



William & Mary  
School of Education

# M.ED. CLINICAL MENTAL HEALTH COUNSELING

Help others. Become an advocate for change.

Reach out to those in need as a licensed professional counselor. The M.Ed. in Clinical Mental Health Counseling at William & Mary prepares graduates to work in public or private human service agencies and in private counseling practice. Through a balanced focus on wellness and psychopathology, clinical mental health counselors are often a first and critical point of contact between troubled community members and the helping services they require. Gain the skills and confidence to make a deep impact in the lives of others.

## FAST FACTS

**Designed for:** People interested in becoming licensed clinical mental health counselors; previous counseling experience not required

\* *Specialties in addictions, family and veterans counseling are also available.*

**Prerequisite:** Bachelor's degree

**Course requirements:** Full-time or part-time on-campus program consisting of 60 credits

**Fieldwork:** 150-hour practicum + two 300-hour internships

**Accreditation:** Accredited by the Council for Accreditation of Counseling and Related Educational Programs (CACREP)

## FIELD EXPERIENCES

Clinical experiences are an integral part of students' preparation, and practice in a clinical setting is integrated throughout the program. In the first year, students have their first client contact through a closely supervised 150-hour practicum. In the second year, two 300-hour internships provide an intensive and diverse experience in a community agency setting.

Under the supervision of experienced William & Mary faculty, Clinical Mental Health Counseling students select their field sites based upon their individual interests in work as a professional counselor. This ensures that students with a wide variety of counseling interests are able to receive clinical training and experience that is directly relevant to the particular client context and population that they would like to work with in the future.

## COURSE TOPICS INCLUDE:

### YEAR ONE (27 credits)

- Counseling and psychotherapy
- Techniques of individual and group counseling
- Professional, ethical and legal issues
- Marriage and family counseling
- Research methods in education
- Practicum in counseling

### SUMMER (9 credits)

- Couples counseling and sex therapy
- Contemporary issues in counseling
- Psychopathology

### YEAR TWO (24 credits)

- Substance abuse and society
- Human growth and development
- Multicultural counseling
- Career development
- Internship in counseling

## LEARN MORE

**Questions about the program?**

**Contact the program director:**

Spencer Niles, Professor of Counselor Education  
sgniles@wm.edu | 757-221-1810

**Questions about applying for admission?**

**Contact an admissions representative:**

graded@wm.edu | 757-221-2317



# William & Mary School of Education

## SCHOOL PSYCHOLOGY & COUNSELOR EDUCATION

In today's ever-changing world, there is an increased need for counselors and school psychologists who can guide others through personal and interpersonal growth during all phases of life focusing on emotional, social, vocational, educational, developmental, and mental health concerns.

William & Mary's department of School Psychology & Counselor Education is preparing tomorrow's leaders by providing degree programs that offer rigorous curriculum, innovative research on current trends and hands-on experience. Through the integration of theory, research and practice, and with sensitivity to multicultural concerns, students learn to help others improve their well-being, alleviate distress and resolve crises.

### PROGRAM OFFERINGS

#### ON-CAMPUS:

- M.Ed. – Clinical Mental Health Counseling
  - Optional specializations:*
  - Addictions Counseling
  - Couples, Marriage and Family Counseling
  - Military & Veterans Counseling
- M.Ed. – School Counseling
- M.Ed. & Ed.S. – School Psychology
- Ph.D. – Counselor Education

#### ONLINE:

- M.Ed. – Clinical Mental Health Counseling
  - Optional specialization:*
  - Military & Veterans Counseling
- M.Ed. – School Counseling

### APPLY NOW

**Application deadlines vary by program. Visit our website for more details.**

Learn more about applying online at [education.wm.edu/admissions](http://education.wm.edu/admissions)

### WHY W&M?

Looking to pursue a graduate degree in education? Here are a few reasons to consider W&M:

#### **A welcoming and supportive community**

With just over 650 students, the School of Education is big enough to offer a diverse range of programs, people and experiences, but small enough to feel like family. You'll make close connections with your fellow students and your professors — relationships that will stay with you for life and help you forge your own career path.

#### **A focus on leadership in education**

Our programs produce leaders — people with the passion, skills and tenacity to effect change in education. Our alumni achieve early recognition, becoming school leaders and innovators.

#### **A campus in the heart of historic Williamsburg**

Study at a campus that offers more than 300 years of history and countless beloved traditions.

#### **Professors who are leaders in the field**

Our faculty are recognized and respected around the world for instruction and research. They're passionate about their own research as well as the success of their students — they are, after all, teachers first and foremost.

#### **Field experiences that will change your life**

You won't be stuck in a lecture hall and you won't have to wait until after graduation to begin making a difference in the lives of students and communities. Opportunities abound to pursue meaningful, fulfilling experiences that allow students to both learn and contribute.

#### **Programs for students at every career stage**

Our graduate programs are designed to meet the needs of a diverse student population that includes full-time and part-time students, people re-entering the paid work force after raising a family, and recent recipients of bachelor's or master's degrees preparing for advanced positions in the field of education.