was expanded to a fourth lecture by member request.

John Hickok is teaching several courses this semester. Read his bio on p. 37.

NEW! Viking Age England

Martin Cox

Wednesday, 9:30-11:30am

1 session

Oct. 25

Campus Center, Little Theatre

110 seats available

The history of Viking-Age England is filled with larger-than-life characters, great kings and warriors, peaceful interactions, and possibly even dragons in the sky.

This course will examine the period between the attack on Lindisfarne Monastery in 793 to what is often called “The end of the Viking age” with Harald Hardrada’s death at Stamford Bridge in 1066.

We will explore Danish/Norse society, material culture, and warfare, and how the invaders left an imprint on England that endures to this day. We will also take a look at how the Vikings and Anglo-Saxon populations of England mutually influenced each other and created an Anglo-Scandinavian culture that had aspects of both societies.

Martin Cox has a B.S. in geology from William & Mary. Recently retired to his native Tidewater, he was a career African Studies specialist for the Defense Department. A five-year post

in the U.K. spawned a passion for living history and the Early Medieval period. He is a veteran Medieval reenactor and amateur historian.

NEW! Only Hope: My Mother and the Holocaust Brought to Light

Irving Lubliner

Wednesday, 1:30-3:30pm

1 session

Oct. 25

Zoom

275 seats available

Before she passed away in 1974, Felicia Bornstein Lubliner wrote about her internment in ghettos and concentration camps in Nazi-occupied Poland, powerful stories published by her son, Irving.

He will share excerpts from *Only Hope: A Survivor’s Stories of the Holocaust*, shedding light on his mother’s experiences and indomitable spirit, as well as his own experience as a child of Holocaust survivors and his process in bringing the book to fruition.

Susanne Severeid, host of an Emmy-winning PBS documentary on the Holocaust, said this about Felicia Bornstein Lubliner: “A gifted writer, she weaves beauty and humanity into her writing without sparing the grim details of the horrors of Auschwitz and the Holocaust.”

The instructor invites you to travel back in time, to follow his mother into the concentration camps, and to learn about the Holocaust through her writings.

RELATED WORLD HISTORY COURSES

African American Soldiers in WWI (p. 8)

Architecture and Times of English Medieval Cathedrals (p. 13)

Geography of Island Amphibious Landings (p. 37)

Man or Superman? Alexander von Humboldt (p. 40)

Suggested reading: *Only Hope: A Survivor's Stories of the Holocaust* by Felicia Bornstein Lubliner

Irving Lubliner is a national Osher presenter and professor emeritus at Southern Oregon University (SOU), where his specialty was mathematics education. During his 40-year career, he taught at all levels – kindergarten through graduate school – led seminars for teachers in 39 states and gave over 350 conference presentations. Since retiring in 2014, he has taught math, music, and literature classes for SOU's Osher Institute. In 2019, he created Felabra Press and published his mother's writings about her experiences during the Holocaust, the book that will serve as the theme for this presentation.

The Angevin Kings and Queens of England 1154-1216: Myths and Realities

Stuart Butler

Friday, 9:30-11:30am
3 sessions
Oct. 27, Nov. 3, 10
Campus Center, Little Theatre
110 seats available

Was Henry II the impetuous and vengeful king as portrayed in books, novels, and movies?

Did he order Thomas Becket's murder? Was Eleanor the power-seeking queen who led her sons' revolt against her husband?

And what about Henry's and Eleanor's sons? Was Richard I England's greatest king because of his exploits in the Third Crusade? Was John the most evil of English Kings or was he just much maligned and misunderstood by his biographers? Did he in fact cross swords with the likes of Robin Hood, and did he sign the Magna Carta?

Stuart Butler attended Florida State University and Florida Atlantic University and has an M.A. degree in American history. He retired as assistant branch

chief of the Old Military and Civil Archives Branch from the National Archives and Records Administration. He has a lifelong interest in English history and has presented a similar course in the Anglo-Norman kings for Osher.

