

# CLINICAL MENTAL HEALTH & MILITARY & VETERANS COUNSELING

# Serve those who have served us.

The M.Ed. in Counseling with a concentration in Clinical Mental Health and Military & Veterans Counseling prepares graduates to work in private, public and military-connected human service agencies. Through a holistic focus on wellness and mental health symptomology, clinical mental health counselors can serve uniformed military personnel, veterans and military-connected spouses and children. Students will develop the skills and knowledge to provide culturally-responsive mental health support to military communities.

#### **FAST FACTS**

**Designed for:** People who wish to become licensed clinical mental health counselors and work with military-connected clients

Prerequisite: Bachelor's degree

**Course requirements:** Full-time, on-campus or part-time

online programs available

Fieldwork: 150-hour practicum and two 300-hour

internships

**Accreditation:** Accredited by the Council for Accreditation of Counseling and Related Educational Programs (CACREP)

#### FIELD EXPERIENCES

Clinical experiences are an integral part of students' preparation, and practice in a clinical setting is integrated throughout the program. Students have their first client contact through a closely supervised 150-hour practicum. Two 300-hour internships provide intensive and diverse clinical experiences.

Students in the Military and Veterans program complete their clinical experiences working with military and veteran clients in a wide range of contexts under the supervision of licensed field supervisors and program faculty.

Students who enter the program either with or without direct military background or experience of their own can expect to graduate well-prepared to engage in effective counseling relationships with active duty and veteran military service members and their families.

#### **COURSE TOPICS INCLUDE:**

- Counseling and psychotherapy
- Techniques of individual and group counseling
- Professional, ethical and legal issues
- Military life, culture and challenges
- Marriage and family counseling
- Multicultural counseling
- Relational counseling and sex therapy
- Psychological and educational measurement
- Substance abuse and society
- Military-to-veteran transition
- Trauma-related disorders
- Human growth and development
- Career development

Students complete a total of 60 credit hours of classroom coursework and clinical experiences, building skills and confidence.

### **LEARN MORE**

View the program of study at education.wm.edu/space



Questions about applying? Contact graded@wm.edu 757-221-2317



# SCHOOL PSYCHOLOGY & COUNSELOR EDUCATION

In today's ever-changing world, there is an increased need for counselors and school psychologists who can guide others through personal and interpersonal growth during all phases of life focusing on emotional, social, vocational, educational, developmental and mental health concerns.

William & Mary's department of School Psychology & Counselor Education is preparing tomorrow's leaders by providing degree programs that offer rigorous curriculum, innovative research on current trends and hands-on experience. Through the integration of theory, research and practice, and with sensitivity to multicultural concerns, students learn to help others improve their well-being, alleviate distress and resolve crises.

#### PROGRAM OFFERINGS

#### **ON-CAMPUS:**

M.Ed. Counseling - Clinical Mental Health Counseling

Optional concentrations: Addictions Counseling

Relationship, Marriage & Family Counseling

Military & Veterans Counseling

M.Ed. Counseling - School Counseling

M.Ed./Ed.S. - School Psychology

Ph.D. - Counselor Education

#### **ONLINE:**

M.Ed. Counseling – Clinical Mental Health Counseling

Optional specialization:

Military & Veterans Counseling

M.Ed. Counseling - School Counseling

## **APPLY NOW**

Application deadlines vary by program.

Find full details about applying online at education.wm.edu/admissions

#### WHY W&M?

Looking to pursue a graduate degree in education? Here are a few reasons to consider W&M:

## A welcoming and supportive community

The School of Education is big enough to offer a diverse range of programs, people and experiences, but small enough to feel like family. You'll make close connections with your fellow students and your professors — relationships that will stay with you for life and help you forge your own career path.

#### A focus on leadership in education

Our programs produce leaders — people with the passion, skills and tenacity to effect change in education. Our alumni achieve early recognition, becoming school leaders and innovators.

#### A campus in the heart of historic Williamsburg

Founded in 1693, W&M is a campus that offers years of history and countless beloved traditions.

#### Professors who are leaders in the field

Our faculty are recognized and respected around the world for instruction and research. They're passionate about their own research as well as the success of their students — they are, after all, teachers first and foremost.

#### Field experiences that will change your life

You won't be stuck in lectures and you won't have to wait until after graduation to begin making a difference in the lives of students and communities. Opportunities abound to pursue meaningful, fulfilling experiences that allow students to both learn and contribute.

#### Programs for students at every career stage

Our graduate programs are designed to meet the needs of a diverse student population that includes full-time and part-time students, people re-entering the paid work force after raising a family, and recent recipients of bachelor's or master's degrees preparing for advanced positions in the field of education.