NEW! The Bayeux Tapestry

Martin Cox

Wednesday, 9:30-11:30am
1 session
Nov. 8
Campus Center, Little Theatre
110 seats available

What is it about the Bayeux Tapestry that makes it possibly the most widely known symbol of Early Medieval Northern Europe? From movie references to upholstery covers to internet memes, the Tapestry is instantly recognizable. This massive artwork created by the nimble fingers of seamstresses almost a millennium ago is one of the world's great cultural heritages.

This course will examine the historical context of the Tapestry, the artistic styles and techniques used in its creation, and the ways in which it provides a history of the Battle of Hastings while informing us about 11th century culture.

The course will conclude by looking at other lesser-known period embroideries and examining the Tapestry's fascinating history over more than 900 years.

Martin Cox is teaching another course this term on Viking Age England. Read his bio on p. 47.



NEW! War in the Skies: Europe 1939-1945

Buck Beasom

Wednesday, 10:00am-12:00noon
4 sessions
Nov. 15, 29, Dec. 6, 13
Zoom
150 seats available

This course traces the development of military aviation, the designers and fliers who participated in that development, and how that process led to the greatest clash of machines in the history of warfare.

We follow the Luftwaffe, the RAF, and the USAAF through their early years, learn how each enjoyed its "Finest Hour," and explore how innovation, bravery, folly and – ultimately – American industrial might decide the war.

This course has extensive images, animated graphics, and embedded video from historical sources, TV miniseries, and Hollywood films.

For this collaborative Zoom session with Drake University (Des Moines, IA), the instructor provides all participants with a downloadable syllabus, 50-page aircraft encyclopedia, cast of characters, aircraft chart, bibliography, and a grid with a section for each slide for those who wish to take notes.

Buck Beasom teaches courses for Osher Lifelong Learning Institutes across the country. He has a two-track career that includes four decades in data management and applications development while he also taught courses in business, accounting, and economics. He also spent five years teaching history at the middle- and high school levels. He holds a B.S. in management science with additional majors in history and economics, as well as an M.B.A. in accounting.



Membership Registration

Fall 2023 | September 11–December 15

Name _____ Phone _____

Address _____ Email _____

City, ST & Zip _____ Preferred First Name _____
(for Your Name Tag)

I am a: New Member Returning Member

I prefer the Catalog by: U.S. Mail Email

NEW MEMBER ONLY: How did you hear about us? Ad Speaker presentation Word of mouth Other

RETURNING MEMBER ONLY: Email address new? Y N Mailing address new? Y N

Membership Type Regular – \$175 Honorary Scholarship Gift Certificate

Code: Osher2023Fall

Code you were provided: _____

Class Request

Select up to 8 multi-session courses and any number of one-time lectures. To participate in the early registration lottery, prioritize classes by ranking them below in order of preference. All forms and payment must be received by Osher by 5pm on July 26. If you missed early registration, open enrollment starts on August 21; classes are available first come, first served.

Class Name	Course or OTL	Class Name	Course or OTL
1 _____	<input type="checkbox"/> <input type="checkbox"/>	9 _____	<input type="checkbox"/> <input type="checkbox"/>
2 _____	<input type="checkbox"/> <input type="checkbox"/>	10 _____	<input type="checkbox"/> <input type="checkbox"/>
3 _____	<input type="checkbox"/> <input type="checkbox"/>	11 _____	<input type="checkbox"/> <input type="checkbox"/>
4 _____	<input type="checkbox"/> <input type="checkbox"/>	12 _____	<input type="checkbox"/> <input type="checkbox"/>
5 _____	<input type="checkbox"/> <input type="checkbox"/>	13 _____	<input type="checkbox"/> <input type="checkbox"/>
6 _____	<input type="checkbox"/> <input type="checkbox"/>	14 _____	<input type="checkbox"/> <input type="checkbox"/>
7 _____	<input type="checkbox"/> <input type="checkbox"/>	15 _____	<input type="checkbox"/> <input type="checkbox"/>
8 _____	<input type="checkbox"/> <input type="checkbox"/>	16 _____	<input type="checkbox"/> <input type="checkbox"/>

Emergency Contact

Name _____ Phone _____

Relationship _____ Cell number Home Work

Registration Checklist

Is your registration complete? Be sure to include:

- This Registration Form Signed and dated Participation Agreement (p. 50) (optional) Parking Permit Form (p. 51)
- Check payable to William & Mary (include parking fee, if applicable)

Osher Institute at William & Mary
Participation Agreement
Fall 2023 Semester

I acknowledge that I am at least 18 years of age and intend to participate in courses, lectures, workshops, tours, events, and/or activities (“the Program”) offered by the Osher Lifelong Learning Institute at William & Mary (“Osher at W&M”) for the Fall 2023 semester, September 11–December 15, 2023. By signing below, I agree to abide by the policies, procedures, and protocols of Osher at W&M as provided here and in the Fall 2023 Course catalog during my participation in the Program, whether as a member, instructor, co-instructor, community volunteer, guest, or other associate.

Participation Parameters

Osher at W&M seeks to create a vibrant learning environment where participants engage in free, open, and amicable discourse in a safe and supportive environment. Our community of learners, instructors, volunteers, and staff embodies a wide range of experiences, cultures, abilities, and perspectives. Intellectual honesty, mutual respect, courtesy, and civility are the foundation of the Program. I understand that engaging in disruptive conduct, including aggressive behavior, use of obscenities or profanity, failure to follow the direction of an Osher at W&M official, or harassment or discrimination of any kind may result in the termination of this agreement and my ability to participate in the Osher at W&M Program. Information about current membership fees and the registration process is provided in the current course catalog. I acknowledge and agree that Osher at W&M reserves the right in its sole discretion to cancel any element of the Program at any time.

Assumption of Risk – Program Participation

Participation in the Program and selection of specific coursework is voluntary, and individuals should assess their own readiness and ability to engage in the activities described before registering for a course. Courses may include travel to off-site locations and engagement in events and facilities managed by third parties for which Osher at W&M has no oversight or responsibility. Activity-based coursework may involve low-impact exercise, and outdoor coursework may involve uneven terrain and exposure to the elements, all of which include the risk of falling, strain, or overexertion. Cooking or food-based courses may involve use of products that constitute allergens for some people. I agree to stop any activity and request assistance if I experience symptoms such as dizziness, fatigue, shortness of breath, pain, or any other condition(s) that would make it difficult or unsafe to continue. I acknowledge that none of Osher at W&M’s courses constitute physical therapy or the provision of medical treatment or advice. With regard to tours, field trips, events, or travel programs, I agree to follow all instructions given to me by Osher at W&M staff or instructors.

I further understand and agree that the College of William & Mary, Osher at W&M, and the Commonwealth of Virginia do not provide any indemnification or insurance coverage, such as life, accident, automobile, or health insurance coverage for the Osher at W&M Program, courses, tours, events, activities, travel programs, and clubs.

Consent for Use of Image and Information

As a member of Osher at W&M (or as a non-member attending a member event), I give my permission to: 1) take and use without payment, any photographs, slides, or films of myself, as may be needed for public relations purposes, marketing/advertising, press releases, website development, or training purposes; 2) I further understand that my name and contact information will be distributed to Osher at W&M staff and Osher at W&M instructors in order to conduct classes, programs, and activities; and 3) I give my permission to receive emails from Osher at W&M unless I provide written notification to opt out.

Release of Liability

By signing below, I acknowledge that my participation in the Osher at W&M Program is strictly voluntary and I knowingly assume all risks thereof, including any financial or other obligations I incur as a result of any medical care I receive during or in connection with the Program, and release Osher at W&M and the College of William & Mary in Virginia, and their officers, directors, employees, and agents, from responsibility for any and all injuries or damages caused by the inherent risks of the activity and/or the negligence, recklessness, or intentional acts of myself and/or any third parties.

I knowingly bind myself my heirs, executors, and representatives and agree that if any of the provisions of this agreement become invalid, illegal, or unenforceable in any respect under any law, such provision shall be changed and interpreted to best accomplish the objectives of such provision within the limits of applicable law.

Participant’s Signature

Printed Name

Today’s Date

Osher Institute at William & Mary
2023-2024 PARKING REGISTRATION

Parking & Transportation Services Office W&M Campus Center, 104 Jamestown Road 757-221-4764



Do you need an Osher parking permit for Fall 2023?

YES, if you have classes at any ON-CAMPUS location AND you DO NOT intend to park & pay on your own (e.g., public lot or street parking)

Parking is free at most off-campus locations. See Catalog p. 55 for class locations.

A valid W&M Osher parking permit is needed to park on-campus. For the 2023-24 academic year, Osher members have two permit options. Both permits types are valid from August 2023 through August 2024:

Osher Standard permit (\$16). Valid only for School of Education student lots 1, 2, 4 & 5 and Kaplan Arena student lots. Also required to park in ADA spaces on campus.

Osher Plus permit (\$41). Includes the standard Osher hang tag to park at SOE and Kaplan PLUS riding privileges on the WATA Route No. 8 (Green Line) bus. The No. 8 bus runs a continuous loop from SOE to the Grad Complex and back with stops near Old Campus and the Campus Center, Keck Lab, and McCormack-Nagelsen Tennis Courts. Refer to p. 4, 55 to learn more.

As a courtesy, members who apply for either type of permit during early registration can pick up their permit at the Osher office September 5-8 from 9am-4pm. After July 26, only Plus parking permits are processed by the Osher staff. After July 26, members applying for a Standard \$16 Osher permit should go to the Parking & Transportation Services office at the address above to buy it.

ADA: An Osher hang tag plus your state-issued handicapped placard or license plate allows you to park in any available campus space EXCEPT those marked Reserved, Service Vehicle, Reserved for a Special Event, or designated for the Passport app.

2023-24 Permit Type [] \$16 – Standard (Hang Tag only) [] \$41 – Plus (Osher Hang Tag PLUS WATA No. 8 Bus permit; Plus permit avail only thru Osher)

Member Information

Name _____ Driver's License # _____ ST _____

Address _____ City _____ ST _____ Zip _____

ADA Placard/Plate? [] No [] Yes: _____
Expiration Date _____ Handicapped Placard/Plate # _____

Vehicle Information

Vehicles displaying a hang tag must register with Parking Services. You may register up to two family vehicles on a single permit:

Vehicle 1 (ALL INFO BELOW IS REQUIRED) License Plate # _____ State _____
Vehicle 2 (ALL INFO BELOW IS REQUIRED) License Plate # _____ State _____

Make & Model _____ Make & Model _____

Color _____ Year _____ Color _____ Year _____

[] Sedan [] Coupe [] SUV [] Truck [] Van [] Other [] Sedan [] Coupe [] SUV [] Truck [] Van [] Other

Acknowledgment

My signature certifies that the information I have provided is true and accurate. I agree to notify Parking Services if any information changes. I have read and agree to abide by the Campus Parking Rules & Regulations published at wm.edu. I also acknowledge that all Virginia-licensed drivers must carry minimum insurance coverage on their vehicle as set forth by Virginia DMV. I affirm that I possess the minimum required coverage.

Signature _____

Phone _____

Date _____

Email _____

Goodbye responsibilities, hello possibilities.



In our vibrant Life Plan Community, we happily handle the everyday tasks so you can spend your days knocking items off your bucket list — instead of your to-do list. With more choices and fewer chores, you can focus on reading a book, becoming a pickleball pro, getting hands-on in your very own vegetable garden, or painting your next masterpiece — all with a lifetime guarantee of care.

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CLASS LOCATIONS & PARKING

ON CAMPUS & OFF

ON CAMPUS

Venue & Address (Classroom names in parentheses)	Osher Standard Permit ¹ (Park & Walk from School of Ed or Kaplan)	Osher Plus Permit ^{1,2} (Park at SOE, Ride WATA No. 8 Bus & Walk from Nearby Stop)	Park on Your Own	Free Parking On-Site	Walking Distance ³ to Class (using the Standard or Plus Osher permit to park at School of Education or Kaplan Arena student lots and then walk to class)
Campus Center 104 Jamestown Road <i>Old Campus</i> (Colonial Echo, Little Theatre, Rm 159, Unity Hall)	■	■	■		Standard permit: 1.0 mi walk from Kaplan Lot Plus permit: Adjacent to bus stop at at Undergrad Admissions
Hearth Memorial to the Enslaved 115 Jamestown Road <i>Old Campus</i>	■	■	■		Standard permit: 1.0 mi walk from Kaplan Lot Plus permit: Across street from bus stop at Undergrad Admissions
Keck Lab 200 Wake Drive (Room 108)	■	■			Standard permit: 1.0 mi walk from Kaplan Lot Plus permit: 0.3 mi walk from bus stop at Commons Tennis Courts or at Triangle on Ukrop/Wake
School of Education 301 Monticello Avenue (Rooms 1056, 2030, 2066, Lake Matoaka Room)	■	■			Standard & Plus permits allow parking at the School of Ed in Student Lots 1, 2, 4, 5 The WATA No. 8 bus originates/terminates at SOE
McCormack-Nagelsen Tennis Ctr 705 S Henry Street	■	■		■	Standard permit: 1.6 mi walk from Kaplan Lot Plus permit: 0.1 mi walk from bus stop at adjacent Grad Plex Free parking: At front of Tennis Center only; lot may be full at peak times
Swem Library 400 Landrum Drive (Ford Classroom, Special Collections Room)	■	■			Standard permit: 0.6 mi walk from Kaplan Lot Plus permit: 0.2 mi walk from bus stop at Parking Deck
Tucker Hall 350 James Blair Drive <i>Old Campus</i> (Room 127A – Auditorium)	■	■	■		Standard permit: 0.8 mi walk from Kaplan Lot Plus permit: 0.2 mi walk from bus stop at Undergrad Admissions

¹ Learn more about Osher parking permits on pp. 4, 51

² For Route No. 8 map, stops, and schedule, visit [W&M Parking Services & Transportation – WATA](#)

³ Source: Google Maps

OFF CAMPUS

Venue	Address	Parking Availability
Discovery 3 / Osher Institute	5330 Discovery Park Blvd. (<i>New Town</i>)	Ample free surface lot parking
Palace Garden	300 Palace Green St. (<i>Colonial Williamsburg</i>)	Paid public parking available using Passport
Riverside Doctors' Hospital	1500 Commonwealth Dr. (<i>Williamsburg</i>)	Ample free surface lot parking
Shaia Oriental Rugs	5560 Foundation St. (<i>New Town</i>)	Ample free street and surface lot parking
Williamsburg Landing	5700 Williamsburg Landing Dr. (<i>Williamsburg</i>)	Ample free surface lot parking
Williamsburg Library	515 Scotland St. (<i>Downtown Williamsburg</i>)	Free surface lot and street parking; may be full at peak times; paid public parking is nearby



P.O. Box 8795 Williamsburg, VA
23187-8795

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Fall 2023 at Osher

July 17– 26	Early registration
Aug 21– Oct 31	Open enrollment
Sep 11	First day of classes
Nov 20– 24	Thanksgiving break
Dec 15	Last day of classes

See page 30 for complete Fall calendar

Scan to learn more



wm.edu/osher



The Osher Institute at William & Mary

We are a community of adults — mostly ages 50 and better — seeking knowledge, enrichment, and connection with the larger world through intellectually stimulating and socially engaging educational experiences.

Our program’s hallmarks are a quality curriculum, extraordinary instructors, and a vibrant membership.

You belong here. Join us.

06/23-0716